



TRINITY

Dear Students, Parents, Carers & Governors

TCHS6000 Food Bank Challenge

Welcome back to students, staff and families. This is the final half term before Christmas and the energy across both sites is clear. You are working hard in lessons. You are taking part in clubs, rehearsals and fixtures. You are showing pride in our school.

We are now moving towards the season of Advent. This is a time to think about others and to give practical help to those who need it. Trinity is built on Truth, Compassion, Hope and Service. Your actions show these values every day.

Today we launch the TCHS6000 Food Bank Challenge. Every member of our community is invited to donate five items. If we all do this, we will reach six thousand items before we break up for Christmas. All donations will support three important charities.

- The Redbridge Foodbank
- SVP (St Vincent de Paul Society based at St Thomas of Canterbury Church
- 3Food4U

Students can bring donations to the reception areas. They will receive merits for their kind donations. Food banks are vital. Across the UK there are more food banks than McDonalds restaurants.

This shows how many families need support. Rising food prices and higher living costs mean many rely on help to get through each week.

By supporting these three projects, we will make a significant contribution to local families in time for Christmas. Pasta, rice, tins, long-life milk, biscuits and toiletries are needed most.

TCHS6000 FOOD BANK CHALLENGE
TCHS plans to donate 6,000 items to...

5

Please donate 5 items each by Christmas to support this challenge.

Your donations keep our community food banks running through Christmas.
Let's support the schools mission by offering help to those in need.

#TRINITYPROUD

This week has been incredibly busy. Year 11 students have completed their mock exams and approached them with a positive attitude. The results will help steer them in the right direction so they reach their potential.

Before we ended last half term, Trinity Catholic High School received an award for how we promote kindness within our community. Students wrote personal messages of thanks to their teachers for supporting them and their learning. This is a strong example of the values we stand for.

Thank you for your support as we move into a busy and exciting few weeks ahead.



Enjoy your weekend, God Bless

Declan Linnane
Headteacher

Year 8 Storm to Victory in the District Cup!

Year 8's continued their winning run with a comprehensive 8-0 victory in the District Cup. It was a great opportunity to play players in different positions.

Their next game will be after half term against Walthamstow Academy in the Essex Cup.



Trinity Catholic High School Named a Distinguished Kindness School

We're thrilled to share that Trinity Catholic High School has been officially recognised as a Distinguished Kindness School by the Random Acts of Kindness Foundation!

This honour reflects the compassion, empathy, and community spirit that fill our school every day. From friendly smiles to caring gestures, kindness has become part of who we are.

In a world that needs more light, Trinity stands as a reminder that kindness is powerful—and contagious. Thank you to every student and staff member for making kindness a daily practice. Let's keep shining, caring, and spreading goodness wherever we go! **#TRINITYPROUD**



Year 10 Jack Petchey Speak Out Challenge

Our Year 10 students recently took part in the Jack Petchey Speak Out Challenge, a public speaking workshop designed to build confidence, communication, and leadership skills. The sessions were a fantastic success: every student delivered a speech in front of their class, showcasing their ability to speak with clarity, conviction and creativity. We are incredibly proud of how our students embraced the challenge and developed valuable skills that will benefit them far beyond the classroom.



As part of our commitment to academic excellence, the English department hosted an ****As-pire Lecture**** for high-achieving students aiming for Grade 9s, encouraging critical thinking and deeper analysis in Lit-erature essays. Over ****60 Year 11s**** also attended focused

****Macbeth Revision Lectures****, showing exceptional dedication and focus as they prepare for their GCSEs.

Year 7 Boys March On in Essex Cup!



The Year 7 boys football team continued their **outstanding form**, making it four wins from four this year. This week, they travelled away to Saffron Walden County High School for their Essex Cup fixture. The boys put in a fantastic performance, with two goals from Renzo Ifediora securing a hard-fought victory and progression to the next round, where they'll face Davenant Foundation.

U14 Girls Cruise to 8-0 Win!

Our U14 female football team scorched through the first round of the Essex Cup with an 8-0 win over Marshall Park Academy this evening. An outstanding game.



