

YEAR 13 LEARNING JOURNEYS 2025-2026





Our 'Learning Journeys' provide an outline of the diverse range of knowledge rich and engaging subject topics that students can enjoy during their Sixth Form courses at Trinity Catholic High School.

We developed these 'journeys' to help students to understand the sequence of their learning and how their lessons fit into the bigger picture. This is further supported in lessons, where teachers and students explore the deeper meaning behind their learning; not only how topics link to those previous but also their connections to the wider world, their links to the principles of Catholic Social Teaching and how learning opportunities can support in fulfilling the Trinity Mission.

Learning journeys are placed at the front of all exercise books/ folders, and we encourage parents and carers to review them with their children. This helps everyone visualise the path of learning students will be following throughout the academic year.













Learning is their journey.
Let them navigate.
Push them to explore.
Watch them discover.
Encourage their questions.
Allow them to struggle.
Support their thinking.

FOOD FOR THOUGHT

FOUNDATION IN THE FORMAL ELEMENT THROUGH THE DISCIPLINES OF PAINTING AND DRAWING, PRINTMAKING, SCULPTURES AND LENS BASED IMAGE MAKING.

INVESTIGATE THE THEME OF FOOD IN ART -- CRITICAL THINKING RESPONDING TO ARTISTS

RECORD EXPERIENCES AND OBSERVATIONS RELEVANT TO INTENTIONS - DEVELOPING OWN IDEA -- REVIEWING AND REFINING WORK LEADING TOWARDS A MEANINGFUL AND PERSONAL FINAL OUTCOME

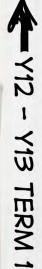
PERSONAL INVESTIGATION

FULLY INDEPENDENT PROJECT FOLLOWING STUDENTS OWN
IDEAS AND CONTENT, LINKED TO FUTURE ASPIRATIONS/STUDIES - BUILDING, DEVELOPING AND STRENGTHENING
SKILLS AND TECHNIQUES - ONE TO ONE TUTORIALS TO GUIDE
THE STUDENTS TOWARDS A FINAL OUTCOME

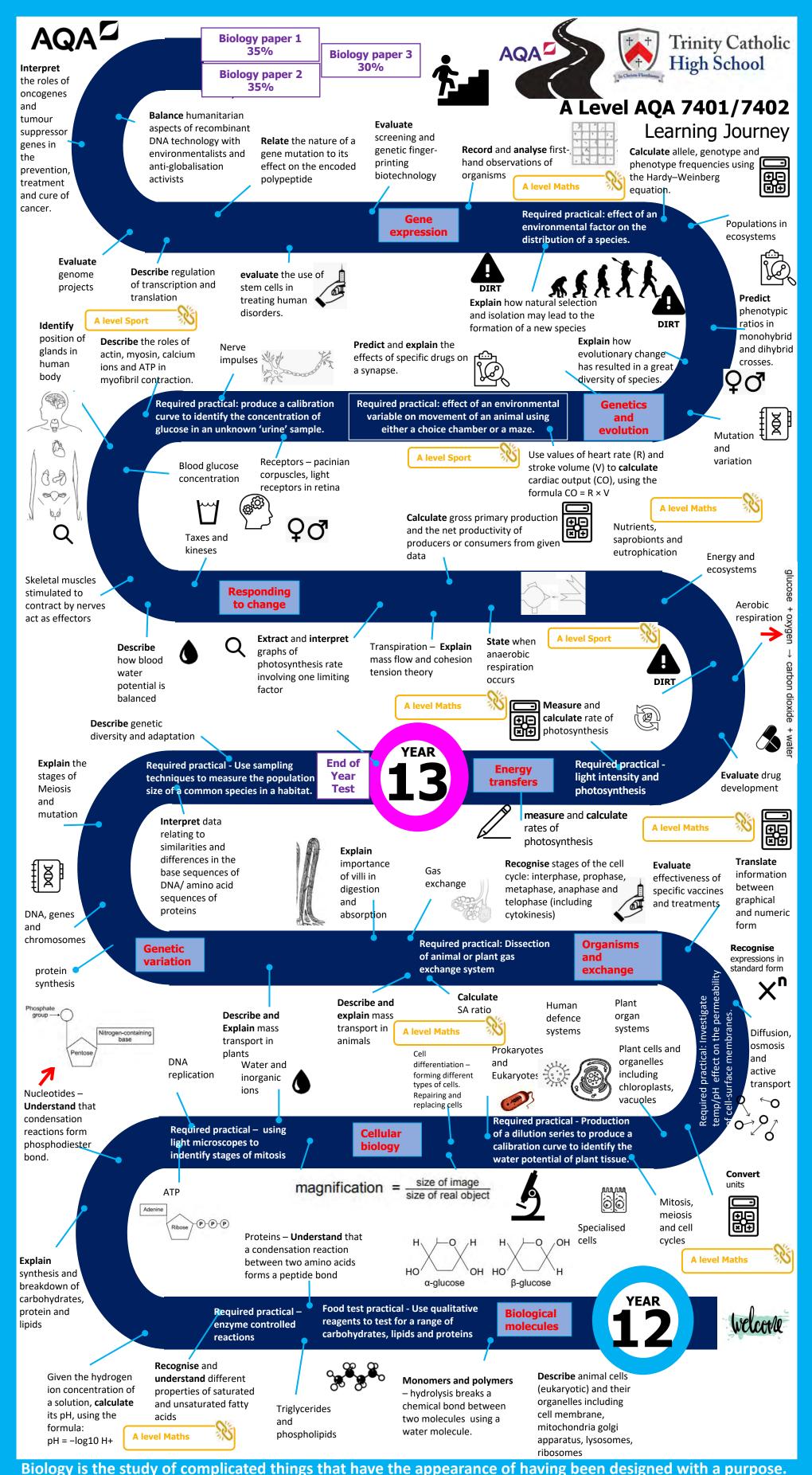
EXAM PROJECT

EXTERNALLY SET PROJECT TITLE FROM EDEXCEL FOLLOWING THE SAME FORMAT OF THE PERSONAL INVESTIGATION.

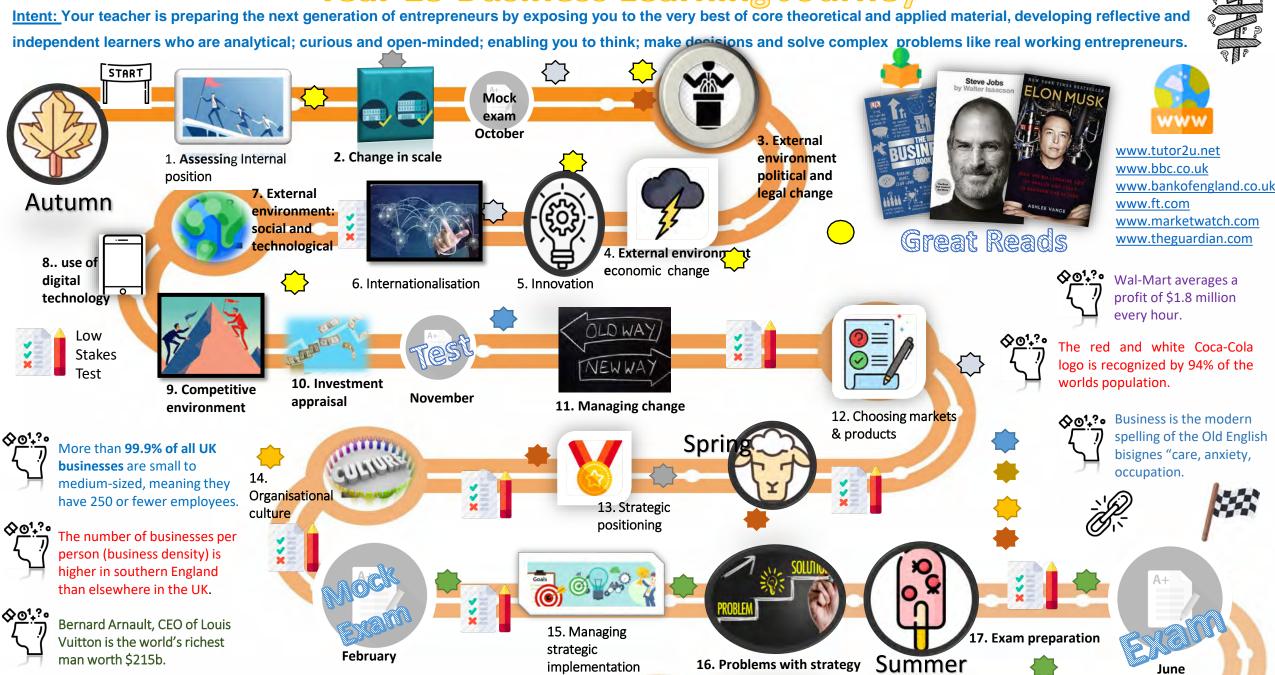
COMPLETED WITH A 15 HOUR EXAM CREATING A FINAL OUTCOME.

