



# TRINITY

**Dear Students, Parents, Carers & Governors**

This Week at Trinity I had the pleasure of leading the Headteacher assemblies for nearly every year group. I focused on the importance of being kind. I linked this to a book I am reading called *Coming of Age: How Adolescence Shapes Us* by Lucy Foulkes. She is an academic psychologist from Oxford University. Lucy leads on research into adolescent mental health and social development. Her work highlights the challenges and rapid growth young people experience. It reinforced for me how vital kindness is in every interaction.



I invited students to reflect on how they want to be remembered. Many young people strive to be liked by their peers. The message was clear. People remember you for your kindness. You are unlikely to be remembered if you do not display it. They remember how you made them feel. They remember the small acts that showed respect. They remember the moments when you took the right path.

We explored simple actions that lift our school. Hold a door. Help someone who has dropped something. Use positive language. Give people space on the corridors. Stand up for someone who needs support. Step away from negative talk.

Kindness takes effort. It takes courage. It takes self-control. It shows maturity. Students responded well. Many shared how they plan to improve. Staff have noticed a more considerate approach around the site. This shows you understand the mission of Trinity and the role you play in shaping a better world.

We ended with a clear instruction. **GO BE KIND...**

## YEAR 13 PARENTS EVENING

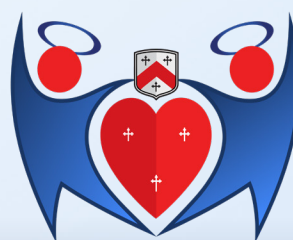
It was encouraging to meet many Year 13 parents at their parents evening. I want to thank them for making me feel so welcomed too and I look forward getting to know our year 13 even more over the next few months.



## STUDENT LEADERSHIP AND NEW IDEAS



I am having more conversations with students who are sharing ideas to support other charities. Students are thinking about new ways to show kindness and new ways to help others. This excites me. We are building transformational leaders who will influence the future with purpose and integrity.



YEAR OF  
**KINDNESS**

## 6000 ITEMS FOOD BANK CHALLENGE

We have invited students to support the 6000 items Food Bank Challenge. Broken down, it is five items per member of the Trinity community. We will support three charities: Redbridge Foodbank and St Vincent de Paul. 3FOOD4U. This is a practical way to live out our Mission through service and solidarity. It allows every student to make a direct impact on families who need help.

If every student lives out the message of kindness each day, we will fulfil our Mission and help 'shape a better world'. Your actions influence others. Your example strengthens our culture. Your kindness builds the Trinity we all want to see.

Thank you for the support this week and enjoy the weekend.



Declan Linnane  
Headteacher

## TCHS6000 FOOD BANK CHALLENGE

TCHS plans to donate 6,000 items to...

Redbridge  
foodbank

# 5

Please donate 5 items each  
by Christmas to support this challenge.



Your donations keep our community food banks  
running through Christmas.

Lets support the schools mission by offering help to those in need.



## #TRINITYPROUD

## YEAR 7 RUGBY SHINE IN OUTSTANDING PERFORMANCE!



The Year 7 rugby squad did themselves and the school proud this week. Despite the cold Thursday afternoon, the team showed outstanding determination and teamwork as they played four matches, winning three and drawing the fourth.

Their attacking play was fast and exciting, while their disciplined defence was equally impressive. In fact, their hard work meant they did not concede a single try across all four games an exceptional achievement for such a young squad. Trinity were the standout team in their group, demonstrating great sportsmanship, focus, and potential. Well done to all the players involved for representing the school so brilliantly.

## YEAR 12 EXPLORE POLITICS AND DEBATE IN INSPIRING VISITS



Some of our Year 12 students attended an insightful Politics trip this week at the Ursuline Academy, where Wes Streeting was present to discuss the question "Is global democracy in crisis?" Our students engaged thoughtfully in the discussion alongside pupils from other schools.

In addition, four members of our Debate Team took part in a competition with other Woodford schools, held at Iain Duncan Smith's constituency office. They represented the school brilliantly and gained valuable experience debating in a formal political setting.

## YEAR 7 STORM THE TERM: EXPLORING 1066



Year 7 have been learning all about 1066 and the Norman invasion this term. They have created an amazing display and even had a chance to try out Mr Linanne's replica shield! This half term they will be building motte and bailey castles!



