## WHICKHAM PSHCE **Relationships and Sex Education** Learning Journey WHICKHAM @ Whickham **Our Vision** In PSHCE at Whickham we strive to celebrate diversity, promote discussions and give pupils a well rounded and enriched education. we endeavour to have a high quality and well planned PSHCE curriculum which covers a range of topics, including mental and physical health, Drugs and Alcohol, Puberty, Diversity and Citizenship as well as Relationships and Sexual education. All of this within mind-set of the 9 protected characteristics outlined in the Equality Act 2010. Sexual harassment and sexual violence and why these are **ALWAYS** Concepts and laws in relation to unacceptable Actively Violent behaviour sexual consent, exploitation, communicate and coercive abuse, grooming, coercion, and recognise behaviour harassment, rape, domestic Year consent from abuse, forced marriage, others and how honour-based violence and 11 consent can be FGM. How these affect future How alcohol and withdrawn relationships. drugs can lead to risky sexual where to find behaviour sexual and reproductive health advice and treatment Contraception Facts around Prevalence STIs, how pregnancy **Choices** relating to of STIs and they are including pregnancy, keeping key facts transmitted miscarriage the baby, abortion, Year about and testing. adoption and where treatment to get further help 10 **Information** and data is **Sexually explicit** What to do Viewing generated, material can distort and how to Sharing and harmful collected, picture of **sexual** viewing indecent report content shared and images of behaviour, how material or used online Year 9 people see children is a issues online themselves and criminal offence affect behaviour towards sexual Online risks **NSENT** partners just ask. Reproductive health Rights, including responsibilities fertility online and behaviours in all online situations Choice to delay **Identifying and** Positive and managing sexual negative effects on all pressure aspects of health by Year 8 What is a positive and **Rights** and choices made healthy friendship responsibilities in **sex** and including online, not just regarding relationships. sexual relationships. equality Deciding whether other children or other adults are trustworthy and sexual judging when a relationship is safe or unsafe harassment What are the positive and healthy aspects Respect in and How stereotypes of one-to-one outside of based on gender, intimate What is a sex, race, religion, school and how relationships? Year 7 sexual orientation healthy they should be or disability can respected cause damage Steps to take **Primary** to improve respectful School relationships Introduction to the nine protected Marriage: Long term characteristics: age, disability, **Different** what it is and relationships gender reassignment, marriage and types of its **legal** and their legal civil partnership, pregnancy and families status. status maternity, race, religion or belief and sex.