

Parent Revision Surgery

Your guide to study support

Helping your child to be the best they can be.





**Whole
Year**



**Night
Before
Exam**



**During
Exam**

How long do we have to make it happen.....

16 weeks which converts into
112 days.... Minus
16 weekends (32 days).... And
Easter break.... 14 days.... And...
A bank holiday.....

Leaving **65 days** of school time until their first examination.



Purpose of this evening

There are actions that you can take to support your child:

- Supporting your child to revise (Basic set up for success)
- Being involved in monitoring and understanding their revision (Managing time and workload)
- Understanding the examination season (Specific study techniques)
- Alleviating stress



Ask yourself these questions

- Do they have an appropriate place to work?
- Do they have all of the equipment and resources they need?
- Do they have too many distractions? (technology)
- Are they are getting enough sleep?
- Are they are eating a healthy diet?
- Do they have a plan?
- What do they do to minimise stress?

Managing time effectively

- The most successful students study for 2-3 hrs outside of school hours.
- Study should be broken into short manageable chunks that are 30 - 40 mins long.
- Evidence suggests that mixing up subjects and topics is the best way to study.
- Free time is also important.

Managing time - have a plan!

	Before School (early morning— 7am-8:30am)	During school (morning and early afternoon – 8:40-3:10pm)	After School (twilight— 4pm- 5:30pm)	Evening (7pm-9.30pm)
Monday				
Mission				
Medal				
Tuesday				
Mission				
Medal				

Study techniques

These techniques are not very effective.

- Reading stuff through
- Cramming on one topic
- Reading and highlighting
- Re-writing notes

Added to this students can often make the mistake of studying material they already know.

Study techniques

In order for study and revision to be effective it must be **active**.

They must **do something** with the information they have, forcing their brain to **process the information**.

This is where you can really support your child.



Study techniques that do work

- Self-quizzing or quizzing others
- Mixing up topics
- Using flashcards to focus on key concepts
- Leaving gaps between different topics
- Explaining ideas to friends or family
- Testing on a regular basis
- Responding to feedback

Study techniques - the main 4

- Condensing
- Flash cards
- Mind maps
- Creating exam questions

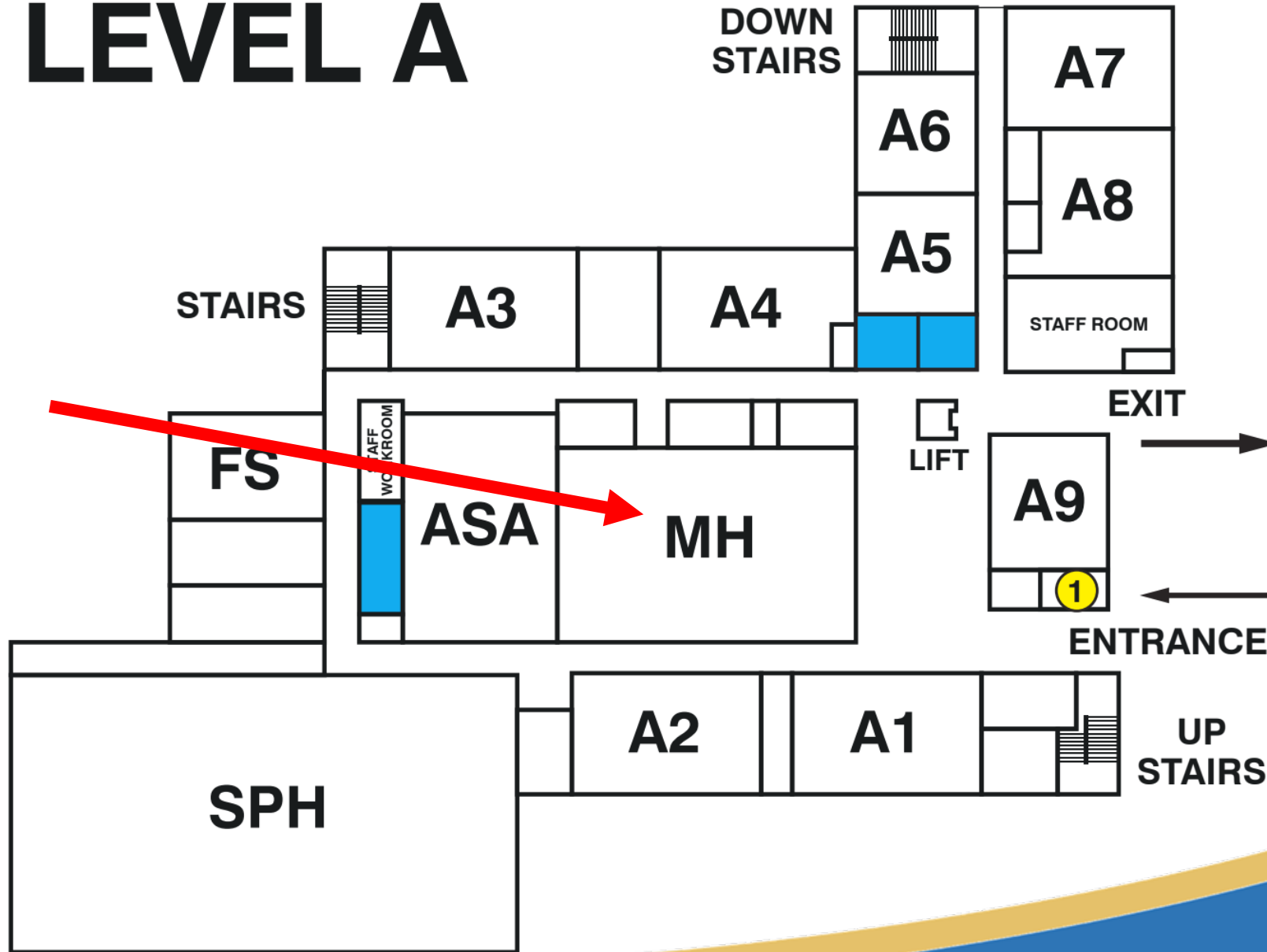


In summary

- Ensure the basics are there
- Help them to manage their time
- Ensure study is active
- Encourage them to work on challenging material
- Encourage them to seek support from staff
- Contact staff at school if you have any concerns

LEVEL A

You are here



Thank you again and now it is time to see how you can support your child in the individual subjects.

At each session you will collect resources for you to use.

Please make your way to your Session 1