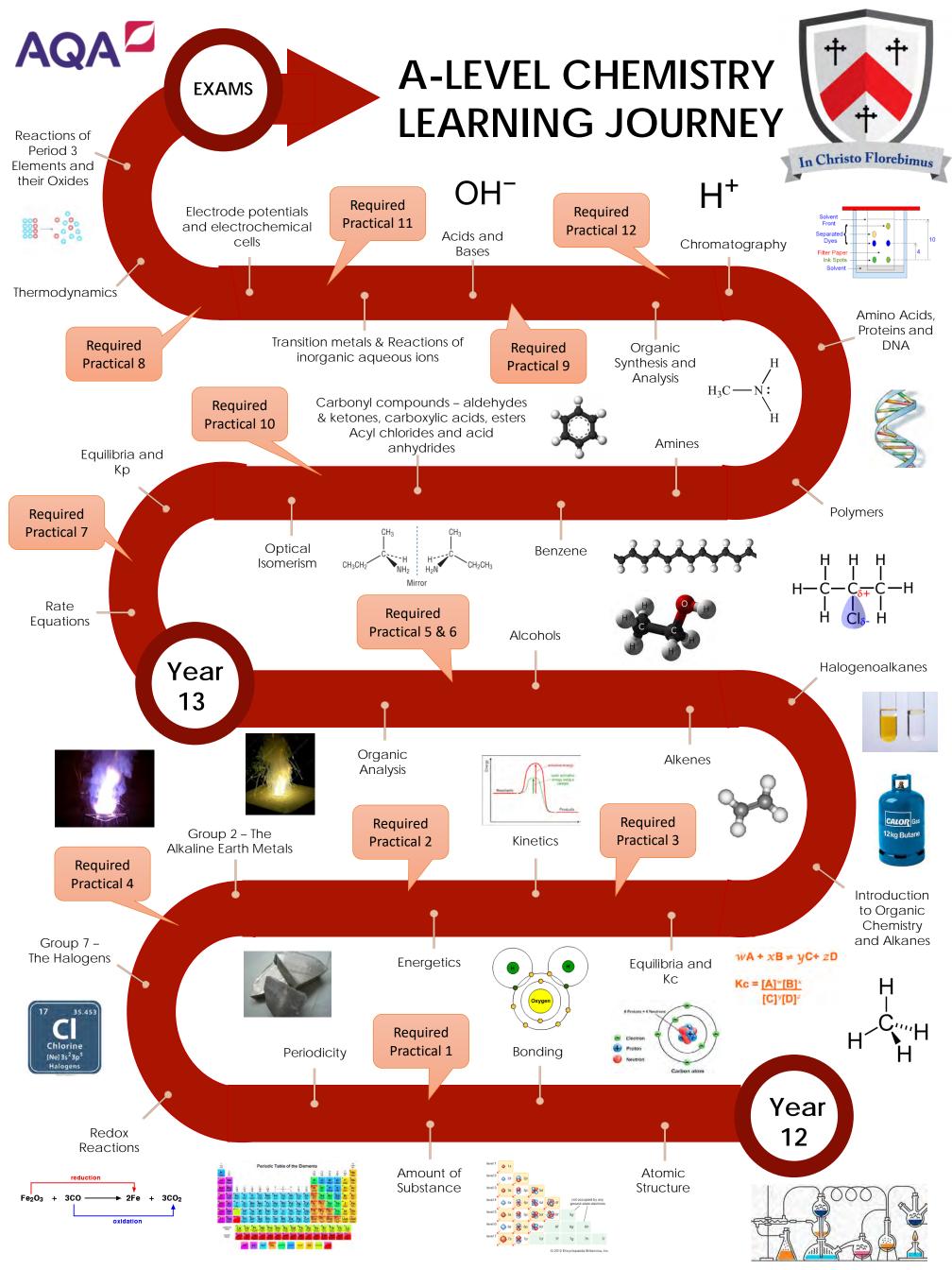


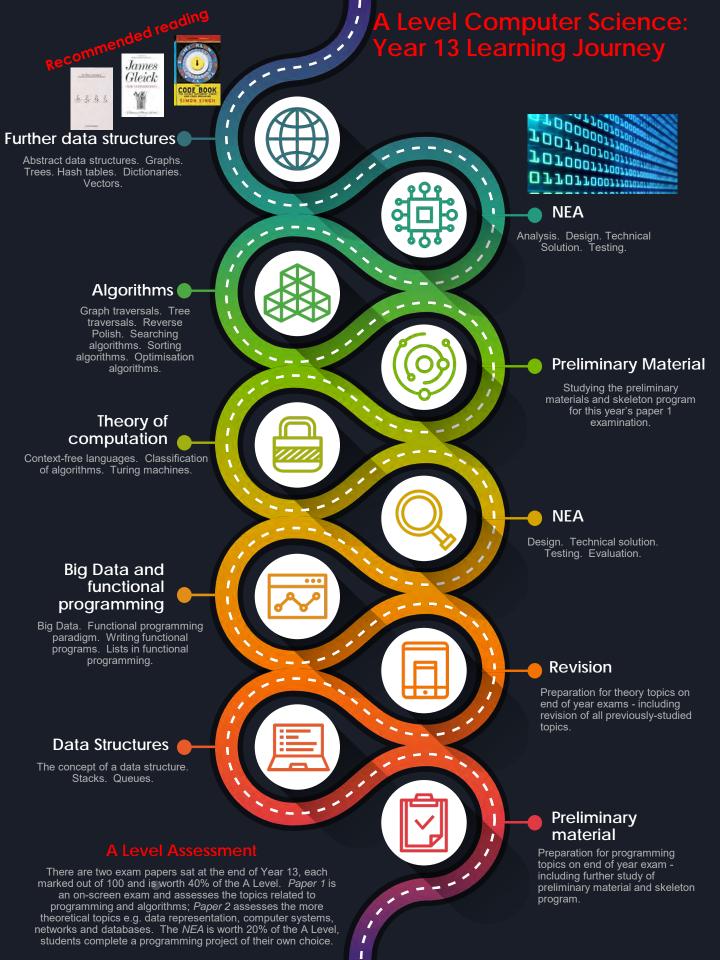


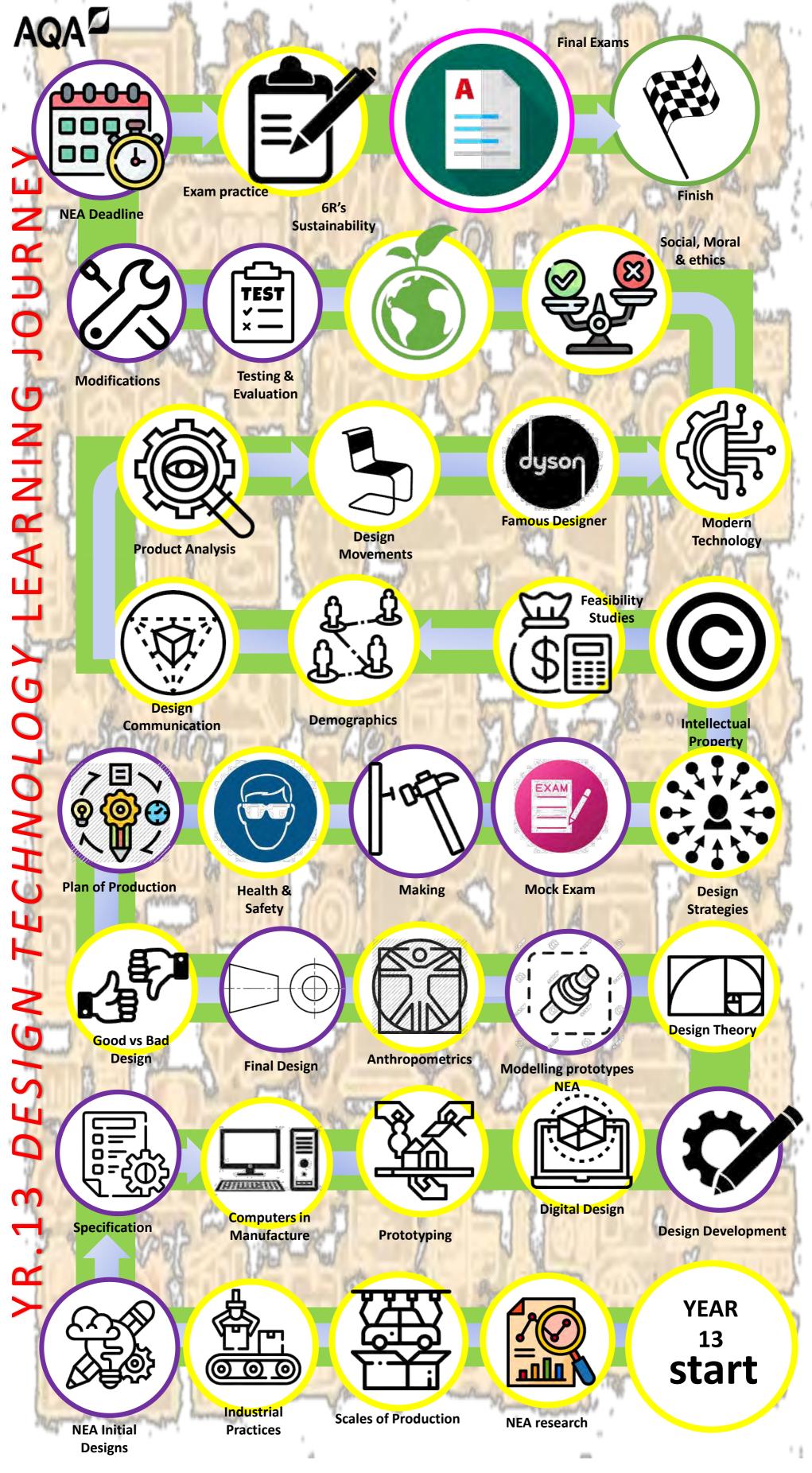


- Year 13 Business Learning Journey -









DIGITAL MEDIA

YEAR 13

LEARNING JOURNEY

TERM IA

SEP-OCT

Unit 1 -Media Products and Audience

An exam unit which requires students to learn how key media concepts relate to a number of specific case study texts.



TERM IB

NOV-DEC

Unit 1 -Media Products and

Audience

An exam unit which requires students to learn how key media concepts relate to a number of specific case study texts.



TERM 2A

TAN-FEB

Unit24/20 - Cross-media in-

dustry awareness/ Advertising Media

An extended production project requiring research, planning and production skills.



TERM 2B

FEB-APR

Unit24/20 - Cross-media industry awareness/

Advertising Media

An extended production project requiring research, planning and production skills.



TERM 3A

APR- TUN

Unit24/20 - Cross-media in-

dustry awareness/

Advertising Media

An extended production project requiring research, planning and production skills.



