









Everyday favourites			Mid-week roast		Take-away day
	MONDAY	TUESDAY	WEDLESDAY	THURSDAY	FRIDAY

SAMMY SWEETCORN SAYS...

Enjoy your lunch'



OPTION 1	Hunter's Chicken	Pork Sausages	Roast Chicken Gravy	Fish Fingers	Chicken Chow Mein
OPTION 2	Pasta Neapolitan v	Vegetarian Sausages v	Quorn Balls v Gravy	Vegetarian Sausage Roll v	Pizza Selection v
PASTA	Chinese Chicken Curry & Rice	Arrabiata Wedges	PK Pizza	Makani Chicken & Rice	Tomato & Mascarpone Pasta Pot
JACKET BAR	JP with Tuna Mayo	JP with Cheese & Beans	JP with Cheese	JP with Cheese & Beans	JP with Cheese & Coleslaw
CARBS	Rice	Potato Wedges	Roast Potatoes	Diced Potatoes	Chips
PUDDALIG	Wafflemeister Waffle	Chocolate Cookie or Flapjack	American Pancakes with variety of toppings	Marble Sponge Custard	Fruity Friday A selection of fruit based desserts

ALL SERVED WITH...

A choice of two vegetables, fresh fruit & fruit yoghurts



ice-cream & sorbets















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OPTON 1	Chicken Goujons	Beef & Bean Chilli	Roast Pork Gravy	Chicken Tikka Masala	Pizza Selection
OPTON 2	Vegetable Lasagne v	Country Vegetable Bake v	Shepherdess Pie v	Quorn Burger v	Cauliflower & Sweet Potato Curry v
PASIA	Chinese Chicken Curry & Rice		PK Pizza	Makani Chicken & Rice	Tomato & Mascarpone Pasta Pot
JACKET BAR	JP with Tuna Mayo	JP with Cheese & Beans	JP with Cheese	JP with Cheese & Beans	JP with Cheese & Coleslaw
Potato Crunchies Rice		Rice	Roast Potatoes	Rice or Diced Potatoes	Chips or Rice
PUDDING	Mini Doughnut	Syrup Sponge Custard	Chocolate Shortbread	Fruit Jelly	Fruity Friday A selection of fruit based desserts

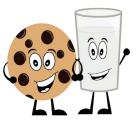
ALL SERVED WITH...



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TO VOULES				10431		day
		Pizza Naan	Fish Stars	Roast Beef Gravy	Chicken in a Bun	Pizza Selection
	OPTON 2	Quorn Dippers v	Mac 'n' Cheese v	Quorn Balls v Gravy	Cheese & Onion Roll v	Veggie Burrito v
	Chinese Chicken Curry & Rice		Arrabiata Wedges	PK Pizza	Makani Chicken & Rice	Tomato & Mascarpone Pasta Pot
	JASKET BAR	JP with Tuna Mayo	JP with Cheese & Beans	JP with Cheese	JP with Cheese & Beans	JP with Cheese & Coleslaw
	CARBS	Potato Crunchies	Garlic Bread or Potato Wedges	Mashed Potatoes	Diced Potatoes	Chips
	PUDDANG	Wafflemeister Waffle	Hot Chocolate Sponge & Custard	Cornflake Cake	Shortbread Selection	Fruity Friday A selection of fruit based desserts

ALL SERVED WITH...

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ice-cream & sorbets