



	Autumn		Spring		Summer	
	1	2	3	4	5	6
Rec	Movement Development	Ball Skills	Gymnastics	Throwing and catching	Athletics	Multi Skills
Year 1	Gymnastics Multi-skills	Gymnastics	Dance	Basketball	Multi Skills Kick-boxing	Rounders / cricket
Year 2	Gymnastics	Gymnastics	Hockey	Dance	Rugby	Athletics
	Multi Skills	Invasion games	Tennis	Throwing and catching games	Outdoor/adventurous	Rugby Kick-boxing
Year 3	Dance	Tennis	Rugby	Football Kick-boxing	Gymnastics	Athletics
	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
Year 4	Tennis	Hockey	Dance Kick-boxing	Rugby	Athletics	Gymnastics
	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
Year 5	Dance	Rugby Kick-boxing	Gymnastics	Football/Cricket	Tennis	Athletics
	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
Year 6	Rugby Kick-boxing	Outdoor/adventurous	Cricket	Gymnastics	Athletics	Dance
	Swimming	Swimming	Swimming	Swimming	Water Safety	Water Safety