THE SPIRIT OF TRINITY

Dear Students, Parents, Carers & Governors

Year 11: The Power of a Brown Envelope

It was lovely to spend time with Year 11 this week and to deliver two special assemblies.

Together they captured the reality of where we are right now.

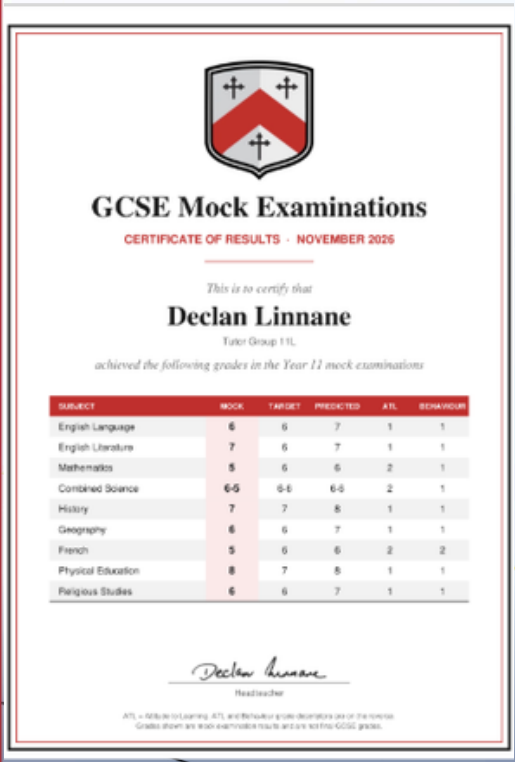
There is plenty to celebrate, there is still plenty of work to do, and there are just under six months until the GCSEs begin on Monday 10 May 2027.

Year 11: The Power of a Brown Envelope

In our first assembly we gave Year 11 their mock results as if it were results day in August.

Every student opened a brown envelope containing their results certificate.

It showed their mock grade in each subject alongside their target grade, their predicted grade and their Attitude to Learning (ATL) and Behaviour scores.



GCSE Mock Examinations

CERTIFICATE OF RESULTS · NOVEMBER 2026

This is to certify that

Declan Linnane

Tutor Group 11L

achieved the following grades in the Year 11 mock examinations

SUBJECT	MOCK	TARGET	PREDICTED	ATL	BEHAVIOUR
English Language	6	6	7	1	1
English Literature	7	6	7	1	1
Mathematics	5	6	6	2	1
Combined Science	6-6	6-6	6-6	2	1
History	7	7	8	1	1
Geography	6	6	7	1	1
French	5	6	6	2	2
Physical Education	8	7	8	1	1
Religious Studies	6	6	7	1	1

Declan Linnane

Headteacher

ATL = Attitude to Learning. ATL and Behaviour grade descriptors are on the reverse. Grades shown are mock examination results and are not final GCSE grades.

We showed students how to read their results.

Most importantly, we showed them how to find their gap:

The difference between their mock grade and their target.

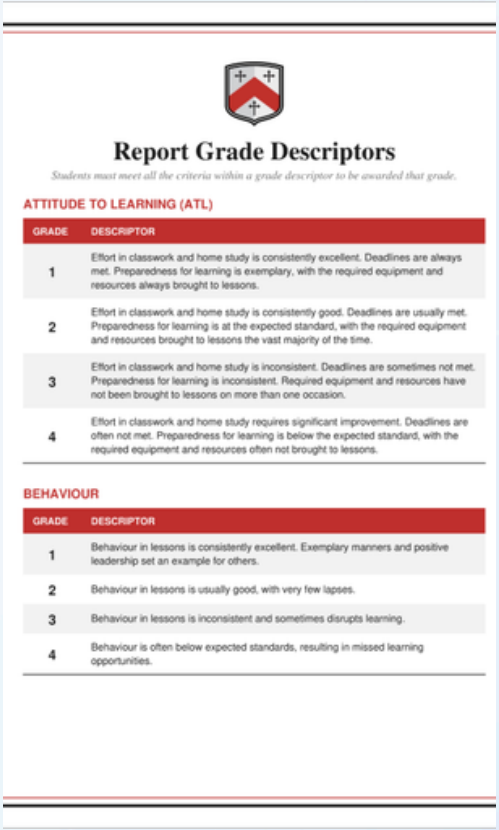
The clearest message came from Attitude to Learning.