## TRINITY Y7 MARCH ON IN ESSEX CUP



Our Year 7 boys football team beat Davenant 3-1 this week to extend their unbeaten start to life at Trinity. Goals from Tochi O x2 and Leo A contributed to their victory. They now progress into the Last 16 of Essex Cup.

## YEAR 10 STUDENTS IMPRESS WITH EXCEPTIONAL RE WORK



Excellent RE work was completed in Ms Aleshe's lesson this week by Destiny, Alberto and Lily in Year 10. Their thoughtful responses, attention to detail and consistent effort really stood out. Well done to all three students for their outstanding contribution to the lesson.

## EUROPEAN PODIUM FINISH!



Congratulations to Henry in 10C on placing 3rd in the IBJJF European No-Gi championship!

**#TRINITYPROUD**

## UNBEATEN YEAR 8'S WIN AGAIN!



A convincing 17-0 win in the Redbridge League for our Year 8 netball team against Wanstead, which maintains their unbeaten run in the Borough since year 7.

## A PROUD MOMENT: TRINITY AWARDED THE PTI LEADERSHIP MARK 2025



We are pleased to share that we have received the school banner for the PTI (Prince's Teaching Institute) Leadership Mark 2025, awarded to our school in July. Mr Jeyakumar worked tirelessly to achieve this prestigious recognition, and it is wonderful to see his efforts honoured. A proud moment for our Trinity community.

## TCHS ALUMNI SUCCESS



We are delighted to celebrate the achievements of Patrick Hansen, a proud alumnus of Trinity's Class of 2024, who continues to shine beyond his time with us. Patrick and his band, The Repertoire, have just released their brand-new single "Hand in Light", now available on all major streaming platforms.

This exciting milestone marks another step forward in Patrick's musical journey, and we couldn't be more thrilled to see his talent and dedication flourishing. His creativity, commitment, and passion for music were evident during his years at Trinity, and it is wonderful to see those qualities continuing to drive his success. We extend our warmest congratulations to Patrick and the whole band, and we wish them every success as they continue to grow, create, and inspire.

We can't wait to hear what comes next! Give them a follow and listen!

## TCHS SUPPORTING OUR COMMUNITY THIS ADVENT

*This Advent, the Year 10 Service Group is proud to support 3Food4U, a local food bank serving Loughton, Waltham Abbey, Chigwell, Ongar, Tottenham, and Bruce Grove.*



*The charity's mission is to provide clothing and nutritious food to those in need within our local community, offering kindness and dignity to every person they help.*

*Throughout Advent, students will take part in a food drive to collect donations for 3Food4U. To make things even more exciting, there will be a friendly competition between year groups and forms to see who can collect the most items, with special recognition for the winning group! Together, we can make this Advent a true season of giving and community spirit.*

*The Year 10 Service Group*

## NETBALL VICTORY



Trinity controlled the game from start to finish, moving the ball well and taking their chances under the post. Their focus in attack helped them build a strong 26-0 lead against Forest Academy. Well done all!

# CELEBRATING OUR MATHSWATCH ACHIEVERS

Over the month of October, students from Years 7 to 11 were challenged to complete as many MathsWatch questions as they could and to get sponsored for their efforts. Across all year groups, nearly 60,000 questions were answered.

During assemblies this week, students who answered the most questions in their year group and in their Maths class were awarded a certificate and a prize. On behalf of the Maths department, we would like to congratulate every student who took part in the challenge.

There will be more prizes in December for the students who raise the most money, so there is still time to collect your sponsorship money.

This can be submitted via ParentMail by Thursday 27th November.



## PAPA JOHN'S Papers for Pizza!



### WINNERS!!!

|             |    |       |
|-------------|----|-------|
| 1st PLACE : | 8B | 405cm |
| 2nd PLACE : | 8A | 307cm |
| 3rd PLACE : | 9F | 241cm |

Also a special recognition to forms that collected over a 100cm high stacks of newspapers:  
7P, 7C, 7B, 7T, 8F



TRINITY | CATHOLIC HIGH SCHOOL



## TOWERING SUCCESS IN OUR NEWSPAPER CHALLENGE

At the beginning of this term, we invited all form groups to collect as much newspaper as they could. The form with the highest stack of papers would win a Papa John's Pizza! The challenge lasted only a few weeks yet in this time, 8 form groups were able to generate stacks of paper that measured over 1 metre tall.

