



A MESSAGE FROM THE HEADMASTER

Summer has come to Trinity. We pray the wonderful weather holds. Life at Trinity continues at pace. We are now deep into the season of public exams and we wish all our scholars every success. I hope the weather remains sunny and warm. We are also preparing for the new academic year. Both sites will be deep-cleaned and important jobs and tasks implemented and carried through.

I do hope that everybody has returned from the half term holiday refreshed and relaxed. We look forward to the new half term with all its religious and social events. I hope you enjoy our newsletter. I do thank those for publishing it – my heartfelt thanks to you all.

Pax et Bonum. **Dr Paul C Doherty OBE**

CATHOLIC LIFE IN THE SCHOOL

As we commemorate the death of Pope Francis, a much loved Pope, we look to the future with hope. Pope Francis' legacy is very much felt in schools. His letter 'Laudato Si' has influenced Catholic Social Teaching, class displays, reflections as well as supporting GCSE students with their work on Stewardship. We remembered Pope Francis with a two-minute silence and held assemblies for all year groups. Images of Pope Francis and explanations of 'Laudato Si' have been available in both chapels for private reflection.

The Jubilee Year Pilgrims of Hope began with Pope Francis and will end with Pope Leo XIV. On 8 May, Cardinal Robert Prevost was voted as the 267th Pope. Catholics gathered at the Vatican from around the world to greet our new Pope. Ever since Jesus turned to Peter and said, "Upon this rock I build my Church", the Catholic Church has had a representative of God on earth. We have celebrated and welcomed Pope Leo XIV through our assemblies and displays. As we journey together in our faith through this Pilgrims of Hope year, we look to Pope Leo XIV with hope in our hearts. May our Church remain united, faithful and inclusive to all.



In other news, I am delighted to share that we have recently sent our fundraising cheque to CAFOD. The total amount was £5,024.32. A fantastic achievement highlighting students compassion for others. Well done to all. Finally, Trinity has just been awarded the 'Oscar Romero Award' at a participator level. This reflects our work on Catholic Social Teaching from a strategic, practical and curriculum viewpoint.

Mrs O'Boyle - Head of R.E. and Catholic Life of the School

Mrs Aleshe – Chaplaincy Lead

Walsingham Pilgrimage

On the last day of the Spring Term, during Lent, we marked the Jubilee Year Pilgrims of Hope by taking 26 students to Walsingham, Norfolk. Walsingham has been a holy place of pilgrimage since the 11th century when Richeldis de Faverches had a vision of Mary who told her to build a replica of the house in Nazareth where Mary lived. Over the centuries with the house being lost to time, a replica house has been built, a priory built (now ruins) and thousands of pilgrims had flocked to the holy village of Walsingham. Shrines and churches now adorn the village.



Students from Years 7 to 12 enjoyed an overnight pilgrimage to this special place. We began with a tour of the Anglican Church which holds special side chapels dedicated to the Rosary. We were fortunate to take part in a sprinkling ceremony. A long tradition of Walsingham where we are not only blessed with holy water, but we also drink it and wash our faces with it. The replica holy house hosts many candles, lit from requests from all over the world. We lit our candles before visiting the re-created tomb of Jesus.

A visit to the Priory ruins was next on the agenda where we studied the symbolism on the architecture, as well as hearing stories as to how the monks tricked their way into eating meat on Fridays. The evening was spent playing games and painting mini holy houses to take home. The following day we walked 1 mile across the old railway tracks to the Catholic Shrine. We spent time with the stations of the cross before spending some time in prayer in the Slipper Chapel and attending mass. Students not only learnt but they had fun, made new friends and felt a spiritual connection. **One student was heard to say, "I didn't expect to feel so close to Jesus but I do."**

We are excited to welcome back ForensicFun Ltd. to our school. Introducing our Year 9 pupils to the world of forensic science during their lessons on 26 and 27 June, pupils will investigate the evidence used in the JFK assassination case, and how this evidence was used to support the official verdict.

It should be lots of fun for the students, investigating the evidence behind the JFK assassination. Pupils will get a chance to be hands on with real forensic equipment. Pupils can steal a sneak peek at what is in store for the day, on the display board outside Room 16 on Lower Site.



Who Really Killed JFK?

Year 9 Thursday 26th & Friday 27th
June 2025





Was the official verdict correct?

Location: QE2 Hall, Lower Site

Get hands on with real equipment!

Join our
Forensic Workshop
and decide for yourself!
(ParentPay contributions)

EVIDENCE

Fingerprints
Ballistics
Autopsy

Could Forensic Science be Your Future Career?

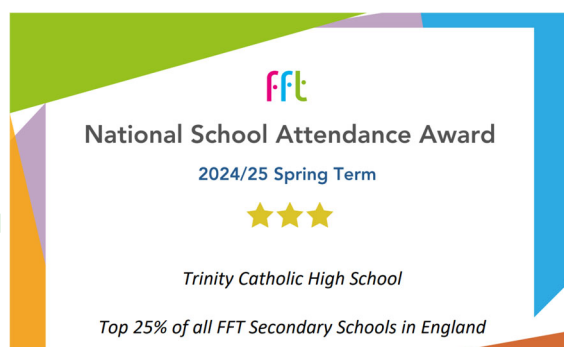
Thank you to all families who have contributed towards the cost of running this event; these experiences are only possible with your ongoing support.



