



TRINITY

Dear Students, Parents, Carers & Governors

Welcome to this edition of Spirit of Trinity. The term is well under way and our students have settled into strong routines.

In this edition, I want to reflect on our recent Academic Support Evenings and what they mean for your child's success.

Academic Support Evenings: Working Together for Success

Over the last two weeks, we welcomed parents and carers from every year group to our Academic Support Evenings.

These evenings were organised by Miss Gorman, our Assistant Headteacher for Teaching and Learning.

Thank you, Miss Gorman, for the care and detail you put into every session. Thank you also to every family who joined us. Your presence matters.

These evenings had one clear purpose: to help each year group get ready for the year ahead. Staff shared practical guidance on assessments, home study and building strong routines at home.

You left with a clear picture of what success looks like this year and how you help your child achieve it.

You are the first educators

The Church teaches that parents are the first and primary educators of their children. We take that seriously. Our role as a school is to support you in that vital work.

These evenings are one way we do that. When home and school work as partners, children flourish.

You are not alone

The evenings did something else too. They brought our parents together. Raising a teenager is demanding.

Many of you told us how reassuring it was to hear other families ask the same questions and share the same worries.

That sense of community sits at the heart of Trinity. We support each other.

Aim high from day one

At each evening, I spoke about aspiration.

Every student at Trinity is working towards one moment: the brown envelope at the end of Year 11 and Year 13. Those results decide what comes next.

Sixth form, university, apprenticeships and employment.

I shared the story of Prince, a boy I used to teach. From Year 7 to Year 10, he was not always focused.

In Year 11, he realised that if he did not change his approach, he would underachieve. He made that change.

He worked hard, turned his results around and reached his potential. Prince's story shows what focus achieves.

Now imagine what that focus would have achieved had it started in Year 7.

Some parents of Year 7 and Year 8 students feel public exams are years away. They are. The habits that secure top grades start now.

Students who practise revision, recall and independent study in the early years arrive at Year 11 confident and prepared.

They do not cram. They build. Every homework completed, every quiz revised and every book read adds up.

Practical support at home

At the Year 11 evening, I reminded parents of a free service we offer.

If gaming consoles such as an Xbox or PlayStation are causing significant distraction at home, we will collect the device and keep it safe in school.

This service is open to families in every year group. If you would like to use it, please contact me.

Supporting our expectations

Success also depends on consistency between home and school.

Our procedures and expectations exist for one reason: to give every child the best chance to learn, feel safe and thrive.

Uniform, punctuality, attendance, our smartphone-free policy and behaviour standards all protect learning time.

When parents back these expectations, students notice. Thank you for standing with us.

Rooted in our values

Every child is made in the image of God, with gifts to share.

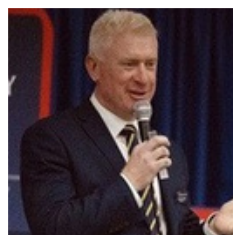
Our mission calls us to strive for excellence and inspire voices to shape a better world.

That begins in the classroom, at the kitchen table and in the conversations you have with your child each evening.

Excellence comes from daily effort, guided by Truth, Compassion, Hope and Service.

Together, we will help every student reach their potential.

Mr Declan Linnane



God Bless

Declan Linnane
Headteacher



TRINITY | CATHOLIC
HIGH SCHOOL



You are invited to our
OPEN EVENING

Thursday 8th October 2026
5pm-8pm | tchs.org.uk



Mr Burke Becomes British Blind Masters B1 Golf Champion!

Over the summer, Mr Burke became the British Blind Masters B1 Golf Champion.

This achievement qualified him to represent Wales alongside his English counterparts in the inaugural Four Nations Competition, competing against Ireland, Northern Ireland, and Scotland.

Wales and England went on to win the competition 13–5.

At the same event, Mr Burke also competed against Scotland in the Old Enemy Cup, where Wales and England secured another victory, winning 5–3.

Congratulations to Mr Burke on an outstanding achievement!



Year 13 Biologists Shine in the UK Biology Olympiad!

Congratulations to our Year 13 Biologists who took part in the prestigious UKBC Intermediate Biology Olympiad before the summer holidays!



We are delighted to celebrate the achievements of all our participants, each of whom received a certificate, membership of the Royal Society of Biology, and enjoyed a well-deserved celebratory pizza party on Friday lunchtime.



A special congratulations goes to our outstanding award winners:

-  3 students achieved Bronze Awards, placing them in the top 15% of over 16,000 entrants nationwide.
-  2 students achieved Silver Awards, placing them in the top 10% of entrants.

An excellent achievement by everyone involved, very well done to all our budding biologists!

Maes Y Lade Year 9 Girls

On Sunday 20th September, 44 very excited Year 9 girls made their way to Maes y Lade Outdoor Education Centre, nestled at the foot of the beautiful Black Mountains, ready for an action-packed week of adventure, challenge and fun.

The girls certainly embraced every opportunity to push themselves outside their comfort zones. One of the highlights was a day of gorge walking in the River Mellte. This involved navigating the river, climbing over rocks and, for the bravest among them, jumping into the water from some impressive heights! The day even included a highly competitive belly-flop competition before finishing with a spectacular 2.5-metre jump from the edge of a waterfall.

The girls also took on the Begwyns on mountain bikes. The day began with a challenging climb up to the famous 'roundabout', with several girls showing incredible determination by managing to make it all the way to the top without stopping. There were plenty of tired legs, but also plenty of smiles and a great sense of achievement.

Our walking day took us up towards the summit of Twmpa. As we ascended through the gully, the girls were rewarded with some truly spectacular views across the surrounding countryside. It was a fantastic opportunity to appreciate the beautiful landscape while challenging themselves physically.

