



YEAR 7 LEARNING JOURNEYS 2025-2026





Our 'Learning Journeys' provide an outline of the diverse range of knowledge rich and engaging subject topics that students can enjoy during their Key Stage 3 courses at Trinity Catholic High School.

We developed these 'journeys' to help students to understand the sequence of their learning and how their lessons fit into the bigger picture. This is further supported in lessons, where teachers and students explore the deeper meaning behind their learning; not only how topics link to those previous but also their connections to the wider world, their links to the principles of Catholic Social Teaching and how learning opportunities can support in fulfilling the Trinity Mission.

Learning journeys are placed at the front of all exercise books, and we encourage parents and carers to review them with their children. This helps everyone visualise the path of learning students will be following throughout the academic year.







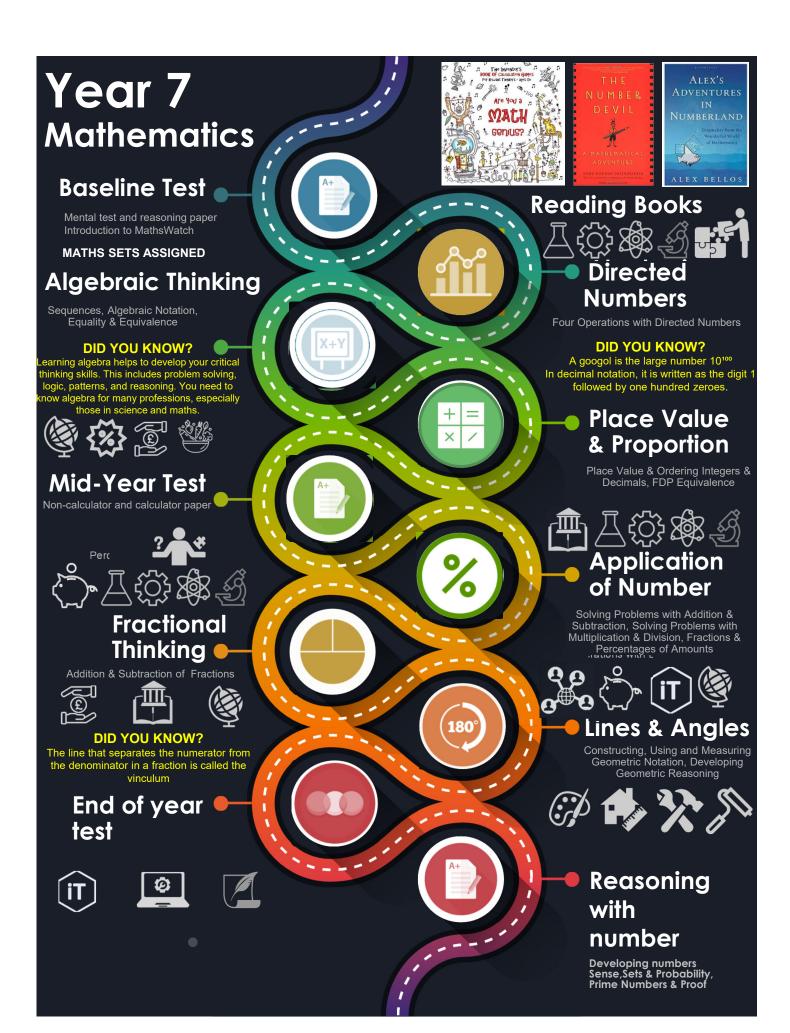


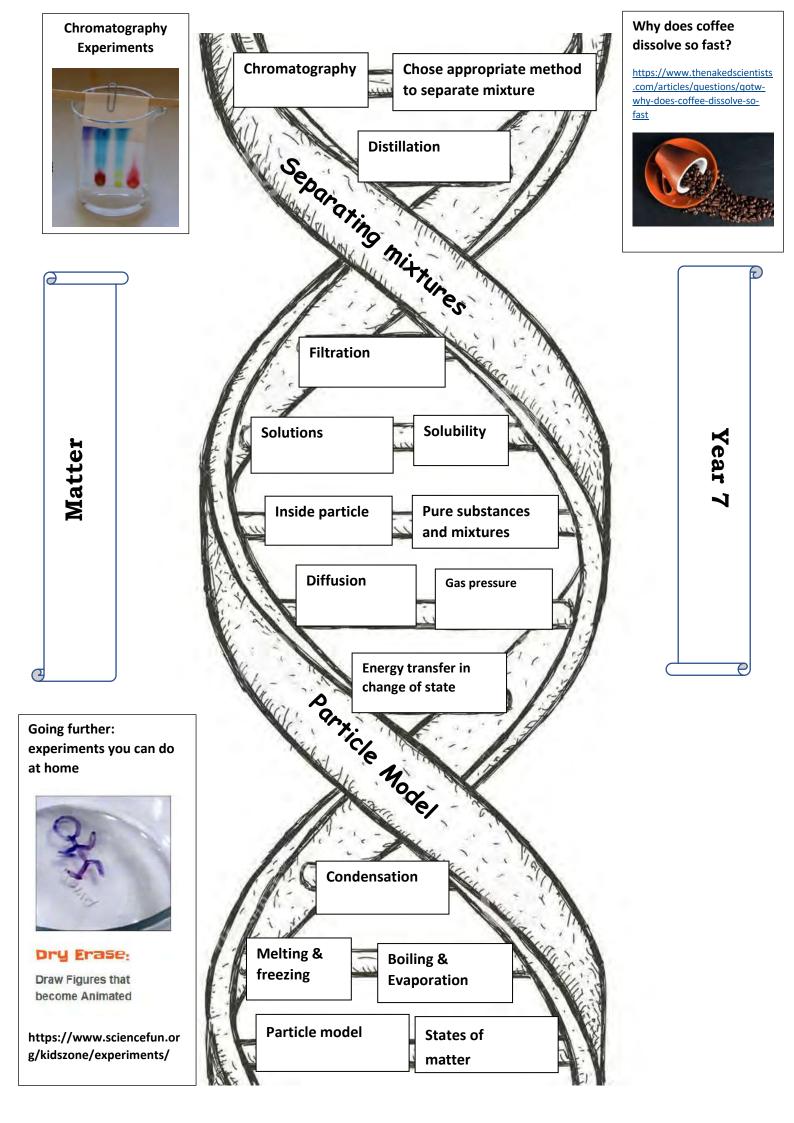




Learning is their journey.
Let them navigate.
Push them to explore.
Watch them discover.
Encourage their questions.
Allow them to struggle.
Support their thinking.

