# POD MENU

WEEK 1
WEEK 2
WEEK 3

| | MON | TUES | WED | THURS | FRI |
|---|---|---|---|---|---|
| MAIN | MOO-PING STYLE CHICKEN CURRY WITH COCONUT RICE (CE*, MU*, SO, G/W) | CINCINNATI STYLE BEEF CHILLI & STEAMED RICE (G/B*, O*, R*, W*) | CHICKEN & PEPPERONI PAELLA WITH LEMON WEDGE (CE, E*, MK, MU*, SO*, G/W*) | BEEF PASTA AL FORNO WITH TOMATO & HERB SAUCE (CE, E*, MK, G/W) | FISH & CHIPS WITH GARDEN PEAS (F, G/B*, W) |
| PASTA POPINA | TOMATO & BASIL PASTA (G/W) V | CREAMY MUSHROOM & PEA SPAGHETTI (CE, E, MK, G/W) | MAC & CHEESE (MK, G/W) | CHERRY TOMATO & SPINACH PASTA (CE, G/W) V | MEDITERRANEAN VEGETABLE PASTA (G/W) V |

## COLD DELI

**SELECTION OF SANDWICHES, BAGUETTES, WRAPS, SALAD BOXES AND PROTEIN POTS**

**JACKET POTATO WITH A SELECTION OF FILLINGS**

*Why not add*

CHEF'S TRAYBAKE **OR** FRUIT POT

*To create a Meal Deal*

Olive dining
food with passion

# POD MENU

WEEK 1
**WEEK 2**
WEEK 3

| | MON | TUES | WED | THURS | FRI |
|---|---|---|---|---|---|
| MAIN | PAPRIKA SPICED BEEF GOULASH WITH BUTTERED EGG NOODLES (E, G/W) | LEBANESE SPICED CHICKEN WITH BATATA HARRA & TANGY TOMATO SAUCE (G/B*, O*, R*, W*) | SOUTHERN STYLE SLOPPY JOE BEEF CASSEROLE WITH SPICY RICE & GREEN BEANS | CREAMY CHICKEN & LEEK PIE WITH GOLDEN PUFF PASTRY LID & BUTTERED NEW POTATOES (CE, MK, G/W) | FISH & CHIPS WITH GARDEN PEAS (F, G/B*, W) |
| PASTA POPINA | TOMATO & BASIL PASTA (G/W) V | MEXICAN STREET CORN PASTA BAKE (MK, G/W) | MAC & CHEESE (MK, G/W) | MEDITERRANEAN VEGETABLE PASTA (G/W) V | THREE CHEESE PASTA (MK, G/W) |

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# POD MENU

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WEEK 2
**WEEK 3**

| | MON | TUES | WED | THURS | FRI |
|---|---|---|---|---|---|
| MAIN | CHICKEN & VEGETABLE BALTI CURRY WITH STEAMED RICE (MU*, G/B*, O*, R*, W*) | MEAT FEAST PIZZA WITH HOMEMADE POTATO WEDGES & CHEF'S SALAD (CE*, E*, MK, MU*, SO*, G/W) | SOUTHERN SPICED CHICKEN JAMBALAYA | TRADITIONAL BEEF RAGU WITH HERB INFUSED PENNE (CE, G/W) | FISH & CHIPS WITH GARDEN PEAS (F, G/B*, W) |
| PASTA POPINA | MAC & CHEESE (MK, G/W) | CREAMY PUMPKIN PASTA (CE, E, MK, G/W) | MEDITERRANEAN VEGETABLE PASTA (G/W) V | ROASTED SQUASH & PEA ALFREDO SPAGHETTI (E, MK, G/W) | TOMATO & BASIL PASTA (G/W) V |

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