

YEAR 12 LEARNING JOURNEYS 2025-2026





Our 'Learning Journeys' provide an outline of the diverse range of knowledge rich and engaging subject topics that students can enjoy during their Sixth Form courses at Trinity Catholic High School.

We developed these 'journeys' to help students to understand the sequence of their learning and how their lessons fit into the bigger picture. This is further supported in lessons, where teachers and students explore the deeper meaning behind their learning; not only how topics link to those previous but also their connections to the wider world, their links to the principles of Catholic Social Teaching and how learning opportunities can support in fulfilling the Trinity Mission.

Learning journeys are placed at the front of all exercise books/ folders, and we encourage parents and carers to review them with their children. This helps everyone visualise the path of learning students will be following throughout the academic year.













Learning is their journey.
Let them navigate.
Push them to explore.
Watch them discover.
Encourage their questions.
Allow them to struggle.
Support their thinking.

FOOD FOR THOUGHT

FOUNDATION IN THE FORMAL ELEMENT THROUGH THE DISCIPLINES OF PAINTING AND DRAWING, PRINTMAKING, SCULPTURES AND LENS BASED IMAGE MAKING.

INVESTIGATE THE THEME OF FOOD IN ART -- CRITICAL THINKING RESPONDING TO ARTISTS

RECORD EXPERIENCES AND OBSERVATIONS RELEVANT TO INTENTIONS - DEVELOPING OWN IDEA -- REVIEWING AND REFINING WORK LEADING TOWARDS A MEANINGFUL AND PERSONAL FINAL OUTCOME

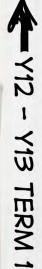
PERSONAL INVESTIGATION

FULLY INDEPENDENT PROJECT FOLLOWING STUDENTS OWN
IDEAS AND CONTENT, LINKED TO FUTURE ASPIRATIONS/STUDIES - BUILDING, DEVELOPING AND STRENGTHENING
SKILLS AND TECHNIQUES - ONE TO ONE TUTORIALS TO GUIDE
THE STUDENTS TOWARDS A FINAL OUTCOME

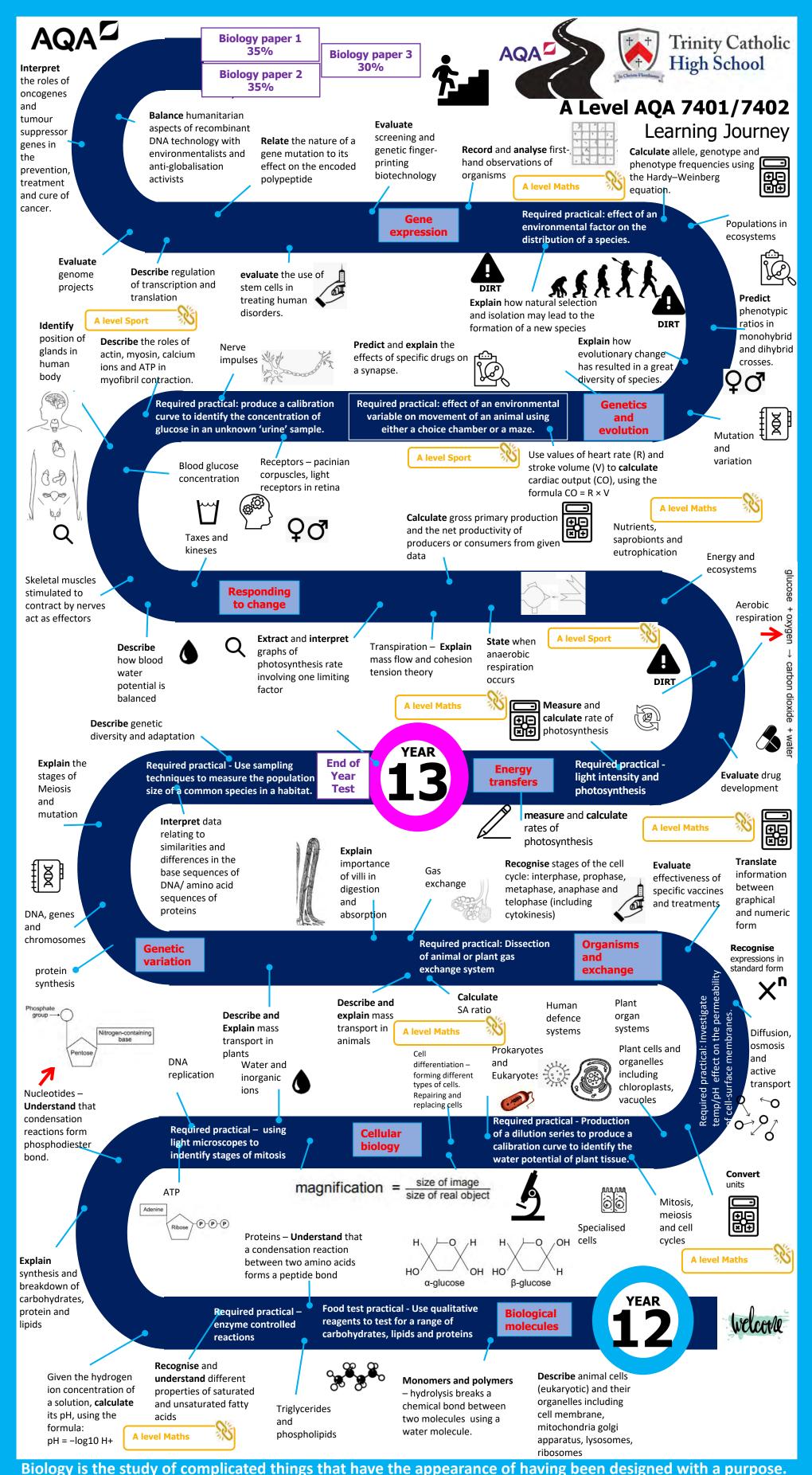
EXAM PROJECT

EXTERNALLY SET PROJECT TITLE FROM EDEXCEL FOLLOWING THE SAME FORMAT OF THE PERSONAL INVESTIGATION.

COMPLETED WITH A 15 HOUR EXAM CREATING A FINAL OUTCOME.