TERM 3B

TUN-TULY

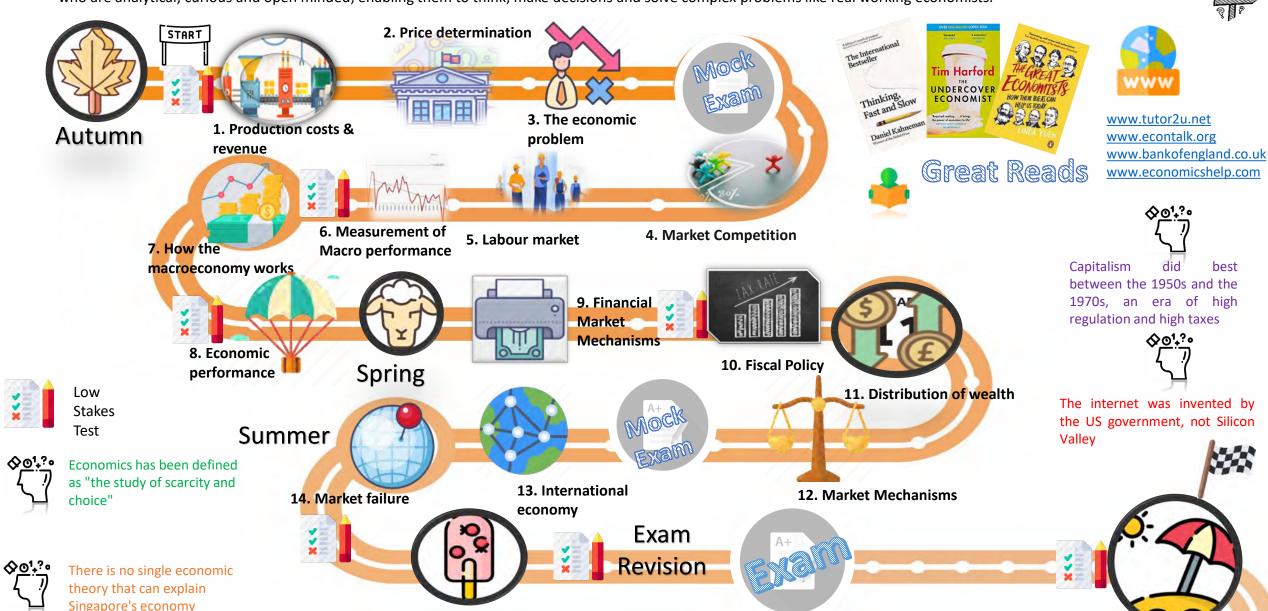
Course Complete

- Year 13 Economics Learning Journey -

Intent:

"To prepare the next generation of economists by exposing students to the very best of core theoretical and applied material, developing reflective and independent learners who are analytical; curious and open minded; enabling them to think; make decisions and solve complex problems like real working economists.

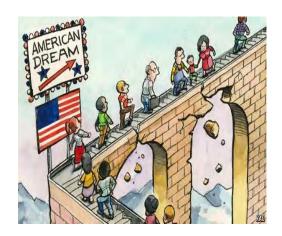




KS5 LEARNING JOURNEY YEAR 13

English Language and Literature

Poetic January Mock: Voice & Streetcar **NEA: Making** Spoken 1 Paper 1 **Recast Writing** Paris Connections and Language and and The Great question; 1 Anthology: - lessons on A Streetcar exploring revision Gatsby Streetcar **Named Desire** structure conflict and question reflection



Gatsby and different ways of re-creating

Revision of Paper 1 and Paper 2

AQA
Language
and
Literature
exams

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texts with texts w

- Two key things about English in Year 13:
- 1.) Your texts will immerse you into the world of America in the first half of the $20^{\rm th}$ Century
 - 2.) What you study in Year 13 will also 'feed back' into your Year 12 work

- NEA 'Making Connections' some lesson time will be devoted to learning about how to carry out an investigation and how to structure responses
- Poetic Voice & Paris Anthology: revision and reflection – any remaining texts will be briefly explored and in so doing we will revise stylistics and terminology
- Spoken Language and A Streetcar Named Desire – students will study Speech theory and how this links to drama, and start their study of 'Streetcar'
- Recast Writing and The Great Gatsby alongside starting our study of the novel, we will consider the role of recast writing and practice it as we read

KS5 LEARNING JOURNEY YEAR 13 English Literature

The Novel and Post Modernism: Atonement

The Novel: NEA Crime and Poetry: the Crime Poetry Anthology

Poetry: NEA January Mock: Atonement and Poetry

The Murder of Roger Ackroyd



The Unseen
Question and
revision of
Elements of Crime

Revision of Paper 1 and Paper 2

A Level AQA Literature B exams (June 2024)

Two key things about English in Year 13:

- 1.) A really positive thing is that a lot of what you learn in Year 13 will 'feed back' into what you studied in Year 12. This includes your NEA!
- 2.) Your study will centre around one main **genre**, namely 'Crime Fiction', although we will dip into other genres such as the Novel and Post-Modernism

- The Novel and Post Modernism:
 Atonement we will carry out a close study of this complex piece of post-modernist crime fiction, using it as a way of exploring narrative and as an example of a text which subverts a number of Crime Fiction tropes.

 Alongside this some lessons will be used for the Novel NEA
- Crime and Poetry: students will learn about the 'Big Approach' to poetry and explore how elements of Crime 'fit' with this form. Alongside this some lessons will be used for the Poetry NEA
- The Murder of Roger Ackroyd: Students will study this wonderful example of a 'Golden Age of Crime' whodunnit
- The Unseen Question: students will learn strategies for how to approach the Unseen question – at the same time we will revise elements of crime and make connections to the extractbased question of Paper 1

A LEVEL FILM STUDIES

YEAR 13

LEARING JOURNEY

TERM IA

SEP-OCT

NEA Coursework

A unit which requires students to create either a short film or a screenplay and storybaord for a short film. Both options will be accompanied by a 1800 word evaluative analysis.



TERM IB

NOV-DEC

1A Hollywood

An in-depth look at two different ers of Hollywood filmmaking - the Golden Age of Hollywood and the New Hollywood era.

This unit requires a foregrounding of contexts but also brings in an auteur study of two films.



TERM 2A

TAN-FEB

1b American Film

A comprehensive study of two contemporary American films. Both are studied with a focus on ideology and spectatorship. Films studied are Captain Fantastic and loker



TERM 2B

FEB-APR

1C British Film

A study of two British films -Shaun of the Dead and This is England. Both films are studied in relation to Narrative and Ideology.



TERM 3A

APR- TUN

Revision Unit

An revision unit which covers all of the A Level content in preparation for the final exams..



TERM 3B

TUN- TULY

Revision Unit



FOOD LEARNING JOURNEY



LEVEL 3 DIPLOMA IN FOOD SCIENCE AND NUTRITION



LEARNING JOURNEY A-LEVEL French



Describing change Summarise from listening Disagree tactfully



Courage pour les révisions





Imperfect & perfect tense Future perfect & conditional perfect Choosing the right tense

Finalise Individual

research project

Politics and immigration

Political issues concerning immigration in francophone countries Viewpoints of political parties regarding immigration Immigration from the standpoint of

immigrants, aspects of racism

Demonstrations, strikes: who holds the power?

Important role of unions Strikes/protests/different methods of protesting Attitudes towards strikes, protests and political tensions

Translate English gerund into French Use language to promote a cause **Talk about priorities**

Subject & object pronouns **Relative pronouns**

Avoid the passive Talk about data and trends Demonstrative adjectives & pronouns Express doubt and uncertainty



Teenagers: right to vote and political commitment

Vote, French political system and its evolution Young people's engagement levels & influence on politics Future of politics and political engagement

Passive voice Subjunctive mood

Positive features of a diverse society

Benefits of living in an ethnically diverse society Need for tolerance and respect of diversity The promotion of diversity to create a richer world

Dictionary skills

Strategies for gist

comprehension

Imperfect, perfect

Respond to a stimulus & pluperfect tense Express approval and disapproval Vary vocabulary by using synonyms

Expressing obligation Ask questions / create dialogue Summarise a text

Past historic tense Different tenses with Si infinitive constructions

How criminals are treated

Attitudes to crime

Prison: merits and problems Alternative forms of punishment

Present, future and conditional tense Loanwords pronunciation III. Aspects of French-speaking

society: current issues

Writing an essay



Form and use:

Life for the marginalised

Groups who are socially marginalised Measures to help them Attitudes towards people who are marginalised

> **Summarising from listening** Using persuasive language Writing with a purpose

Contemporary francophone music

Diversity and popularity Profile of the listeners Threats and safeguarding

ear

Start Individual research project over the summer

Cyber-society

Transformation

of everyday life

Dangers, users and

development

of digital technology

Writing an essay

Kiffe kiffe demain

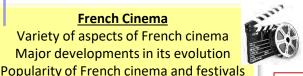
Using infinitive constructions Si sentences (pluperfect & past conditional) **Connectives followed by subjunctive**

French Cinema

Variety of aspects of French cinema

Major developments in its evolution

Question & command forms Subjunctive for possibilities Verbs of wishing an emotional reaction



Imperfect & conditional

Future tense

Listen for details **Justify opinions Express doubt**

Developing extended answers Avoiding repetitions Interpreting pictures

Studying figures and statistics **Summarizing from reading & listening**

II. Artistic culture in the French-speaking world

Translation into English

Connectives – temporal and causal

Adjective agreements **Comparatives & Superlatives** Si sentences, Subjunctive

Infinitive construction Object pronouns Present tense - regular and irregular

Voluntary work

Profile of the workers and range of work provided Benefits for those who help and those who receive help Heritage

Preservation on national and regional scale **Tourism** Relationship between heritage, culture and society

Vocabulary **Answering questions**

Expressing opinions

Translation into French Use of bilingual dictionary

Imperfect & perfect tense

I. Aspects of French society: **Current trends**

Recap main tenses

Check Teams for links to academic

reading on

all themes

Family life

Trends in marriage & other partnerships Family structures Relationships between generations

