WHICKHAM PSHCE Learning Journey WHICKHAM

Tutor Time @ Whickham

Our Vision

In PSHCE at Whickham we strive to celebrate diversity, promote discussions and give pupils a well rounded and enriched education. we endeavour to have a high quality and well planned PSHCE curriculum which covers a range of topics, including mental and physical health, Drugs and Alcohol, Puberty, Diversity and Citizenship as well as Relationships and Sexual education. All of this within mind-set of the 9 protected characteristics outlined in the Equality Act 2010.



Year

Keeping Safe as a Young **Adult**

Gangs: How it starts, Loyalty, **Getting out**

What are **Employers** Looking for?

> Fake News and the consequences of misleading information

> > The cost

of living

and the

benefits

system

Managing Local **Personal Poverty Finances** and Charity

> Sleep, **Mental Health** and **Exercise**

Opportunities Peer Pressure &

Peer on

Peer

abuse

BAME:

Language and

Mock Exams what is the point? Exam **Stress**

Speech UK's relations

with the Wider

World - UN

Free Press

and Free

Mock **Exams**: Reflection

11

Standing up for others

Stereotypes: Race and Religion, Sexuality and Gender

> **Careers** and the gender pay

> > Charity

Self harm

& eating

disorders

gap

Multicultural

Britain

The impact of having a criminal record

Socialism

Capitalism

Worldwide poverty and charity

Safeguarding and Healthy relationships

Left wing and

Right wing

politics

Forced Marriage & **Exploitation**

Staying safe online

Why do

we pay

tax?

Sexual Orientation,

Gender,

Inclusivity and

Equality

Drugs

Radicalisatio

The

Human Rights

Finance: Debt, gambling and scammers

Year 10

Travelling

the World

UK Political Parties

Making

informed

decisions

and sexual

consent

Alcohol awareness

Understanding

Demographics

Year 9

How to be a good citizen

A History of Voting, Freedom and Fascism, Fignting for **Equal Rights** and social

class

Savings, **Budgeting** and Materialism.

Consent, **Sexual** images and grooming

Mental Health: where can you

Courage, **Integrity** and doing the right thing.

Freedom

of Speech

Racism - the impact of Hate **Crime** and words

Positive

relationships

Dealing with change

Diversity: Britain as a multi-faith and multi-cultural country.

> What is safeguarding and child

student power of voice petitions important?

Why is

the positives and negatives of social media

and making friends online

Online stresses

Issues in society: The **Environment** and reducing waste

get help?

Identifying stress and how to cope

protection?

Relationships in the media and how to deal with challenging content

> Your online persona

Year 8

Diet and how to have a healthy diet

Year 7

An introduction to Citizenship and the importance of: **Democracy, Government,** Monarchy, laws, voting and political leaders

Physical Health: Introduction

Why is sleep so important?

Equality, freedom of identity and tolerance.

Social anxiety:

what is it and how

to cope

Alcohol & smoking: the law and its effects

> Cyberbullying: how to spot it and prevention

Illegal

Drugs risks

and the law

importance of budgeting, spending wisely and what is **'modern**

poverty'?

Money: the

Mental Health: Introduction

Health, wellbeing and first aid

> Introduction to the Whickham Qualities: aspiration, respect,

Transition into secondary school, thoughts and feelings.

Introduction to the nine protected characteristics: age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief and sex.

Primary School





resilience, empathy.