



PE LTP 2025-26

	Autumn		Spring		Summer	
	1	2	3	4	5	6
Nursery	Introduction to PE : Unit 1	Introduction to PE : Unit 2	Ball Skills : Unit 2	Fundamentals : Unit 2	Dance : Unit 1	Dance : Unit 2
		Ball Skills : Unit 1	Fundamentals : Unit 1	Gymnastics : Unit 1	Games : Unit 1	Games : Unit 2
Reception	Introduction to PE: Unit 1	Introduction to PE: Unit 2	Gymnastics	Games: Unit 1	Yoga	Intro Kickboxing
		Fundamentals: Unit 1	Ball Skills: Unit 1	Dance	Rugby	Tennis
Year 1/2	Gymnastics	Gymnastics	Dance	Invasion Games	Kick-boxing	Rugby
					Tennis	
Year 3	Dance	Rugby	Gymnastics	Kick-boxing	Swimming	Swimming
				Tennis		



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Year 4	Swimming	Swimming	Kick-boxing	Rugby	Dance	Gymnastics
			Tennis			
Year 5	Rugby	Kick-boxing	Swimming	Swimming	Gymnastics	Dance
		Tennis				
Year 6	Kick-boxing	Dance	Rugby	Gymnastics	Swimming	Water Safety
	Tennis					
ARC 1	Fundamentals	Dance	Rugby	Yoga	Gymnastics	Intro Kick-boxing
ARC 2		Yoga	Invasion Games	Gymnastics	Rugby	Athletics
				Kick-boxing		Tennis
	Swimming	Swimming	Swimming	Swimming	Cricket	Dance

- Stephen Gilmour
- Joy Skiggs
- John
- Paul Brown
- Boldon Tennis Club