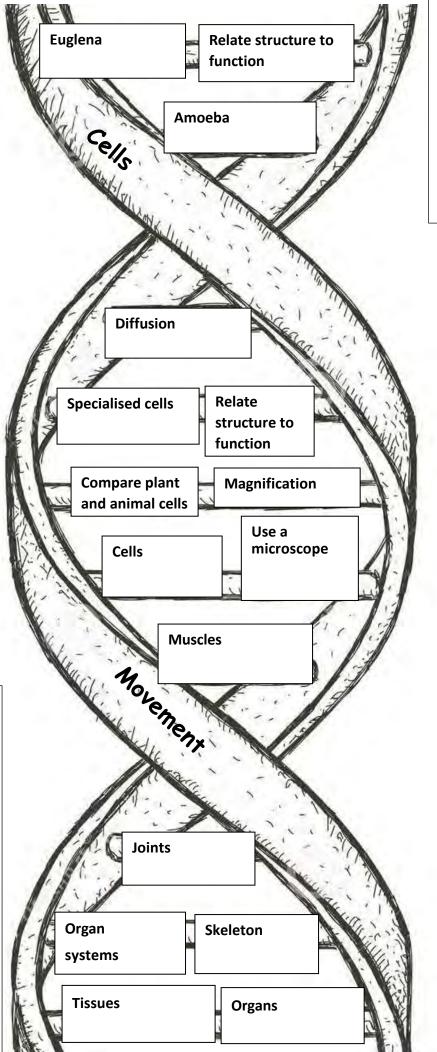
TCHS: KS3 English Learning Journey End of Year Assessments GCSE English Language **Love Poetry** GCSE English Literature **KS3 Recommended Reads Conflict Text Novel Gothic Short Stories Mid-Year Assessments DID YOU KNOW? A** <u>librocubicularist is</u> Drama: DNA the name of a person who reads in bed. **Shakespearean Tragedy:** 'Romeo and Juliet ' **End of Year Assessments YEAR** Social Commentary **Poetry from Around** the World The Adventure of the Speckled Band **Short story by** Drama: An **Arthur Conan Doyle** adapted version **Famous Speeches** of Dr. Faustus A Midsummer NIght's Dream **Mid-Year Assessments Drama: An Adapted Play** Version of 'Frankenstein' **YEAR** 'Ghost Boys' by J. Parker Rhodes **End of Year Assessments Travel Writing DID YOU KNOW?** Over 120 million copies of 'Harry **Animal Poetry** Potter and the Philosopher's Stone' have been sold worldwide! Mid-Year **Assessments Shakespeare's Villains Dystopian** Literature: 'The **Hunger Games'** by Suzanne **The History of Collins** the English Welcone





Why babies are born with more bones than an adult & lots more fun facts here:

https://www.health line.com/health/fun -facts-about-theskeletal-system#2



Ever wondered what an amoeba looks like?

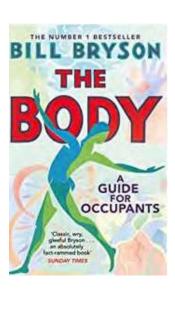


Year 7

3

Recommended Reads

Organisms



Did you know... Meerkats have dark circles round their eyes, which act like sunglasses, helping them see even when the sun is shining very brightly.

Genes

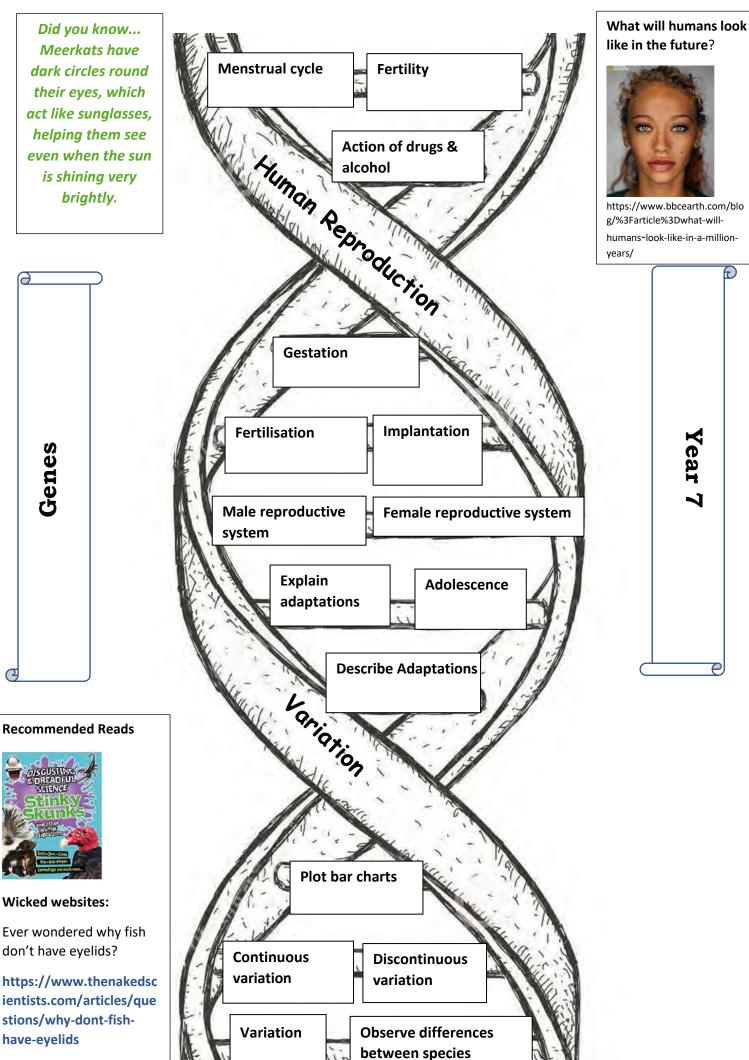
Recommended Reads

Wicked websites:

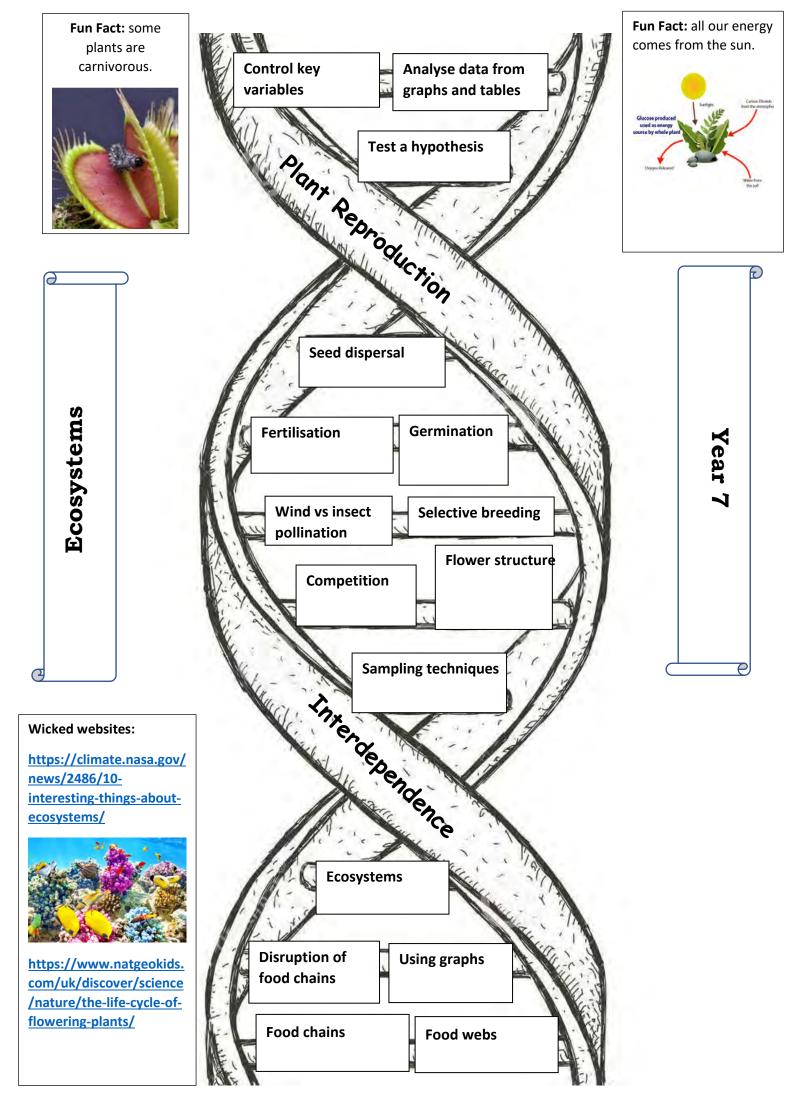
Ever wondered why fish don't have eyelids?