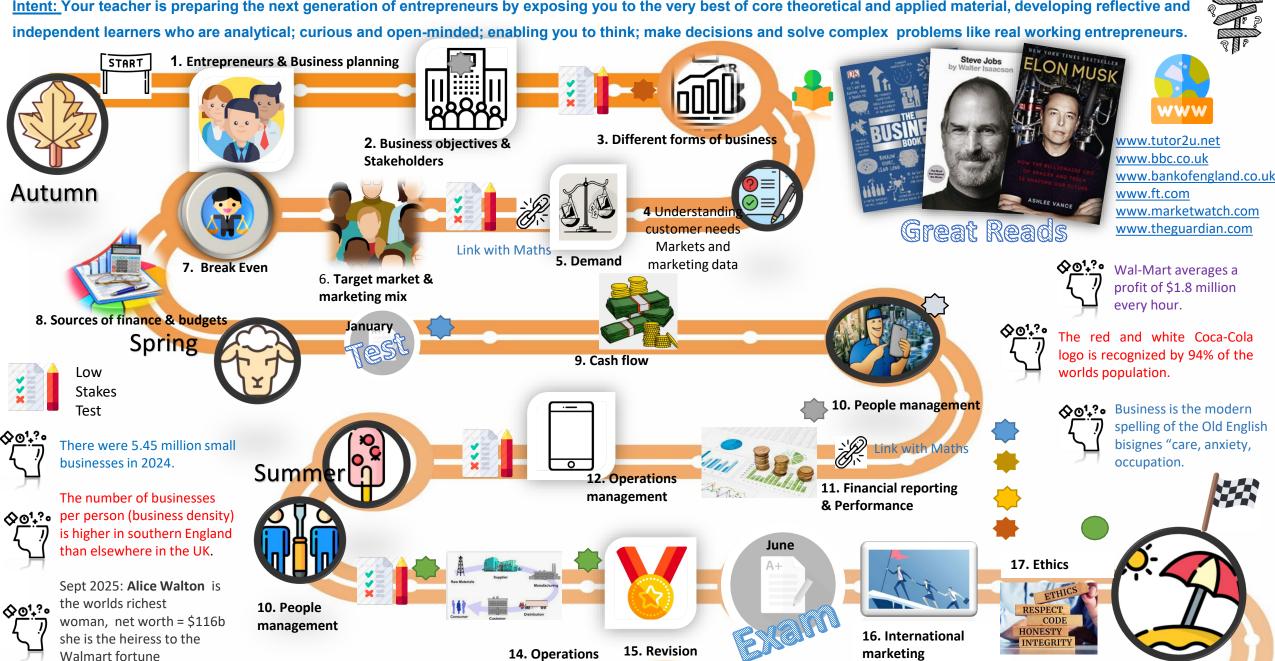




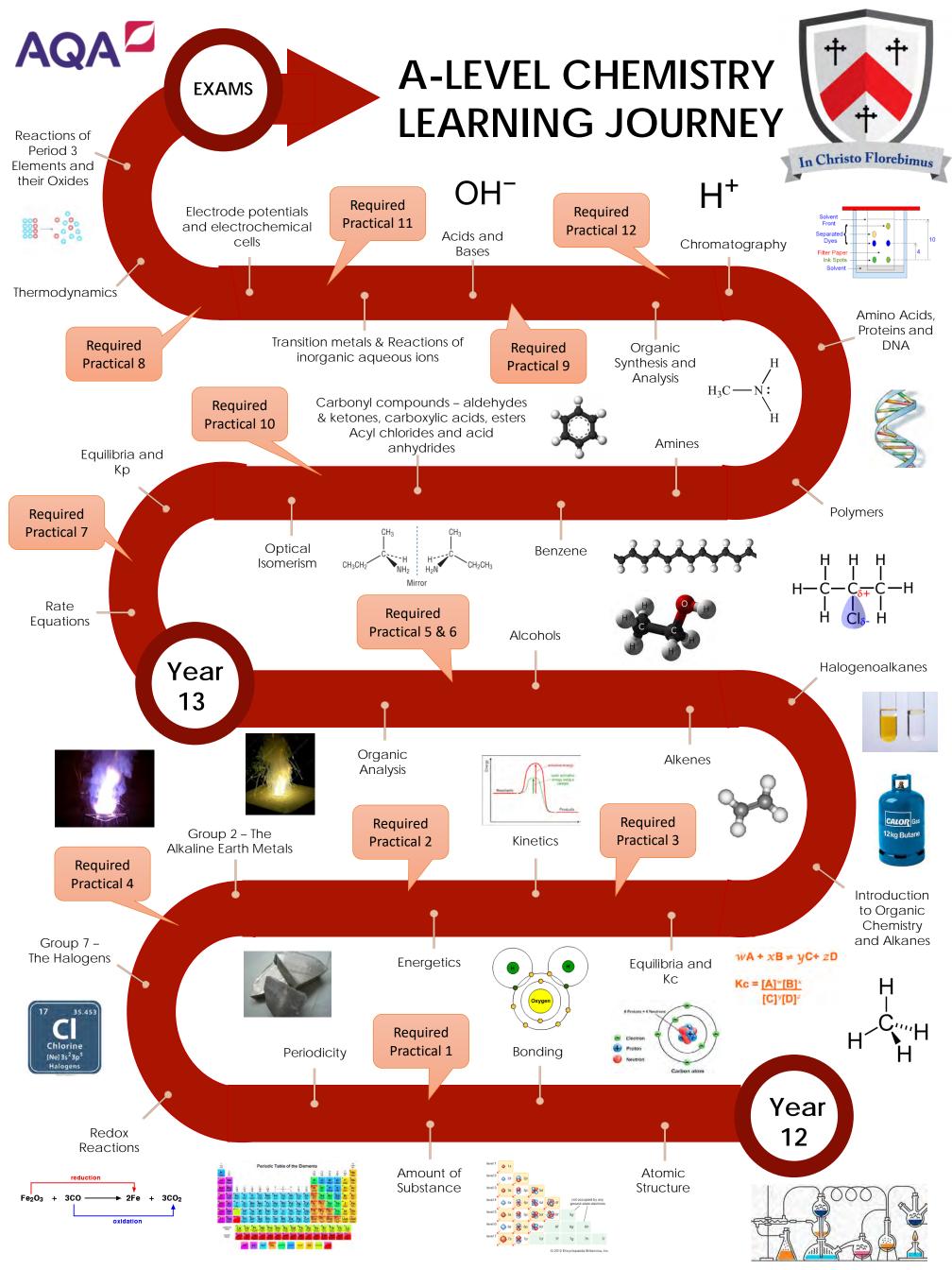


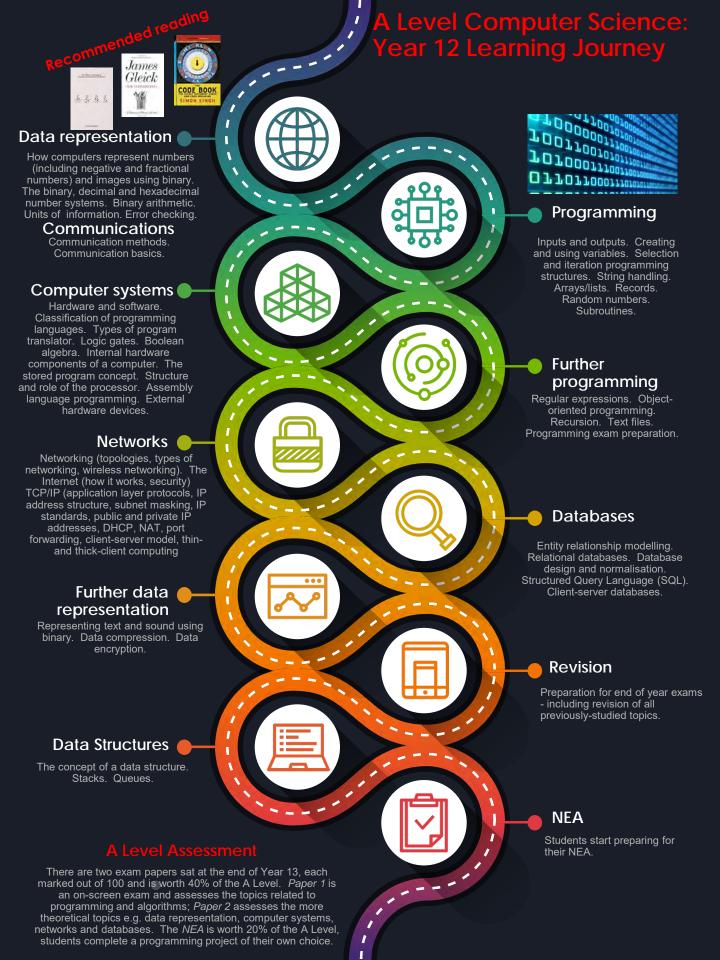
- Year 12 Business Learning Journey -

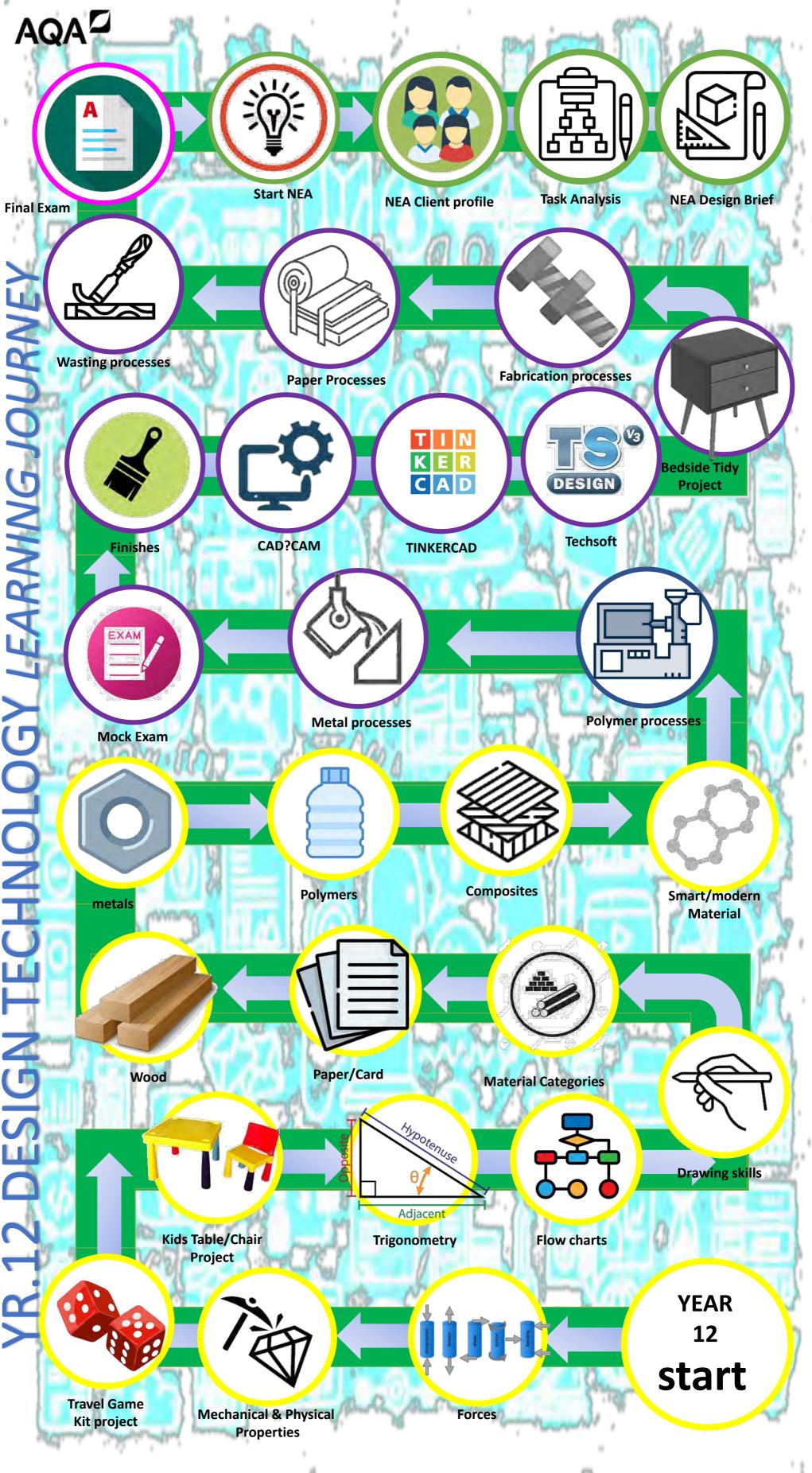
Intent: Your teacher is preparing the next generation of entrepreneurs by exposing you to the very best of core theoretical and applied material, developing reflective and



management







DIGITAL MEDIA

YEAR 12

LEARNING JOURNEY

TERM IA

SEP-OCT

Unit 21/3 Planning and Creating a Media product

An introductory unit which teaches students how to create a digital media product...



TERM IB

NOV-DEC

Unit 21/3 Planning and Creating a Media product

An introductory unit which teaches students how to create a digital media product..



TERM 2A

TAN-FEB

Unit 2 Pre-production and Planning

An exam unit which requires students to respond to a range of questions of verying length. The focus of the examis practical digital media production.



TERM 2B

FEB-APR

Unit 2 Pre-production and Planning

An exam unit which requires students to respond to a range of questions of verying length. The focus of the examis practical digital media production.



TERM 3A

APR- TUN

Unit 2 Pre-production and Planning

An exam unit which requires students to respond to a range of questions of verying length. The focus of the examis practical digital media production.



TERM 3B

JUN-JULY

Unit 1 -Media Products and

Audience

An exam unit which requires students to learn how key media concepts relate to a number of specific case study texts.