Students with excellent ATL were far more likely to be on or above target, and the weaker a student's ATL, the further their grades tended to fall below target.

The link between effort in lessons and results was unmistakable.

Good ATL is not about being clever. It is about habits, and every habit is in your child's control.

These include arriving ready, completing every homework, asking for help, acting on feedback, revising little and often, and keeping going when work is hard.



Report Grade Descriptors

Students must meet all the criteria within a grade descriptor to be awarded that grade.

ATTITUDE TO LEARNING (ATL)

GRADE	DESCRIPTOR
1	Effort in classwork and home study is consistently excellent. Deadlines are always met. Preparedness for learning is exemplary, with the required equipment and resources always brought to lessons.
2	Effort in classwork and home study is consistently good. Deadlines are usually met. Preparedness for learning is at the expected standard, with the required equipment and resources brought to lessons the vast majority of the time.
3	Effort in classwork and home study is inconsistent. Deadlines are sometimes not met. Preparedness for learning is inconsistent. Required equipment and resources have not been brought to lessons on more than one occasion.
4	Effort in classwork and home study requires significant improvement. Deadlines are often not met. Preparedness for learning is below the expected standard, with the required equipment and resources often not brought to lessons.

BEHAVIOUR

GRADE	DESCRIPTOR
1	Behaviour in lessons is consistently excellent. Exemplary manners and positive leadership set an example for others.
2	Behaviour in lessons is usually good, with very few lapses.
3	Behaviour in lessons is inconsistent and sometimes disrupts learning.
4	Behaviour is often below expected standards, resulting in missed learning opportunities.

We also shared six revision techniques that work:

- testing yourself from memory
- spacing out revision
- practising exam questions
- learning from feedback
- explaining ideas out loud
- removing distractions, especially phones

Assembly two: Run Towards the Storm

Our second assembly built on the first with one message: be the buffalo, not the cow.

When a storm approaches, cows run away from it, so the storm catches them and they stay in it longer.

Buffalo turn and run straight through it, and they come out the other side sooner.

The GCSEs are coming whatever happens. What students control is how they face them.

A mock is a snapshot, not a verdict. The mocks were sat early, with about 27% of the course still to teach.

Their job is to find the gaps while there is still time to fix them.

Students were asked to own their results with four questions:

- Where am I on or above target?
- Which two subjects have the biggest gap?
- What are my ATL scores?
- How does my mock compare with my predicted grade?

Before leaving, each student wrote down two priority subjects and one ATL habit to change, starting this week.

We reminded them that they have completed 33 terms since Reception and are now in their 34th.

They have come too far to waste the time that remains.

What happens next

The February mocks are the next checkpoint.

Between now and then, students should:

- **This week :** identify their two biggest gaps and start revising both.
- **Before Christmas :** ask their subject teachers what to revise first, and act on the advice.
- **Every week :** put revision in a timetable and stick to it.
- **Every lesson :** arrive ready, complete the work and act on feedback.

How you can help at home

- Ask your child which two subjects they chose as priorities, and what they are doing about them.
- Ask about their ATL scores and the one habit they have chosen to improve.
- Help them build short, regular revision sessions into the week, with their phone out of reach.
- Encourage them to speak to their subject teachers or form tutor whenever they are stuck.

Asking for help is a strength

No student has to do this alone. We told Year 11 clearly: the students who make the most progress are the ones who ask for help early and often. Asking for help is a strength, not a weakness.

If your child is stuck, worried or falling behind, the most important thing they can do is speak to someone. Their subject teachers and form tutor are ready to support them, and the sooner they ask, the more we can help. Please encourage them to take that first step this week, and do get in touch with us if you have any concerns.

