



TRINITY

Dear Student, Parents, Carers & Governors

“We are in the boat together. We need each other to row through the storm.”



These words capture the spirit of the past week at Trinity Catholic High School.

Many of you know the school experienced a cyber-attack. Sadly, schools across the country face a growing number of incidents of this nature. Education remains a target due to the amount of data held within school systems.

Our focus remains clear. Protect the community. Restore systems. Act with care and transparency.



We continue to work closely with the ICO, the police and specialist cyber security teams. Their work involves securing our systems, investigating the source of the attack and guiding the recovery process. At present the investigation continues and we remain in the stage of gathering information regarding any possible data exposure. If confirmed information emerges communication with those affected will follow immediately.

I want to thank staff, students and families for the calm and supportive response. Staff adapted quickly and continued to deliver strong lessons across the week. In many classrooms colleagues returned to core teaching methods. Clear explanation. Strong questioning. Discussion and oracy. Good teaching rests on subject knowledge, relationships and high expectations.

Students also deserve recognition. Many embraced lessons without the usual reliance on screens and systems. Their focus and engagement reminded us learning rests first in the interaction between teacher and student.

On Tuesday we held the student leadership vote which forms part of the election process for our new Student Leadership Team. It was great to hear students and staff across the school discussing who the new leaders might be. The energy and excitement around the process created a real sense of community.



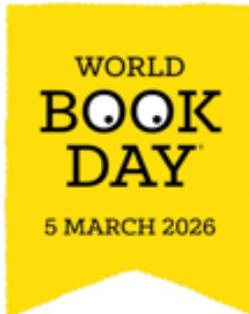
Every student who stepped forward for a leadership role deserves recognition. It takes courage to stand in front of your peers and say you want to lead. The candidates spoke with passion, confidence and a strong sense of service to the school. They have been an inspiration to their peers and to younger students across the school.

Many younger students spoke to me this week and said when they reach the sixth form they want to become the next Head Boy or Head Girl. That is exactly what student leadership should do. It should inspire others to step forward, to find their voice and to take responsibility for shaping the culture of the school.

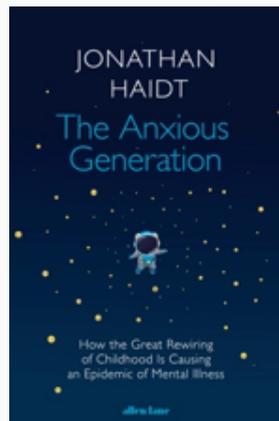
We will begin announcing the new Student Leadership Team over the weekend with the full team revealed early next week. I know the new leaders will carry their roles with pride and continue to strengthen the Spirit of Trinity.

Monday also brought another important moment for the school. Transition formally began. It was a pleasure to write to our prospective families and most importantly to our new Year 7 students who will join Trinity next September. For many families this letter marks the beginning of a new chapter. A new school. New friendships. New opportunities.

Each year this moment reminds us of the privilege we hold as educators. Families place great trust in the school. They send their children to us with hope and expectation. Our task involves helping them grow in knowledge, character and faith so they leave Trinity ready to contribute to the world around them.



This week also marked World Book Day with a variety of initiatives promoting reading. A moment to celebrate reading and the power of books to shape how we think and understand the world.



I have recently started reading a book called *The Anxious Generation* by Jonathan Haidt. The book examines the sharp rise in anxiety, depression and loneliness among young people over the past decade. It argues childhood shifted from play based experiences toward a phone-based childhood shaped by social media and constant digital connection.

The research presented links smartphone use with sleep disruption, social comparison and declining wellbeing. It also highlights the loss of time spent outdoors, in conversation and in face-to-face friendships.

After reading it you begin to understand why many parents and schools now move toward smartphone free environments. The goal remains simple. Protect childhood. Create space for conversation, learning, creativity and real friendships.

Next week I will present our new mobile phone policy which will take effect in September. If we truly believe we sit in the same boat together then adults in the lives of young people must act with courage and clarity. Parents and schools share responsibility for the decisions we make.



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I look forward to sharing this policy with you next week. It is a step taken for the good of our young people and for the future of our school community.

Thanks for being in the same boat and it is through your support we are rowing in the right direction. Enjoy your weekend.



God Bless
Declan Linnane
Headteacher

'GO ALL IN' ON WORLD BOOK DAY AND THE NATIONAL YEAR OF READING

On Thursday, we joined in the annual World Book Day celebrations of authors, illustrators, books and reading. WBD creates a buzz around reading; it encourages children to let go of everyday pressures and expectations and to pick up a book instead – one that has been chosen by them, not for them (autonomy is key to enjoying reading); it aims to develop a lifelong love of reading and gives us an opportunity to highlight all the amazing activities and benefits associated with reading – things that we actively promote throughout the year, but are fun to enjoy collectively with other schools across the UK.



A team of our student librarians was dispatched to discover what our students and teachers are reading, which authors are their favourites and why they think reading is important; their answers are revealed on our social media sites!



Our Book Fair arrived to much excitement and students will have the opportunity to visit and buy books over the course of the next week. Unfortunately, we had to postpone our Book Quiz and virtual author events due to technical issues related to the cyberattack, but we hope to reschedule them soon.