Introduction to the course

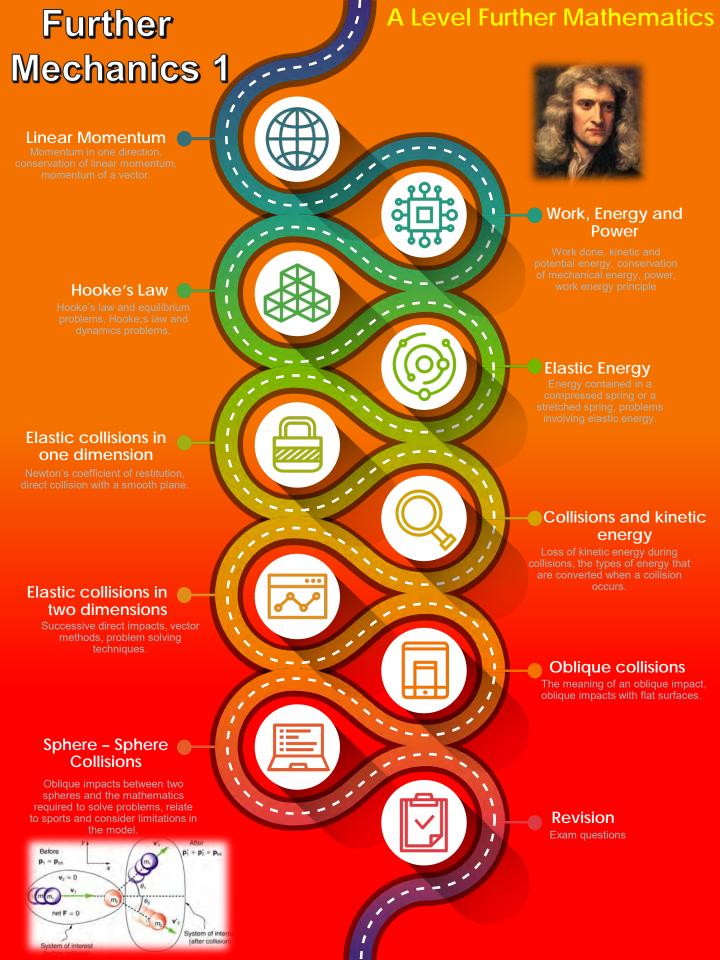


Year 11 - Year 12

transition Booklet to be completed over the summer holidays



A Level Further Mathematics Core Pure 2 $2^2 + 3^2 + \dots$ $n^2 = \frac{n(n+1)(2n+1)}{n}$ **Complex Numbers** (Euler's relation, De Movire's theorem, complex series, geometrical problems, proving trigonometric identities, powers of trigonometric functions. **Series** Method of differences, repeated differentiation. Maclaurin and Taylor series. Methods of Integration Improper integrals, mean value theorem, differentiation of inverse functions, integration using trigonometric substitutions integration using partial fractions. Volumes of Revolution Volumes of revolution about the x and y axis which more advanced integration required, parametric equations. Polar coordinates Converting from cartesian to polar coordinates, polar and cartesian equations for curves, areas of polar curves, parallel and perpendicular Hyperbolic functions Relationships to exponential functions, inverse hyperbolic functions, logarithmic equivalents of differentiation and integration. **Differential Equations** First order separable differential equations, first order linear differential equations, integrating factor, family of curves. 2nd order Differential equation Non-homogeneous second order differential equations. Homogeneous second order differential equations, **Applications of Differential Equations** particular integrals, boundary Using differential equations to solve Differential equations. Revision Exam questions. $\frac{d^2y}{dx^2} + \frac{P(x)}{dx} + \frac{Q(x)y}{dx} = f(x)$



A Level Further Mathematics Applied Y13 Normal Distribution 'Bell Curve' Regression, correlation and hypothesis testing I Exponential models, measuring correlation, hypothesis testing for zero correlation Conditional probability Set notation, conditional probability, conditional probabilities in Venn **Further Algebraic** diagrams, probability formulae, tree diagrams. Methods Cubic graphs, quartic graphs, reciprocal graphs, points of intersection, translating graphs, stretching graphs, transforming functions. Normal distribution The normal distribution, finding probabilities for normal distribution, the inverse normal distribution function, the standard normal distribution, finding the mean and standard deviation, approximating a binomial distribution, **Moments** hypothesis testing with the normal Moments, resultant moments, distribution. equilibrium, centres of mass, tilting Forces and friction Resolving forces, inclined planes, **Projectiles** Horizontal projection, horizontal and vertical components, projection at any angle, projectile motion formulae. Applications of forces Static particles, modelling with static rigid bodies, dynamics of inclined planes, connected **Further Kinematics** Vectors in kinematics, vector methods with projectiles, variable acceleration in one Revision Exam questions.

Pure Y13

A Level Further Mathematics

$(a+b)^n = \binom{n}{0}a^nb^0 + \binom{n}{1}a^{n-1}b^1 + \binom{n}{2}a^{n-2}b^2 + \dots + \binom{n}{n}a^0b^n$ where $\binom{n}{r} = {}^{n}C_{r} = \frac{n!}{r!(n-r)!}$

Binomial Expansion

Pascal's triangle, Factorial expansion, binomial estimation, binomial and fractional exponents.

Further Algebraic Methods

Cubic graphs, quartic graphs, reciprocal graphs, points of intersection, translating graphs, stretching graphs, transforming functions.

Functions & Graphs

Modulus of a function, functions and mappings, composite functions, inverse functions, combining transformations, solving modulus problems.

Past Paper 1 Practice

Exam questions that focus on paper 1.

STEP Paper 2 Practice

Sixth Term Examination Papers 2



geometric series, sum to infinity, sigma notation, modelling with series

Further Integration

Integrating standard functions, using trigonometric identities, reverse chain rule, integration by substitution, integration by parts, partial fractions, finding areas, trapezium rule, differential equations, modelling with integration, parametric integration.

Numerical Methods

Locating roots, iteration, the Newton-Raphson method, applications to modelling.

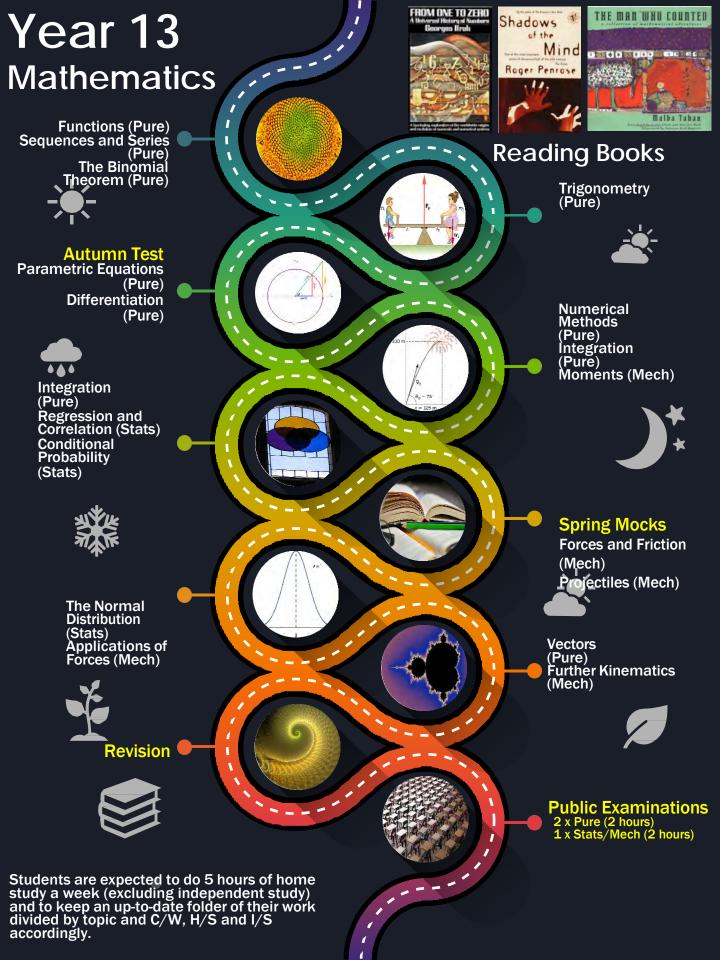
Past Paper 2 Practice

Exam questions that focus on paper 2.

STEP Paper 3 Practice

Sixth Term Examination Papers 3









A-Level Geography Learning Journey









Revision Help

- **RGS** podcasts/lectures
- Geography Review digital library available
- CGP revision books
- Resources on Teams
- Examination guestion booklets



Revision

Revision

Revision

Revision

Revision

Revision

MAY/JUNE **A-Level exams**









Case studies -Iran/London

Global population futures

Principles of population ecology and their application to human populations





Hazard case studies

Fires in nature

Storm hazards

FEBRUARY Y13 mocks

The concept of a hazard

Y13

Plate tectonics

NOVEMBER

Volcanic hazards

Seismic hazards

Population change

3. Hazards

3. Population and the environment

Snapshot tests



Environment, health and wellbeing

> Changing places -Place studies relationships, Walthamstow/ connections, Great Missenden

Coastal case studies in the UK and India

Residential Fieldtrip for NEA

JANUARY

JUNE Y12 mocks

Case study of a river catchment

Case study of a tropical rainforest

Water, carbon,

climate and

life on Earth

The nature and importance of

places

meaning and

representation



Water and carbon cycles as natural systems

Coastal

Y12 mocks International 2. Water and trade and access

Carbon to markets

management Coastal landscape development The water cycle

Global

governance

The carbon cycle

The 'global

commons'

Antarctica

2. Changing Places

Globalisation

OCTOBER

Human Geography 1. Global Systems and Governance

Physical Geography 1. Coastal Systems and Landscapes

Globalisation critique

Global systems

natural

systems

Baseline Test Coasts as

Y12

Year 13 A-Level History Learning Journey 2N Revolution and Dictatorship: Russia, 1917-1953

This option provides for the study in depth of the coming and practice of communism in Russia. It explores concepts such as Marxism, communism, Leninism, and Stalinism, ideological control and dictatorship. It also enables students to consider issues of political authority, the power of individuals and the inter-relationship of governmental and economic and social change.

