Revision @TSLA

WHY

- **Confidence -** walk into that exam hall knowing you are prepared
- Increasing **long term knowledge**
- **Building exam skill -** improving oracy of exam language and response
- Providing **strategies** for you to take forward into your adult life - underpinned by the 'look, cover, check' strategy

WHAT

- **Specifications -** look for checklists, ask your teachers for these, if it's not on the list, don't waste your time.
- **Weaknesses -** target areas you are less confident on. Red, Amber, Green your checklists
- **Prioritise -** Spend 70% of your time on your Amber and Red topics. It feels good to study the Green areas, but it is ineffective.

WHEN

- **Take breaks -** work for 25mins, break for 5. Do this 4-6 times and then take a longer break, grab some food, etc.
- Revisit topics **regularly -** don't do one subject for 5 hours. Revisit the topic the following day, 1 week later, 1 month later, etc
- **Schedule** your revision around your daily life. Make sure you follow a timetable and stick to it!

HOW

- **Mind maps**
- **Flash cards**
- **Reduce and Retain**
- **Self quizzing**

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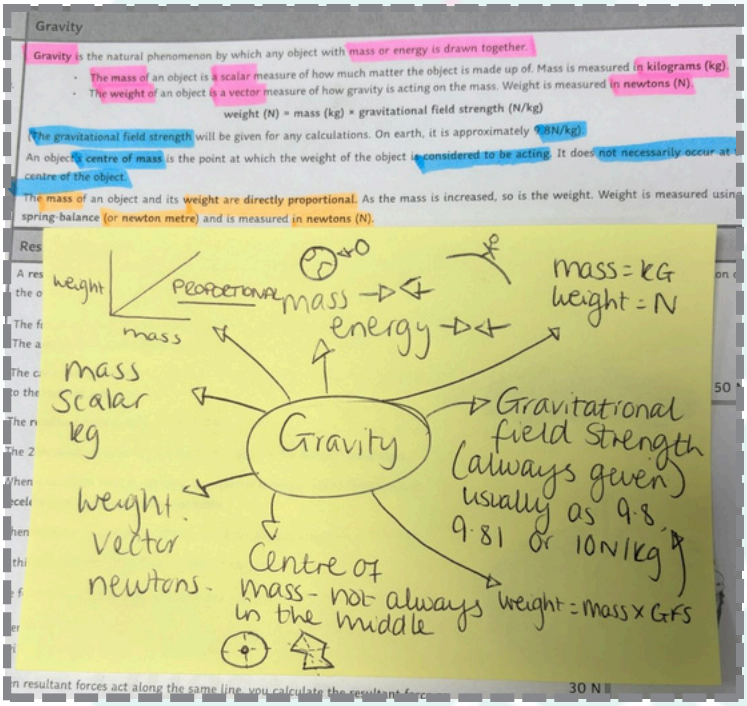
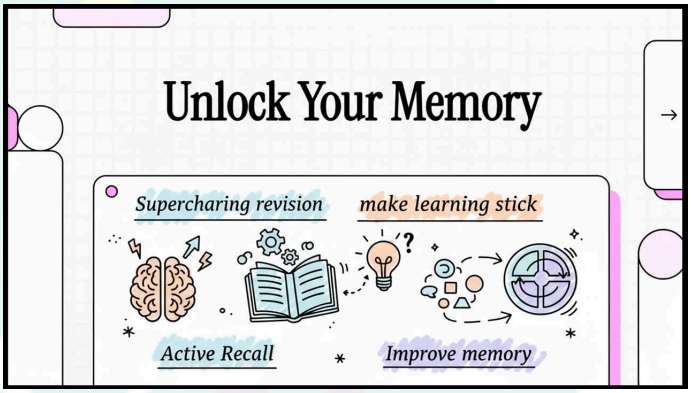
WEEK 3

REDUCE & RETAIN





SCAN ME

Scan the QR code to watch this how to guide!

WHY

Requires engagement at a deeper cognitive level than re-reading. It combats the "Illusion of Fluency" by giving an honest assessment of your knowledge. Incorporate Spaced Repetition by revisiting the condensed points at increasing intervals.

HOW

Reduce: Read and highlight a large body of information, chunking it into its most crucial points (e.g., 4-8 bullet points).

Retain: Actively test your memory of these condensed points without looking at your notes.