So, on Thursday, we encouraged our KS3 students to come to school dressed as a favourite book character and it was great to see Paddington, Mary Poppins, Dorothy from The Wizard of Oz and Toothless from How to Train Your Dragon (among many others), roaming our school corridors



We already know that reading can transform lives. 'It opens doors, fuels imagination and gives every child the chance to succeed, regardless of their background.' (Bridget Phillipson, Secretary of State for Education)



And yet, children and young people's reading for enjoyment is at an all-time low. Research by the National Literacy Trust showed that only 1 in 3 children and young people aged 8 to 18 say they enjoy reading in their free time. In a world with competing digital distractions, from smartphones and social media to streaming services and gaming, it is harder than ever to build regular reading habits. But reading matters!

Why does reading matter?

Research shows that children who enjoy reading in their free time have above-average reading skills compared to those who don't read (34% vs 15%). They have stronger writing skills, a wider vocabulary, greater wellbeing and confidence, and even higher future earnings potential – recent data shows that 'those proficient in reading and writing at school earn £65,000 more over their lifetime.'

Beyond academic performance, 'nurturing a love of reading equips children with essential life skills. It builds critical thinking and resilience, broadens understanding of diverse cultures and perspectives, develops emotional intelligence and empathy, and supports children in exploring their identity and place in the world'.

Our school librarians work hard to create a reading culture and curate a collection of books that our students will love. They know what there is to read, they know which children do and don't want to read, they take time to get to know our students so that they can get the right author or material to the right child, and they create an environment where the library is a fun place to be – a place for everyone; the heart of the school.



Funding

At a time when schools are hit hard by underfunding, school libraries are often one of the casualties of financial constraints. So, a plea for help...if you can offer any financial support to our library, however great or small, please get involved with our 'Support Your School' fundraising initiative. All donations will be spent on new books and equipment for the library and will be very gratefully received. Further details are available from Mrs Anthony, our Librarian, at nanthony@tchs.org.uk

We will also be creating a 'Buy-a-Book-on-Your-Birthday' Wish List on Amazon and would invite parents to buy a book and donate it to the library on their child's birthday. A bookplate with a 'Donated by...' dedication would be added at the beginning of each book before it gets put on our library shelves.

Together, with the support of our whole school community, we can provide access to books that will ignite a passion for reading and inspire a generation of readers!

SIXTH FORM FOOTBALL TEAM KICKS OFF SEASON

Our Sixth Form football team began their season this week with a challenging opening fixture against a strong Woodbridge side. Despite a determined performance, the team narrowly lost 2-1. The highlight of the match came from Steve Anthony, who scored a fantastic strike that gave the team their only goal and provided a well-deserved moment of celebration.



It was also great to see so many new faces in the squad, with several students joining Trinity in the Sixth Form from other schools and quickly becoming part of the team. Their enthusiasm and commitment are a positive sign for the season ahead. The team now looks forward to continuing their campaign next week when they take on Bancrofts.

STUDENTS TAKE FLIGHT AT INSPIRING STEM AND AVIATION EVENT



Students in Years 10, 11 and 12 enjoyed a fantastic STEM and Aviation event today hosted by Forest School. The event provided an inspiring opportunity for our students to explore the exciting world of aviation and the wide range of careers available within STEM.



Throughout the day, students took part in a variety of engaging activities. They had the chance to try out flight simulators, watch a Boston Dynamics robot in action and hear from representatives from the Aerospace Careers Programme about the many pathways into aviation and related STEM fields.

The sessions were both informative and interactive, giving students valuable insight into the skills, innovation and opportunities within this rapidly developing sector.



Speaking with industry experts and taking part in hands-on experiences helped bring these career possibilities to life. Our students thoroughly enjoyed the day and gained a great deal from the experience. We are very grateful to Forest School for hosting such a superbly organised and inspiring event.

NEW LAMDA OPPORTUNITY TO BOOST STUDENTS' ORACY SKILLS

Free taster sessions in Lower Site Hall:
Yr 7/8: Thurs 12th March - 3.30pm
Yr 9/10: Wed 18th March - 3.30pm
Yr 12/13: Thurs 19th March - 3.30pm
(Sign up via: link sent through ParentMail)

LAMDA

**PUBLIC SPEAKING & ACTING
(SOLO OR PAIRS)**

To reserve your place email:
Enscriptdrama@gmail.com

We are excited to launch a new opportunity to enhance oracy skills for all students through our offer of LAMDA courses in both Public Speaking and Acting, led by Ben Kettner, a highly experienced teacher who has successfully guided students through these qualifications in other schools in Redbridge. Ben is running free workshops for students at each Key Stage over the next couple of weeks - all are welcome!

We will send more details via parentmail for those who enjoy these and wish to sign up for his LAMDA course sessions afterwards.

Launching

THE SHARP SYSTEM



At Trinity Catholic High School, the safety and wellbeing of our students is always our top priority. We are proud to launch the SHARP system (School Help Advice Reporting Page) A confidential online platform that empowers students to report concerns and seek support quickly and securely.