Part Two: Stalin's Rule, 1929-1953

Section 4: Economy and Society, 1929-1941

- Agricultural and social developments in the countryside: voluntary and forced collectivisation; state farms; mechanisation; the impact of collectivisation on the kulaks and other peasants; the famine of 1932–1934; the success of collectivisation
- Industrial and social developments in towns and cities: Gosplan; the organisation, aims and results of the first three Five Year Plans; new industrial centres and projects; the involvement of foreign companies; the working and living conditions of managers, workers and women; Stakhanovites; the success of the Five- Year Plans
- The development of the Stalin cult: literature, the arts and other propaganda; Socialist Realism
- The social and economic condition of the Soviet Union by 1941: strengths and weaknesses

Section 5: Stalinism, politics and control, 1929-1943

- Dictatorship and Stalinism: the machinery of state terror; the NKVD; the early purges; Kirov's murder; the show trials; the Stalin constitution
- The Yezhovshchina: mass terror and repression at central and local levels; treatment of national minorities; the gulags; the end of the purges; the death of Trotsky; responsibility for and impact of the Terror and purges
- Culture and society: church; women, young people and working men; urban and rural differences; 'socialist man' and the impact of cultural change; similarities and differences between Lenin's and Stalin's USSR
- Stalin and international relations: co-operation with Germany; entry into the League of Nations; pacts with France and Czechoslovakia; intervention in the Spanish Civil War; reaction to Western appearement and Japanese aggression; the Nazi-Soviet Pact and its outcome

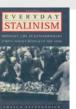
Section 6: The Great Patriotic War and Stalin's Dictatorship, 1941-1953

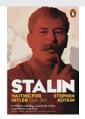
- The impact of the war on the Soviet Union: Operation Barbarossa and the Stalinist reaction; the course of the war; the USSR under occupation and the fight-back; the Soviet economy; mobilisation and evacuation of industry; foreign aid
- The defeat of the Germans: reasons and results: post-war reconstruction; industry and agriculture
- High Stalinism: dictatorship and totalitarianism; renewed Terror; the NKVD under Beria; Zhdanovism and the cultural purge; Stalin's cult of personality; the Leningrad affair; purges and the Doctors' Plot
- The transformation of the Soviet Union's international position: the emergence of a 'superpower'; the formation of a soviet bloc; conflict with USA and the capitalist West; death of Stalin and Stalin's legacy at home and abroad

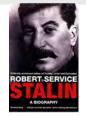


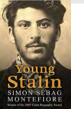


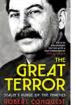




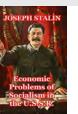






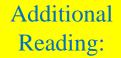


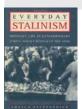












Year 13 A Level History Learning Journey

1C The Tudors: England, 1485-1603

This option allows students to study in breadth issues of change, continuity, cause and consequence in this period through the following key questions:

- How effectively did the Tudors restore and develop the powers of the monarchy?
- In what ways and how effectively was England governed during this period?
- How did relations with foreign powers change and how was the succession secured?
- How did English society and economy change and with what effects?
- How far did intellectual and religious ideas change and develop and with what effects?
- How important was the role of key individuals and groups and how were they affected by developments?

Part two: England: Turmoil and Triumph, 1547-1603

Instability and Consolidation: 'The Mid-Tudor Crisis', 1547–1563

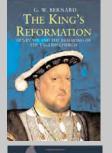
- Edward VI, Somerset and Northumberland; royal authority; problems of succession; relations with foreign powers.
- The social impact of religious and economic changes under Edward VI; rebellion; intellectual developments; humanist and religious thought.
- Mary I and her ministers; royal authority; problems of succession; relations with foreign powers.
- The social impact of religious and economic changes under Mary I; rebellion; intellectual developments; humanist and religious thought.
- Elizabeth I: character and aims; consolidation of power, including the Act of Settlement and relations with foreign powers.
- The impact of economic, social and religious developments in the early years of Elizabeth's rule.

The Triumph of Elizabeth, 1563-1603

- Elizabethan government: court, ministers and parliament; factional rivalries.
- Foreign affairs: issues of succession; Mary, Queen of Scots; relations with Spain.
- Society: continuity and change; problems in the regions; social discontent and rebellions.
- Economic development: trade, exploration and colonisation; prosperity and depression.
- Religious developments, change and continuity; the English renaissance and 'the Golden Age' of art, literature and music.
- The last years of Elizabeth: the state of England politically, economically, religiously and socially by 1603.

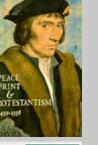
Reading and Resources

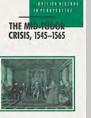
Reading around the topics studied is essential to success in most subjects, but perhaps especially so in History. Reading a combination of textbooks, academic history books, and articles will support you to achieve highly in your exams, as well as establishing the good study skills that will allow you to meet the challenges of whatever future studies you choose to pursue.







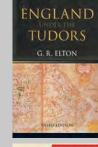


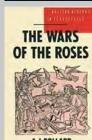


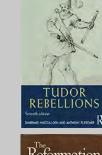


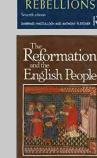








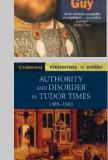


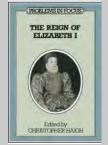


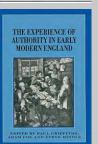














A LEVEL MEDIA STUDIES

YEAR 13

LEARNING JOURNEY

TERM IA

SEP-OCT

NEA Coursework

A cross media production unit in which students work independently to create their own media products in a number of different styles and formats. Worth 30% of the overall grade.



TERM IB

NOV-DEC

2A Television

An in-depth study of the television industry explored through the close study of two specific episodes of television drama - Peaky Blinders and The Bridge



TERM 2A

TAN-FEB

2b Magazines

An in-depth study of the magazine industry explored through the close study of two very different magazines from different time periods - Woman's Realm and Huck.



TERM 2B

FEB-APR

2c OnLine Media

An in-depth study of the how the onlinemedia industry works explored through the close study of two very different media produc-



TERM 3A

APR-JUN

Revision Unit

An revision unit which covers all of the Year 12 and 13 content in preparation for the final public exams.



TERM 3B

JUN-JULY

Course Complete





Keys, Chords, Cadences, Musical elements &

Aural dictation.

A Level Music Learning Journey



Performance Composition Listening & Appraising 40%

Skills: Performance.

Regular practise of instrumental/voice to build skills towards a final recital.



Historical Analysis

Studying music to develop understanding of how composers use musical elements as well as the historical conditions and context in which the music was performed and created.

Prescribed Work: Mozart Sinfonia Concertante Mvt 1, K. 364

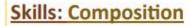
AOS1 Instrumental Music of Hadyn, Mozart & Beethoven



AOS3 Developments in instrumental Jazz 1910 to the present



Prescribed Work: Selected songs performed by Bessie Smith



Experiment with musical skills taken from historical studies and performance to compose two pieces in any style.



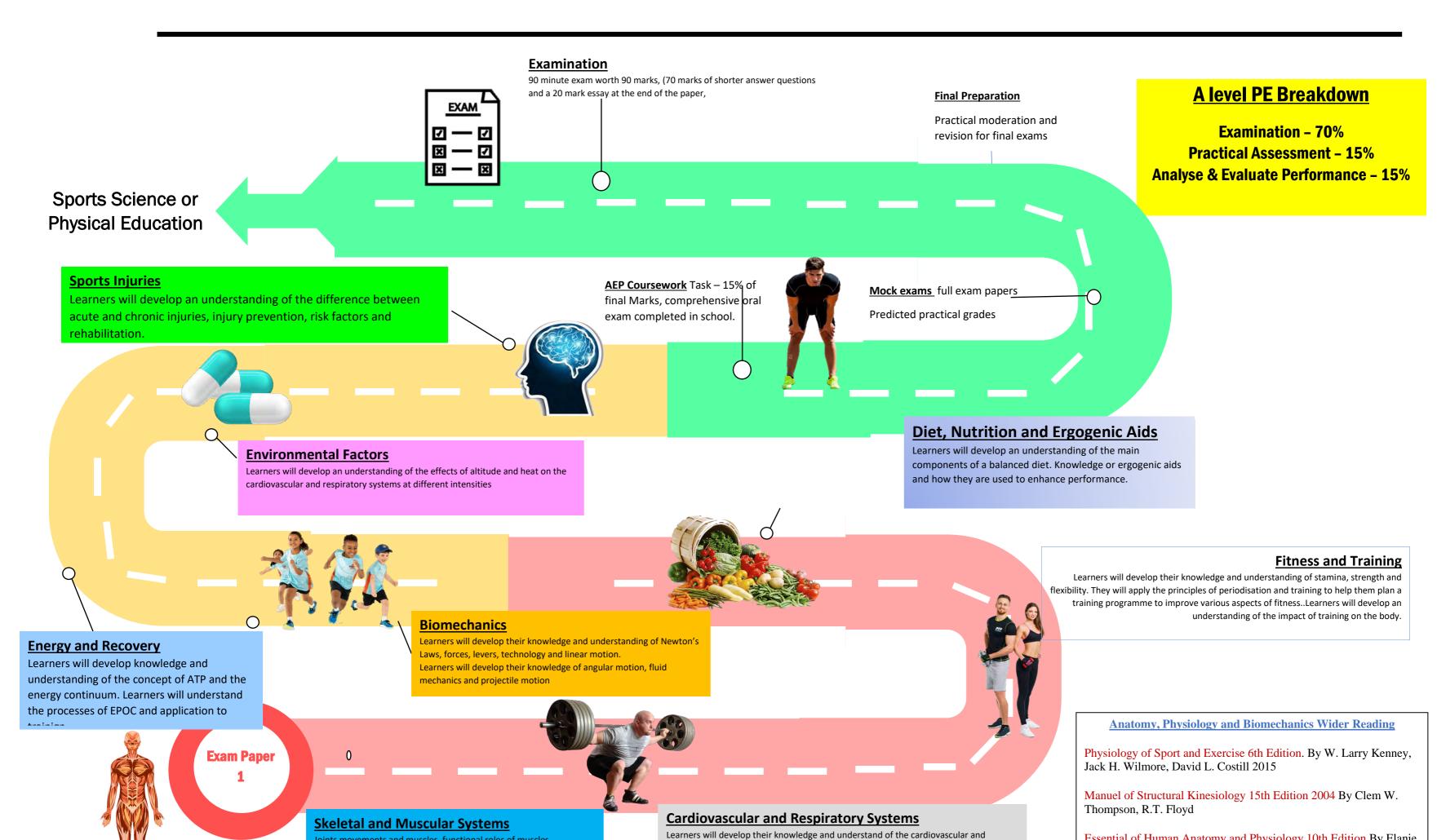


AOS2 Popular song: Blues, Jazz, Swing & Big band.