stions/why-dont-fish-

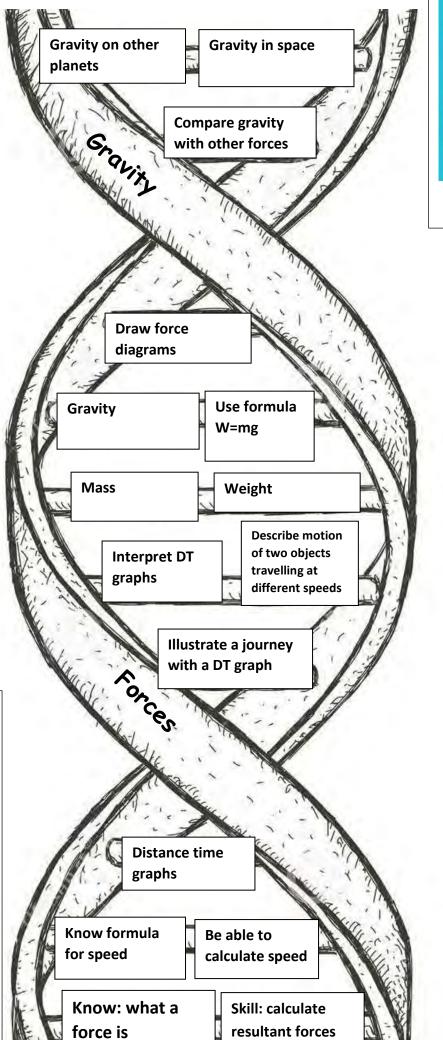
have-eyelids



Year 7





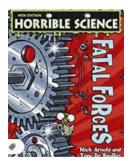


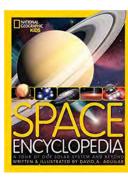


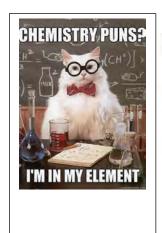
Year 7

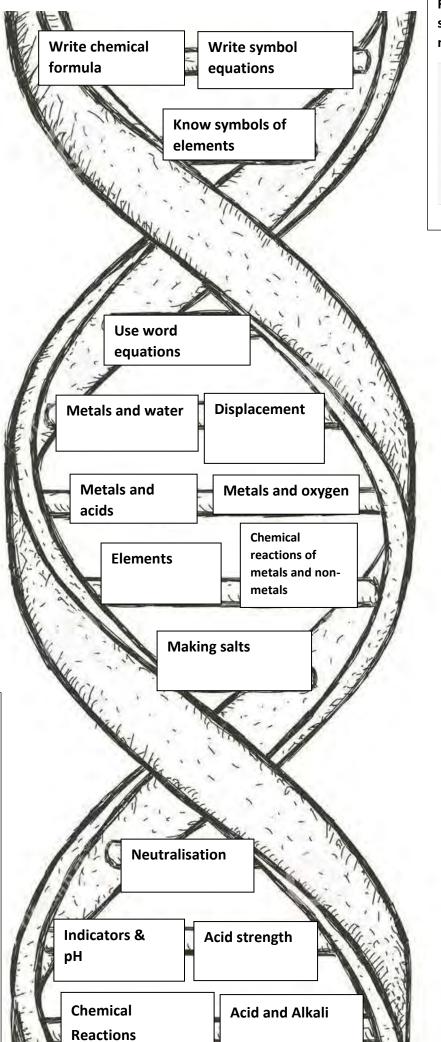
Recommended Reads

Forces: Speed and Gravity









Fun fact: a tyre is one single polymerised molecule.