A reflection

Both assemblies were framed by:

Romans 5:3–5: "suffering produces perseverance, perseverance produces character, and character produces hope."

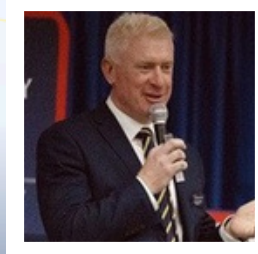
Difficulty is not a sign that something has gone wrong. It is how character is built. We closed with this prayer, which you may like to share at home:

Dear God,

Help us face our results honestly and learn from our mistakes.
Give us the humility to listen to feedback and the discipline to act on it.
Make us resilient, so that setbacks do not defeat us but help us grow stronger.
When work feels difficult, help us ask for support and keep going.
Help us encourage one another as we prepare for our exams.

Amen.

Thank you for your continued support. Together, let's help Year 11 run towards the storm.



God Bless
Declan Linnane
Headteacher

Year 6 Students Explore the Human Heart at Trinity



Over the past two weeks, we have welcomed both Year 6 classes from St Antony's to Trinity for an exciting hands-on Science experience exploring the human circulatory system.

After learning about the heart, students took part in a heart dissection led by eight of our fantastic Year 12 A-level Biology students.

A huge thank you to Caoimhe, Lillian, Adenike, Aarnav, Megan, Frank, Ibrahim and Aurora for giving up their free time to lead the sessions.

Our visiting students were brilliant, showing great curiosity, enthusiasm and bravery throughout.

Win a Free Term of Performing Arts!

Anna Fiorentini Theatre & Film School in Loughton is offering one lucky child aged 4–18 a FREE Spring term of acting, singing and dance, or a free holiday school place!

New Sunday students can also look forward to performing at the world-famous Hackney Empire in March 2027.

Enter by 5 January – it takes just two minutes!

Enter here:

https://www.afperformingarts.com/theatre-and-film-school/competition

Winter 2026 Holiday Activities and Food (HAF) Programme – Important Update for Families

We would like to share some important information about the Winter Holiday Activities and Food (HAF) programme, including changes to Free School Meals (FSM) eligibility and how families can access support over the Christmas holidays.

1. Winter HAF Programme 2026

The Redbridge Winter HAF programme will run from:

Monday 21st December – Thursday 24th December 2026

Activities will take place at multiple venues across the London Borough of Redbridge.

Eligible families can book directly through the Redbridge HAF website from Tuesday 24th November 2026.

Places are limited and subject to availability, so families are encouraged to book as early as possible.

2. Important Changes to Free School Meals (FSM) and HAF Eligibility

From September 2026, there are now two categories of benefits-related Free School Meals:

- Targeted FSM
- Expanded FSM

It is important to understand that HAF eligibility remains linked to Targeted FSM.

This includes households receiving Universal Credit with annual earnings of £7,400 or less.

Although Expanded FSM allows more children to receive free school meals, it does not automatically make them eligible for HAF.

Transitional protections have also ended, meaning some children who previously accessed HAF may no longer automatically qualify.

Please note: Families should check their eligibility through the Redbridge HAF booking process rather than relying on previous HAF eligibility or current receipt of Free School Meals.

3. Professional Referrals for Vulnerable Children

A limited number of HAF places may be available for children who do not meet the usual eligibility criteria but have additional vulnerabilities or needs.

Referrals must be made by an education, health or social care professional

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Please be aware:

- Referrals are considered in line with the Redbridge HAF Referral Policy.
- Places are subject to availability.
- A referral does not guarantee a place.
- Losing HAF eligibility alone is not considered a reason for referral.

Schools and professionals can consider making a referral where additional vulnerabilities or needs have been identified.

4. Important HAF Dates

- Tuesday 17th November: Professional referrals open.
- Tuesday 24th November: HAF bookings open for eligible Targeted FSM families.
- Tuesday 1st December: Professional referrals close.
- Friday 11th December: Referral decisions communicated.
- Monday 21st – Thursday 24th December: Winter HAF programme takes place.

5. Food Vouchers and Additional Financial Support

Food vouchers will continue to be available during the winter period.