(Development of song and the singers in early popular recorded genres)

AOS4 Programme Music 1820-1910. Romantic period of instrumental concert music that communicates a narrative

A Level PE Learning Journey Physiological Factors



respiratory systems at rest and at exercise

oints movements and muscles, functional roles of muscles

Movement analysis Muscles Contractions

Fibre Type.

Essential of Human Anatomy and Physiology 10th Edition By Elanie

N. Marieb 2012



Trinity Catholic High School - A Level PE Learning Journey Socio-Cultural Factors

Reading List:

OCR A Level PE workbook

OCR A Level Physical Education component 3

PE and Sport workbook

My revision notes- PE and Sport OCR

Examination

60 Minute exam, consisting of a 10 mark essay question

Final Preparation

Practical moderation and revision for final exams

0

A level PE Breakdown

Examination – 70% Practical Assessment - 15% Analyse & Evaluate Performance – 15%

Sports Science or Physical Education

AEP Coursework Task - 15% of final Marks, comprehensive oral exam completed in school.

Modern Technology

- The extent to which modern technology has affected elite-level sport and general participation in sport, including
- How to assess whether modern technology has increased or decreased fair outcomes
- w to assess whether modern technology has increased or decreased entertainment

Routes to sporting excellence

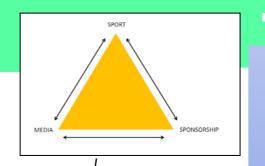
Have an understanding of the development routes from talent identification through to elite

EXAM

— 🗹

— 🗹

- Understand the role of schools, clubs and universities in contributing to elite sporting success
- Know the role of UK Sport and National Institutes
- Be familiar with the strategies to address drop-out or failure rates



Ethics and Deviance in Sport

Learners will have an understanding of:

- Drugs and doping in sport and legal VS illegal drugs and doping
- Why elite performers use illegal drugs/doping and recognise consequences/implications to society, sport and performers
 - The strategies to stop the use of illegal drugs and doping
- Why violence occurs in sport and the implications on society, sport and performer, as well as, learning strategies that are used to prevent violence
 - Gambling in sport and about match fixing, bribery and illegal sports betting



Mock exams full exam

Commercialisation and media

Learners will be able to-

- Understand the factors leading to the commercialisation of contemporary physical activity and sport
- Know the positive and negative impacts of commercialisation on society, individual sports, performers and spectators
- Understand the coverage of sport by the media today and reasons for the changes since the 1980's Understand the positive and negative effects of the media on sport, performers and spectators
- Be familiar with the relationship between sport and the media and the links with advertising and sponsorship



Emergence and Evolution of modern sport

earners will be able to demonstrate knowledge and understanding of now social class, gender, law and order, education and literacy, availability of time and money and type and availability of transport shaped sport in

Pre-industrial Britain, Post Industrial Britain, 20th Century and 21st Century

Global Sporting Events

Learners will be able to demonstrate knowledge and understanding of the background and aims of the modern Modern Olympic Games, as well as the political exploitation of the Olympic Games including- Berlin 1936, Mexico City 1968, Munich 1972, Moscow 1980 and Los Angeles 1984.

Students will also be able to assess the positive and negative impacts on host countries including social impacts, social impacts, economic impacts and political impacts.



Trinity Catholic High School A Level Learning Journey – Psychological Factors Affecting Performance



A Level PE

Stress Management to Optimise Performance

Have an understanding of the definition and causes of stress, know and understand the use of cognitive stress management techniques (positive thinking, imagery, goal setting, mindfulness) and somatic stress management techniques (progressive muscular relaxation and biofeedback).

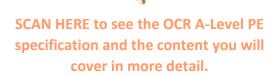
Leadership

Learners will know the characteristics of effective leaders, and describe emergent and prescribed leaders. Understand about autocratic, democratic and laissez faire leadership and have an understanding of Chelladurai's multi-dimensional model of leadership and explain all by using practical examples.

Confidence and Self Efficacy

To define the key terms related to confidence and selfefficacy and how these impact performance, participation and self-esteem. Understand Vealey's model of sports confidence and Bandura's theory of selfefficacy and explain these using practical examples.







Group and Team Dynamics

Learners will understand the meaning of groups and teams, and the development of sports teams using the main stages of group development. Understand Steiner's model of group effectiveness, the Ringelmann effect and social loafing and how they can be applied to sports teams and to limit the negative influences on group/team performance in sport.

Goal Setting in Sport

Year

Learners will know the effects of goal setting on attentional focus, encouraging task persistence, raising confidence and monitoring sports performance. To understand and apply the SMART principle to improve sports performance

Attribution

Learners will be able to describe and explain Weiner's model including the dimensions of stability, locus of control and controllability. Develop an understanding of learned helplessness and mastery orientation to optimise sports performance

A Level Physical Education Breakdown

Examination – 20%

Exam Length – 60 minutes

Exam Paper – 60 marks (including a 10mark essay)

Memory Models

Feedback

negative, KP and KR

Learners will be able to demonstrate

knowledge and understanding of the different

advantages and disadvantages of the different

types of feedback (intrinsic, extrinsic, positive,

uses of feedback and be able to explain the

Learners will know and understand the Multi store memory model (STSS, STM, LTM and selective attention). To demonstrate knowledge and understanding of the levels of processing approach to memory and relate both of these models to the learning of movement skills.

Individual Differences

Learners will demonstrate knowledge and understanding of the appropriate definitions, along with stated theories and how they relate to performers and their performances in sport. Individual differences include: personality, attitudes, motivation, arousal, anxiety, aggression and social facilitation.

Learning Theories

Learners will develop an understanding of the three learning theories and discuss how these theories can be used to learn movement skills (operant conditioning, cognitive theory, bandura's social learning theory)

Skill Acquisition – reading list

Skill Acquisition in Sport: Research, Theory and Practice by Nicola J. Hodges and <u>A. Mark Williams</u> | 4 Nov 2019

Advancements in Mental Skills Training (ISSP Key Issues in Sport and Exercise Psychology) by Bertollo Maurizio | 23 Jul 2020

Nonlinear Pedagogy in Skill Acquisition: An Introduction – 31 Dec. 2021 by <u>Jia Yi Chow</u> (Author),

Sports Psychology – reading list

Sport Psychology: A Complete Introduction (Teach Yourself) by John Perry | 14 | Ian 2016

Applied Sport Psychology: A Cased-Based Approach: A Case-Based Approach (Wiley SportTexts) by Brian Hemmings and Tim Holder | 3 Aug 2009

Invincible Mind: The Sports Psychology Tricks You Can Use to Build an Unbeatable Body and Mind!: Mental Combat, Book 2 by Phil Pierce and Jay

The New Psychology of Sport and Exercise: The Social Identity Approach by $\underline{\mathbb{S}}$ Alexander Haslam , Katrien Fransen, et al. | 31 Aug 2020



Stages of Learning and Guidance

Learners will be able characterise and describe the following stages of learning and then apply them to the learning of motor skills (cognitive, associative, autonomous).

Learners will be able to describe and critically evaluate the different types of guidance and when they should be used to help the learning and performance of movement skills.

Transfer of Skills

Learners will be able to describe the types of transfer that occur in practical performance and demonstrate knowledge and understanding on how to optimise positive effects and limit negative effects of transfer.

Year

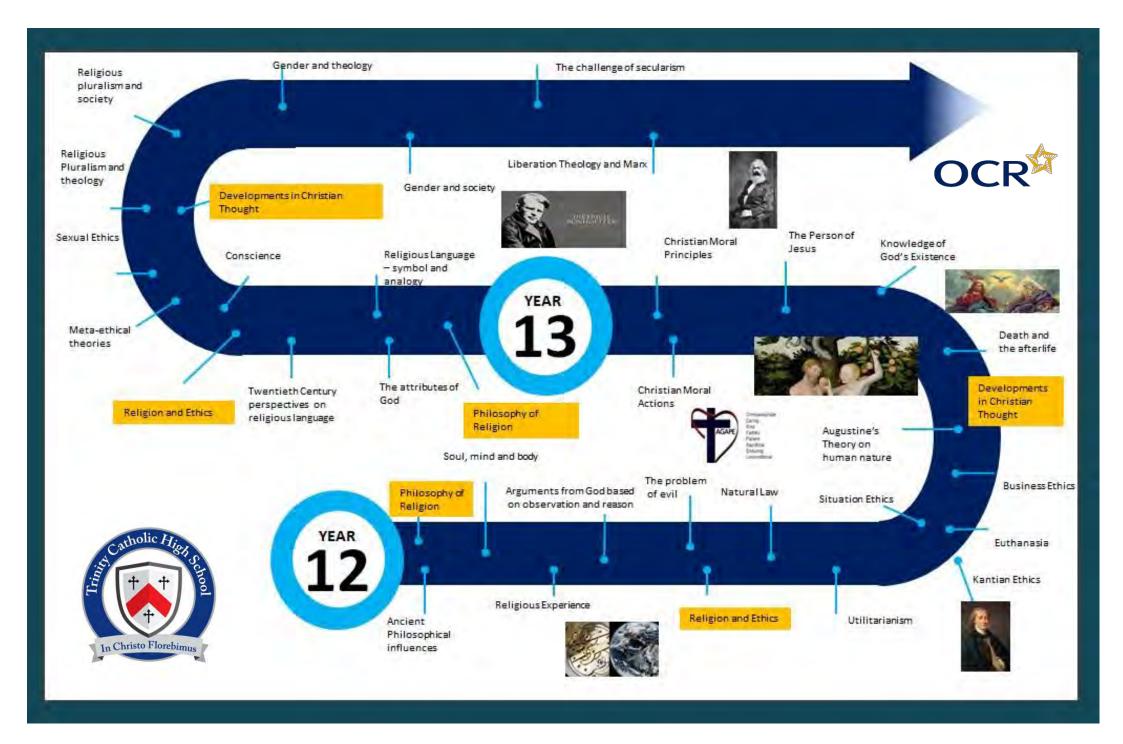
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Classification of Skills

Students will learn and justify placement of skills on the following continua: Difficulty (simple/complex), Environmental (open/closed), Pacing (self/externally paced), Muscular Involvement (gross/fine), Continuity (discrete/serial/continuous), Organisation (low/high).