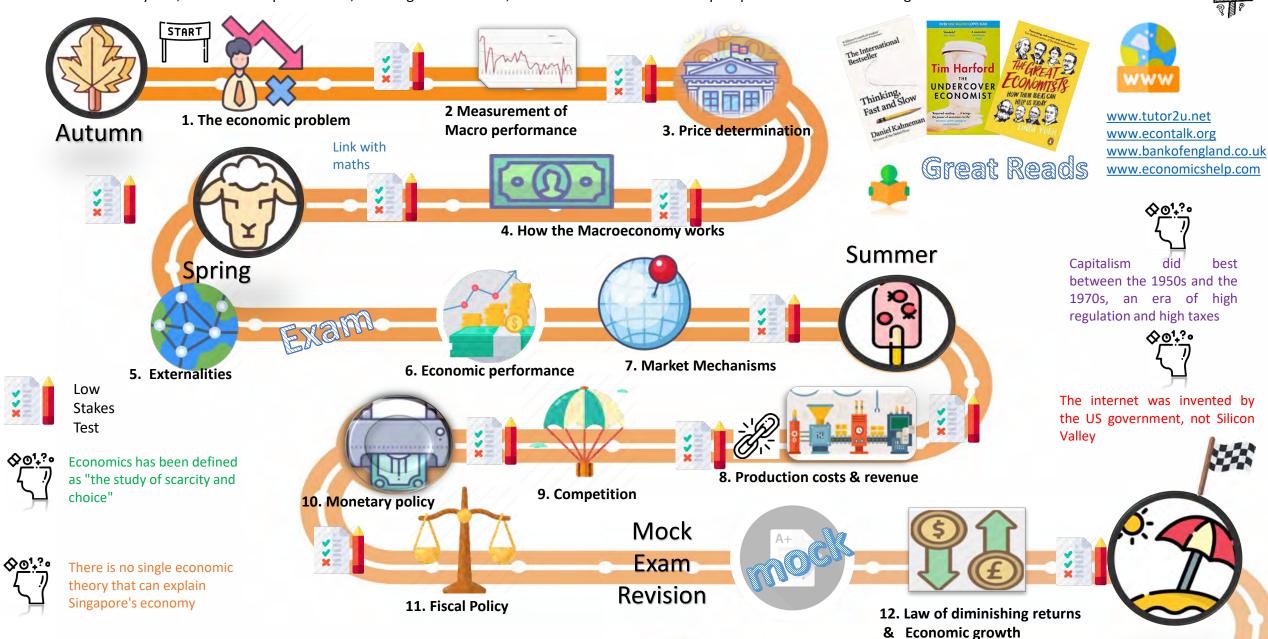


- Year 12 Economics Learning Journey -

Intent:

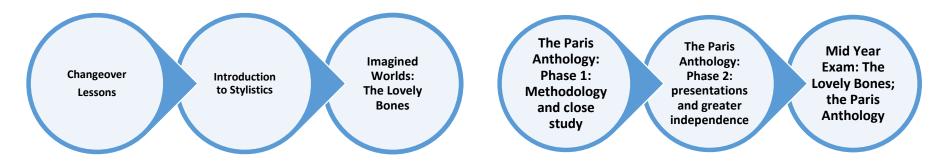
"To prepare the next generation of economists by exposing students to the very best of core theoretical and applied material, developing reflective and independent learners who are analytical; curious and open minded; enabling them to think; make decisions and solve complex problems like real working economists.



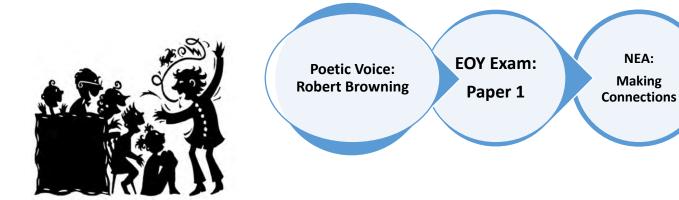


KS5 LEARNING JOURNEY YEAR 12

English Language and Literature



NEA:



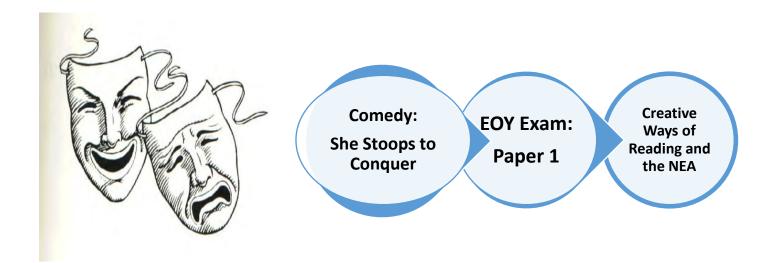
Two key things about English in Year 12:

- 1.) You will learn that stylistics is actually very empowering you can select areas that interest you and you will get better at noticing 'patterns' in texts.
- 2.) Much of what you will study this year will centre on how a story is told Paper 1 actually has a title: 'Telling Stories'.

- Change Over Lessons: Designed to help students adjust to Advanced Level English. The focus will be on 'Ideas about Narrative' and 'Mining Texts for Critical Nuggets'
- Introduction to Stylistics: students will see the main areas of Stylistics; methodology and ways of integrating these concepts into textual study
- The Lovely Bones: Students will learn about the Fantasy genre and 'Imagined Worlds'; the affordances of this type of text and some key terminology connected to Point of View
- The Paris Anthology: Students will learn about how places are represented and how text producers exercise 'tellability': foregrounding what they believe to be important
- Poetic Voice: In this unit students focus most especially on how Browning has constructed the 'voice' within each of his poems
- NEA: in the last few weeks we will focus on the investigation and explore choices

KS5 LEARNING JOURNEY YEAR 12 English Literature

Creative Genre: Change Comedy: Ways of Comedy: Mid Year Exam: over Reading: **Aspects** Twelfth Night; **Twelfth Small** Small Island; The Lesson: of **Critical and** Critical Island Night **Creative readings** Narrative Comedy **Anthology**



Two key things about English in Year 12:

1.) You will learn that there are **multiple** ways of reading a text 2.) Your study will centre around one main **genre**, namely 'Comedy', although we will dip into other genres such as the Pastoral and Tragedy

- Change Over Lessons: Designed to help students adjust to Advanced Level English. The focus will be on 'Ideas about Narrative' and 'Mining Texts for Critical Nuggets'
- Genre of Comedy: An exploration into aspects of Comedy, ranging from Classical Comedy to Modern Comedy
- Creative Ways of Reading: Using the AQA Critical Anthology and its 6 lenses, students will approach a range of texts, ranging from poems and song lyrics to play extracts and short stories and approach them from multiple perspectives
- Twelfth Night; Small Island; She Stoops to Conquer: Students will explore these texts and consider how each works as a comedy
- Creative Ways of Reading: For the final few weeks of the year, students will return to the Critical Anthology and start to select texts for their NEA

A LEVEL FILM STUDIES

YEAR 12

LEARNING JOURNIE

TERM IA

SEP-OCT

Induction Unit

An introductory unit which teaches the key concepts and ideas related to this course. This includes, genre, narrative, areas of meaning and how the key elements are used in film to create meaning.



NOV-DEC

2A Global Film

The first exam unit requires you to study two foreign language films with a focus on the corea areas. There is no specialist study area for this unit.



TERM 2A

TAN-FEB

2b Documentary

An inin-depth look at documentary film as seen through the study of Asif Kapadia's heart-breaking bopic of the late singer/songwriter Amy Winehouse's life and tragic death.



TERM 2B

FEB-APR

2C Silent Cinema/2d Experimental Film

A study of silent cinema through the lens of a critical debate - expressive vs realist film. In this unit we study the short films of Buster Keaton.



TERM 3A

APR- TUN

Revision Unit

An revision unit which covers all of the Year 12 content in preparation for the end-of-year mock exam based on a real component 2 paper.



TERM 3B

TUN-TULY

NEA Coursework

A chance to put what you have learned into action. Worth 30% of the overall grade, this unit requires you to make a short film of your own.



FOOD LEARNING JOURNEY



LEVEL 3 CERTIFICATE IN FOOD SCIENCE AND NUTRITION



LEARNING JOURNEY A-LEVEL French



Describing change Summarise from listening Disagree tactfully



Courage pour les révisions





Imperfect & perfect tense Future perfect & conditional perfect Choosing the right tense

Finalise Individual

research project

Politics and immigration

Political issues concerning immigration in francophone countries Viewpoints of political parties regarding immigration Immigration from the standpoint of

immigrants, aspects of racism

Demonstrations, strikes: who holds the power?