Year 7

Taking it further: make your own red cabbage

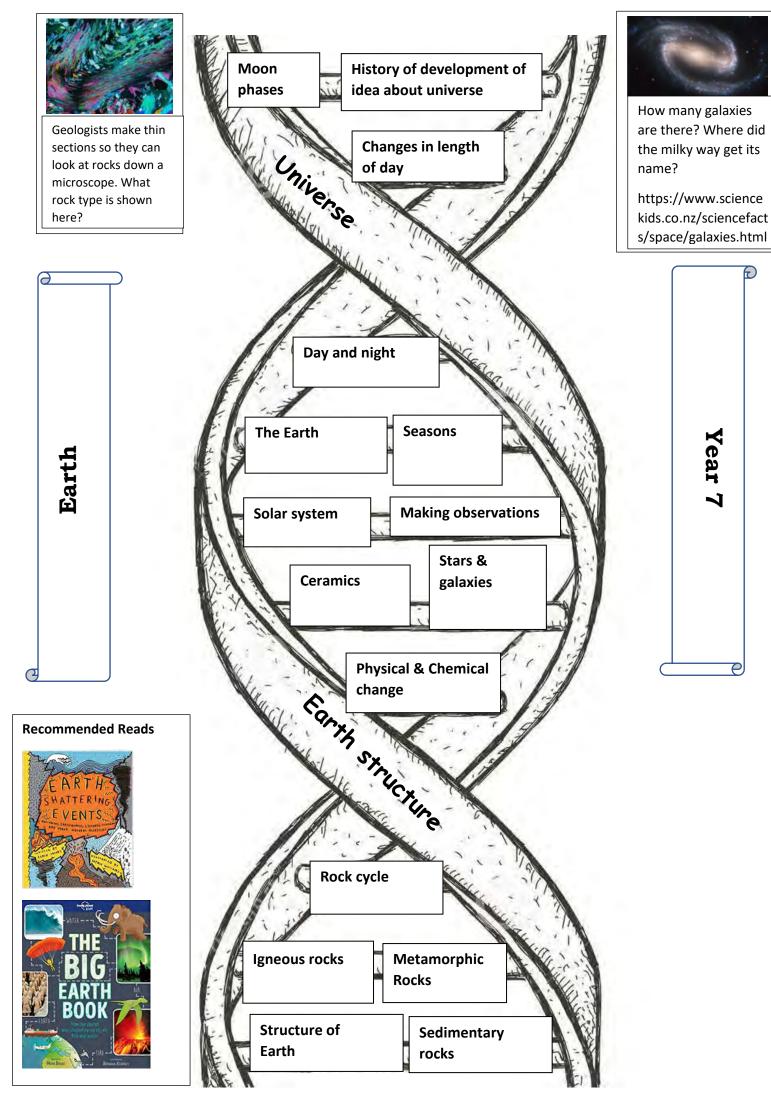
indicator

Chemical Reactions



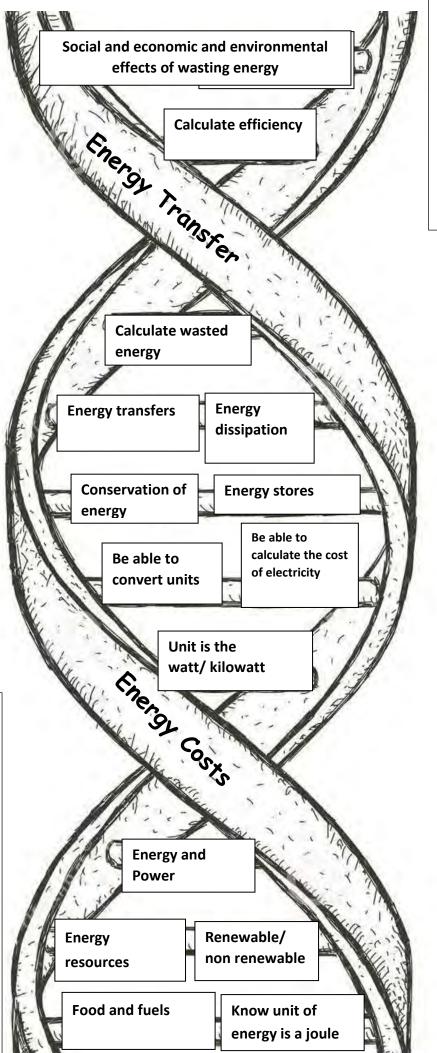
https://www.sciencekidd o.com/red-cabbage-phindicator/







A typical experiment to measure energy in food.

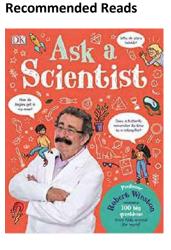


What can we do with energy?



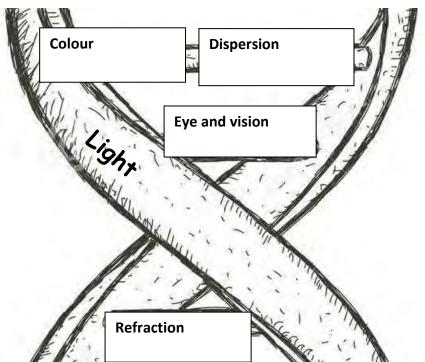
Year 7

Energy



Eye Openers:

New borns don't shed tears. The most active muscle is the eye. Your eyes can get sunburned. An ostrich eye is as big as its brain. You blink 15-20 times per minute.



Reflection

Hearing damage

Name parts of

Speed of light

Describe how

ear works

Sources of

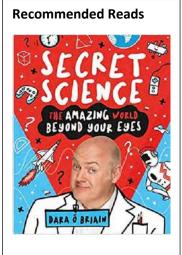
sound

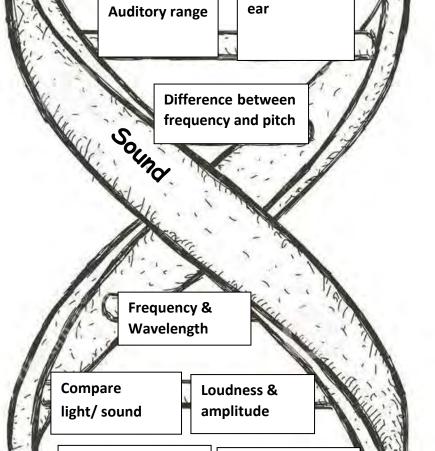
Does everyone see the same thing? What colour is the dress?



