



25 June 2026

Dear Parent/Carer,

Extreme Weather Warning – Extended Reduced Day: Friday 26 June 2026

As you will be aware, extreme weather warnings have been in place for most of this week, with very high temperatures experienced from Tuesday through to Thursday. Due to the continued extreme weather conditions, we are writing to inform you that we will be extending the reduced school day to include Friday 26 June. We want to assure you that the safety and wellbeing of all our students remains our highest priority, and we have put in place a number of measures to support students during this period, which are outlined below as a reminder.

As was the case earlier this week, on Friday we will again be shortening the day so that students can get home earlier. Students should therefore arrive at normal time and will leave the school site at 12.15pm.

Students who are in receipt of Free School Meals may collect food from the Canteen as usual at break or the start of lunch.

We continue to risk assess all activities in school.

1. Uniform

We are relaxing our usual uniform expectations and offering students two options for what they wear to school.

Option 1: Summer Order

- School shirt, with skirt or trousers as normal
- No blazer or tie required, no jumper
- Correct school shoes must still be worn

Option 2: PE Kit

- Students may instead choose to wear their full school PE kit for the day

Students may choose either option and are not required to bring a blazer, tie or jumper to school while these arrangements are in place. We will, of course, notify you as soon as normal uniform expectations resume.

2. Refillable Water Bottles

Please ensure that your child brings a refillable water bottle to school every day.

Staying hydrated throughout the day is essential for many reasons. It helps maximise energy levels, regulates body temperature, and supports overall health and well-being. To facilitate this, we have multiple water refill points located around the school which students can access before school, during break and lunchtime.

Main School Office:

Upper Site: Mornington Road, Woodford Green, Essex, IG8 0TP | Telephone: 020 8504-3419

Lower Site: Sydney Road, Woodford Green, Essex, IG8 0TB | Telephone: 020 8504-8946

We kindly ask for your cooperation in reinforcing the importance of staying hydrated and using reusable water bottles to help reduce plastic waste in our school.

3. Sun Protection

Given the warm conditions forecast, we would also encourage students to apply sun cream before they leave for school. Students may also wear a plain navy cap while in the playground to help protect against the sun.

4. Break Time

Students will continue to have access to outside areas, but we will be encouraging them to use the shade available. If we deem it necessary, we may put a temporary halt to football or other physical activity and insist that students relax in shaded areas.

5. PE / Games

All sport and physical activity will be risk assessed based on the conditions and adjusted to ensure that it remains appropriate.

If you have any concerns about your child's health or wellbeing during this period, please do not hesitate to contact us via the Student Support Hub.

Thank you for your continued support.

Yours sincerely,

Mrs M Green

Deputy Headteacher
Trinity Catholic High School