Important role of unions Strikes/protests/different methods of protesting Attitudes towards strikes, protests and political tensions

Translate English gerund into French Use language to promote a cause **Talk about priorities**

Subject & object pronouns **Relative pronouns**

Avoid the passive Talk about data and trends Demonstrative adjectives & pronouns Express doubt and uncertainty



Teenagers: right to vote and political commitment

Vote, French political system and its evolution Young people's engagement levels & influence on politics Future of politics and political engagement

Passive voice Subjunctive mood

Positive features of a diverse society

Benefits of living in an ethnically diverse society Need for tolerance and respect of diversity The promotion of diversity to create a richer world

Dictionary skills

Strategies for gist

comprehension

Imperfect, perfect

Respond to a stimulus & pluperfect tense Express approval and disapproval Vary vocabulary by using synonyms

Expressing obligation Ask questions / create dialogue Summarise a text

Past historic tense Different tenses with Si infinitive constructions

How criminals are treated

Attitudes to crime

Prison: merits and problems Alternative forms of punishment

Present, future and conditional tense Loanwords pronunciation III. Aspects of French-speaking

society: current issues

Writing an essay



Form and use:

Life for the marginalised

Groups who are socially marginalised Measures to help them Attitudes towards people who are marginalised

> **Summarising from listening** Using persuasive language Writing with a purpose

Contemporary francophone music

Diversity and popularity Profile of the listeners Threats and safeguarding

ear

Start Individual research project over the summer

Cyber-society

Transformation

of everyday life

Dangers, users and

development

of digital technology

Writing an essay

Kiffe kiffe demain

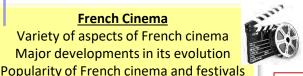
Using infinitive constructions Si sentences (pluperfect & past conditional) **Connectives followed by subjunctive**

French Cinema

Variety of aspects of French cinema

Major developments in its evolution

Question & command forms Subjunctive for possibilities Verbs of wishing an emotional reaction



Imperfect & conditional

Future tense

Listen for details **Justify opinions Express doubt**

Developing extended answers Avoiding repetitions Interpreting pictures

Studying figures and statistics **Summarizing from reading & listening**

II. Artistic culture in the French-speaking world

Translation into English

Connectives – temporal and causal

Adjective agreements **Comparatives & Superlatives** Si sentences, Subjunctive

Infinitive construction Object pronouns Present tense - regular and irregular

Voluntary work

Profile of the workers and range of work provided Benefits for those who help and those who receive help Heritage

Preservation on national and regional scale **Tourism** Relationship between heritage, culture and society

Vocabulary **Answering questions**

Expressing opinions

Translation into French Use of bilingual dictionary

Imperfect & perfect tense

I. Aspects of French society: **Current trends**

Recap main tenses

Check Teams for links to academic

reading on

all themes

Family life

Trends in marriage & other partnerships Family structures Relationships between generations

Introduction to the course



Year 11 - Year 12

transition Booklet to be completed over the summer holidays





A-Level Geography Learning Journey









Revision Help

- **RGS** podcasts/lectures
- Geography Review digital library available
- CGP revision books
- Resources on Teams
- Examination guestion booklets



Revision

Revision

Revision

Revision

Revision

Revision

MAY/JUNE **A-Level exams**









Case studies -Iran/London

Global population futures

Principles of population ecology and their application to human populations





Hazard case studies

Fires in nature

Storm hazards

FEBRUARY Y13 mocks

The concept of a hazard

Y13

Plate tectonics

NOVEMBER

Volcanic hazards

Seismic hazards

Population change

3. Hazards

3. Population and the environment

Snapshot tests



Environment, health and wellbeing

> Changing places -Place studies relationships, Walthamstow/ connections, Great Missenden

Coastal case studies in the UK and India

Residential Fieldtrip for NEA

JANUARY

JUNE Y12 mocks

Case study of a river catchment

Case study of a tropical rainforest

Water, carbon,

climate and

life on Earth

The nature and importance of

places

meaning and

representation



Water and carbon cycles as natural systems

Coastal

Y12 mocks International 2. Water and trade and access

Carbon to markets Global systems

management Coastal landscape development The water cycle

Global

governance

The carbon cycle

The 'global

commons'

Antarctica

2. Changing Places

Globalisation

critique

Globalisation

Coasts as

natural

systems

OCTOBER Baseline Test **Human Geography** 1. Global Systems and Governance

Y12

Physical Geography 1. Coastal Systems and Landscapes







Year 12 A-Level History Learning Journey - Russia

This option provides for the study in depth of the coming and practice of communism in Russia. It explores concepts such as Marxism, communism, Leninism, and Stalinism, ideological control and dictatorship. It also enables students to consider issues of political authority, the power of individuals and the inter-relationship of governmental and economic and social change.

Part One: The Russian Revolution and the Rise of Stalin, 1917-1929

Section 1: Dissent and Revolution, 1917

- The condition of Russia before the revolution of February/March 1917: the Tsar and political authority; the war effort; the economic and social state of Russia; discontent
- The February/March revolution of 1917: causes and course of revolution; issues of leadership and the Tsar's abdication; the establishment of Provisional Government and the Petrograd Soviet; the workings of the Dual authority
- Developments between the revolutions including: the return of Lenin; Lenin's ideology and the April Theses; the July Days; the Kornilov coup and the roles of both the Provisional Government and Trotsky; Lenin and the Central Committee of the Bolshevik Party
- The October/November 1917 revolution: causes, course and extent of revolution; leadership and the establishment of Bolshevik authority; Sovnarkom and decrees and actions to December

Section 2: Bolshevik Consolidation, 1918-1924

- The consolidation of the Communist dictatorship: the establishment of one-party control; the removal of the Constituent Assembly; the ending of involvement in the First World War
- The Civil War: causes and course; the role of Trotsky; the murder of the Tsar; the reasons for the Red victory; government and control in wartime
- Economic and social developments: state capitalism; social change; conditions in cities and countryside during the Civil War; war communism; the Red Terror: revolts of 1920–1921 including the Tambov revolt and Kronstadt rising; the NEP and its political and economic impact
- Foreign relations and attitudes of foreign powers: foreign intervention in the Civil War; Comintern; the Russo-Polish War; discussions leading to the Rapallo Treaty; official recognition and the repercussions of the 'Zinoviev letter'; Lenin's rule by 1924

Section 3: Stalin's rise to power, 1924-1929

- The power vacuum and power struggle: ideology and the nature of leadership; Lenin's testament; divisions and contenders for power: character, strengths and weaknesses of Stalin, Trotsky, Bukharin, Kamenev, Rykov, Tomsky and Zinoviev
- Ideological debates and issues in the leadership struggle: NEP and industrialisation; 'permanent revolution' versus 'Socialism in One Country'; how and why Stalin became party leader and the outcome for the other contenders
- Economic developments: reasons for and impact of the 'Great Turn'; the economic shift; the launch of the first Five Year Plan and the decision to collectivise
- Government, propaganda and the beginning of the Stalinist cult; Stalin's attitude to foreign powers: China; Germany and the Treaty of Berlin; changes in the Comintern

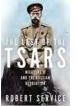


Additional Reading:















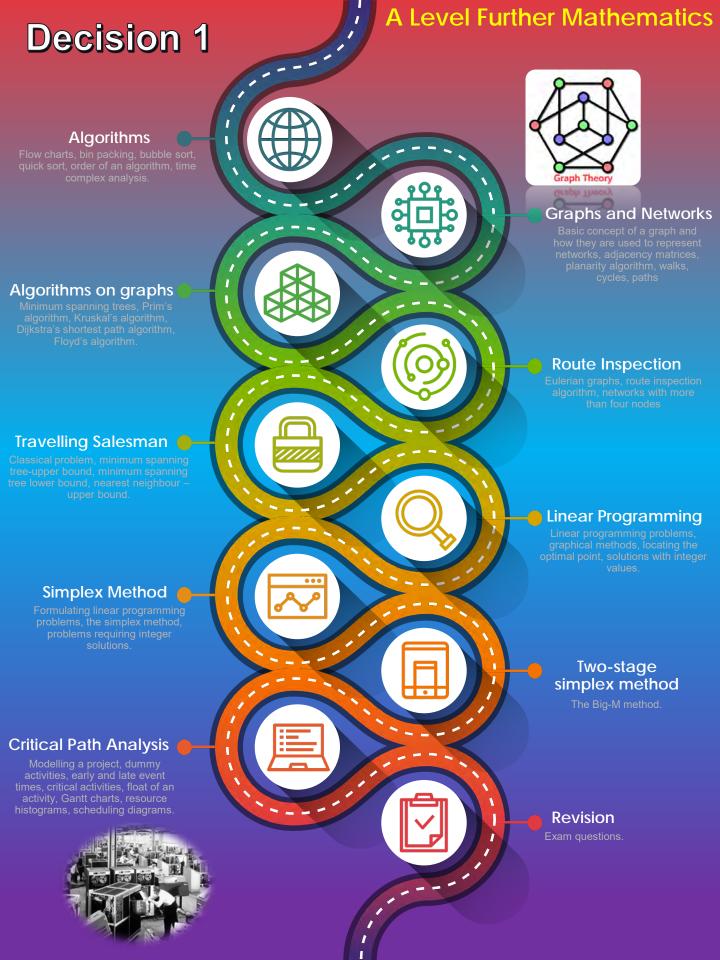






A Level Further Mathematics Pure Y12 $ax^2 + bx + c = 0$ but $a \neq$ then GCSE recap $\implies b^2 - 4ac > 0$ two real solutions $b^2 - 4ac = 0$ one real solutions $b^2 - 4ac < 0$ zero real solutions **Equations &** inequalities **.** equations, quadratic **Graphs &** simultaneous equations simultaneous equations on **Transformations** graphs, linear inequalities, Cubic graphs, quartic graphs, reciprocal graphs, points of inequalities on graphs, intersection, translating graphs, stretching graphs, transforming functions Straight line graphs y = mx + c, equations of straight lines, parallel and perpendicular lines, length and area, modelling with straight lines. Circles Midpoints and perpendicular bisectors, equation of a circle, intersections of straight lines and circles, use tangent and chord properties, circles and triangles Algebraic methods Algebraic fractions, dividing polynomials, the factor theorem, mathematical proof, methods of proof Radians & Trigonometry Radians, degrees, trigonometric identities, trigonometric equations, modelling, geometrical problems Differentiation & Integration Parametric equations, Differentiating polynomial functions, **Exponentials &** differentiation techniques, logarithms modelling with differentiation, basic integration Exponential functions, $y = e^x$ exponential modelling, logarithms, laws of logarithms, solving equations using logarithms, working with natural logarithms, Revision logarithms and non-linear Exam Questions. data $\int_{a}^{b} f(x) \, dx$

A Level Further Mathematics Applied Y12 $P(X) = {}_{n}C_{x}p^{x}(1-p)^{n-x}$ **Data collection** Measures of location and spread Representations of data Outliers, box plots, cumulative frequency, histograms, Correlation **Probability** Calculating probabilities, Venn diagrams, mutually exclusive and independent events, tree diagrams Statistical distributions & Hypothesis Testing Probability distributions, binomial distribution, cumulative probabilities, finding critical values, Modelling in one-tailed tests, two-tailed tests mechanics Constructing a model, modelling assumptions, quantities and units, working with vectors Constant acceleration Displacement-time graphs, velocity-time graphs, constant acceleration formulae, vertical motion under gravity. Forces & motion Force diagrams, forces as vectors, forces and acceleration, motion in 2 dimensions, connected Variable acceleration



Year 12 Core

Mathematics

DID YOU KNOW?