Types and Methods of Practice

Learners will using knowledge of skill classification to determine methods used for skill learning to improve performance. This will include being able to describe and evaluate the following methods of practice: part, whole, whole-part-whole, progressive part, massed, distributed, fixed and varied practice.



1

TYPOLOGY

SKILLS BOOTCAMP - BASIC PHOTOSHOP EDITING - COMPOSITION - FRAMING - CRITICAL THINKING - RESPONDING TO ARTISTS

4

SMOKE AND MIRRORS

SEMI INDEPENDENT PROJECT - RESPONDING TO ARTISTS PHOTOSHOP EXCERCISES TO LEARN LAYERING AND ADVANCED EDITING.
ADVANCED PHOTOSHOP EDITING - PRODUCING INDEPENDENT FINAL PIECES
BASED UPON SHARED STARTING POINTS.

PREPARING YOU FOR ...

PERSONAL INVESTIGATION

SHARED STARTING POINTS - FULLY INDEPENDENT PROJECT
FOLLOWING STUDENTS OWN IDEAS AND CONTENT ONE TO ONE TUTORIALS TO GUIDE THE STUDENT TOWARDS FINAL OUTCOMES.

CRITICAL STUDY ESSAY

1000 WORD MINIMUM ESSAY
CONTENT BASED ON SIMILAR THEMES AND
ARTISTS TO THE PERSONAL INVESTIGATION

PHOTOGRAPHY

EXAM PROJECT

EXTERNALLY SET PROJECT TITLE FROM EDEXCEL EXAM BOARD.

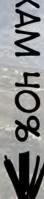
GALLERY VISIT TO SUPPORT ARTIST RESEARCH.

FOLLOWING THE SAME FORMAT OF THE PERSONAL INVESTIGATION.

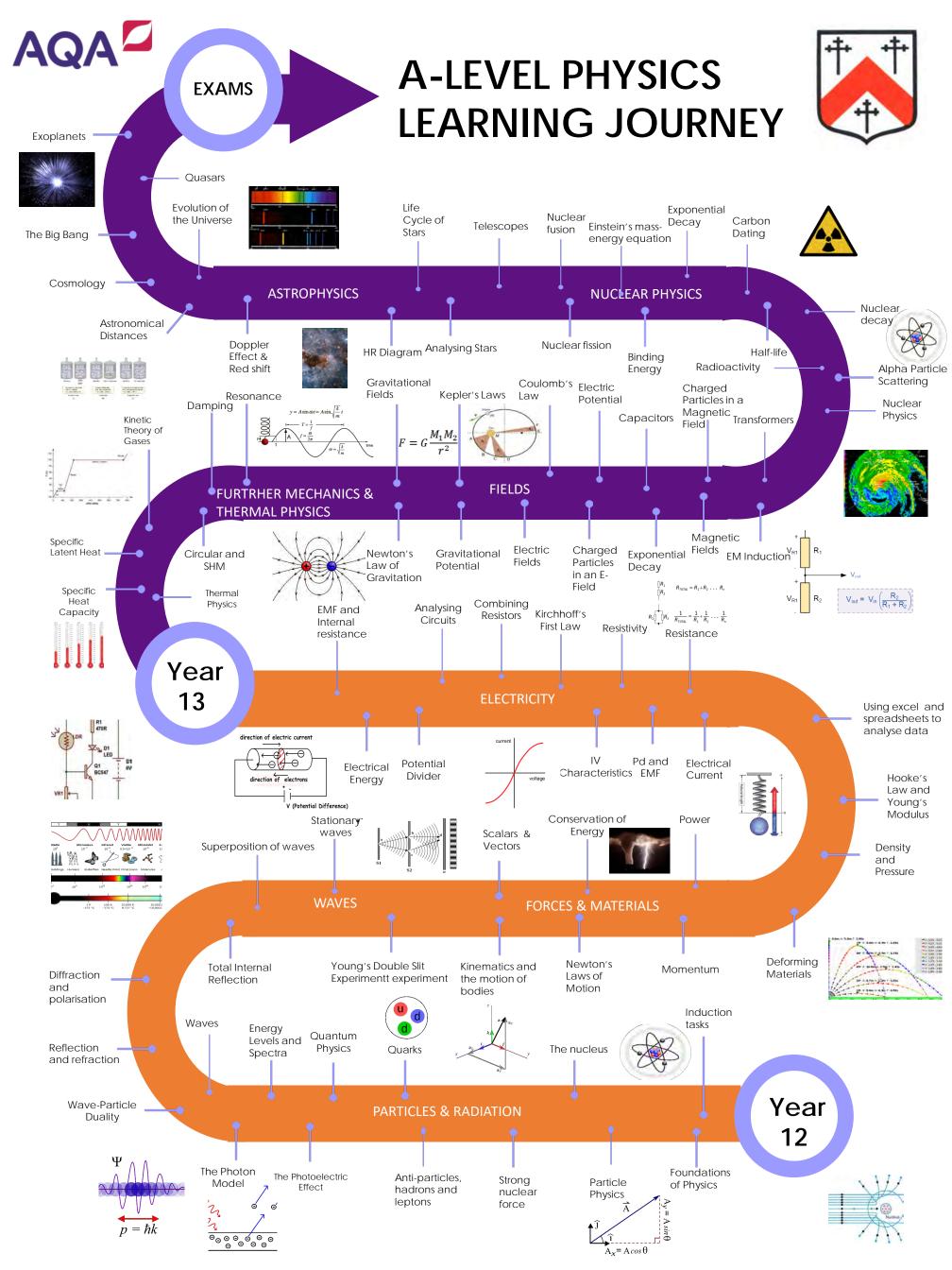
ARTISTS/STARTING POINTS/INDEPENDENT INVESTIGATION OF YOUR

OWN IDEAS.

COMPLETED WITH A PRINTED FINAL PIECE.