The caving expedition provided a completely different kind of challenge. The girls tackled a number of tricky sections, including the infamous 'Letter Box' and 'Toilet'. They showed great resilience, teamwork and courage as they squeezed, crawled and climbed their way through the caves.

The final activity was canoeing on the River Wye. Some girls proved to be more stable in their boats than others, but there was certainly plenty of laughter as everyone developed their paddling skills and tried to keep themselves — and their friends — afloat!

Adventure activities were not the only part of the experience. Each morning, the girls also contributed to the running of the centre by completing daily housekeeping chores. This encouraged everyone to take responsibility, work as a team and contribute to the community they had created for the week. Each dormitory created their own autonomous prayer that we displayed on the board in the dining room and we prayed together each day.

Above all, it was a wonderful week filled with singing, laughter, happiness and countless memorable moments. The girls challenged themselves, supported one another and returned home with new experiences, a real sense of achievement and, no doubt, a few tired muscles!

A huge well done to all 44 girls for making it such a fantastic week.



Celebrating Charlotte Odunewu (8J)!

A huge congratulations to Charlotte Odunewu (8J) for her fantastic achievement at the Run Wild event at London Zoo on Sunday 20th September.

Charlotte completed the 1-mile course around the zoo while raising money for ZSL (Zoological Society of London) and their vital conservation work to protect tigers and other endangered species.

Thanks to her amazing efforts and the generosity of her supporters, Charlotte raised an incredible £117 for this important cause.

Well done, Charlotte, on making a difference for wildlife and showing such wonderful commitment to conservation, we're very proud of you!



Introducing Parent Zone



We are delighted to announce the launch of Parent Zone, a brand-new dedicated area on our website designed specifically for you.

We know how busy family life can be, so this is a great area to find out about the support that Redbridge Education and Inclusion Service and Empowering Parents Together can offer.

Drive Safe. Park Safe. Keep Trinity Safe.



TRINITY | CATHOLIC HIGH SCHOOL

Safe Driving & Parking around School



We kindly ask all parents and carers to help keep our school community safe by driving and parking responsibly around school.

Please remember:



Respect the 20mph speed limit
– It keeps everyone safer, especially our children.



Watch out for pupils crossing the road
– They can be unpredictable, so please stay alert.



Park safely and considerately
– Avoid blocking driveways, zig-zag lines and local residents' access.

Thank you for your support in helping us keep our school community safe, calm and considerate for everyone.



⇒ Thank you for your support! ⇒

Year 11 Rugby Team Finish Essex Competition in Style!



The Year 11 rugby team put in a fantastic performance at Wanstead Rugby Club in their final Essex competition, finishing with one win, one draw and one loss.

The boys showed great skill, determination and teamwork throughout the day. A brilliant effort from everyone — now it's on to the Essex Cup!



Launching **THE SHARP SYSTEM**



At Trinity Catholic High School, the safety and wellbeing of our students is always our top priority. We are proud to launch the SHARP system (School Help Advice Reporting Page) A confidential online platform that empowers students to report concerns and seek support quickly and securely.

The SHARP system allows students to raise issues such as bullying, online safety, hate crime, weapons, health and wellbeing, or any other worries they may have either about themselves or someone else. Reports can be made anonymously, ensuring every student has a voice and a safe way to be heard.

The platform is easy to access via any device at:

trinitychs.thesharpsystem.com

HOW TO USE SHARP

1. Visit trinitychs.thesharpsystem.com
2. Click Make Report to share your concern.
3. Explore the dedicated help pages on topics such as bullying, health, hate crime, and community safety.
4. If you prefer to speak to someone directly, you can always approach a member of staff or contact Mrs McGrory, Head of Pastoral.

A Message from the Headteacher

“At Trinity Catholic High School, our Mission is to ensure that every student feels safe, valued, and supported and has a voice. The SHARP system provides an additional, confidential way for students to share any concerns, knowing that they will be listened to and taken seriously.

We want all members of our community to understand that safeguarding and wellbeing are at the heart of everything we do. By speaking up, students are helping us to build a culture of trust, care, and respect. No student should ever feel alone. Together, we can make Trinity a safe and supportive place for everyone.”

Why SHARP Matters

1. Gives students a safe and confidential space to raise concerns
2. Helps staff respond quickly and effectively to issues
3. Builds a culture of care, respect, and inclusion across our community

We encourage all students and parents to familiarise themselves with the SHARP system and to use it whenever needed. Together, we can ensure that Trinity remains a place where every student can flourish in safety and confidence.



TRINITY

NOTICE BOARD

TRINITY | CATHOLIC HIGH SCHOOL

You are invited to our
OPEN EVENING

Thursday 8th October 2026
5pm-8pm | tchs.org.uk

TRINITY | CATHOLIC HIGH SCHOOL

You are invited to our
OPEN EVENING

Thursday 8th October 2026
5pm-8pm | tchs.org.uk

TRINITY | CATHOLIC HIGH SCHOOL

Safe Driving & Parking around School

We kindly ask all parents and carers to help keep our school community safe by driving and parking responsibly around school.

Please remember:

- 20 MPH** - Respect the 20mph speed limit - it keeps everyone safer, especially our children.
- Watch out for pupils crossing the road** - they can be unpredictable, so please stay alert.
- P** - Park safely and considerately - avoid blocking driveways, zig-zag lines and local residents' access.

Thank you for your support in helping us keep our school community safe, calm and considerate for everyone.

20 MPH

Thank you for your support!

Producing a professional CV
Free online information session

29 September 2026
7.30-8pm

I'll be covering.....

- The importance of layout
- What's relevant?
- How long is too long?
- Tailoring it to an opportunity

With me, Kerry Nash

Careers & Education Consultant

Book here!

K.E. Consults