Waves



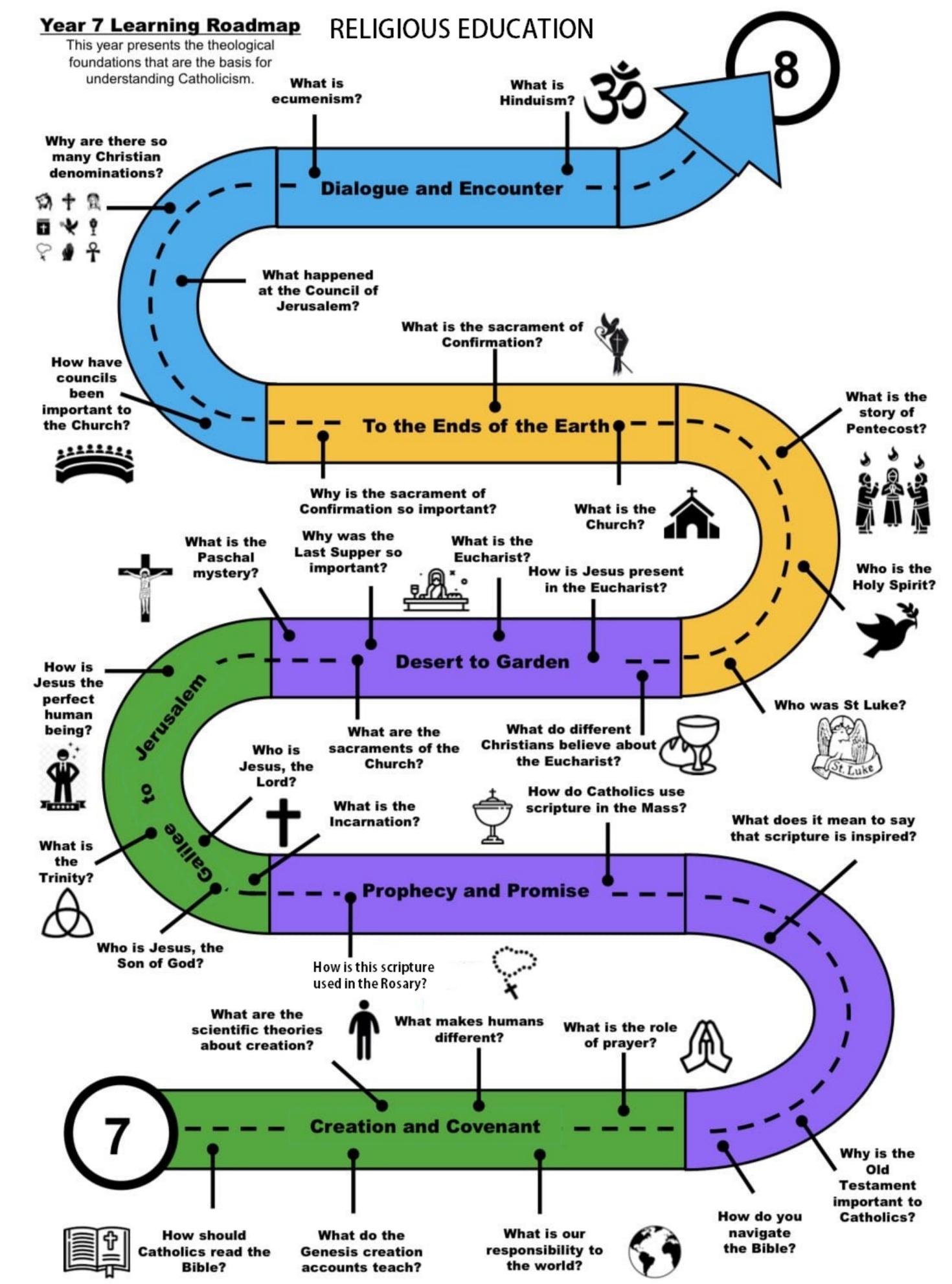


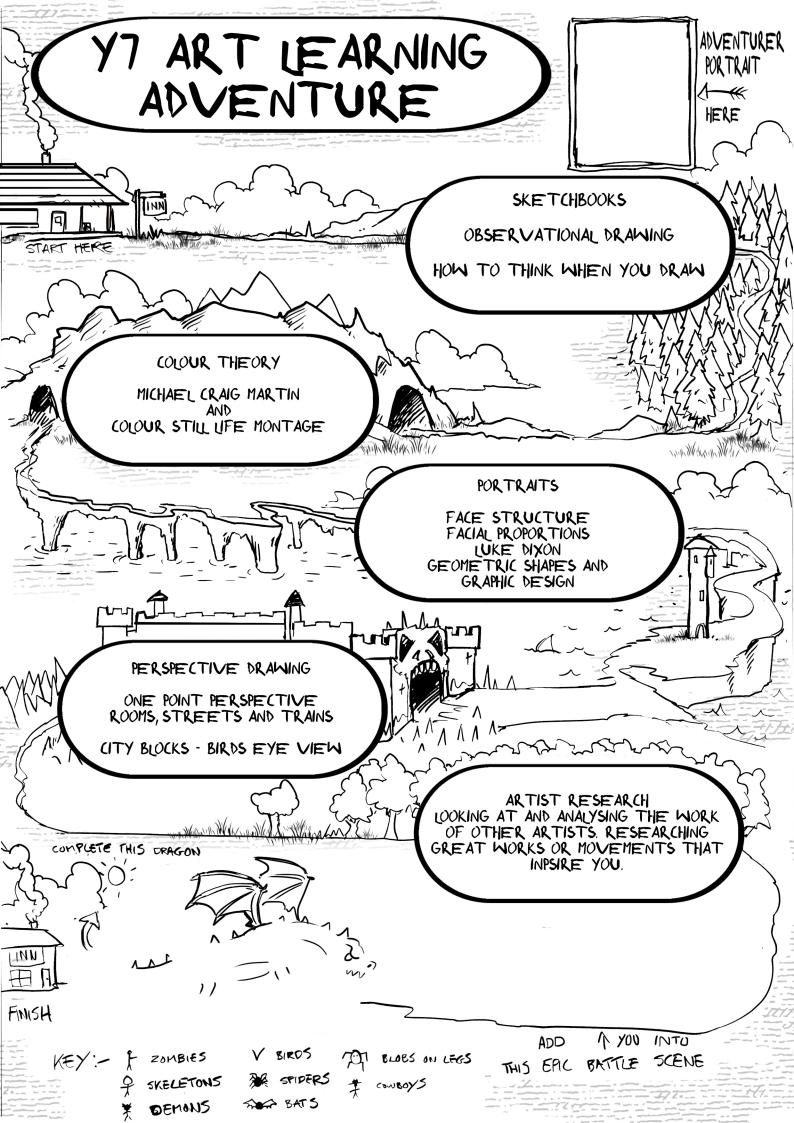


Calculate speed

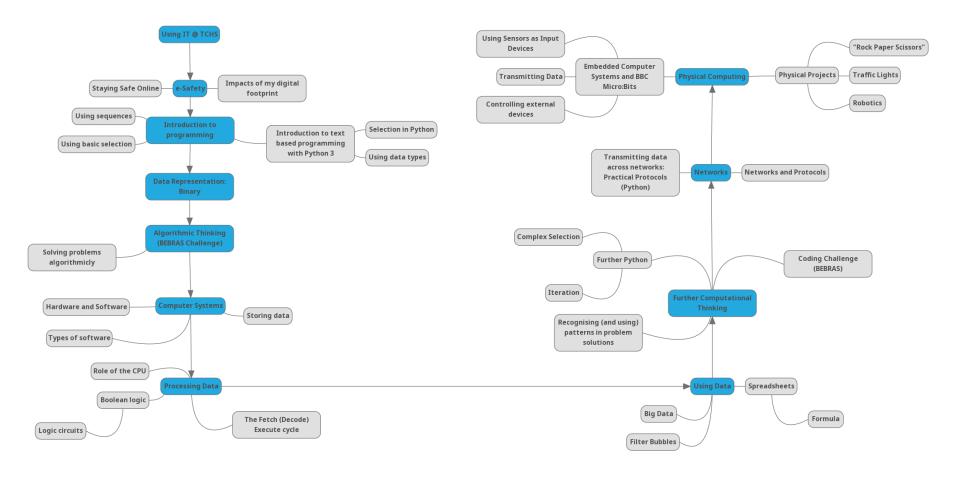
of sound

Year 7





Year 7 Learning Journey



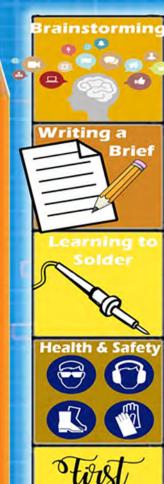
Year 7 and 8, students will cover a range of topics from the three strands of the subject of Computing. These strands are Digital Literacy, Information Technology and Computer Science.

In Year 7, foundational programming is introduced early on in the year. Short programming activities that make use of these introductory concepts are embedded into other topics so that students continue to develop and refine these basic programming skills. Programming is covered again in more depth later during the Computational Thinking topic. This topic covers more advanced constructs as students learn to solve a range of problems by applying computational methods.

There are two summative assessment cycles throughout the year. In year 7, the first will cover all the course content up to and including the "Processing data" topic, the second will include further tasks and questions from these topics and additionally all the content up to and including "Networks". Further practical based learning about networks also takes place later in the "Transmitting Data" project.