There were more Selfie related fatalities than Shark attack deaths in 2018

1. Probability & Risk,

Risk, using percentages, risk and time, calculating probability, using relative frequency to estimate probability, dependent and independent events, probability simulations and frequency trees.



3. Percentages

Writing one amount as a percentage of another, finding percentage of an amount, percentage increase and decrease, appreciation and depreciation, inflation and index numbers, annual percentage growth and reverse percentages.

Roughly Speaking

Currency exchange, costing a journey, rounding, checking calculations, what must the answer lie between, lower and upper bounds, writing tolerances, using an appropriate degree of accuracy and the modelling cycle.



Mid-Year Exam

1 Calculator Paper

6. Working with Date

The statistical problem solving cycle, looking quickly behind the numbers in data, summarising data, types of data, grouping discrete data, using grouped data with continuous data, histograms, cumulative frequency graphs, box and whisker plots and looking at charts closely.

8. It's Normal

The bell shaped curve, standard deviation, using z-scores and the normal probability plot

Exponentials

Standard form, calculating with standard form, exponential growth, using a spreadsheet for exponential growth, exponential decay, solving exponential equations and logarithmic scales. .



End of Year Exam

1 x Calculator Paper



Using formulae, interpreting spreadsheets, spreadsheet formulae, the power of a spreadsheet, using the \$ symbol, solving equations, solving equations using technology and rearranging formulae, .

Baseline Test



1 Calculator Paper

5. Financial Problem Solving



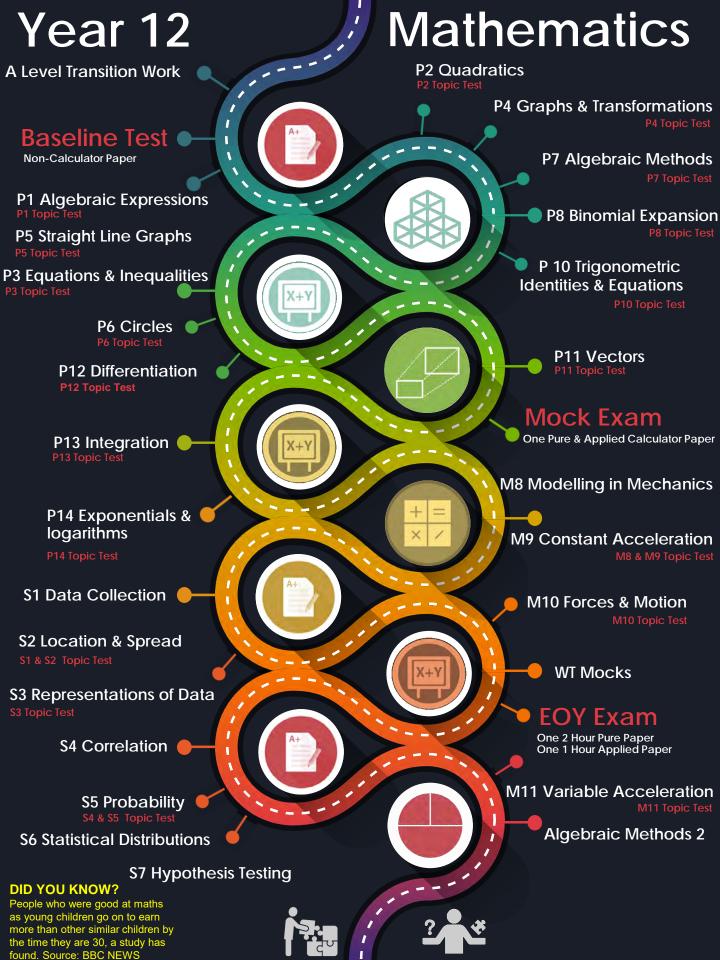
Financial problem solving cycle, compound interest, annual equivalence rate, annual percentage rate, costing and demand curves.

7. Representing Real World Graphically

Using graphs, gradients, tangents, plotting graphs, graphs showing motion, proportion and linearising data.

10. Measures & Scaling

Similar shapes, using suitable units, scale drawings, health and safety, maps and drawing 3D objects,



A LEVEL MEDIA STUDIES

YEAR 12

LEARNING JOURNEY

TERM IA

SEP-OCT

Induction Unit/ 1A Music Vid-

eo

An introductory unit which teaches the key concepts and ideas related to this course followed by the first of the exam units. This is based on analysis of 2 music videos.



TERM IB

NOV-DEC

1A Advertising/ Newspapers

A study of how specific media forms create effects and communicate meanings including representations of key social groups through media language.



TERM 2A

.TAN-FEB

1b Advertising/ 1b Film

A study of how the media targets and reachs audience as well as how specific media industries operate and are regulated.



TERM 2B

FEB-APR

1b Newspapers/1b Radio

A study of how the media targets and reachs audience as well as how specific media industries operate and are regulated.



TERM 3A

APR- TUN

Revision Unit

An revision unit which covers all of the Year 12 content in preparation for the end-of year mock exam which is a full component 1 paper.



TERM 3B

JUN-JULY

NEA Coursework

A unit which requires students to create print media productions in one of two available briefs. This unit is worth 30% of the overall GCSE qualification.

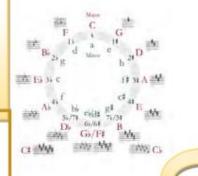




A Level Music Learning Journey

Performance	Composition	Listening &
35%	25%	Appraising
25%	35%	40%

Keys, Chords, Cadences, Musical elements & Aural dictation.



Skills: Performance.

Regular practise of instrumental/voice to build skills towards a final recital.





Historical Analysis

Studying music to develop understanding of how composers use musical elements as well as the historical conditions and context in which the music was performed and created.

Prescribed Work: Beethoven Piano Sonata No. 32 in C Minor

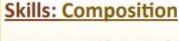




AOS3 Developments in instrumental Jazz 1910 to the present



Prescribed Work: Selected songs performed by Ian Shaw



Experiment with musical skills taken from historical studies and performance to compose two pieces in any style.