Well done to all that donned the glorious kit!

Trinity Debate Club Where Voices Shape Ideas

The past two weeks have been a time of inspiration, teamwork, and thoughtful dialogue for Trinity's Debate Club!

Following a special selection process, our KS4 and KS5 Debate Scholars have dedicated themselves to exploring some of today's most pressing global and social issues. Using the Model United Nations format, our students stepped into the roles of international delegates and policymakers, debating resolutions, drafting proposals, and collaborating to find meaningful solutions to real-world challenges.

As a proud student-centred community, the Debate Club thrives on the curiosity and creativity of its members. Each session reflects the topics and ideas our students are most passionate about, helping them grow as confident speakers, active listeners, and compassionate global citizens. Through every discussion and every speech, they embody what it means to be Trinity Global Impact Ambassadors - using their voices with courage, clarity, and purpose. To capture their rigour and passion, we'd like to share a few words of inspiration from one of our Debate Scholars:



I sit and listen with a keen ear.
The sweet humming of all the conundrums and quarrels.
The melodies of the debate the reason I want to be here.
Honestly, I could sit for hours talking about ethics and morals.

I know I'm a good listener but it's time I talk.
Politics and Philosophy, maybe even war.
A new experience something I've never done before.
A shocking opportunity to show my talents even if they're raw.

By Q.L



Launching **THE SHARP SYSTEM**



At Trinity Catholic High School, the safety and wellbeing of our students is always our top priority. We are proud to launch the SHARP system (School Help Advice Reporting Page) A confidential online platform that empowers students to report concerns and seek support quickly and securely.

The SHARP system allows students to raise issues such as bullying, online safety, hate crime, weapons, health and wellbeing, or any other worries they may have either about themselves or someone else. Reports can be made anonymously, ensuring every student has a voice and a safe way to be heard.

The platform is easy to access via any device at:

trinitychs.thesharpsystem.com

HOW TO USE SHARP

1. Visit trinitychs.thesharpsystem.com
2. Click Make Report to share your concern.
3. Explore the dedicated help pages on topics such as bullying, health, hate crime, and community safety.
4. If you prefer to speak to someone directly, you can always approach a member of staff or contact Mrs McGrory, Head of Pastoral.

A Message from the Headteacher

“At Trinity Catholic High School, our Mission is to ensure that every student feels safe, valued, and supported and has a voice. The SHARP system provides an additional, confidential way for students to share any concerns, knowing that they will be listened to and taken seriously.

We want all members of our community to understand that safeguarding and wellbeing are at the heart of everything we do. By speaking up, students are helping us to build a culture of trust, care, and respect. No student should ever feel alone. Together, we can make Trinity a safe and supportive place for everyone.”

Why SHARP Matters

1. Gives students a safe and confidential space to raise concerns
2. Helps staff respond quickly and effectively to issues
3. Builds a culture of care, respect, and inclusion across our community

We encourage all students and parents to familiarise themselves with the SHARP system and to use it whenever needed. Together, we can ensure that Trinity remains a place where every student can flourish in safety and confidence.



TRINITY

NOTICE BOARD

TRINITY CATHOLIC HIGH SCHOOL

Christmas WRITING COMPETITION

What if...
What if...
What if...

Prizes: 1st, 2nd, 3rd, 4th, 5th, 6th, 7th, 8th, 9th, 10th, 11th, 12th, 13th, 14th, 15th, 16th, 17th, 18th, 19th, 20th, 21st, 22nd, 23rd, 24th, 25th, 26th, 27th, 28th, 29th, 30th, 31st, 32nd, 33rd, 34th, 35th, 36th, 37th, 38th, 39th, 40th, 41st, 42nd, 43rd, 44th, 45th, 46th, 47th, 48th, 49th, 50th, 51st, 52nd, 53rd, 54th, 55th, 56th, 57th, 58th, 59th, 60th, 61st, 62nd, 63rd, 64th, 65th, 66th, 67th, 68th, 69th, 70th, 71st, 72nd, 73rd, 74th, 75th, 76th, 77th, 78th, 79th, 80th, 81st, 82nd, 83rd, 84th, 85th, 86th, 87th, 88th, 89th, 90th, 91st, 92nd, 93rd, 94th, 95th, 96th, 97th, 98th, 99th, 100th