Schools will receive separate information about the arrangements and distribution process.

Families who may need additional financial support can also access the following services:

- Redbridge Cost of Living Support: Help with food, household bills, energy, housing and debt.
- Redbridge Benefits and Financial Support: Benefit checks, Council Tax Reduction, Housing Benefit and the Crisis and Resilience Fund.
- Redbridge Foodbanks and Affordable Food Support: Information about local foodbanks, emergency food assistance and affordable food clubs.
- Financial Support for Families: Information about benefits, grants, discounts and other available support.
- Best Start in Life: Advice on childcare support, Universal Credit childcare, Tax-Free Childcare, free breakfast clubs and wraparound childcare.
- Redbridge SEND Local Offer: Information about education, health, social care, activities and support for children and young people aged 0–25 with SEND.
- Redbridge Families Information Direct (FiND): A directory of information, advice, activities and services for local families.

working towards child friendly Redbridge

6. Further Information and Contact Details

For further information about the Winter HAF programme, eligibility or professional referrals, please visit the Redbridge HAF website or contact the team.

Email: haf@redbridge.gov.uk

Website: Redbridge HAF



Modern Foreign Languages Lunch Club – Year 7 & 8

Our new Modern Foreign Languages Lunch Club starts on Wednesday 18th November!

Students can enjoy Spanish games, quizzes and cultural activities while developing their language skills and discovering Spanish-speaking countries.

Open to all Year 7 and 8 students, whatever their Spanish ability!
Every Wednesday lunchtime:

- Room 30 (Lower Site): Ms Martín-Jiménez
- Room 68 (Upper Site): Ms Photiou

Everyone is welcome!

SIXTH FORM SPOTLIGHT

Trinity Luminaries: Oxbridge Applicants Preparation Programme News

On Wednesday 18th November, our Oxbridge applicants attended a very informative session on Oxbridge Interview Techniques.

These were run by the admissions outreach team at Wadham College, Oxford.

Students learned what they should expect in Oxbridge interviews , how they should prepare for the interviews, strategies to adopt during the interview and next steps they should take to prepare.

The session was well timed as we are now within the window where interview invitations are being sent to applicants by colleges at Oxford and Cambridge, for interviews to take place in December.

Our preparation programme continues over the coming few weeks for our applicants with Talk Tuesdays.

A programme of events after school each Tuesday where students will be required to talk confidently about their subject and address relevant interview questions .

We are grateful to the relevant subject specialist staff who have agreed to give up their time on forthcoming Tuesdays to help our students to prepare.

This year we have Oxbridge applicants for History, History with Spanish, Engineering, Human Sciences , Mathematics and Economics.

We wish them all the very best of luck



Work Experience & Careers

Career Opportunity: Deloitte – Career Shapers: Inspiring Women

Discover Work Insights at Deloitte

Year 12 Students – An Exciting Career Opportunity!

Deloitte is inviting applications for its virtual Career Shapers: Inspiring Women programme, designed to inspire and support young women who are considering their future career options.

About the Programme

Career Shapers: Inspiring Women is a two-day virtual programme taking place on 16th–17th February 2027.

The programme is designed for students who are curious about their future career options and would like to explore whether a Deloitte apprenticeship could be the right next step.

It offers students an opportunity to gain valuable insights into the world of work and discover more about future career pathways.

Who Can Apply?

The programme is open to students who:

- **Are currently in school, sixth form or college in Year 12.**
- **Are studying towards at least 104 UCAS points from their top three A Levels, or equivalent qualifications.**

Students can find out more about the programme and submit an application through the Deloitte website.

Click here to find out more and apply

Work Experience: Key Dates for Years 10 & 12

Parents and carers of students in Years 10 and 12, please make a note of the following important work experience dates:

- **Year 10 Work Experience: 5 July**
- **Year 12 Work Experience: 12 July**
- **Deadline for all applications: Friday 30 April**

Important Reminder

All work experience applications and forms must be completed and submitted through Unifrog only.

Please ensure your child has made the necessary arrangements and completed their Unifrog application before the deadline.