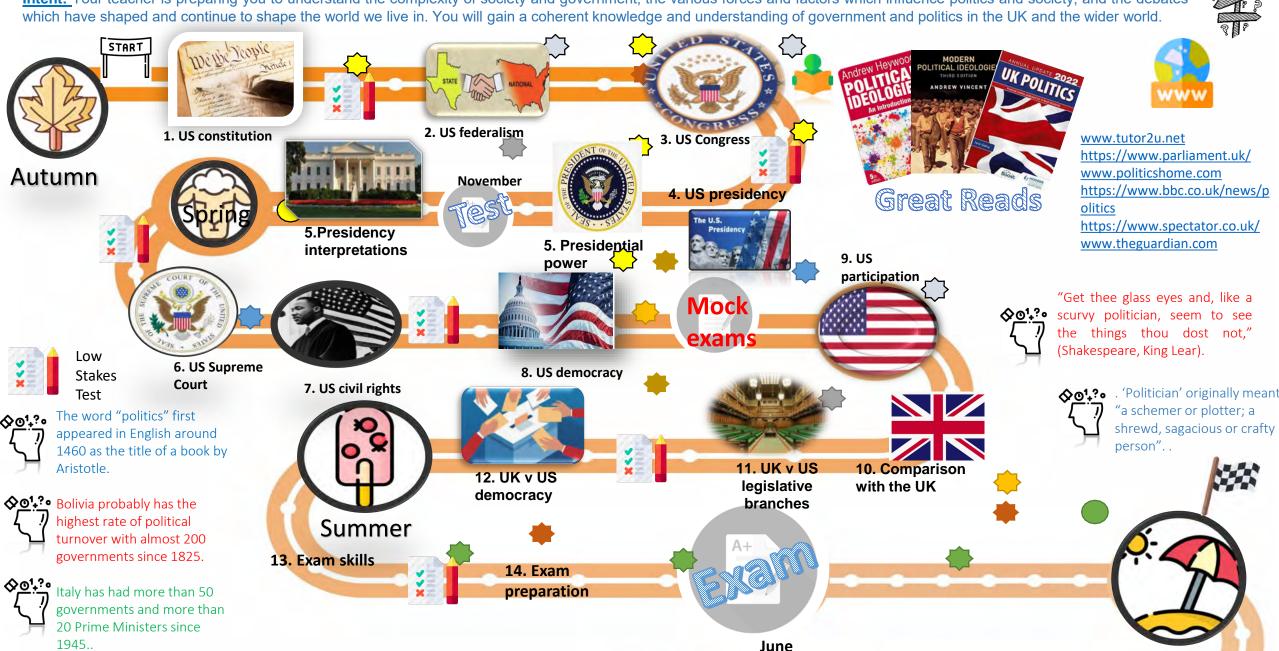


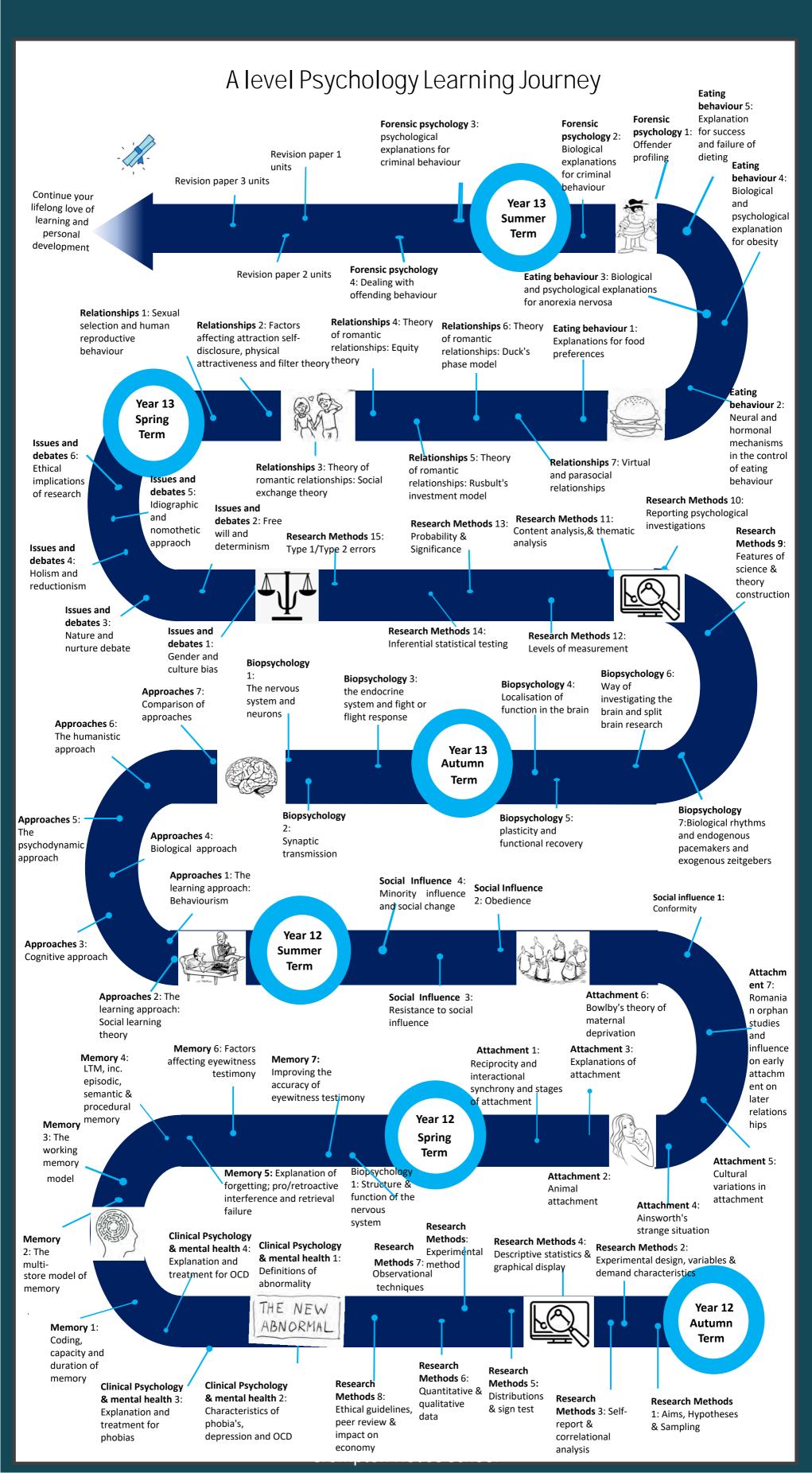




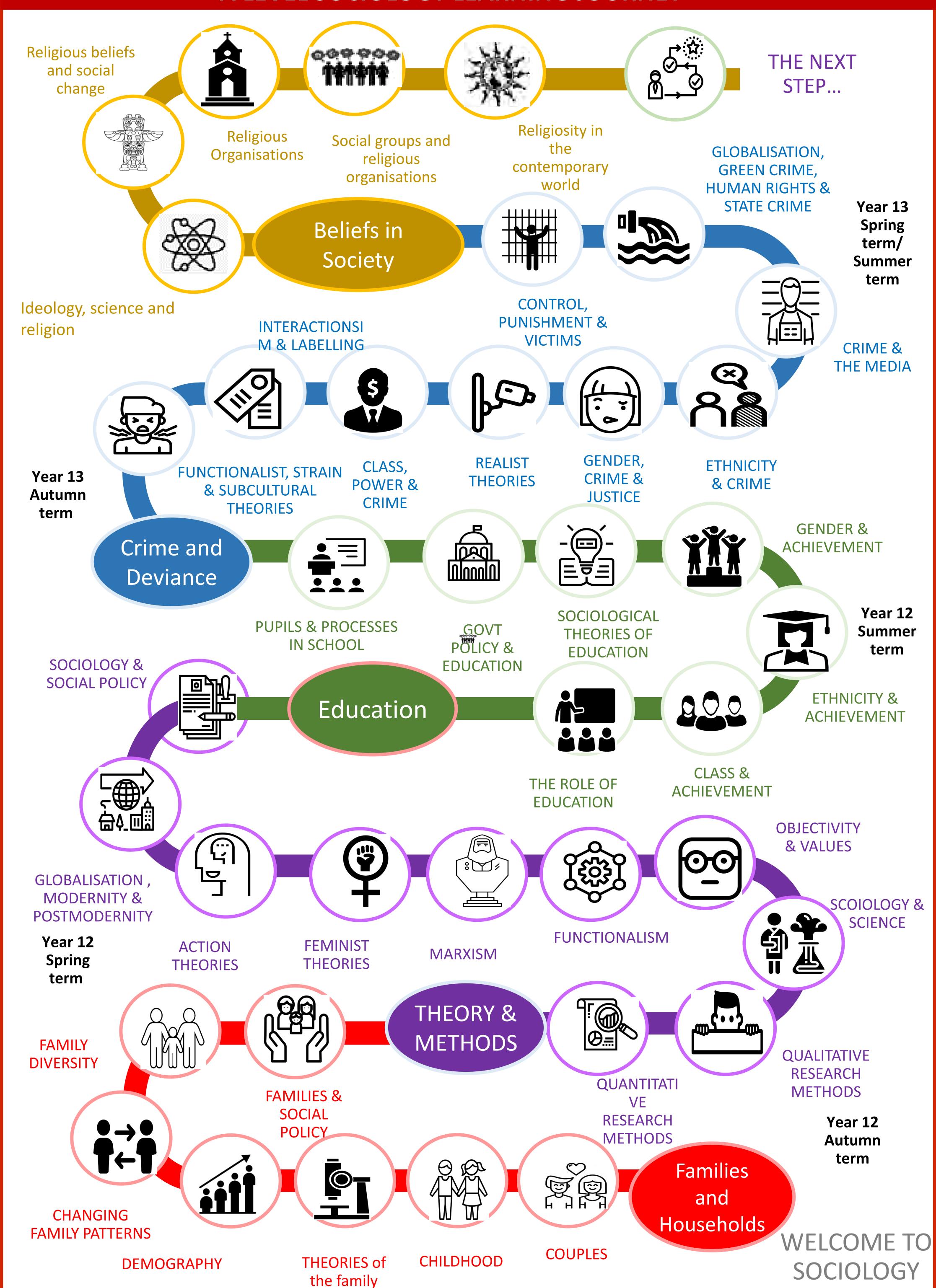
- Year 13 Politics Learning Journey -

Intent: Your teacher is preparing you to understand the complexity of society and government, the various forces and factors which influence politics and society, and the debates





A LEVEL SOCIOLOGY LEARNING JOURNEY



Year 13 Spanish Learning Journey





Book: La Casa de Bernarda

Alba

Film: El Laberinto del Fauno



Kerboodle

Username:

Password:

Institution Code: su9





La Casa de BERNARDA ALBA

2. El racismo Las actitudes racistas y xenófobas Las medidas contra el racismo La legislación antiracista

1. La inmigración Los beneficios de la inmigración La inmigración en el mundo hispánico

entados - problemas





IRP Individual Research **Project**

3. La Convivencia La Convivencia de culturas La educación

Las religiones



4. Jóvenes de hoy ciudadanos de manana Los jóvenes y su actitud hacia la politica El paro entre los jovenes Su Sociedad ideal

MOCK **EXAM**





5. Monarquías y dictaduras La dictadura de Franco La evolución de la monarquía en España Dictadores latinoamericanos



6. Los movimientos populares La efectividad de las manifestaciones y las huelgas El poder de los sindicatos Ejemplos de protestas sociales







FINAL EXAM

Paper 1: Listening, reading and writing Paper 2: Writing Paper 3: Speaking

NA PARLICIPICAN DE USA RECUEN

FAMOSOS QUE AYUDAN A COMBATIR LA POBREZA

¿Pier quié piernas que Shakira puede bener tanta influencia sobre il jobreres y la sociedad en general!

Hay gorde que pressia que Shakira haçe este tipo de acciones para granterere su popularidad como cantante. ¿Qué opinas sobre esta afternación?

rmas que las celebridades tilenen la obligación de ayudar vômicamente a la personsa que lo necesitan?

Speaking practice cards and IRP

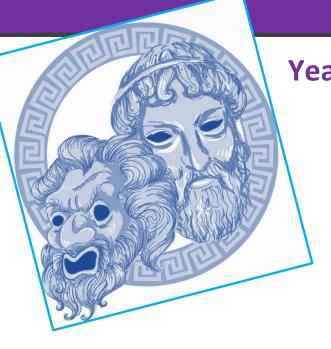


Candidate's Photo Card

- . Your teacher will then ask you questions about the photo and about topics related top



- . Qu'ed ce qu'it y a sur la photo ?
- Ouelle mabilire voudrais-builtudier à l'université?
- Tu voudrais taire un apprentissage ? Pourquoilpourquoi pas?



Year 13 Theatre Studies Learning Journey





Username: student.tchs Password: being@3478

Final Written Examination







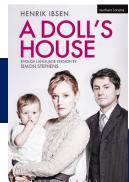




The final half term will be dedicated to revising: Antigone, Our Country's Good and A Doll's House









February: Mock Written Examination: Our Country's Good, Antigone and A Doll's House

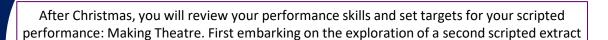


Making Theatre NEA. The preparation of a performance of a final extract from a scripted play applying the methods of the influential theatre practitioner Katie Mitchell. This will be performed to a visiting examiner in early May.











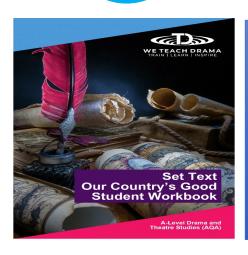




You will begin year 13 by applying your knowledge of Steven Berkoff to the development of your own play which emulates his style. By the end of the first term you would have devised and performed your play and completed the written working notebook about this process.



Steven Berkoff



Independent study in the first term will focus on applying and continuing to build your knowledge of the set texts studied in year 12 to develop your own ideas on how to stage these plays.