There are also formative assessment activities built into each topic. Some of these are conducted in class and others as home-study assignments. Additionally, there is a final assessment activity at the end of each of topic.

DESIGN TECHNOLOGY





A combination of graphic design and electronics this project is about creating a greeting card with a LED circuit.
Students must learn how to solder safely and understand the purpose of the

In addition they must learn about the design processes and how to develop a product from intial concept to finished item

components.



Creating

Designs

Working

Making a circu

Making a card

Students must
gain an
understanding
of the different
ways in which
products are made
and the scales
of productions
involved in
the design and
making process.

Students wil learn a range of drawing skills including one point perspective and oblique.

Mechanical

orces





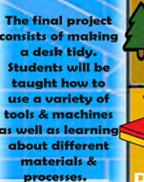






Area and

The demanders in order to ensure wastage is limited.

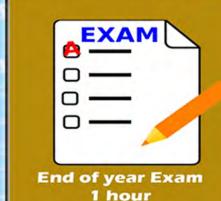


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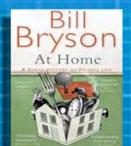
Timber

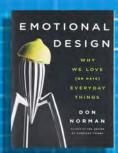


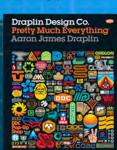


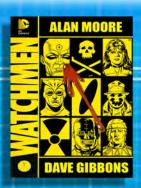
100 marks

Design Technology: Books to Read











It would take the weight of an elephant, balanced on a pencil,

Did you know?



It is believed that logo designs started in the 13th Century when Egyptians branded domestic animals with hieroglyphs to mark their ownership



The Nike swoosh was created by rolyn Davidson. She designed the n as a college student back in 1971.



The Coca-Cola logo was made using a style of hand lettering called Spencerian Script.

YEAR 7 FOOD LEARNING JOURNEY

BASELINE ASSESSMENT This will help establish your flight path in food.

You will be learning about the nutrition in food.

You will learn how to cook safely.

You will develop your technical skills.

BASIC NUTRITION You will learn about the nutrients found in food and the functions of food in your body.

You will learn about the government guidelines and recommendations for healthy eating.

EATWELL GUIDE You will learn how the Eatwell Guide promotes a balanced diet.

HYGIENE AND SAFETY

You will learn about the potential dangers and risks in the food room

You will learn about the 4 C's, how to prepare, cook and store food so it's safe to eat.

You will learn how to wash up and use equipment safely

You will learn how to identify potential risks and prevent accidents.

PRACTICAL LESSONS- KEY SKILLS

FRUIT MUFFINS

FRUIT SALAD

PASTA SALAD

SCONES

MACARONI CHEESE SAUSAGE ROLLS FAIR TRADE COOKIES

Making batter.

Classification of fruits .

Boiling.

Rubbing method Sauce making Rolling and shaping pastry

Weighing and measuring.

Portion control

Bridge Hold

Managing hob

Combing ingredients

Grating

Handling high risk ingredients

Creaming in method

Setting temperature

Claw grip

Combining ingredients

Shaping Ingredients Managing hob/ oven

Shaping and forming pastry.

Forming and shaping

Weighing

Presentation skills

TASTE

Seasoning

Forming Ingredients

Recipe adaption

Whisking egg for glaze Recipe adaptation

SENSORY ANALYSIS TEXTURE AROMA APPEARANCE The sensory of food is very important. Sensory evaluation helps to make sure a food product meets the expectations of consumers.

You will use sensory analysis to make comparisons and develop or adapt your food product.

BC A

READING

LIST

BOOK 1
A Literary Tea
Party
By Alison Walsh



BOOK 2

Scone with the Wind by Victoria Sponge



WEBSITES

www.bbcgoodfood.com www.nhs.uk/change4life

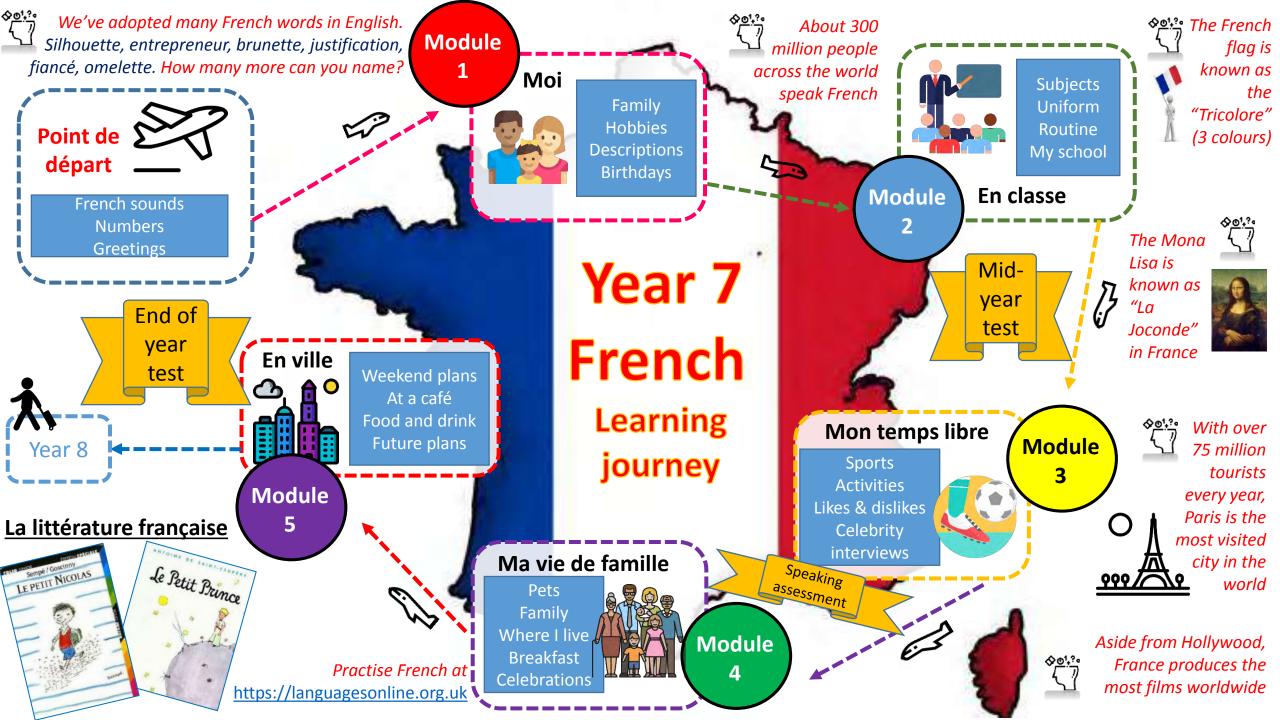
www.fooafactforlife.org.uk

CROSS CURRICULAR LINKS

*Maths – weighing and measuring. *English – following a recipe, sensory word descriptors. *Economic/ Business- Fair Trade
*Science – functions of food in body, enzymic browning, raising agents in food using the principles of acids and alkali's.