To our surprise the winning form took 1st place with over 4 meters! Outstanding team effort 8B! Well done to Ms. Hill who co-ordinated this extraordinary effort. This was followed by 8A getting just over 3 metres and in 3rd place with 2.4 meters was form 9F.

A huge congratulations and thanks to all forms that participated. The total collection measured a whopping 20.5 meters! This is equivalent to four doubled decker buses stacked on top of each other. What an impressive turnout that none of us expected.

These papers were essential to running the Year 7 STIXX workshop, however now we are excited to explore what we can use papers for next. Please share any ideas you may have with your form STEM representative.

Natalie Granese

STEM Leadership Team



ST THOMAS OF CANTERBURY

# CHRISTMAS

*Fayre*

SANTA . FOOD . DRINK . STALLS

29  
NOV

ADULT: £2  
KIDS: FREE

12PM-  
4PM

Trinity Catholic High School  
Sydney Road  
IG8 OTB



JOIN US FOR

# CHRISTMAS WREATH MAKING

● MUSIC, MINCE PIES, PROSECCO



OUR EXTREMELY POPULAR  
EVENT IS BACK AGAIN



\*ALL WREATHS THAT ARE MADE WILL BE  
SOLD AT THE CHRISTMAS FAYRE

THURSDAY

27  
NOV

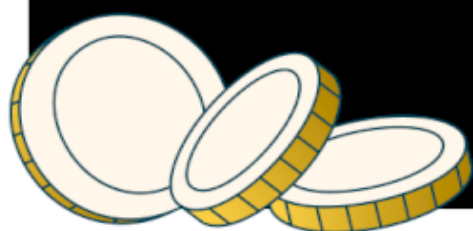
6PM

FOR MORE INFO OR TO REGISTER YOUR  
INTEREST, PLEASE EMAIL:  
[JO.FERRARI@GMAIL.COM](mailto:JO.FERRARI@GMAIL.COM)

LIMITED NUMBERS SO PLEASE GET IN TOUCH



**Trinity Catholic High  
School – Woodford  
Green has raised £9.1k  
on easyfundraising!**



**£2 for every supporter  
who signs up via our app**

**Limited £2s available!**

The  
**Free**  
**£2**

**App-eal**

**Your cause has a total of £9.1k in donations!** 🇬🇧

**And, until the end of the month, we'll give you a  
bonus £2 donation\* every time a new supporter  
signs up via the easyfundraising app!**

Share your ready-made messages before the bonus ends!

# LONDON YOUTH GAMES



# 2026

Would you like to represent Redbridge at the  
London Youth Games 2026?

To register your interest please complete

<https://airtable.com/appH6dG2pLk5Of3oH/>

|                  |                |              |
|------------------|----------------|--------------|
| Aquathlon        | Girls Football | Kayaking     |
| Athletics (Y7&8) | Hockey         | Swimming     |
| Badminton        | Indoor Rowing  | Table Tennis |
| Basketball       | Judo           | Tennis       |
| BMX / Cycling    | Netball        | Volleyball   |
| Diving           | SEN Sports     |              |



You must live or go to school in the London Borough of Redbridge.

[active.redbridge@visionrcl.org.uk](mailto:active.redbridge@visionrcl.org.uk)

YOUR **BOROUGH**  
YOUR **SPORT**  
YOUR **PASSION**

LONDON  
YOUTH  
GAMES.ORG



#THISISLYG

# Launching **THE SHARP SYSTEM**



At Trinity Catholic High School, the safety and wellbeing of our students is always our top priority. We are proud to launch the SHARP system (School Help Advice Reporting Page) A confidential online platform that empowers students to report concerns and seek support quickly and securely.

The SHARP system allows students to raise issues such as bullying, online safety, hate crime, weapons, health and wellbeing, or any other worries they may have either about themselves or someone else. Reports can be made anonymously, ensuring every student has a voice and a safe way to be heard.

The platform is easy to access via any device at:

**[trinitychs.thesharpsystem.com](http://trinitychs.thesharpsystem.com)**

## **HOW TO USE SHARP**

1. Visit [trinitychs.thesharpsystem.com](http://trinitychs.thesharpsystem.com)
2. Click Make Report to share your concern.
3. Explore the dedicated help pages on topics such as bullying, health, hate crime, and community safety.
4. If you prefer to speak to someone directly, you can always approach a member of staff or contact Mrs McGrory, Head of Pastoral.

