THE SPIRIT OF TRINITY

Dear Students, Parents, Carers & Governors

One Community. One Act of Remembrance.

The last two weeks have been some of our most productive of the term, and there is a great deal to celebrate in the pages that follow.

One moment stands above the rest. Our Remembrance Service.

Last year, for the first time, the entire Trinity community gathered together in one place to remember.

This year we did it again. Every student, every member of staff, standing side by side on one playground.

Our students looked around and saw the whole school. Not a year group. Not a site. All of us.



This year that community grew.

We were joined by St Antony's Catholic Primary School, and their entire Key Stage 2 stood with us. Primary and secondary.

Younger and older. One Catholic community, united in prayer.





Cadets, scouts, brownies and cubs from both schools formed the procession and led the wreath layers onto the playground.

Wreaths were laid by students on behalf of their house saints, by parents, by governors and by the headteachers of both schools.

Every part of our community was represented.



Over 2,000 people stood in silence together.

It was a powerful sight.

Not a sound across the playground as we acknowledged the true sacrifice of war and armed conflict.



We remembered the men and women who gave their lives.

We reflected on how their sacrifice shaped our lives today, and the freedom we live with every day.

We must never take that freedom for granted.

We also reflected on those serving in the armed forces today.

Men and women who stand against injustice in the world, often far from home and the people they love.

We hold them and their families in our prayers.



Our students who read the poems and intercessions spoke with clarity and passion.

Their words carried across the playground and held everyone's attention. Our choir led us with conviction.

They sang a gentle piece that gave everyone space to pause and reflect further.





This is the purpose of a Catholic school.

We teach our students that their lives are bound up with the lives of others. That sacrifice has a cost.

That peace is something we work for, every day, in how we treat each other.

Thank you to our students for their dignity and respect. Thank you to our readers for leading our prayer so well.

Thank you to our cadets, scouts, brownies and cubs for leading the procession with such pride. Thank you to our choir for their beautiful singing.

Thank you to the staff who made the service possible.

A special thank you to St Antony's for joining us.

We hope this becomes a tradition we share for many years to come.

We will remember them.



God Bless
Declan Linnane
Headteacher

Lord Jesus,

you taught us there is no greater love than to lay down one's life for others.

We remember all who gave their lives in war.

Welcome them into your kingdom.

Comfort those who grieve.

Make us people of peace.

**Eternal rest grant unto them, O Lord,
and let perpetual light shine upon them.**

Amen.

Did you know?

The two-minute silence was first observed on 11 November 1919, one year after the Armistice ended the First World War.

King George V asked the nation to stop and stand in silence at 11am.

Y7 Step Back in Time: An Immersive Journey into Norman Life!

On Monday and Tuesday this week all of Y7 time travelled back to Norman times.



The students had the opportunity to explore the castle and roam through the Norman Village.





They wandered in and out of the many houses and viewed the scenes, smelled the log fires burning and experienced the ambience of an ancient bygone lifestyle.





They had an amazing day and really had a hands-on and interactive experience.



All students will now take part in the History House competition where they produce a project entitled "A Guide to Life in a Norman Motte and Bailey Castle".



Year 8 Sports Stars Shine with Three Victories and a Place in the Next Round!

Year 8 students were in action this week, securing an impressive three wins from their four games.



Their fantastic performance has earned them a well-deserved place in the next round of fixtures.



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Work Experience

Unifrog Reminder – All Year Groups

A reminder to all parents and carers about our Unifrog careers platform:

- **Students: Please ensure your child completes the Unifrog 101 course, which will help them understand how to use the platform effectively.**
- **Parents and carers: Please set up your own Unifrog parent account so that you can support your child with their career exploration and future planning.**

Unifrog provides students with access to a wide range of information about careers, university courses, apprenticeships and future opportunities.

🔗 Set up your Unifrog parent/guardian account

Thank you for your continued support.

Work Experience: Key Dates for Years 10 & 12

Parents and carers of students in Years 10 and 12, please make a note of the following important work experience dates:

- **Year 10 Work Experience: 5 July**
- **Year 12 Work Experience: 12 July**
- **Deadline for all applications: Friday 30 April**

Important Reminder

All work experience applications and forms must be completed and submitted through Unifrog only.

Please ensure your child has made the necessary arrangements and completed their Unifrog application before the deadline.

Thank you for your continued support and cooperation.

Trinity Students Attend Youth Mass at Brentwood Cathedral



Our students had the wonderful opportunity to attend a special Youth Mass at Brentwood Cathedral, joining young Catholics from across the Diocese of Brentwood for an evening of faith, reflection and celebration.





The evening began with an inspiring guest speaker, who encouraged students to reflect on their faith and their personal journey with God.

This was followed by a particularly special Mass, celebrated by Bishop Alan, marking his final Youth Mass before his departure.