Good luck to all our Year 11 and 13 exams for their remaining public exams!

We are delighted to let you know that Trinity has been recognised not once, but twice in this year's FFT National Attendance Awards.

These awards celebrate the hard work and commitment of our staff, pupils, parents and carers in promoting excellent attendance and Trinity has stood out in both the autumn and spring terms of 2024/25.



Star Students of the Month



Maisie B (Y7)
Consistent effort & excellence



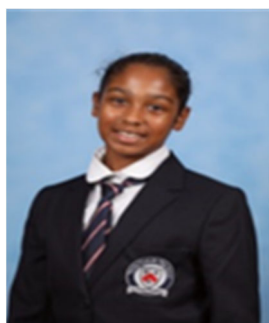
Devki R (Y8)
Always diligent with her classwork & home study



Sharon A (Y9)
Consistently excels in lessons & positive manner



Param M (Y10)
Fantastic effort & attitude in all lessons



Amélie T (Y7)
Consistent effort & excellence



Joy U (Y8)
Consistently excels in lessons & positive manner



Nikitha D (Y9)
Always diligent with her classwork & home study



Megan P (Y10)
Fantastic effort & attitude in all lessons



SPOTLIGHT ON: TECHNOLOGY

Food Technology

KS4 Food Technology

Our Year 11 students did an incredible job completing their 3-hour practical exam. Their task was to cook, prepare and present three dishes suitable to be served in a school canteen under the theme of 'International Food'. The level of skill was incredibly high with students, portioning meat, making pasta from scratch and demonstrating a wide range of high-level presentation skills. We can not share photos as this is exam work but we will proudly show you examples in the Autumn Term.

Our Year 10 students have spent practical lessons this year building their skill base, we have portioned chickens, made three different types of pastry, pasta and a range of sauces. Students have been encouraged throughout to put their creative touch to the skills to produce high quality dishes.



KS5 Food Technology

Our Year 12 and 13 Food Science

students have all now completed their certificate and diplomas.

Year 12 completed their practical exam in March – they had to make three dishes that were nutritionally appropriate for children. The standard was very high with attention to detail going into presentation, accompaniments and innovative flavours.

Our Year 13 students have completed two portfolios of work in order to complete the diploma. The first portfolio involved solving issues that occurred in food production. Students had to show their knowledge of ingredients and cooking to improve the product. The second portfolio involved an unseen food safety and hygiene task that students have to resolve and advise on how the risks could be eliminated.

All of our exam students have worked incredibly hard this year and we are hoping the have every success in the results this Summer.

Year 7 Textiles

All Year 7 students get to make an apron which they can then use for their cooking lessons. For most students, this is the first time being introduced to textiles and a sewing machine.

All students get to use a range of equipment to produce a wearable garment. They also get to practise their hand-eye-foot coordination and it is wonderful to see how their confidence in using a sewing machine increase over the course of the project. Students get to design a logo for their aprons to personalise their creations and they have a lot of fun incorporating their unique personalities into their logos.

Students have been wearing their aprons with pride in their food lessons. We are hoping that their aprons will stand the test of time and they will continue to wear these for the rest of Key Stage 3.

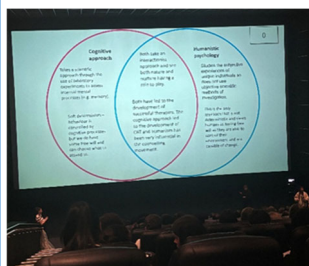


Design Technology

This term, GCSE students have been completing final products for their NEA coursework. Based on the theme of educational toys and games, an excellent array of work has been produced, showcasing the incredible skills, talents and creativity of this year's students.

YEAR 13 PSYCHOLOGY AND SOCIOLOGY REVISION BOOSTER SESSIONS

Year 13 Social Science students recently had the valuable opportunity to participate in a Revision Booster Workshop facilitated by Tutor2U. This enriching experience enabled students to consolidate their existing knowledge, deepen their understanding of key concepts, and actively engage with peers from 29 other schools across London. The workshop was both interactive and intellectually stimulating, fostering a collaborative learning environment. Many students reported that the session significantly enhanced their confidence and preparedness in the lead-up to their A-level examinations this summer.



The Sociology Revision Booster, delivered by Tutor2U on 25 March, provided Year 13 students with targeted support on some of the more conceptually challenging areas of the A-level curriculum. Key focus areas included Beliefs in Society, particularly science as a belief system, as well as Theory and Methods, such as the debate surrounding sociology as a science. Over the course of the intensive six-hour session, students received a comprehensive overview of all major topic areas. This allowed them to assess their current levels of understanding, identify areas of strength, and highlight topics requiring further revision in preparation for their upcoming examinations.



The Psychology Revision Booster took place the following day, on 26 March, providing another invaluable opportunity for students—particularly those studying both Psychology and Sociology—to benefit from a second intensive session. The morning focused on the Approaches topic, with particular emphasis on comparative analysis, such as the distinctions between the cognitive and humanistic approaches—areas in which students have historically found Paper 2 to be particularly challenging.

