



Transition Booklet

Please hand in to your tutor on
Tuesday 2nd September 2025

Name: _____

Primary School: _____



Information about Whickham School

The address is _____

The telephone number is _____

The e-mail address is _____

The website address is _____

The name of the Head Teacher is _____

Going to Secondary School

How do you feel?

These could be useful to think about when you think about changing school.

Highlight your feelings about the following statements

GREEN - I'm happy

AMBER - not so sure

RED - worried



Making new friends	Learning a new timetable
Dinner time	School uniform
Having a different uniform	Being on time
Finding way around	Break times
Getting to school	Learning new subjects
Meeting others my own age	Joining clubs
Being with friends	School rules
Homework	Meeting my new tutor
Meeting my new teachers	Being able to do the work
Being with older pupils	Getting changed for sport / PE

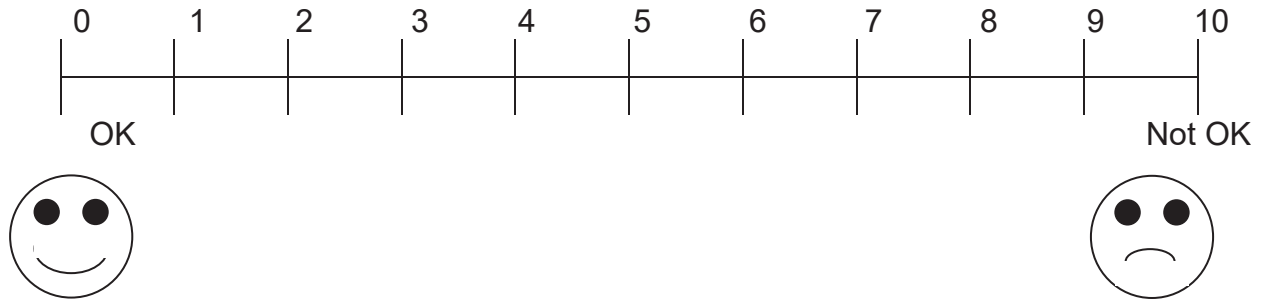


Things I am looking forward to

Things I am worried about



A solution-focused approach



Think about something that worries you about moving to Secondary School.

What is the worry? _____

On the scale of 0 to 10 how worried are you? _____

Think of a time when you have been worried before

What helped you move down the scale that time? _____

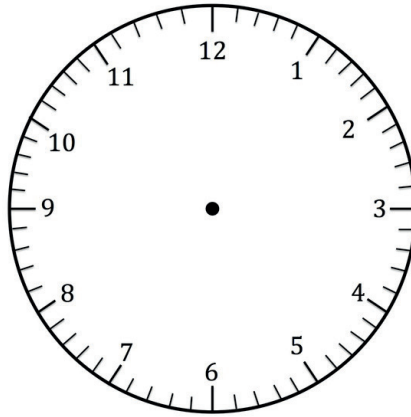
Where on the scale would you like to feel in a month, 6 months and in a year? _____

What would help you move one point nearer? _____

What will have changed so you know you are less worried? _____

Organisation at school

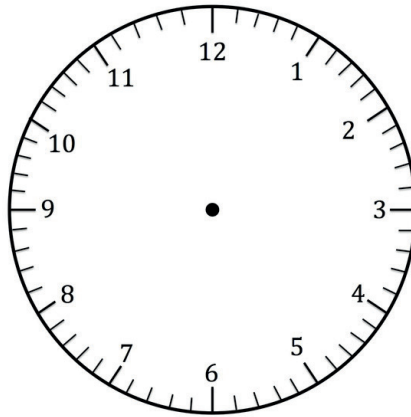
School
starts
at:



— — .

— —

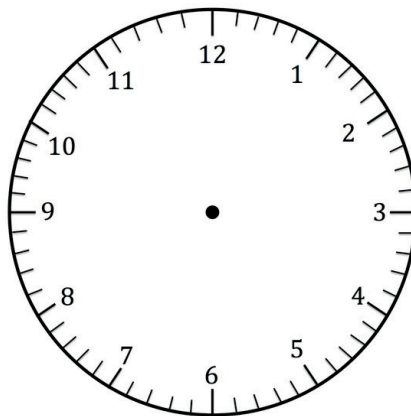
Break
time
is at:



— — .

— —

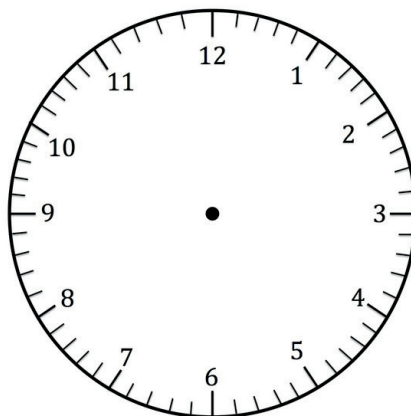
Lunch
time
is at:



— — .

— —

School
finishes
at:



— — .