The evening strengthened students' Catholic faith, brought young people together and encouraged growth in faith, hope and service to others.

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rooted in the community

SAVE THE DATES - 2026

Knowledge sharing sessions to support your neurodiverse child

HAT Community Hub, Scargill Infants, Rainham
- 15th September – Understanding Autism in Girls
- 29th September – Understanding Self-Care & Puberty in Autistic Girls
- 16th October – Understanding Autism
- 20th November – Understanding Sensory Differences

Sycamore Trust UK, Woodward Rd, Dagenham
- 17th September - Understanding ADHD
- 25th September – Toilet Training
- 2nd November - PICA/ARFID

Gearies School, Gants Hill
- 19th October – Understanding EBSA (Emotionally Based School Avoidance)
- 10th November – Supporting your Child's Emotional Wellbeing
- 16th November – Working with School – How to have better conversations
- 1st December – Looking After yourself as a Parent/Carer



BOOKING INFO:
To reserve your free place, please email:
enquiries@sycamoretrust.org.uk

2026

To support Sycamore Trust UK, scan the QR code

sycamoretrust RAISING £30K FOR 30 YEARS

www.sycamoretrust.org.uk
enquiries@sycamoretrust.org.uk
020 8517 9317

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TOGETHER ON THIS JOURNEY

Free Support Workshops for Parent/Carers

Are you a parent or carer of an autistic child, or a child currently on the autism assessment pathway?

We are delighted to offer a series of free workshops, funded by the Elizabeth Line, for parent carers living in Barking & Dagenham, Havering, and Redbridge, who have an autistic child or a child currently on the pathway to diagnosis.

Workshop Programme
7 October 2026 – Sleep Support
14 October 2026 – Toileting and Continence
21 October 2026 – Understanding Sensory Differences
4 November 2026 – Communication and Interaction
11 November 2026 – Understanding Different Communication Styles
18 November 2026 – Parent/Carer Emotional Wellbeing

What to expect
Practical advice and strategies you can use at home
Greater understanding of your child's needs
Opportunities to share experiences and connect with other parent carers
A welcoming and supportive environment

Time
Wednesdays, 10:00am – 1:00pm

Booking
To reserve your free place, please email:
enquiries@sycamoretrust.org.uk



Venue:
HAT Community Hub, Scargill Infant School, RM13 7PL

Workshops

To support Sycamore Trust UK, scan the QR code

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Year 10 Students Develop Their Oracy Skills Through Jack Petchey Speak Out Challenge



On 4th November, all of our Year 10 students took part in an exciting and highly engaging full-day programme of oracy workshops as part of the Jack Petchey Speak Out Challenge.

Led by trained facilitators, the workshops provided students with a fantastic opportunity to develop their public speaking, communication and presentation skills.

Throughout the day, students explored how to structure and deliver an effective speech, build confidence and engage an audience.





The highlight of the day saw every student take to the floor to deliver a short speech to their peers, demonstrating courage, creativity and a willingness to step outside their comfort zone.

Following the presentations, a number of students were selected to progress to the next internal stage of the competition.

ESSEX SCHOOLS ITT
with tes

Considering a change of career?

Want to work in a rewarding profession?

TRAIN TO TEACH
RECRUITMENT EVENT

Tuesday 24th November 2026 @ 7:30pm

Online

Scan the QR code to register and find out more

U14 Netball Essex Cup Success

The U14 netball team made a fantastic start to their Essex Cup campaign, beating Seven Kings after a dominant first quarter gave them a 9-1 lead.



Strong performances across the court ensured the pressure was maintained throughout the match, with the team demonstrating excellent teamwork, determination and skill.

Their hard work resulted in an impressive 28-4 win.

While this was a very positive start to the competition, the players know there are still areas to develop as they prepare for the challenges ahead.

Well done to the entire squad on a fantastic team performance.

Careers

Free GCSE revision webinar for Year 10 and 11 families, Tuesday 1 December

The Degree Gap is running a free online webinar, The GCSE Revision Masterclass, for parents and carers of Year 10 and 11 students on Tuesday 1 December, 7 to 8pm.

Harry and Joe, co-founders of The Degree Gap, will cover how to use mocks as a starting point, what good revision looks like at home, the early signs of burnout and how to support your child without adding pressure.

There is a live Q&A at the end, and everyone who registers receives the replay.

Parents can register free (one registration per family, and children are welcome to watch too):

thedegreegap.com/study/webinars/gcse-revision-masterclass



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SIXTH FORM SPOTLIGHT

Year 13 Students Explore the Heart of the UK Legal System: A Visit to the Royal Courts of Justice and the Old Bailey

On Wednesday 21 October, 25 Year 13 Sociology and Psychology students swapped the classroom for two of the most famous buildings in English law: the Royal Courts of Justice on the Strand and the Central Criminal Court, better known as the Old Bailey.