### **A Message from the Headteacher**

“At Trinity Catholic High School, our Mission is to ensure that every student feels safe, valued, and supported and has a voice. The SHARP system provides an additional, confidential way for students to share any concerns, knowing that they will be listened to and taken seriously.

We want all members of our community to understand that safeguarding and wellbeing are at the heart of everything we do. By speaking up, students are helping us to build a culture of trust, care, and respect. No student should ever feel alone. Together, we can make Trinity a safe and supportive place for everyone.”

### **Why SHARP Matters**

1. Gives students a safe and confidential space to raise concerns
2. Helps staff respond quickly and effectively to issues
3. Builds a culture of care, respect, and inclusion across our community

We encourage all students and parents to familiarise themselves with the SHARP system and to use it whenever needed. Together, we can ensure that Trinity remains a place where every student can flourish in safety and confidence.



# TRINITY

## NOTICE BOARD

**TRINITY CATHOLIC HIGH SCHOOL**

### Christmas WRITING COMPETITION

**What** Write either a Christmas poem or a short story based around Christmas.

**Who** Open to all Year 7 students

**How** Email or hand in your entries to Miss Krist Room 58 [dkrist@tchsh.org.uk](mailto:dkrist@tchsh.org.uk)

**When** Deadline is MONDAY 18 DECEMBER with the winners announced before the end of term.

**PRIZES** AMAZON VOUCHERS AND

**Trinity Catholic High School**  
THURSDAY 18<sup>TH</sup> DECEMBER

**A MIDSUMMER NIGHT'S DREAM WORKSHOP**

**West End in Schools**

**Trinity Catholic High School**  
WEDNESDAY 17<sup>TH</sup> DECEMBER

### ROMEO & JULIET WORKSHOP

**Romeo and Juliet**

**LEARNING OBJECTIVES**

- TO WORK TOGETHER AS AN ENSEMBLE OF ACTORS.
- TO TAKE OWNERSHIP OF SHAKESPEARE'S TEXT BY EMBODYING IT THROUGH PHYSICALITY AND VOICE.
- TO EXPLORE SHAKESPEARE'S CHARACTERS, GAINING INSIGHT INTO THEIR MOTIVATIONS.

Redbridge Mental Health Support Team presents... **SCAN ME!**

### PARENTS AND CARERS IN MIND - WEBINAR SESSIONS

Your monthly parenting digest. Hear from mental health professionals about how to promote your child's emotional health and wellbeing.

**SUPPORTING CHILDREN WITH LOSS AND BEREAVEMENT**  
Learn how to support your child through loss with age-appropriate approaches, guidance for neurodivergent children, tips for talking about death, and creative ways to honour loved ones.  
**MON 20.10.25 7-8PM**

**CREATING SAFETY: UNDERSTANDING AND RESPONDING TO SELF-HARM**  
Self-harm can be distressing and confusing for families. This webinar offers a safe, supportive space for parents and carers to better understand why young people may self-harm, what it can mean, and how to respond with compassion and confidence.  
**THU 04.12.25 7-8PM**

FOR MORE INFORMATION & TO SIGN UP, CLICK HERE: [REDBRIDGE.GOV.UK](https://www.redbridge.gov.uk) AND SEARCH 'MHST' OR [LINKTREE@REDBRIDGE.MHST](mailto:LINKTREE@REDBRIDGE.MHST)

**CHKA KARATE**  
An inclusive family friendly karate club for all ages 4 years old - adults.  
The club is owned by Chief Instructors Sensei's James Steadman 4<sup>th</sup> Dan & Robert Steadman 4<sup>th</sup> Dan

**2 WEEK FREE TRIAL AT ANY VENUE**

To book a space, call or use our website and fill in the free trial link to book

[www.chkakarate.com/free-trial](http://www.chkakarate.com/free-trial)  
0773 185 5849

**WE ARE LOCAL TO YOU**

Chadwell Heath  
Goodmayes  
Barking  
Chigwell

**WHY CHKA KARATE?**

- Increase Confidence
- Boost Self Esteem
- Focus to follow instructions
- Improve listening skills
- Lessons provide structure & discipline
- Most importantly make new friends and have fun!

[www.chkakarate.com](http://www.chkakarate.com)  
Est. 2011

**TCHS6000 FOOD BANK CHALLENGE**  
TCHS plans to donate 6,000 items to...

**foodbank** • 3Food4U

**5**

Please donate 5 items each by Christmas to support this challenge.

