



## Evidencing the Impact of Primary PE and Sport Premium

### Review 2021- 2022

<b>Funding allocation 2021-2022 - £17,150</b>	
<b>Targets</b>	<b>Impact</b>
<p><b>Key Indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school</b></p> <p><b>Improved - high quality PE curriculum</b></p> <ul style="list-style-type: none"> <li>● Improved fitness levels (focus on bottom 20%)</li> <li>● Higher skills levels (focus on bottom 20%)</li> <li>● Higher levels of participation in a range of sporting clubs/activities both in school and outside of school</li> <li>● Effective play leaders delivering active lunch</li> <li>● Children participating in 'daily mile' interclass competition - tracking demonstrates improved performance for all pupils</li> </ul> <p><b>Additional swimming</b></p> <ul style="list-style-type: none"> <li>● Additional swimming lessons for identified pupils to support water confidence</li> </ul>	<p>All pupils took part in 30 mins activity each day:</p> <ul style="list-style-type: none"> <li>● Daily run - lunchtime (all pupils completed) - pupil fitness increased across the year. Pupil voice demonstrated that pupils enjoyed the run and felt that they were more able to complete the run.</li> <li>● Concentration breaks - 10 mins per day with a focus on fitness tasks (included quick circuits, skipping, run).</li> <li>● Targeted extra curricular clubs (100% of target pupils attended) - this included a range of activities which also supported strength and movement.</li> <li>● Participation in competitions increased - including participation for SEND pupils or more reluctant pupils.</li> <li>● Play leaders - ran active lunchtime - reported high levels of engagement in tasks set</li> <li>● Inter class competitions for; - running, football, - all pupils took part in tournaments</li> <li>● Additional term of swimming supported progress in confidence,</li> <li>● strokes and distances swam - pupils were able to swim 5m from a starting point where they were afraid to go into the water.</li> </ul>

<p><b>Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement</b></p> <p><b>Staff CPD and Curriculum Design Focus</b></p> <ul style="list-style-type: none"> <li>• Staff equipped with the knowledge and skills to deliver high quality PE sessions</li> </ul> <p><b>Participation in School Games events and Competitions</b></p> <ul style="list-style-type: none"> <li>• Children enjoy taking part in a range of events across the school year.</li> <li>• School games notice board which advertises a range of local clubs that pupils can get involved in</li> </ul> <p><b>In school competition</b></p> <ul style="list-style-type: none"> <li>• All children take part in cross school competitions</li> </ul> <p>Children have a better understanding of what physical exercise is and that there can be a range of activities they can do to be active</p>	<ul style="list-style-type: none"> <li>• All staff took place in CPD across all areas of the curriculum through coaching from NUFC Foundation coaches.</li> <li>• Competitions and festivals were timetabled across the year, including in-house tournaments. They were specifically targeted so that all pupils took part in a range of external and internal competitions and festivals.</li> <li>• Pupil voice activities highlighted that pupils, including SEN pupils and more reluctant pupils, enjoyed the events and felt more confident to try different events</li> <li>• Local clubs and sports events were advertised across the year via the notice board and through our Facebook page - a number of pupils signed up to external clubs after taster sessions in school. This included; archery, all stars/dynamoses cricket, gymnastics, Wild About Adventure, golf</li> </ul>
<p><b>Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport</b></p> <p><b>Staff CPD</b></p> <p>Staff receive quality CPD from qualified sports coaches which in turn improves their practice</p> <p>Additional CPD accessed through Sports partnership</p>	<ul style="list-style-type: none"> <li>• All staff took place in CPD across all areas of the curriculum through coaching from NUFC Foundation coaches. All staff have greater confidence in delivering PE</li> </ul>
<p><b>Key indicator 4: Broader experience of a range of sports and activities offered to all pupils</b></p> <p>Wild About Adventure Archery Hula Hooping Cricket Character Education</p>	<ul style="list-style-type: none"> <li>• All pupils from R to Y4 took part in Wild About Adventure through ½ term focus, after school club and week of outdoor adventurous activities.</li> <li>• High % of KS1+KS2 children took part in archery sessions</li> <li>• All children participated in Hoopstars</li> <li>• All children participated in Cricket sessions</li> <li>• KS2 were invited to play on St James's Park pitch</li> <li>• Tickets to the NUFC women's football match shared with pupils</li> <li>• Pupils participation in LA School Games festivals and competitions</li> </ul>