*PSHE- British values, cultural cuisine/ international cuisine, Food Provence- organic ingredients seasonal ingredients.

*PE – functions of food in body, energy consumption vs energy intake.



GEOGRAPHY DEPT

Year 7 Geography Learning Journey

In Year 7 at Trinity you will cover 3 Units (Maps and UK, Africa and Rivers). A high-quality geography education should inspire in pupils a curiosity and fascination about the world and its people that will remain with them for the rest of their lives (N.C, 2014).



Why? Locational

ist memorizing places on a map. It's about inderstanding the complexity of our world appreciating the diversity of cultures that xists across continents. And in the end, it's about using all that knowledge to help bridge divides and bring people together Place knowledge Why? Everyone likes a holiday but

he study of geography is about more thar

how you consider

impacts of travel?

R.E teaches us to

the social and

environmental

The Westernmost point of the UK is Rockall. It is an uninhabited island in the Atlantic

Ocean. The southernmost point of the UK is the uninhabited island of Pednathise Head, Isles of Scilly.

easternmost point of the UK is Lowestoft Ness. Suffolk.

Key to lines

Prior learning

Essential Skills

Assessments

Extra Resources

Learning Stations

The northernmost

point of the UK is

Oosta/ Out Stack

in Shetland,

Scotland.

Why? Understanding how the world around you is made, there are Science links with rock type and erosion.

River Landforms

River Flooding

Year 8

(354km).

Key Words & Spellings: Continent, Stakeholder, Environment,

Sparsely, Relief, Density, Misconception, Development,

Precipitation, Sustainable, Evaporation,

Hvdraulic Action

US Mapping Skills

Essay Structure

Prior KS2 Learning:

Compass Direction, 7 Continents, 5 Oceans,

South America

Windows 365 Geog.1 Textbook Useful Websites List **BBC Bitesize**

http://www.bbc.co.uk/educat ion/subjects/zrw76sg

Geography all the Way

http://www.geographyallthe wav.com/ks3 geographv.htm

Learn on the Internet

http://geography.learnonthei nternet.co.uk/ks3/index.html

skills are crucial. You need to know where we are in the world and will develop your map skills whilst completing an enquiry question

From the Global to the Local - continents to Woodford

Enquiry

Question

Ben Nevis

Scafell Pike

Snowdon

1085m

UK

Geography

You should understand how places are connected and where they are. Connections to place occur through sharing cultures through Music and Food.

Countries!

Mid-year

exam

Why? The U.K is your home. The physical location of our major mountains, rivers and counties should be understood as well as population density. There are historical links to why we settle in places.

only found in Africa. The collective noun for hippos is

GEOG JOB?

End of Year

Exam (Africa)

Whv? Geographers save lives! Understanding the physical causes of

hazards and how to mitigate risk saves lives.

ITAT DEMOGRAPHER

REMOTE SENSING HISTORIC

The Nile River is the longest river in the world (6650km), the Amazon River is the largest by discharge (340,000 m³/s). The longest river in the UK is the River Severn

is very important!

Africa 54

respect creation. the environment English writing skills which also will be essential exploring it. here.

Kenyan Tourism

Ecotourism

Why? The role of

tourism in climate

change is very

significant.

Students will

understand the

ways we can help

Tourism

Assessment

Today, hippos are

'pod'.

DATA PRESERVATIONIST LIBRARIAN

Year 7 HISTORY

Learning Journey

1066 and all that (named after a humorous book on British history; you should try and read it) Three kings and two battles to decide the fate of England...

Did you know? The Battle of Hastings took place on 14th October 1066

The Norman Conquest:

How to take over a country and transform it in only twenty years! We call that a revolution...

CHRISTMAS TEST

To check your knowledge and understanding of the work you undertook in your first term!

How religious were people in the Middle Ages?

Everyone was a Christian, everyone was a Catholic, everyone believed in heaven and hell; and, everyone knew that Jerusalem should be Christian again...

SPRING TERM ASSESSMENT Why was Thomas Beckett murdered?

Life in the Middle Ages

So much to cover in this unit! Castle design, siege warfare, who lived in castles, what life was like in villages and towns and what did they do for fun?

Did you know? Early football games were played with a 'ball' usually a pig's bladder filled with straw!

Health and Medicine in the Middle Ages

How smelly were the Middle Ages...and WHY was there such a stink?! How deadly was The Black Death? And how did they try to cure people?

Here come the Tudors!

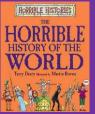
Everyone has heard of Henry VIII, but there were several other well known Tudor monarchs that you must look at, including Henry VII, Bloody Mary and Edward VI

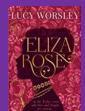
END OF YEAR TEST

To check your knowledge and understanding of the work you have undertaken in your first year at Trinity!

Did you know

History is about what happened in the past to people, what they did and why they did it. To enjoy history you need to be able to imagine what life was like long ago for all sorts of people.





Reading Books

1066 Chronology

Chronos is the god of time in Greek mythology. Putting events in their order of time and understanding how dates and centuries are calculated is vitally important in making sense of history.

1314 1485 1509

History skill

Writing a narrative account explaining why things happened, what did happen and what the importance of that event was – in other words, telling a story.

Did you know? People tried to cure The Black Death by killing a toad, drying it in the sun and then holding it on their skin!

History Skill

Interpreting evidence of the past. To develop this skill, you will look at historians' views of the past to work out why they held different views about the same event.

History Skill

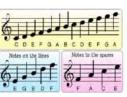
Working out the significance, or importance of an event; when you study people and events from different periods you might be asked to consider how significant that person or event was.

Did you know? There is a west end musical called 'Six' about Henry VIII's six wives. Give the songs a listen, to learn their stories!

History Skill

Looking at change and continuity in history is an important skill. Some things change over time, like Henry VIII's waistline, and some things don't!

2025-2026





Unit 1: Introduction to Music

The Elements of Music **Stave Notation Keyboard Skills** Instruments of the Orchestra



Did you know? The most expensive **Violins ever** sold was auctioned for £13m!

Unit 3: Theme Music

Character Motifs Music, Mood and Scales What makes a successful Melody? How to develop a musical idea



Did you know? One of the most iconic character motifs ever written is the famous 'shark theme' from the movie 'Jaws' it only uses two notes!