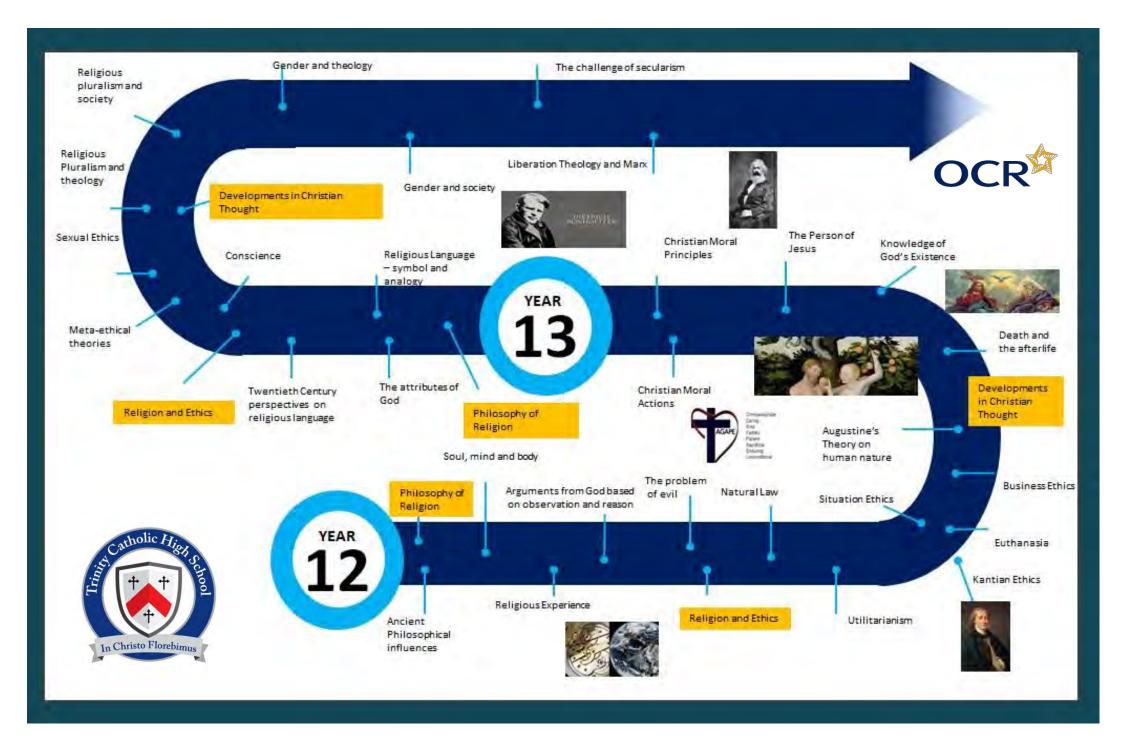




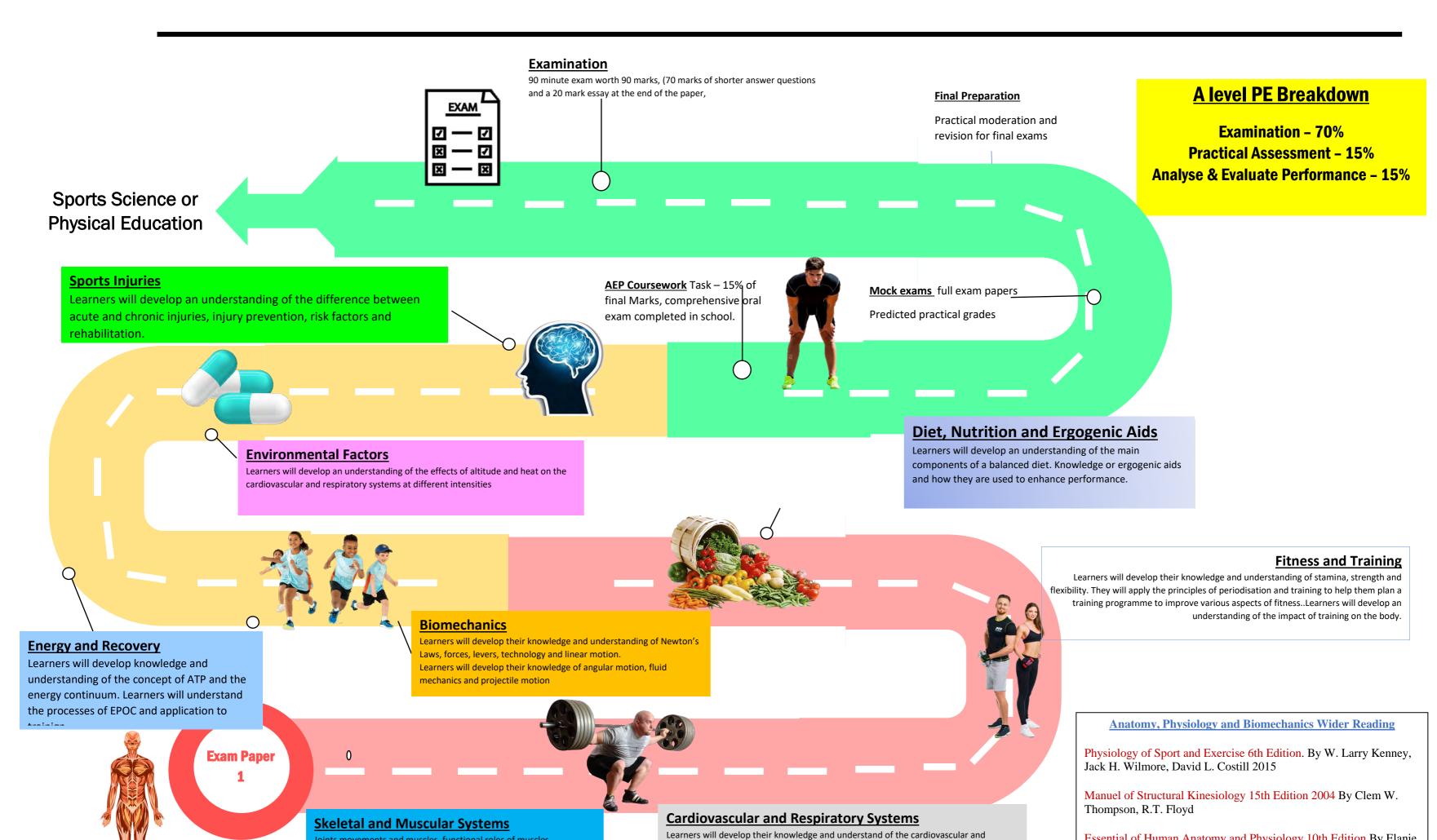
AOS2 Popular song: Blues, Jazz, Swing & Big band.

(Development of song and the singers in early popular recorded genres)

AOS4 Programme Music 1820-1910. Romantic period of instrumental concert music that communicates a narrative



A Level PE Learning Journey Physiological Factors



respiratory systems at rest and at exercise

oints movements and muscles, functional roles of muscles

Movement analysis Muscles Contractions

Fibre Type.

Essential of Human Anatomy and Physiology 10th Edition By Elanie

N. Marieb 2012



Trinity Catholic High School - A Level PE Learning Journey Socio-Cultural Factors

Reading List:

OCR A Level PE workbook

OCR A Level Physical Education component 3

PE and Sport workbook

My revision notes- PE and Sport OCR

Examination

60 Minute exam, consisting of a 10 mark essay question

Final Preparation

Practical moderation and revision for final exams

0

A level PE Breakdown

Examination – 70% Practical Assessment - 15% Analyse & Evaluate Performance – 15%

Sports Science or Physical Education

AEP Coursework Task - 15% of final Marks, comprehensive oral exam completed in school.

Modern Technology

- The extent to which modern technology has affected elite-level sport and general participation in sport, including
- How to assess whether modern technology has increased or decreased fair outcomes
- w to assess whether modern technology has increased or decreased entertainment

Routes to sporting excellence

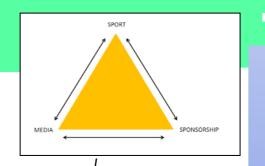
Have an understanding of the development routes from talent identification through to elite

EXAM

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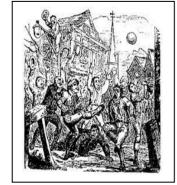
- Understand the role of schools, clubs and universities in contributing to elite sporting success
- Know the role of UK Sport and National Institutes
- Be familiar with the strategies to address drop-out or failure rates



Ethics and Deviance in Sport

Learners will have an understanding of:

- Drugs and doping in sport and legal VS illegal drugs and doping
- Why elite performers use illegal drugs/doping and recognise consequences/implications to society, sport and performers
 - The strategies to stop the use of illegal drugs and doping
- Why violence occurs in sport and the implications on society, sport and performer, as well as, learning strategies that are used to prevent violence
 - Gambling in sport and about match fixing, bribery and illegal sports betting



Mock exams full exam

Commercialisation and media

Learners will be able to-

- Understand the factors leading to the commercialisation of contemporary physical activity and sport
- Know the positive and negative impacts of commercialisation on society, individual sports, performers and spectators
- Understand the coverage of sport by the media today and reasons for the changes since the 1980's Understand the positive and negative effects of the media on sport, performers and spectators
- Be familiar with the relationship between sport and the media and the links with advertising and sponsorship



Emergence and Evolution of modern sport

earners will be able to demonstrate knowledge and understanding of now social class, gender, law and order, education and literacy, availability of time and money and type and availability of transport shaped sport in

Pre-industrial Britain, Post Industrial Britain, 20th Century and 21st Century

Global Sporting Events

Learners will be able to demonstrate knowledge and understanding of the background and aims of the modern Modern Olympic Games, as well as the political exploitation of the Olympic Games including- Berlin 1936, Mexico City 1968, Munich 1972, Moscow 1980 and Los Angeles 1984.

Students will also be able to assess the positive and negative impacts on host countries including social impacts, social impacts, economic impacts and political impacts.



Trinity Catholic High School A Level Learning Journey – Psychological Factors Affecting Performance



A Level PE

Stress Management to Optimise Performance

Have an understanding of the definition and causes of stress, know and understand the use of cognitive stress management techniques (positive thinking, imagery, goal setting, mindfulness) and somatic stress management techniques (progressive muscular relaxation and biofeedback).

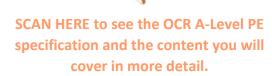
Leadership

Learners will know the characteristics of effective leaders, and describe emergent and prescribed leaders. Understand about autocratic, democratic and laissez faire leadership and have an understanding of Chelladurai's multi-dimensional model of leadership and explain all by using practical examples.

Confidence and Self Efficacy

To define the key terms related to confidence and selfefficacy and how these impact performance, participation and self-esteem. Understand Vealey's model of sports confidence and Bandura's theory of selfefficacy and explain these using practical examples.







Group and Team Dynamics

Learners will understand the meaning of groups and teams, and the development of sports teams using the main stages of group development. Understand Steiner's model of group effectiveness, the Ringelmann effect and social loafing and how they can be applied to sports teams and to limit the negative influences on group/team performance in sport.

Goal Setting in Sport

Year

Learners will know the effects of goal setting on attentional focus, encouraging task persistence, raising confidence and monitoring sports performance. To understand and apply the SMART principle to improve sports performance

Attribution

Learners will be able to describe and explain Weiner's model including the dimensions of stability, locus of control and controllability. Develop an understanding of learned helplessness and mastery orientation to optimise sports performance

A Level Physical Education Breakdown

Examination – 20%

Exam Length – 60 minutes

Exam Paper – 60 marks (including a 10mark essay)

Memory Models

Feedback

negative, KP and KR

Learners will be able to demonstrate

knowledge and understanding of the different

advantages and disadvantages of the different

types of feedback (intrinsic, extrinsic, positive,

uses of feedback and be able to explain the

Learners will know and understand the Multi store memory model (STSS, STM, LTM and selective attention). To demonstrate knowledge and understanding of the levels of processing approach to memory and relate both of these models to the learning of movement skills.

Individual Differences

Learners will demonstrate knowledge and understanding of the appropriate definitions, along with stated theories and how they relate to performers and their performances in sport. Individual differences include: personality, attitudes, motivation, arousal, anxiety, aggression and social facilitation.

Learning Theories

Learners will develop an understanding of the three learning theories and discuss how these theories can be used to learn movement skills (operant conditioning, cognitive theory, bandura's social learning theory)

Skill Acquisition – reading list

Skill Acquisition in Sport: Research, Theory and Practice by Nicola J. Hodges and <u>A. Mark Williams</u> | 4 Nov 2019

Advancements in Mental Skills Training (ISSP Key Issues in Sport and Exercise Psychology) by Bertollo Maurizio | 23 Jul 2020

Nonlinear Pedagogy in Skill Acquisition: An Introduction – 31 Dec. 2021 by <u>Jia Yi Chow</u> (Author),

Sports Psychology – reading list

Sport Psychology: A Complete Introduction (Teach Yourself) by John Perry | 14 | Ian 2016

Applied Sport Psychology: A Cased-Based Approach: A Case-Based Approach (Wiley SportTexts) by Brian Hemmings and Tim Holder | 3 Aug 2009

Invincible Mind: The Sports Psychology Tricks You Can Use to Build an Unbeatable Body and Mind!: Mental Combat, Book 2 by Phil Pierce and Jay

The New Psychology of Sport and Exercise: The Social Identity Approach by $\underline{\mathbb{S}}$ Alexander Haslam , Katrien Fransen, et al. | 31 Aug 2020



Stages of Learning and Guidance

Learners will be able characterise and describe the following stages of learning and then apply them to the learning of motor skills (cognitive, associative, autonomous).

