

	Year 7	Year 8	Year 9	Year 10	Year 11
W/B	Lesson	Lesson	Lesson	Lesson	Lesson
2/9/26	Welcome Back	Welcome Back	Welcome Back	Welcome Back	Welcome Back
8/9/26		What are the positives and negatives of peer relationships?	What is a healthy diet?	Who are you?	What is good mental health?
15/9/26	Who are you?	When peer pressure becomes dangerous	Why is exercise good for you?	The Media and Body Image	How can I improve my mental health?
22/9/26		Knife crime	Personal Hygiene & Self-examination	What is a healthy lifestyle?	Careers
29/9/26	What influences you?	What are abusive behaviours and what can I do about them?	FGM	Being responsible for your health - self-examination	Careers
6/10/26		What makes an affective flashcard?	County Lines	Being responsible for your health - body enhancement and body image	Careers
13/10/26	How can I be more resilient?	Stereotypes, prejudice and discrimination	The risks of being online	What is self-quizzing?	Study Skills
20/10/26		How can I be inclusive in every aspect of my life?	Weighing up social media	Assessment & Student Voice	Study Skills
	Half Term	Half Term	Half Term	Half Term	Half Term
3/11/26	What is mental health?	Assessment & Student Voice	The Dangers of Online Subcultures	Drugs workshop	Mock Window 1
10/11/26		What changes will I experience in adolescence?	Illegal and upsetting online content	Illegal drugs	
17/11/26	Challenging Mental Health Stereotypes	What is safe sex?	ESH Careers Lesson	Gangs	
24/11/26		Waiting for Intimacy	What is blank page retrieval?	Tackling Misogyny	
1/12/26	How can I have positive mental health?	What is consent?	Maths in your everyday life	The Incel Subculture	How is my data used?
8/12/26		How does alcohol affect consent?	Too good to be true?	Sexually Transmitted Infections (STIs)	What is extremism?
15/12/26	Having a growth mindset	What's the issue with nudes?	What values are important in a relationship?	Pregnancy - Your Choices	Assessment & Student Voice
	Christmas Break	Christmas Break	Christman Break	Christmas Break	Christmas Break
5/1/27		How can I tell if someone is unsafe and untrustworthy?	What is amotional abuse in a relationship?	Work Experience Launch	How can different stages of intimacy be managed?
12/1/27	How can I manage my busy life?	How can I resist pressure?	What are the consequences of unprotected sex? & STIs	Unifrog introductions and skills assessment	Controlling, stalking and harassment
19/1/27		The roles and responsibilities or parents and carers	ESH Careers Lesson	Post-16 pathways and 1:1 careers advice info	What is emotional abuse in a relationship?
26/1/27	The importance of physical activity and exercise for mental health and wellbeing.	What are the roles and responsibilities of parents, carers and children in a family?	What are the consequences of unprotected sex?	Post-16 provider event + Prep booklet	How to end a relationship respectfully
2/2/27		Assessment & Student Voice	Careers	Assessment & Student Voice	Study Skills
9/2/27	The importance of sleep	How are laws made?	Careers	Power Imbalances and Coercive Control	Study Skills
	Half Term	Half Term	Half Term	Half Term	Half Term
23/2/27		What is the role of the police?	What does left and right wing ideology mean?	What is honour-based abuse?	Mock Window 2
2/3/27	What does it mean to be British?	Multi-Faith Britain	What are the far right and far left?	How does the media portray relationships?	
9/3/27		Multicultural Britain	ESH Careers Lesson	What are the risks and rewards of online gaming?	Sexually Transmitted Infections (STIs)
16/3/27	What is democracy?	What are your employment rights and responsibilities?	How are politicians elected?	What happens in the House of Commons?	What type of contraception is available and how does it work?
23/3/27		Assessment & Student Voice	Does every vote count?	What happens in the House of Lords?	The importance of effective parenting
	Easter Break	Easter Break	Easter Break	Easter Break	Easter Break
13/4/27	What is a monarchy?	Careers	Study Skills	How are laws passed?	Assessment & Student Voice
20/4/27		Careers	Study Skills	Assessment & Student Voice	Contextualised risks in preparation for the summer holidays. e.g. road risks, water risks, online risks
27/4/27	What changes will I experience in adolescence?	Careers	Who are the main political parties?	How is the government held to account?	Contextualised risks in preparation for the summer holidays. e.g. road risks, water risks, online risks
4/5/27		Study Skills	Who are the main political parties?	What are political systems outside of the UK?	Contextualised risks in preparation for the summer holidays. e.g. road risks, water risks, online risks
11/5/27	The Dangers of Vaping	Study Skills	ESH Careers Lesson	Study Skills	Exams
18/5/27		Having a happy career (stress)	What is radicalisation and extremism?	Y10 World of Work (Work Experience)	
25/5/27	The dangers of alcohol	Assessment & Student Voice	What is a hate crime?	Study Skills	
	Half Term	Half Term	Half Term	Half Term	
8/6/27		The Dangers of Alcohol	What does inclusivity look like?	Mock Window	
15/6/27	What does a respectful relationship look like?	How did human rights develop?	What is a free press?		
22/6/27		Why are there debates about freedom of speech?	How does Parliament work?	Contextualised risks in preparation for the summer holidays. e.g. road risks, water risks, online risks	
29/6/27	The Dangers of Smoking	Contextualised risks in preparation for the summer holidays. e.g. road risks, water risks, online risks	Contextualised risks in preparation for the summer holidays. e.g. road risks, water risks, online risks	Contextualised risks in preparation for the summer holidays. e.g. road risks, water risks, online risks	
6/7/27		Contextualised risks in preparation for the summer holidays. e.g. road risks, water risks, online risks	Contextualised risks in preparation for the summer holidays. e.g. road risks, water risks, online risks	Contextualised risks in preparation for the summer holidays. e.g. road risks, water risks, online risks	
13/7/27	RICH EXPERIENCE	RICH EXPERIENCE	RICH EXPERIENCE	RICH EXPERIENCE	