We took the tube from Woodford into central London, and the day that followed was full of grand Victorian architecture, centuries of legal history and, most memorably, real criminal trials taking place in front of them.



Morning: the Royal Courts of Justice

Our day began with a private guided tour of the Royal Courts of Justice, home of the High Court and the Court of Appeal.

Students learned that the building was designed by the architect George Edmund Street, who won a national design competition and was himself trained in law.

Building work started in 1873 and was held up by a nationwide stonemasons' strike, and sadly Street died before it was finished. Queen Victoria officially opened the courts in December 1882, at a cost of around £2.2 million.

Students were struck by the scale of the Victorian Gothic building, which looks more like a cathedral than a court. Highlights included:

- The Great Hall, built like the nave of a cathedral, with soaring arches, a marble mosaic floor and stained glass showing the coats of arms of past Lord Chancellors

- The oak-panelled courtrooms, each one designed differently

- The carvings around the entrance, including the heads of famous judges and lawyers, and even a cat and a dog said to represent the two sides in a legal dispute

It was a brilliant way to see how the civil justice system works, and why so many important appeal cases end up here.

Afternoon: the Old Bailey



Year 13 students enjoyed an educational visit to the Royal Courts of Justice and the Old Bailey, exploring the history of the British legal system and some of its most notorious criminal cases.

The highlight was observing live criminal trials, offering a fascinating insight into courtroom procedures and the justice system.

The visit brought their Sociology and Psychology studies to life, and students represented Trinity superbly throughout!

Mr Olopade's Half Marathon

Supporting Haven House Children's Hospice



The more we raise, the sillier the outfit!

Please Donate Here :

https://www.justgiving.com/page/eniola-olopade-1

OLD LOUGHTONIANS
HOCKEY CLUB

OLHC MAVERICKS

FREE HOCKEY



OPEN TO ALL

Whether you're a complete beginner or already play, our sessions are for you!

- All abilities and experience levels
- A great way to make new friends
- A fun, friendly and supportive environment
- A chance to play, get active and enjoy hockey

WHEN?
Tuesdays
18:30 – 19:45

AGES
Year 3 – Year 13

WHERE?
Old Loughtonians HC
Luxborough Lane, Chigwell

SESSIONS EVERY TUESDAY

October 20th – December 8th | January 12th – March 16th

ALL SESSIONS ARE FREE!

No cost.
No commitment.
Just hockey, fun and new opportunities.

Find out more: outreach@oldloughtonians.co.uk

Saint Francis Hospice
Caring for you

Redbridge Bereavement Service

Grief support, close to home

Compassionate support for children, young people, adults and families across Redbridge living with grief and loss

Free • Confidential • Inclusive

We provide this support in different languages.

Please get in touch to let us know your preferred language.

CONTACT US, either email **bv@sfh.org.uk**, scan the **QR code** to access free support. Or call us on **01708 753 319**

Scan me

Registered with FUNDRAISING REGULATOR

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Launching

THE SHARP SYSTEM

At Trinity Catholic High School, the safety and wellbeing of our students is always our top priority. We are proud to launch the SHARP system (School Help Advice Reporting Page) A confidential online platform that empowers students to report concerns and seek support quickly and securely.

The SHARP system allows students to raise issues such as bullying, online safety, hate crime, weapons, health and wellbeing, or any other worries they may have either about themselves or someone else. Reports can be made anonymously, ensuring every student has a voice and a safe way to be heard.

The platform is easy to access via any device at:

trinitychs.thesharpsystem.com

HOW TO USE SHARP

1. Visit trinitychs.thesharpsystem.com
2. Click Make Report to share your concern.
3. Explore the dedicated help pages on topics such as bullying, health, hate crime, and community safety.
4. If you prefer to speak to someone directly, you can always approach a member of staff or contact Mrs McGrory, Head of Pastoral.

A Message from the Headteacher

"At Trinity Catholic High School, our Mission is to ensure that every student feels safe, valued, and supported and has a voice. The SHARP system provides an additional, confidential way for students to share any concerns, knowing that they will be listened to and taken seriously.

We want all members of our community to understand that safeguarding and wellbeing are at the heart of everything we do. By speaking up, students are helping us to build a culture of trust, care, and respect. No student should ever feel alone. Together, we can make Trinity a safe and supportive place for everyone."

Why SHARP Matters

1. Gives students a safe and confidential space to raise concerns
2. Helps staff respond quickly and effectively to issues
3. Builds a culture of care, respect, and inclusion across our community

We encourage all students and parents to familiarise themselves with the SHARP system and to use it whenever needed. Together, we can ensure that Trinity remains a place where every student can flourish in safety and confidence.

THE SPIRIT OF
TRINITY

NOTICE BOARD