Free GCSE revision webinar for Year 10 and 11 families

Tuesday 1 December, 7 to 8pm
The Degree Gap is running a free online webinar, The GCSE Revision Masterclass, for parents and carers of Year 10 and 11 students on Tuesday 1 December, 7 to 8pm.

Harry and Joe, co-founders of The Degree Gap, will cover how to use mocks as a starting point, what good revision looks like at home, the early signs of burnout and how to support your child without adding pressure.

There is a live Q&A at the end, and everyone who registers receives the replay. Parents can register free (one registration per family, and children are welcome to watch too):

thedegreegap.com/study/webinars/gcse-revision-masterclass

Careers Fair – 14th December

A Careers Fair will take place from 9am–12:40pm for Year 11 and 12 students only. Further details to follow.

Mr Olopade's Half Marathon

Supporting Haven House Children's Hospice



The more we raise, the sillier the outfit!

Please Donate Here :

https://www.justgiving.com/page/eniola-olopade-1

OLD LOUGHTONIANS
HOCKEY CLUB

OLHC MAVERICKS

FREE HOCKEY



OPEN TO ALL

Whether you're a complete beginner or already play, our sessions are for you!

- All abilities and experience levels
- A great way to make new friends
- A fun, friendly and supportive environment
- A chance to play, get active and enjoy hockey

WHEN?
Tuesdays
18:30 – 19:45

AGES
Year 3 – Year 13

WHERE?
Old Loughtonians HC
Luxborough Lane, Chigwell

SESSIONS EVERY TUESDAY

October 20th – December 8th | January 12th – March 16th

ALL SESSIONS ARE FREE!

No cost.
No commitment.
Just hockey, fun and new opportunities.

Find out more: outreach@oldloughtonians.co.uk

Saint Francis Hospice
Caring for you

Redbridge Bereavement Service

Grief support, close to home

Compassionate support for children, young people, adults and families across Redbridge living with grief and loss

Free • Confidential • Inclusive

We provide this support in different languages.

Please get in touch to let us know your preferred language.

CONTACT US, either email **bv@sfh.org.uk**, scan the **QR code** to access free support. Or call us on **01708 753 319**

Scan me

Registered with FUNDRAISING REGULATOR

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Launching

THE SHARP SYSTEM

At Trinity Catholic High School, the safety and wellbeing of our students is always our top priority. We are proud to launch the SHARP system (School Help Advice Reporting Page) A confidential online platform that empowers students to report concerns and seek support quickly and securely.

The SHARP system allows students to raise issues such as bullying, online safety, hate crime, weapons, health and wellbeing, or any other worries they may have either about themselves or someone else. Reports can be made anonymously, ensuring every student has a voice and a safe way to be heard.

The platform is easy to access via any device at:

trinitychs.thesharpsystem.com

HOW TO USE SHARP

1. Visit trinitychs.thesharpsystem.com
2. Click Make Report to share your concern.
3. Explore the dedicated help pages on topics such as bullying, health, hate crime, and community safety.
4. If you prefer to speak to someone directly, you can always approach a member of staff or contact Mrs McGrory, Head of Pastoral.

A Message from the Headteacher

"At Trinity Catholic High School, our Mission is to ensure that every student feels safe, valued, and supported and has a voice. The SHARP system provides an additional, confidential way for students to share any concerns, knowing that they will be listened to and taken seriously.

We want all members of our community to understand that safeguarding and wellbeing are at the heart of everything we do. By speaking up, students are helping us to build a culture of trust, care, and respect. No student should ever feel alone. Together, we can make Trinity a safe and supportive place for everyone."

Why SHARP Matters

1. Gives students a safe and confidential space to raise concerns
2. Helps staff respond quickly and effectively to issues
3. Builds a culture of care, respect, and inclusion across our community

We encourage all students and parents to familiarise themselves with the SHARP system and to use it whenever needed. Together, we can ensure that Trinity remains a place where every student can flourish in safety and confidence.

THE SPIRIT OF
TRINITY

NOTICE BOARD









