

Procedure for Nappy Changing and Toilet Training at Woodgate Primary Nursery

Introduction

At Woodgate Nursery, we believe that developing positive nappy changing and toileting routines are of paramount importance to the care, well-being and the development of the child. Through supporting personal care, children build strong and trusting relationships with practitioners. This 1:2:1 time is a great opportunity to support understanding of the body and hygiene, as well as developing language skills through meaningful interactions.

Hygiene

We strictly adhere to cleaning protocols to prevent the spread of infection and to maintain good health and hygiene for both staff and children.

The changing area / mat is cleaned after each child has been changed.

PPE (White aprons and pink/purple gloves) is available at all times. If gloves are worn these must be changed between each child. Practitioners must wash their hands between changing each child. Aprons will be worn for each nappy changing session - they will be changed more frequently if required.

Children should also be encouraged to wash their hands after having their nappy changed to promote good hygiene routines.

Nappy Changing Area

A nappy changing unit is available to enable easy changing. Children should access the unit via the steps if possible – both up and down. No child should be left unattended on the changing unit. Steps should be stowed away when the unit is not in use.

Older / larger children should be encouraged to help with removing clothes e.g. taking off shoes / pulling down trousers etc. to promote independence and physical skills. It may be easier to change older children's nappies on the floor, to allow for a stand up change.

The door to the changing area should always be open when nappy changing is taking place. This is to ensure that they can be seen and witnessed at all times.

Supplies

Parents will provide all nappy changing equipment (nappies/wipes etc) as well as spare clothes. Any creams should be named and instructions for application given. The preschool will hold a stock of spare nappies / wipes / bags, spare clothes to ensure that children's needs can always be met.

Changing procedures

All staff undertaking intimate care will have a suitable enhanced DBS check.

Nappies are routinely changed after morning snack (approximately 11am) and at approximately 2pm. Nappies will however be changed as required between.

Nappy changing duties are on the practitioner deployment rota.

All spare items and PPE are accessible in the changing area. Staff must ensure that they are kept replenished.

After changing, nappies and used PPE will be disposed of in the nappy bin. Any soiled clothing will be placed in separate named bags.

The changing mat will be cleaned between children.

All nappy changing will be logged onto the nursery day sheets.

Toilet Training

Toilet training should be a positive experience. Staff will work in partnership with parents. They will work together to establish positive strategies that will be consistent at home and school. This may include timings, language used and rewards given. Strategies will be communicated to the whole team.

At the start of toilet training, children will be asked / reminded to use the toilet every 20 minutes. Help will be given with clothing as required, but children will be encouraged to be as independent as possible. Parents will be asked to dress their children in suitable clothes that will promote independent dressing e.g. loose jogging bottoms.

Children will be encouraged to use the toilets. However, it is recognised that some children may prefer to use a potty at the beginning of toilet training. A potty is available within the nursery toilet area. The potty should be emptied into the toilet, and the potty disinfected after use.

Practitioners will be mindful of interactions and ensure they are positive. This includes words and language used as well as tone of voice and body language. Children should not be made to feel negative about accidents.

Children will be encouraged to be as independent as possible with self-care during toileting, but will be supported as required.

Accidents are a natural part of toilet training. Children will be helped to change after a toileting accident. Practitioners will remain positive and encouraging.

Safeguarding

Practitioners will be mindful of any soreness or marks on a child's that are witnessed when changing nappies or assisting with toileting. In these situations, a second practitioner will be called to witness. Any concerns will be logged onto CPOMS and the parents informed in line with the school's safeguarding procedures.