— —

Getting to know you

My favourite place is _____

My favourite food is _____

My interests are _____

I don't like _____

I like to listen to _____

My favourite band/music is _____

My favourite sport is _____

My favourite programme is _____

My favourite colour is _____

I like to wear _____

I would most like to be _____

I am looking forward to _____

I am most relaxed when _____

I worry about _____

I am happiest when _____

My favourite / least favourite things



Loves

Hates

Colour

Food

Music

TV Programme

Magazine

Place

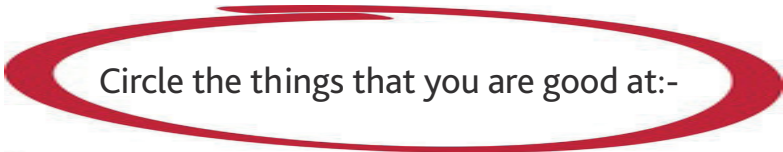
Hobbies

Sport

Book

Computer Game

I am good at...



Circle the things that you are good at:-

Staying calm

Listening to people

Asking questions

Making others laugh

Controlling my temper

Saying thanks

Talking to new people

Saying sorry

Helping others

Being sympathetic

Resisting pressures / saying no

Talking about myself

Showing I like people

Giving compliments

Sharing / giving

Taking turns / being fair

Talking to my parents

Talking to my teachers

Whickham School question sheet

Questions about how the School works	Answer
What sort of food is sold?	
How much does food cost?	
Where do students go at lunch time?	
What snacks can you buy?	
How much homework do you get?	
What happens if it isn't done?	
Where can I do my homework in my free time?	
Who's the best person to talk to if I am having problems?	
How am I rewarded for my work?	

Questions about getting to School	Answer
How will I get to school?	
How much is the bus fare?	
Which number bus would I take?	
How long will it take to get there?	
What time will I have to get up?	

Questions about School equipment	Answer
What kind of bag will I take my School equipment in?	
What equipment will I need?	

Questions about Who's Who	Answer
Name of your Tutor	
Name of your Pastoral Leader	
Name of the Head Teacher	
Who can help me if I am worried?	

Questions about the timetable and learning opportunities in School	Answer
What subjects will I be able to study?	
What facilities does the School have (e.g. sports equipment, science laboratories)?	
Who can help me if I find the work hard?	
What clubs are on offer after school?	
I am interested in the following clubs	

School Staff

There are many teachers in a secondary school, not all of them will teach you, but may be important to you in a different way. As well as being a teacher they may have another job in school. The different names for these jobs are helpful to learn.

Written below are some of the jobs that adults in your secondary school may have.

Try and find out if there are adults in your secondary school who do this job, what they do and when you may see them.

The name of your form tutor _____

What subject do they teach? _____

When may you see them? _____

The name of the Pastoral leader for Year 7 _____

What's their role? _____

When may you see them? _____

Is there anyone else who might help you?

What is their name? _____

What do they do? _____

When may you see them? _____

Reward Systems

Points can often be earned for good work or behaviour. It is possible to lose points as well. These are all recorded on ClassCharts



I may earn points for:

1. _____
2. _____
3. _____
4. _____

I may lose points for:

1. _____
2. _____
3. _____
4. _____

School Uniform

It is important to wear the correct uniform when you start at Whickham School.
Find out the school dress code.

List some uniform rules:

1. _____
2. _____
3. _____
4. _____

P.E. kit you will require

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Make sure you buy a bag that is suitable for carrying your P.E. kit.



Staff in Whickham School Who's Who

Use the year 6 section of the Whickham School website to complete this task.



Mr _____

Role: _____



Mrs _____

Role: _____



Mr _____

Role: _____



Mr _____

Role: _____



Mr _____

Role: _____



Mr _____

Role: _____

Making new friends

At Whickham School there are lots of students from other schools. There will be opportunities to make new friends. It can be difficult to get to know someone new.

It may help to act out meeting new people and use some of these suggestions.

- Smile when you say **"Hello"**.
- Start the conversation by asking a question about what they are doing

"What are you doing?" or "What are you reading?"

or about something you have in common

"So how do you like this lesson?"

- Introduce yourself

"By the way my name is _____, what's yours?"

- Ask some other questions to find out about them. Suitable topics may be:

School: **What are you studying?**
Who is your teacher?

Home: **Where do you live?**
How do you get to School?

Interests: **What do you like doing?**
What's your favourite TV programme?

Family: **Have you any brothers and sisters?**

- If they answer your question respond to some of the information they have told you.
If you can, ask another question.

- Do not ask about

**"That's my favourite lesson too. I enjoyed working on the computers.
What did you like doing?"**

- Do not ask about sensitive topics. These are topics that could make the other person upset.
- Don't ask about something that makes the person look or sound different.
- Don't ask about any problems he or she may have.

Year 7 Tutors



Miss J O'Brien
Year 7 Pastoral Leader

7 SCO - Mrs S Cooper

7 SMN - Mr S Mason

7 DFR - Mrs D Franklin

7 FDU - Mr F Duncan

7 JFR - Mr J Franklin

7 OHO - Mr O Hood

7 ABA - Mr A Bezzina

7 TRA - Mr T Raper

7 OHA - Miss O Hails

