

FOOD UNION EAT DIFFERENT



Your **NEW** menu is now **LIVE** and we have something different to tantalise the taste buds of all students, each and every day!

Our spring/summer menu is packed with deliciousness, including a tasty **Burger Bar**, lovingly **Loaded Nachos**, customisable **Mac Shack**, **Hot Dog Heroes**, delicious **Hot Deli**, on-trend **Street Food**, flavoursome **Friday Favourites**, plus plenty more – we can't wait to see you at the counter.

POP-UPS A PLENTY

To add even more choice to students' appetites, we have a whole term of pop-ups for you to look forward to as well!

There will be a May of **Mexican Mayhem**, **Street Food** specialities in June, and we will end the school year on a foodie high with **The All American**.



ENERGISE TO REVISE

It's important students fuel their body correctly when they are revising, as this can take a toll on energy levels. Feelings of hunger create brain fog, whilst being overfull results in sluggishness, both resulting in them not performing their best. Make sure meals are balanced with:

- 1 third carbohydrates
- 1 third fruit/vegetables
- 1 third dairy/protein/fats