

Introduction to

Connective Parenting NVR

Struggling with your child's behaviour and feeling like nothing is working?

You're not alone and we understand just how exhausting and disheartening it can be when things don't change, no matter how hard you try.

That's exactly why we created our 2-part online introductory course - to give you real tools, backed by a trauma-informed, neurodivergent-friendly approach, that you can use straight away. We'll walk with you step-by-step to help you create the calmer, more connected home life you're longing for.

"Thank you so much for these very informative sessions. I wish I'd found you sooner. I had some really tough moments with my children, but this gave me a fresh start. Sometimes it's not about perfect"

On this course, you'll learn how to:

- De-escalate meltdowns by using regulation and connection, not control.
- Build emotional presence to strengthen your bond with your child.
- Reduce overwhelm by prioritising behaviours that matter most.
- Hold space for your child's emotional development and identity.
- Care for yourself, because your regulation matters too.
- And most importantly, adapt all of this to your child's unique needs.

Course details

- £29 per person
- 9.30-11.30am
- Online via Zoom
- **September:** Wednesday 10th & 17th
- **November:** Thursday 20th & 27th

Book your place



Connective Parenting NVR is grounded in relationships, not rewards and consequences. It works because it honours who your child is, especially if they're neurodivergent or have experienced trauma.