

BTEC Level 1/Level 2 Tech Award in Sport

The Pearson BTEC Level 1/Level 2 Tech Award in Sport is designed for pupils who want to acquire sector-specific applied knowledge and skills through vocational contexts by exploring the different types and providers of sport and physical activity and the equipment and technology available for participation as part of their Key Stage 4 learning.

Pupils will explore the different types of participants and their needs in order to gain an understanding of how to increase participation for others in sport and physical activity and further develop their knowledge and understanding of anatomy and physiology.

Combined with these theory elements pupils will undertake practical sessions to develop skills in planning and delivering sports activity sessions to participants.

Pupils will be required to complete three components to achieve the full qualification. These components will include a mix of Internal and External assessment, and will be assessed through practical and theoretical work. This is highlighted in the table below:

Component	Title and Content
1	Preparing Participants to Take Part in Sport and Physical Activity (Internal) Pupils will explore the different types and provision of sport and physical activity available for different types of participants, barriers to participation and ways to overcome these barriers to increase participation in sport and physical activity. They will also research equipment and technological advances in a chosen sport or physical activity and how to prepare our bodies for participation in sport and physical activity
2	Taking Part and Improving Other Participants Sporting Performance (Internal) Pupils will investigate the components of fitness and their effect on performance, take part in practical sport, explore the role of officials in sport and learn to apply methods and sporting drills to improve other participants' sporting performance.
3	Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity (External) Pupils will be introduced to and develop an understanding of the importance of fitness and the different types of fitness for performance in sport and physical activity. They will also develop an understanding of the body and fitness testing.