	<ul style="list-style-type: none"> <li>● Target pupils took part in Gymnastics competition</li> </ul>
<p><b>Key indicator 5: Increased participation in competitive sport</b></p> <p>School Games competition participation In school competitions</p>	<ul style="list-style-type: none"> <li>● <b>Gymnastics</b></li> <li>● <b>Quadkids</b></li> <li>● <b>Skipping</b></li> <li>● <b>Multiskills</b></li> <li>● <b>Tag Rugby</b></li> <li>● <b>Golf</b></li> <li>● <b>In school Football competition</b></li> </ul>
<b>Key Achievements to date</b>	<b>Areas of further improvement and baseline evidence needed</b>
<p>Improved PE and Sport Provision – delivered by coaches from NUFC Foundation and supported by school staff.</p> <p>High quality CPD delivered by PE teacher and NUFC Foundation sports coaches</p> <p>Full range of sports equipment to deliver the curriculum</p> <p>Full range of outdoor play equipment to support active lunch + training for play leaders</p> <p>Planned participation in competition through School Games</p> <p>Planed range of after school clubs on offer across the year</p> <p>Outdoor learning through Wild About Adventure encouraging active participation in our allotment project with a focus on healthy lifestyles</p> <p>High levels of participation in our outdoor learning after school club which includes the physical work of ‘getting the allotment ready’ along with learning about healthy eating.</p> <p>Outdoor adventure activities - Ghyll scramble, bushcraft - to support appreciation of outdoor learning and the range of activities that can be completed outdoors.</p>	<ul style="list-style-type: none"> <li>● Further develop character education through active lunchtimes</li> <li>● Introduction of the Wild Passport - to enhance outdoor learning provision</li> <li>● Launch improved indoor PE curriculum with a focus on dance, gymnastics and fitness</li> <li>● Continued focus on mental health and well-being</li> <li>● Train new play leaders and implement more focused approach to active lunch</li> <li>● Greater range of after school activities targeted at specific pupils.</li> </ul>

PSHE programme delivered by NUFC Foundation	
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<b>Meeting the national curriculum requirements for swimming and water safety</b>	
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	We do not have Y6 pupils. Our Y4 pupils receive 2 terms of swimming as part of their curriculum offer. Assessment information is shared with the Middle School.
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	N/A
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	N/A
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	N/A

## Action Plan 2022 - 2023

**Rationale:**  
 At Wylam First School we serve a very active community who value physical exercise, healthy lifestyles and the positive impact of outdoor learning for physical and mental well-being. The vast majority of our pupils participate in a range of out of school activities including football, karate, swimming, gymnastics, mountain biking, sailing, running clubs and are regular visitors to National Trust estates.

We are lucky to be situated in school grounds with access to large field space, our own on site allotment, community orchard, wild flower meadow and woodland. As such we ensure that all children access outdoor learning across each week.

Our aim, through our PE grant, is to further develop emotional and physical intelligence in our children. We plan to offer a wide range of sport, competition and active experiences to encourage a lifelong passion for active lifestyles with a focus on physical and mental well-being. We aim to adapt and improve our curriculum and the delivery of the curriculum so that all staff are confident and able to sustain this vision long term.