Trinity Catholic High School

WEDNESDAY 17TH DECEMBER

ROMEO & JULIET WORKSHOP

Romeo and Juliet

YEAR 9

LEARNING OBJECTIVES

- TO WORK TOGETHER AS AN ENSEMBLE OF ACTORS.
- TO TAKE OWNERSHIP OF SHAKESPEARE'S TEXT BY EMBODYING IT THROUGH PHYSICALITY AND VOICE.
- TO EXPLORE SHAKESPEARE'S CHARACTERS, GAINING NEW INSIGHTS BY EXPERIENCING THE FIRST-HAND.
- TO DEVELOP AN IMPROVED UNDERSTANDING OF SHAKESPEARE'S LANGUAGE.

Redbridge Mental Health Support Team presents... **SCAN ME!**

PARENTS AND CARERS IN MIND - WEBINAR SESSIONS

REGISTER NOW!

Your monthly parenting digest. Hear from mental health professionals about how to promote your child's emotional health and wellbeing.

ACCESSING THROUGH YOUR DEVICE? CLICK ON TOP OF THE WEBINAR TO REGISTER!

SUPPORTING CHILDREN IN MANAGING CONFLICT AND FRIENDSHIP DIFFICULTIES
A session focused on suggestions for parents and carers to support their children in managing conflicts and friendship difficulties.
THU 25.09.25 7-8PM

SUPPORTING CHILDREN WITH LOSS AND BEREAVEMENT
Learn how to support your child through loss with age-appropriate approaches, guidance for neurodivergent children, tips for talking about death, and creative ways to honour loved ones.
MON 20.10.25 7-8PM

NEURO-AFFIRMING FAMILIES: HOW WE USE LANGUAGE TO CONSTRUCT POSITIVE IDENTITY
A session focused on understanding how we can reframe language to construct a positive identity in neurodivergent children.
WED 19.11.25 7-8PM

CREATING SAFETY: UNDERSTANDING AND RESPONDING TO SELF-HARM
Self-harm can be distressing and confusing for families. This webinar offers a safe, supportive space for parents and carers to better understand why young people may self-harm, what it can mean, and how to respond with compassion and confidence.
THU 04.12.25 7-8PM

FOR MORE INFORMATION & TO SIGN UP, CLICK HERE, VISIT WWW.REDBRIDGE.GOV.UK AND SEARCH 'MHST' OR GO TO LINKTREE.REDBRIDGE.MHST

Trinity Catholic High School

THURSDAY 18TH DECEMBER

A MIDSUMMER NIGHT'S DREAM WORKSHOP

West End in Schools

YEAR 8

YOU WILL:

- EXAMINE THE DYNAMICS BETWEEN MIXTURE CHARACTERS WITHIN A SCENE.
- WORK AS A CHORUS OF ACTORS, SPEAKING THE TEXT LINE BY LINE OF A WHOLE GROUP.
- CONSIDER A CHARACTER WITH THE EYE AROUND THEM.
- EXPLORE AN EMOJOY TH WITHIN THE

WOODFORD RUGBY CLUB

YEAR 7 GIRLS' T1 TOUCH RUGBY SESSION

LEARN TO TACKLE ANYTHING

Develop ball skills and play rugby on the pitch at Woodford Rugby Club.

Friday 28 November 12:30 - 3pm

Led by qualified coaches, giving girls an opportunity to build confidence and skills in a friendly and welcoming environment.

Email to confirm your interest and book your school's place.

girls@woodfordrugbyclub.com

TRY RUGBY WITH US!

MUSICAL AUDITION

JOIN IN HAVE A GO

ROCK OF AGES

LOWER SITE HALL

FRIDAY 7TH & 14TH NOVEMBER 3:20pm - 4:30pm

Register to audition on Parentmail

TRINITY