



Western Community Primary School PSHE Progression Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	What will it be like in Year one?	How do we keep safe in school?	How do we keep safe in different places and online?	How can we be healthy?	Who is special to us?	What is the same and different about us?
Year 2	How can we become more independent?	How can we be healthy?	How can we stay safe in school?	How do we treat each other?	How can we work together?	Who can help me in my community?
Year 3	How can we keep safe in our local area?		What does democracy mean?		What is diversity?	
Year 4	How do we stay healthy?	What choices help our health?	How do we stay safe online?	How do we work together to stay safe?	What makes a community?	Do we always have to be happy?
Year 5	How can we be safe online and using social media?	How do we stay safe outside of school?	How am I going to change and what can help to manage these changes?	What makes a healthy and happy relationship?	How can we help ourselves stay healthy?	How do we manage our feelings?
Year 6	What makes a community?	How can we stay healthy?	What makes a healthy and happy relationship?	What are my rights and how are these protected?	What makes us enterprising?	How can I prepare for changing schools?
Whole school	World mental health day	Anti-bullying week	Children's mental health week/ safer internet day		Healthy choices week	My money week

events						
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