Learners will be able to describe and critically evaluate the different types of guidance and when they should be used to help the learning and performance of movement skills.

Transfer of Skills

Learners will be able to describe the types of transfer that occur in practical performance and demonstrate knowledge and understanding on how to optimise positive effects and limit negative effects of transfer.

Year

12

Classification of Skills

Students will learn and justify placement of skills on the following continua: Difficulty (simple/complex), Environmental (open/closed), Pacing (self/externally paced), Muscular Involvement (gross/fine), Continuity (discrete/serial/continuous), Organisation (low/high).

Types and Methods of Practice

Learners will using knowledge of skill classification to determine methods used for skill learning to improve performance. This will include being able to describe and evaluate the following methods of practice: part, whole, whole-part-whole, progressive part, massed, distributed, fixed and varied practice.



SKILLS BOOTCAMP - BASIC PHOTOSHOP EDITING - COMPOSITION - FRAMING - CRITICAL THINKING - RESPONDING TO ARTISTS

SMOKE AND MIRRORS

SEMI INDEPENDENT PROJECT - RESPONDING TO ARTISTS PHOTOSHOP EXCERCISES TO LEARN LAYERING AND ADVANCED EDITING.
ADVANCED PHOTOSHOP EDITING - PRODUCING INDEPENDENT FINAL PIECES
BASED UPON SHARED STARTING POINTS.

PREPARING YOU FOR ...

PERSONAL INVESTIGATION

SHARED STARTING POINTS - FULLY INDEPENDENT PROJECT
FOLLOWING STUDENTS OWN IDEAS AND CONTENT ONE TO ONE TUTORIALS TO GUIDE THE STUDENT TOWARDS FINAL OUTCOMES.

CRITICAL STUDY ESSAY

1000 WORD MINIMUM ESSAY CONTENT BASED ON SIMILAR THEMES AND ARTISTS TO THE PERSONAL INVESTIGATION

EXAM PROJECT

EXTERNALLY SET PROJECT TITLE FROM EDEXCEL EXAM BOARD.

GALLERY VISIT TO SUPPORT ARTIST RESEARCH.

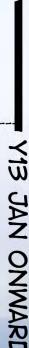
FOLLOWING THE SAME FORMAT OF THE PERSONAL INVESTIGATION.

ARTISTS/STARTING POINTS/INDEPENDENT INVESTIGATION OF YOUR

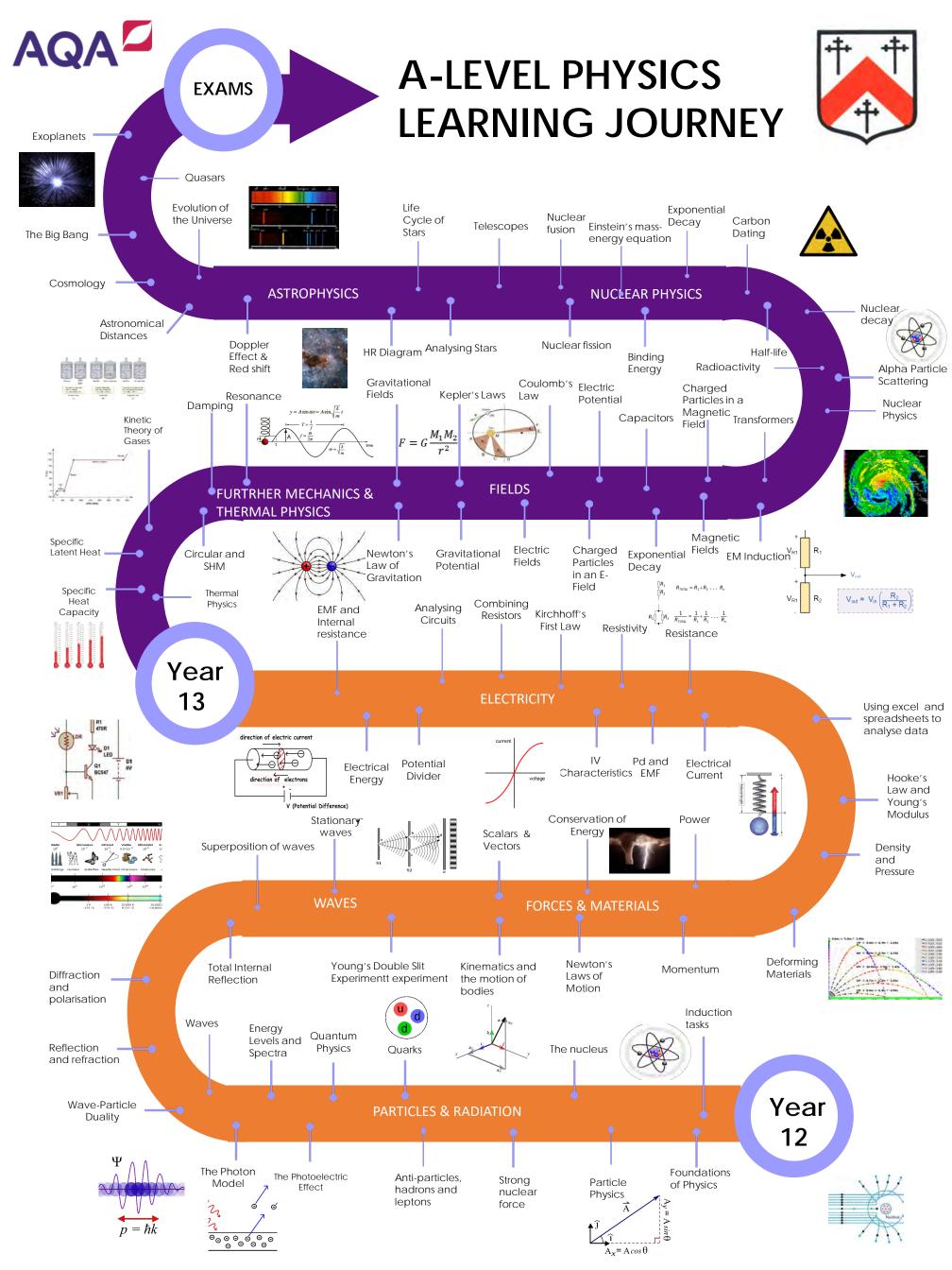
OWN IDEAS.

COMPLETED WITH A PRINTED FINAL PIECE.



