



PE Long Term Plan

	Autumn		Spring		Summer	
	1	2	3	4	5	6
Rec	Introduction to PE: Unit 1	Ball Skills: Unit 1	Gymnastics: Unit 1	Games: Unit 1	Games: Unit 2	Yoga
		Fundamentals: Unit 1	Introduction to PE: Unit 2	Dance: Unit 1	Ball Skills: Unit 2	Fundamentals: Unit 2
Year 1	Gymnastics	Gymnastics	Dance	Invasion	Kick-boxing	Striking and Fielding
	Ball Skills	Net and Wall	Fundamentals	Yoga	Rugby	Athletics
Year 2	Gymnastics	Gymnastics	Net and Wall	Dance	Team Building	Kick Boxing
	Ball Skills	Invasion games	Fundamentals	Striking and Fielding	Yoga	Rugby
Year 3	Dance	Fundamentals Y3/4	Rugby	Kick-boxing	Gymnastics	Athletics
	Swimming	Ball Skills Y3/4	Swimming	Football	Swimming	Yoga
Year 4	Fundamentals Y3/4	Hockey	Yoga	Rugby	Athletics	Gymnastics

	Ball Skills Y3/4	Swimming	Kick-boxing	Swimming	Dance	Swimming
Year 5	Rugby	Kick-boxing	Gymnastics	Football	Cricket	Athletics
	Yoga	Dance	Swimming	Swimming	Swimming	OAA
Year 6	Kick-boxing	Rugby	Cricket	Gymnastics	Athletics	Dance
	Swimming	Swimming	OAA		Yoga	Water Safety

- Mr. Gilmour
- Joy Skiggs
- John
- Mr. Brown