<b>Academic Year 2022-2023</b>	<b>Funding allocation: £16,000</b>
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Total spend allocation - £17,199

**Key Indicator 1: The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school (60 minutes overall)**

School focus with clarity on intended impact on pupils	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p><b>Improved - high quality PE curriculum - PE sessions 2x per week + active lunch, concentration breaks and after school provision</b></p> <ul style="list-style-type: none"> <li>Improved fitness levels (focus on bottom 20%)</li> <li>Higher skills levels (focus on bottom 20% + SEND)</li> <li>Higher levels of participation in a range of sporting clubs/activities both in school and outside of school</li> <li>Trained play leaders delivering active lunch</li> <li>Children participating in fitness challenges across the terms (running, circuits etc)</li> <li>Cross school house competitions 3 across the year (football, cricket, athletics)</li> </ul>	<p>Re-draft of the current curriculum offer (Long term and medium term plans) Bank of short term planning provided by specialist coaches.</p> <p>Use of specialist coaches to support the delivery of the curriculum and provide CPD for staff</p> <p>Use of external coaches to provide extra curricular clubs</p> <p>External provider to train play leaders and support active lunch provision</p>	<p><b>£5,650</b> NUFC Foundation</p>		<p>Staff CPD - delivery of PE disciplines Staff able to deliver the full curriculum with confidence</p>
<p><b>HoopStarz</b></p>	<p>Full day workshops Nursery-Y4</p>	<p><b>£264</b></p>		

	Purchase class set of hoops to use in active lunch time and concentration breaks	£150		
<b>Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement</b>				
<p><b>Staff CPD and Curriculum Design Focus</b></p> <ul style="list-style-type: none"> <li>Staff equipped with the knowledge and skills to deliver high quality PE sessions</li> </ul> <p><b>Participation in School Games events and Competitions</b></p> <ul style="list-style-type: none"> <li>Children enjoy taking part in a range of events across the school year.</li> <li>School games notice board which advertises a range of local clubs that pupils can get involved in</li> </ul> <p><b>In school competition</b></p> <ul style="list-style-type: none"> <li>All children take part in cross school competitions</li> </ul> <p>Children have a better understanding of what physical exercise is and that there can be a range of activities they can do to be active</p>	<p>CPD delivered by team teaching with qualified sports coaches from NUFC Foundation</p> <p>NUFC to provide all planning for each half term which will be written into the curriculum</p> <p>Sign up to a range of competitions that all children get the opportunity to compete in across the year.</p> <p>Transportation costs too and from events</p> <p>Regular updates and links to clubs for parents - school notice board in the school hall and on parent notice board in the yard</p> <p>Timetable plan of competitions across the year</p>	<p>Part of the NUFC SLA</p> <p>£1000</p>		

**Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport**

<p><b>Staff CPD</b></p> <p>Staff receive quality CPD from qualified sports coaches which in turn improves their practice</p> <p>Additional CPD accessed through Sports partnership</p>	<p>Teachers work alongside sports coaches to deliver PE sessions</p> <p>Active 30 Delivering gymnastics</p>	<p>% of the NUFC Foundation costs</p> <p><b>£500</b></p>		
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**Key indicator 4: Broader experience of a range of sports and activities offered to all pupils**

<p>Wild About Adventure</p> <p>Character Education programme</p>	<p>Outdoor learning programme (½ day per week)</p> <p>1x after school club per week</p> <p>Additional half day summer term + after school archery (KS1) Bush craft week - all year groups Orienteering SAS Who Dares Wins</p> <p>Purchase of Wild Passport</p> <p>Loose part play challenges incorporated into active lunch - pupils trained in delivery</p> <p>All stars Cricket - Spring 2 (1 day per week)</p>	<p><b>£4940</b></p>  <p><b>£2500</b></p>  <p><b>£695</b></p>  <p><b>£1000</b></p>		
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**Key indicator 5: Increased participation in competitive sport**

School Games competition participation	Transport to and from venues  Cross MAT first school football competition (using sports leaders from Middle and High to referee) (organisation, trophee, kits, charge for referee.	<b>£1000</b>  <b>£500</b>		
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