Your donations keep our community food banks running through Christmas.

Let us support the School's Mission by offering help to those in need.

**#TRINITYPROUD**

### 10 Top Tips for Parents and Educators SAFETY OVER THE FESTIVE SEASON

- 1. MONITOR DIGITAL ACTIVITY**  
The holiday season, marked by Christmas and New Year, brings joy and togetherness but also presents unique safety challenges for children, teenagers, and educators. From busy holiday shopping, traveling and family gatherings to managing digital activity during school breaks, staying safe during this period requires heightened awareness. This guide offers practical tips to help families and educators maintain a more secure and fulfilling festive period.
- 2. PRACTICE FIRE SAFETY PROTOCOLS**  
The incidence of house fires increases during Christmas. Many fires are caused by candles, faulty decorations, and overloaded power sockets. Educators should ensure that fire safety protocols are reinforced in schools, and parents should be encouraged to check their homes for potential hazards.
- 3. CREATE TRAVEL SAFETY PLANS**  
Holidays involve travel during the festive season. Parents and educators should ensure that children and teenagers are safe when traveling. This includes having a travel plan, ensuring children are properly seated in vehicles, and being aware of emergency procedures.
- 4. BEWARE OF ALLERGIES**  
Holidays often involve social gatherings where food is a central part of the celebration. Parents and educators should be aware of food allergies and ensure that children and teenagers are safe when eating. This includes checking labels, asking about ingredients, and ensuring that children and teenagers are safe when eating.
- 5. PREVENT THE SPREAD OF ILLNESS**  
The festive season is a time of close contact and celebration. Parents and educators should ensure that children and teenagers are safe when socializing. This includes encouraging good hygiene, avoiding close contact with anyone who is ill, and ensuring that children and teenagers are safe when socializing.
- 6. STAY VIGILANT ON THE ROAD**  
The festive season is a time of increased travel. Parents and educators should ensure that children and teenagers are safe when traveling. This includes ensuring that children and teenagers are properly seated in vehicles, and being aware of emergency procedures.
- 7. MAINTAIN SAFE DECORATIONS**  
The festive season is a time of increased decoration. Parents and educators should ensure that children and teenagers are safe when decorating. This includes ensuring that decorations are safe, and being aware of potential hazards.
- 8. SET BOUNDARIES FOR GIFTS**  
The festive season is a time of increased gift-giving. Parents and educators should ensure that children and teenagers are safe when receiving gifts. This includes ensuring that gifts are safe, and being aware of potential hazards.
- 9. ADDRESS STRESS & FATIGUE**  
The festive season can be a time of stress and fatigue. Parents and educators should ensure that children and teenagers are safe when experiencing stress and fatigue. This includes ensuring that children and teenagers are getting enough rest, and being aware of potential hazards.
- 10. DRINK RESPONSIBLY**  
The festive season is a time of increased socializing. Parents and educators should ensure that children and teenagers are safe when socializing. This includes ensuring that children and teenagers are safe when drinking, and being aware of potential hazards.

**Meet Our Expert**  
Trinity Catholic High School is a safe and secure environment for all. We have a dedicated team of experts who can help you with any safety concerns. Contact us today for more information.

[www.wakeupwednesday.co.uk](https://www.wakeupwednesday.co.uk)

### YEAR 7 GIRLS' T1 TOUCH RUGBY SESSION

**LEARN TO TACKLE ANYTHING**

**Develop ball skills and play rugby on the pitch at Woodford Rugby Club.**  
**Friday 28 November 12.30 - 3pm**

Led by qualified coaches, giving girls an opportunity to build confidence and skills in a friendly and welcoming environment.

Email to confirm your interest and book your school's place.

[GIRLSRUGBY@WOODFORDRUGBYCLUB.COM](mailto:GIRLSRUGBY@WOODFORDRUGBYCLUB.COM)

**TRY RUGBY WITH US!**

**THE GREAT BRITISH BAKE OFF**

### COULD YOU BE THE NEXT STAR BAKER?

**WWW.APPLYFORBAKEOFF.CO.UK**

APPLICATIONS CLOSE ON MONDAY 15<sup>TH</sup> DECEMBER 2025 AT 1PM.  
MORE INFO: [APPLYFORBAKEOFF@LOVEPRODUCTIONS.CO.UK](https://www.applyforbakeoff.co.uk)