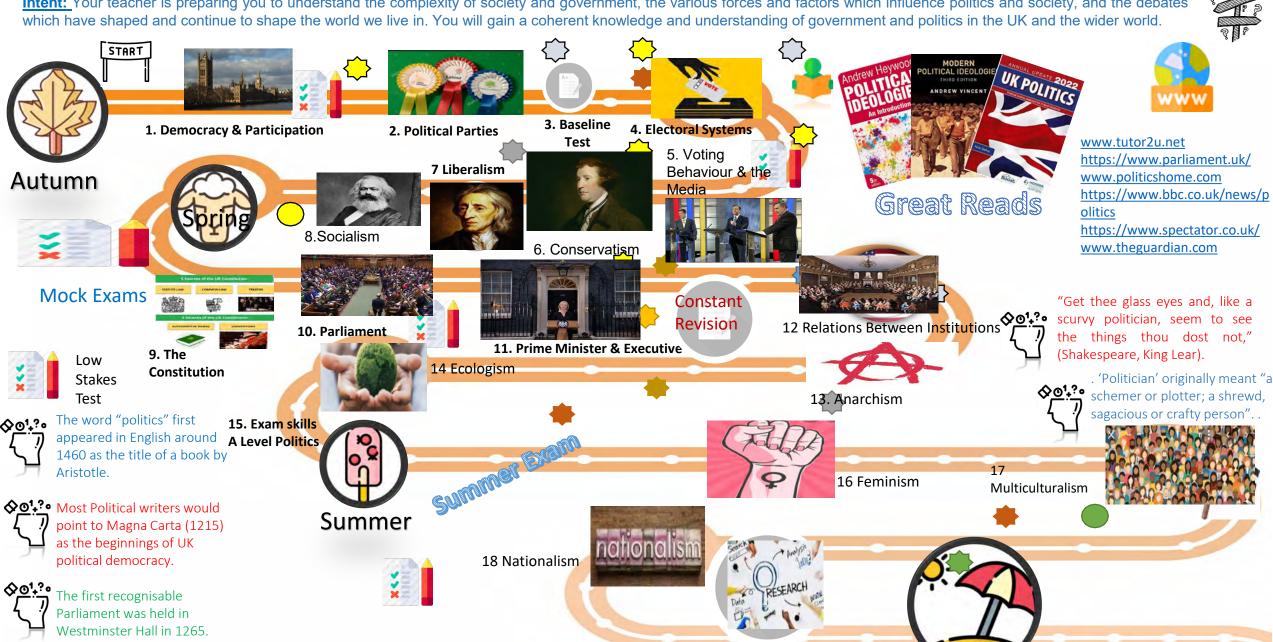




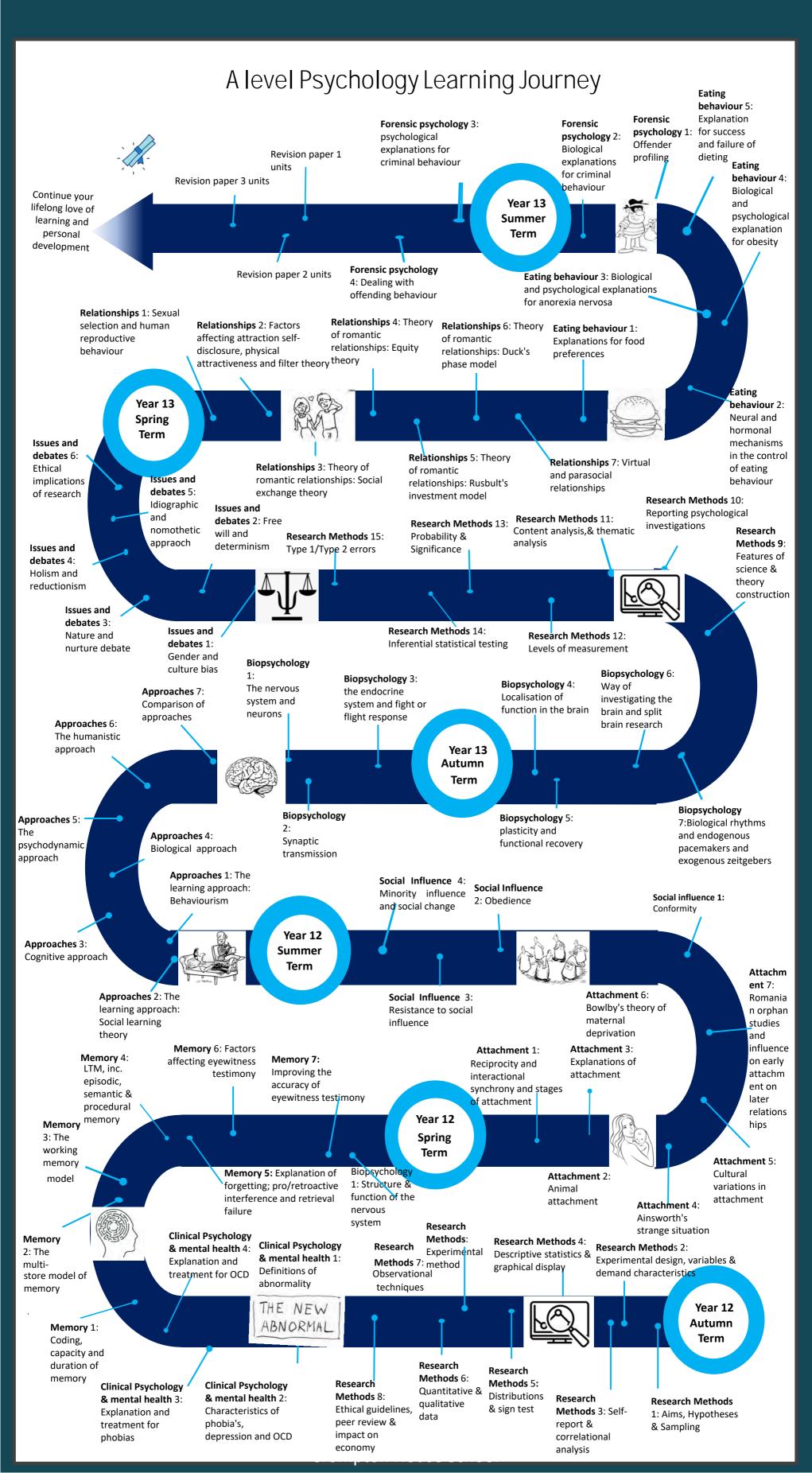


- Year 12 Politics Learning Journey -

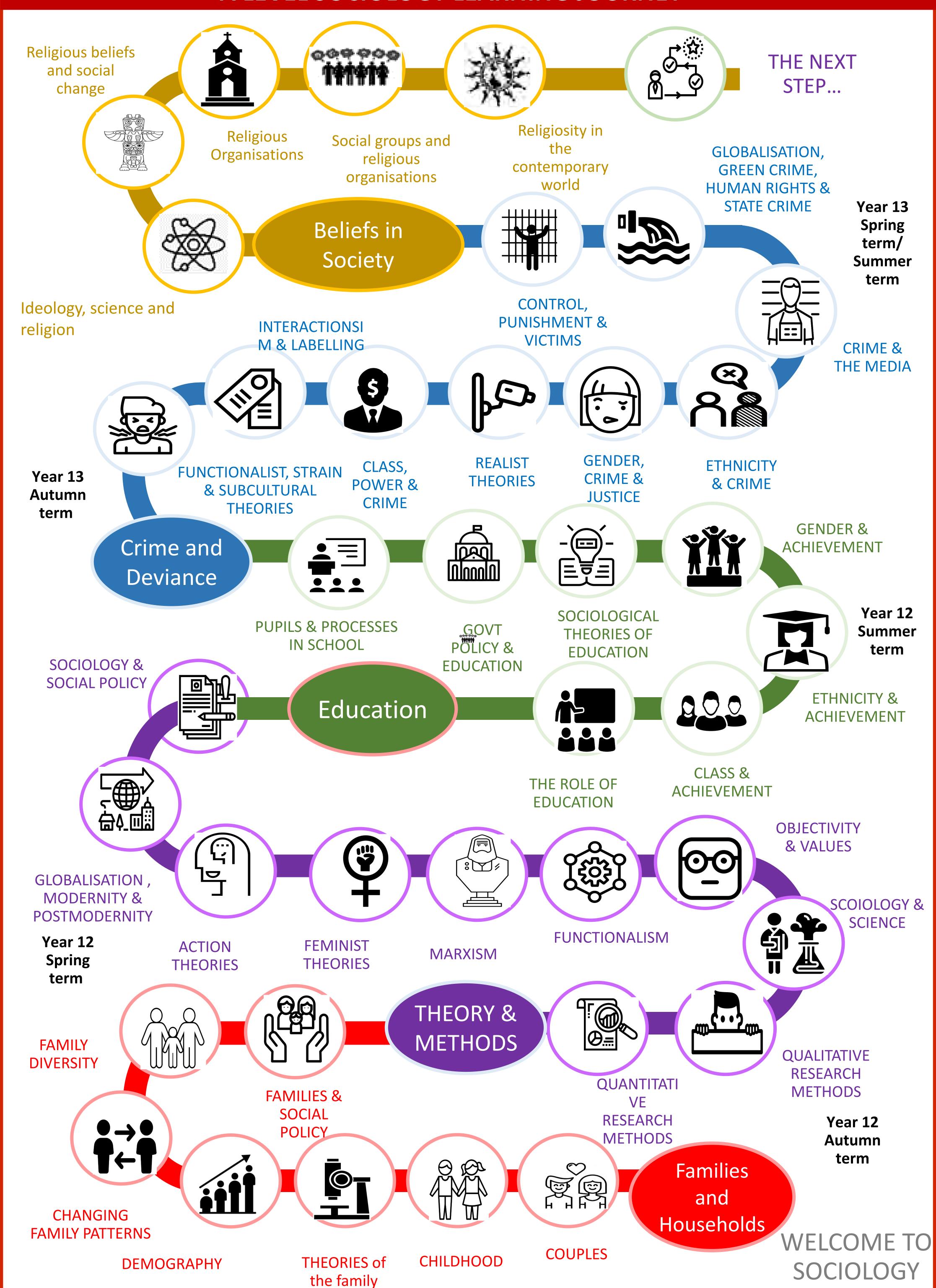
Intent: Your teacher is preparing you to understand the complexity of society and government, the various forces and factors which influence politics and society, and the debates which have shaped and continue to shape the world we live in. You will gain a coherent knowledge and understanding of government and politics in the UK and the wider world.



19 Summer Projects & Research



A LEVEL SOCIOLOGY LEARNING JOURNEY



Year 12 Spanish Learning Journey





Bienvenido

Kerboodle

Username:

Password:

Institution Code: su9

1. Los valores tradicionales y modernos Los cambios de la familia Actitudes hacia el matrimonio y el divorcio La influencia de la Iglesia Católica







2. El ciberespacio La influencia de Internet Los móviles inteligentes en nuestra sociedad Las redes sociales: beneficios y peligros







3. La igualdad de los sexos La mujer en el Mercado laboral El machismo y el feminismo, Los derechos de los gays y las personas transgénero



4. La influencia de los ídolos Cantantes y músicos Estrellas de televisión y cine **Modelos**





5. La identidad regional en **España** Tradiciones y costumbres La gastronomía Las lenguas







6. El patrimonio cultural Sitios históricos y civilizaciones prehispánicas Arte y arquitectura

El patrimonio musical y su diversidad



END OF YEAR EXAM

Introducción a La Casa de Bernarda

Speaking practice

Introducción a El Laberinto del



Fauno





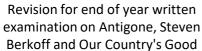
Year 12 Theatre Studies Learning Journey

Recommended Resources and Wider Reading

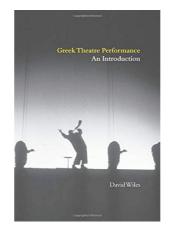


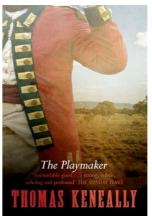


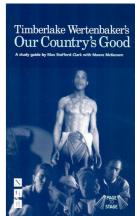
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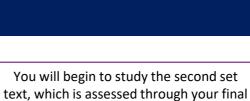


You will need to answer questions from the perspective of a designer for this play. You will learn about how to design the: costume, set, sound and lighting for this set text. Your design ideas must fit with the context of the first production in 1988.







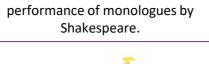


written exam: Our Country's Good, by

Timberlake Wertenbaker.





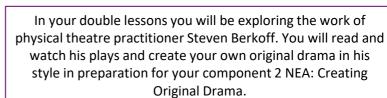


Making Theatre NEA: Preparation and

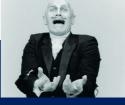




MID YEAR ASSESSMENT After Christmas, you will complete your first mock written exam assessment on the play Antigone. For this you will need to explain how you would interpret and perform a character in two different scenes from the play.







Steven Berkoff



In your single lessons you will begin the course by studying the ancient Greek Tragedy, Antigone, by Sophocles. You will learn about the play in its original context and from the point of view of a theatre maker in the 21st Century.





Essential Watching



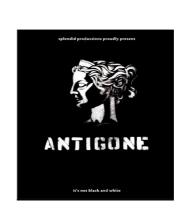
Antigone, 2012, National Theatre



Antigone,2017, Actors of Dionysus



Antigone, 2019, Directed by Sophie Deraspe



Antigone, 2014, Splendid Productions



OCTOBER

BASELINE ASSESSMENT

Antigone, 1986, BBC Studios