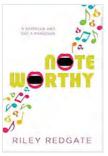






Recommended

Reads



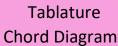








'jumping flea'



Unit 2: Ukulele

Chord Diagrams Plucking & Strumming Song Structure Performance Skills



Unit 4: Samba

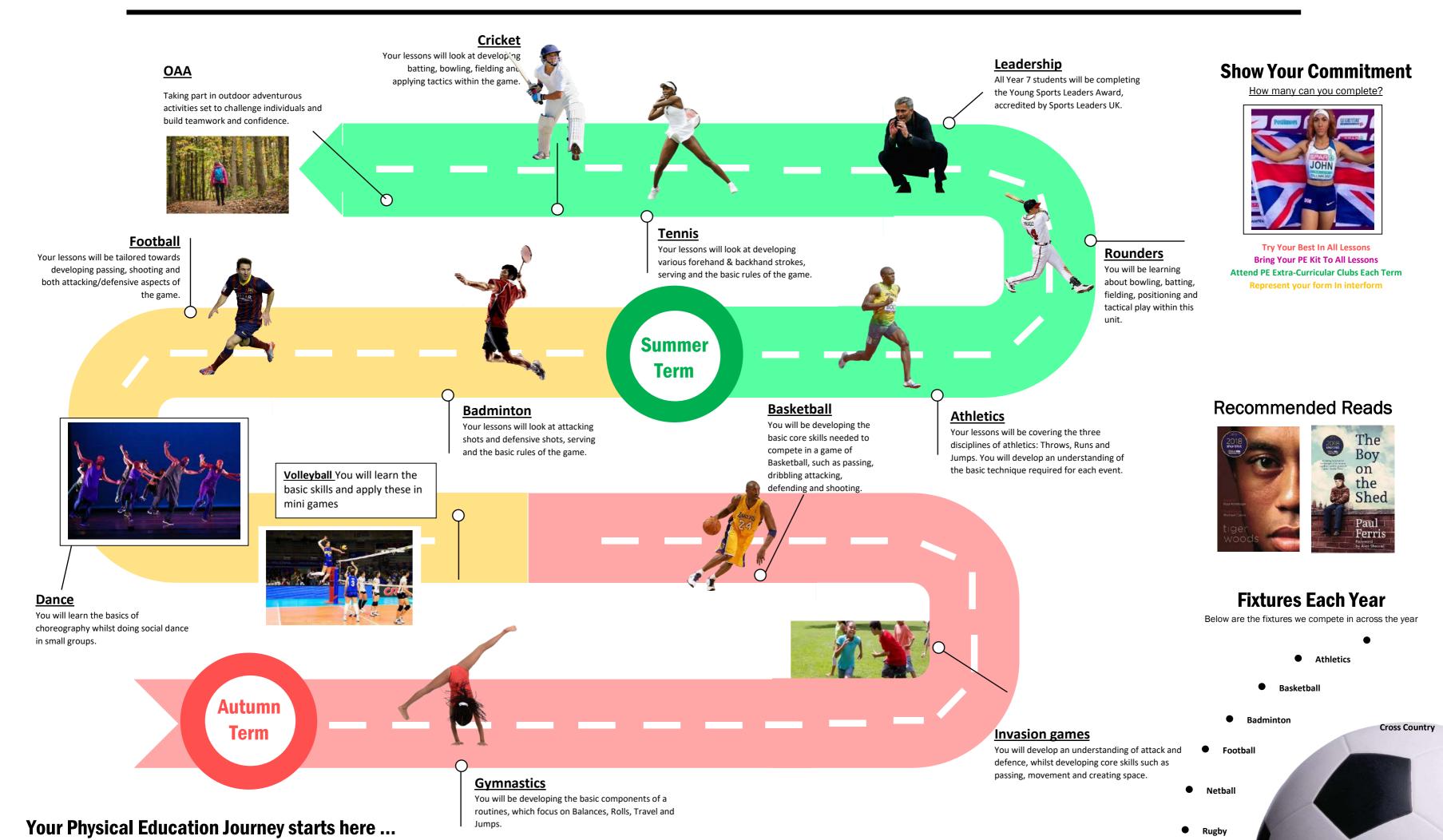
Instruments of Samba Polyrhythms and 'The Groove' **Breaks** Call and Response **Rhythmic Notation**



Did you know? Brazilian carnivals are so loud, the Samba Band leader has to give signals to the players using a piercing whistle called an 'apito'

Trinity Year 7 Physical Education Journey





YR7 PSHE LEARNING JOURNEY













COMPASSION



DEMOCRACY

GROWING & CHANGING



REMEMBRANCE





ONLINE SAFETY





HEALTHY EATING

READ WATCH LISTEN

er er

ANTI-BULLYING





BLACK HISTORY MONTH





MANAGING CHANGE







HOLOCAUST **MEMORIAL** DAY







Year 7 Spanish Learning Journey



Did you know? Spanish comes top of the list of the ten most important languages for the UK's future.

Module 1—Mi Vida

- my personality
- my family and pets
- birthdays
- using numbers
- alphabet



Module 2-Mi tiempo libre

- sports
- free time activities
- giving opinions
- weather



OUTPUT INPUT







reading



writing

Did you know? Spanish is the official language in 21 countries.

You will be able to...

- understand and express ideas in spoken and written Spanish
- develop transferable language skills in listening, speaking, reading and writing
- develop a core of grammatical knowledge
- deepen your understanding of other cultures
- open up future career paths
- prepare yourself for future holidays in Spanish-speaking countries

Mid-year exam/Baseline test Listening, Reading, Writing



- saying what you study
- describing school
- breaktime activities





- family
- physical descriptions
- where you live
- Carnaval in Cádiz







Listening, Reading, Writing

Module 5—Mi ciudad

- describing your town
- telling the time
- ordering in a ca-
- saying what you are going to do at the weekend and giving opinions

Spring Assessment Speaking

Did you know? There are 577 million Spanish speakers around the world.



Academic Reading

Please refer to Teams for articles on Gastronomy, Geography, History and Festivals in Spain.

YEAR 7 TEXTILES LEARNING JOURNEY

BASELINE ASSESSMENT

This will help establish your flight path in textiles. You will be learning about fabrics textiles industry.

You will learn how to make a paper pattern, use the sewing machine and develop your technical skills.

You will develop your design skills by using illustration

TEXTILES AND INDUSTRY

In Textiles Technology, students combine practical and technological skills with creative thinking to design and make products that meet consumers' varying requirements.

You will learn how to use tools and equipment safely and accurately.

You will learn about the properties of fabric.

You will learn about the colour wheel and how colour is an essential part of design in textiles.

You will produce a production plan for the manufacture of your cushion cover.

DEVELOP YOUR TECHNICAL SKILLS

You will learn how to construct a pattern for your cushion.

You will use your mathematical skills to produce a scaled pattern.

You learn about seam allowance and finishing techniques.

You will learn how to set up and thread a sewing machine.

You will learn how to adjust the settings on the sewing machine to create different stitches.

You will be able to competently use the sewing machine to create applique and a variety of seams.

You will learn how to cut around a paper pattern.

You will learn how to hand sew including techniques such as tacking, sewing a button on and producing decorative stitching.

You will be able to neaten your textile product by pressing the fabric and how to neaten loose threads.

DEVELOP YOUR DESIGN SKILLS

You will research Absract and develop a design idea for you cushion cover. You will use illustration to design an Abstract image to applique on the front of your cushion cover.

Your image will be printed using CAM.

READING SUGGESTIONS

BOOK 1
Christian Dior
by Oriole
Cullen



BOOK 2
The Prince and the dressmaker

by Jen Wang



WEBSITES

Pintrest BBC Bitesize www.vam.ac.uk