The SHARP system allows students to raise issues such as bullying, online safety, hate crime, weapons, health and wellbeing, or any other worries they may have either about themselves or someone else. Reports can be made anonymously, ensuring every student has a voice and a safe way to be heard.

The platform is easy to access via any device at:

trinitychs.thesharpsystem.com

HOW TO USE SHARP

1. Visit trinitychs.thesharpsystem.com
2. Click Make Report to share your concern.
3. Explore the dedicated help pages on topics such as bullying, health, hate crime, and community safety.
4. If you prefer to speak to someone directly, you can always approach a member of staff or contact Mrs McGrory, Head of Pastoral.

A Message from the Headteacher

“At Trinity Catholic High School, our Mission is to ensure that every student feels safe, valued, and supported and has a voice. The SHARP system provides an additional, confidential way for students to share any concerns, knowing that they will be listened to and taken seriously.

We want all members of our community to understand that safeguarding and wellbeing are at the heart of everything we do. By speaking up, students are helping us to build a culture of trust, care, and respect. No student should ever feel alone. Together, we can make Trinity a safe and supportive place for everyone.”

Why SHARP Matters

1. Gives students a safe and confidential space to raise concerns
2. Helps staff respond quickly and effectively to issues
3. Builds a culture of care, respect, and inclusion across our community

We encourage all students and parents to familiarise themselves with the SHARP system and to use it whenever needed. Together, we can ensure that Trinity remains a place where every student can flourish in safety and confidence.



FRIENDS OF

TRINITY



QUIZ NIGHT!



Tables seat 6-8 players

**Flying solo? Or short of a few
teammates? Don't worry we will team
you up on the night!**

**Bar available serving snacks,
alcoholic & soft drinks**



**FRIDAY 13 MARCH
7.30pm**

**TRINITY CATHOLIC HIGH
SCHOOL, UPPER SITE, IG8 0TP**

£10 PP



Scan to pay

Free taster sessions in Lower Site

Hall:

Yr 7/8: Thurs 12th March - 3.30pm

Yr 9/10: Wed 18th March - 3.30pm

Yr 12/13: Thurs 19th March - 3.30pm

(Sign up via: link sent through ParentMail)



LAMDA

YOUR PARAGRAPH TEXT

**PUBLIC SPEAKING & ACTING
(SOLO OR PAIRS)**

To reserve your place email:
Enscriptdrama@gmail.com





TRINITY

NOTICE BOARD

JOIN SILVERTOWN STORM NETBALL CLUB
AGES 11 - 18 | NEWHAM

PLAY EASTER SESSIONS

SESSION DATES:
MONDAY 30TH MARCH 2026
THURSDAY 2ND APRIL 2026
TUESDAY 7TH APRIL 2026
THURSDAY 9TH APRIL 2026

TRINITY CATHOLIC HIGH SCHOOL

Our Sixth Form **APPLICATIONS NOW OPEN**

TO SHAPE A BETTER WORLD

WEST ESSEX PANTHERS

CONTACT: WESTESSEXPAINTHERS@GMAIL.COM

WHAT BASKETBALL TRAINING FOR U12 AND U14

WHEN EVERY OTHER SUNDAY

WHERE NEW CITY FITNESS: EPPING FOREST WELLNESS CENTRE IG103SA

Got a **degree** you're not really using? Looking for a challenging **new career**? Time to think about becoming a **teacher**...?

ESSEX SCHOOLS ITT

Graduates 2024-25

Train to teach at our school, or another one local to you! Gain qualified teacher status (QTS), and an optional post-graduate certificate in education (PGCE) through the **Essex Schools ITT** initial teacher-training programme.

Join our next online information event:
Thursday 12th March, from 7.30pm

Scan the QR code to view our events page and register

SCIENCE CLUB

WHERE CURIOSITY MEETS DISCOVERY!

(WEEK 12)
THURSDAY ROOM 15
3:15 PM TO 4:15 PM

EXPLORE YOUR PASSION FOR SCIENCE

FORMER TRINITY STUDENT

GCSE MATHS TUTORING

FOUNDATION & HIGHER LEVEL ONLINE LESSONS

- 3 Years Tutoring Experience
- Mathematics Degree Student
- Foundation & Higher Level GCSE
- Exam Preparation & Support

Get in Touch if Interested!

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Carmela
Call or Text

Redbridge Mental Health Support Team presents...

PARENT AND CARER'S IN MIND: WEBINARS FOR WELLBEING

Hear from mental health professionals about how to promote your child's emotional health and wellbeing. Our monthly webinar offer starts with our three most popular topics

REGISTER NOW!

MANAGING EXAM STRESS
WED 25.02.26 7-8PM

MOVING UP TO SECONDARY SCHOOL
WED 25.03.26 7-8PM

TALKING ABOUT BIG FEELINGS
WED 29.04.26 7-8PM

SCAN ME!

FOR MORE INFORMATION & TO SIGN UP CLICK HERE.
VISIT WWW.REDBRIDGE.GOV.UK AND SEARCH 'MHST' OR GO TO LINKTR.EE/REDBRIDGEHMST