Activity 7: Advanced Maths Challenge evaluating

1. What is the mode in this data set? 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50	0 and 9
2. What is the difference between the mean scores in these two sets of data? Write your answer to two decimal places. Condition A: 2 4 6 8 10 12 14 16 18 20 22 24 26 28 30 32 34 36 38 40 42 44 46 48 50 Condition B: 1 3 5 7 9 11 13 15 17 19 21 23 25 27 29 31 33 35 37 39 41 43 45 47 49	Condition A: 5277.834 Condition B: 526.833 525.000 + 0.25
3. What is the range in this data set? 21 32 17 54 43 25 38 27 32 26 41	54-17 = 37
4. Convert this fraction to a decimal: $\frac{1}{8}$	0.25
5. What is the median in this data set? 45 23 19 21 18 22 14 36	18.50 19.50 + 0.00 = 19.5
6. Convert this decimal to a fraction: 0.002	$\frac{2}{1000} = \frac{1}{500}$

In the afternoon, attention shifted to Research Methods, beginning with a set of ten rapid-fire GCSE-level maths questions. This engaging and interactive activity fostered a sense of healthy competition and enthusiasm among students. The session overall was well received, with many students reporting that it helped consolidate their understanding and resolve prior misconceptions, leaving them feeling more confident as they approach their final A-level examinations.

EasyFundraising

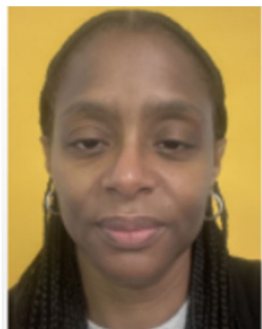
An initiative that we are reigniting within our Trinity Catholic High School community. This is for everyone: staff, students, and families alike! It is such an easy way to support our school without costing you a penny. By shopping through EasyFundraising, you will help raise funds for our school every time you shop online with participating retailers. The more of us involved, the bigger the impact we can make for our budgets. **Sign up today**



When you join through this QR code, if not already, it raises an extra little donation as a supporter after you do your first online purchase through it.

Let us make this a success together—it is a no-brainer! If you have any questions or need help getting started, feel free to contact finance@tchs.org.uk. Thank you for supporting our school community!

INTRODUCING... OUR CAREERS LEADER



Mrs Alexander has been at the school now for over a year. She is the Careers Leader and her goal is to ensure that every student receives as much information about careers which will then enable them to make an informed choice about their future career aspirations. In the next few weeks, she will be working with some Year 12 students who will be participating in a mock interview with the Department of Work and Pensions. Then in July, Year 10 and 12 students will be going out on work experience. In the next academic year, Mrs Alexander is looking forward to hosting her first careers fair at Trinity, which she hopes will involve all of the year groups.



DON'T FORGET – upcoming events

Dates for your diary:

Year 12 Study Leave	16—20 June
Year 12 Mock Exams in Hall	23—27 June
Year 13 Prom at Tower Hotel London	27 June
Year 11 Prom at King's Oak High Beech	30 June
Sixth Form Higher Education Evening	1 July
Year 12 Work Experience	7—11 July
Year 10 Work Experience	14—18 July

MHST Webinars — Redbridge Mental Health Support Team is hosting webinars to parents/ carers. Remaining sessions this term: 'Healthy relationships with social media and technology' and 'Helping your child become a confident learner'. Details in attached posters.

Sports Days

Year 7 - 10 July, p.m.
Year 8 - 9 July, a.m.
Year 9 - 9 July, p.m.
Year 10 - 11 July, a.m.

Summer Holiday Mega Mix

Redbridge is offering council-funded summer activities for Redbridge residents. Details in attached poster. Bookings go live from 9 June.

YEAR 10 MOCK EXAMINATIONS

Year 10 mock examinations are currently in progress and will run until Friday 13 June. These assessments are carefully designed to replicate the format and challenge of real GCSE papers, giving students a valuable opportunity to experience the structure, timing, and expectations of formal exams in a supportive setting. They represent an important milestone in students' academic journey, helping to prepare them for the demands of Year 11.

Once the exams are completed, students will receive detailed feedback from their subject teachers. This feedback is crucial, it will highlight areas of strength, pinpoint gaps in understanding, and inform individual targets for improvement. The outcomes will also feed into end-of-year reports and serve as an early indicator for predicted GCSE grades.

We appreciate your continued support in helping your child stay focused, motivated, and well organised during this important period. Encouraging good revision habits, healthy routines, and open reflection will make a lasting difference as they build towards success in Year 11 and beyond.

MR REED'S SAFEGUARDING & WELLBEING UPDATE

10 tips to stay safe online



- Be careful talking to people you don't know and trust in real life – anyone can pretend to be someone they're not online. If you do talk to people you don't know, don't tell them your personal information – such as your name, age, what street you live on, your school's name, or your location. If they ask for images or videos of yourself, say no, stop talking to them and report this to a trusted adult.
- Keep your social media profiles private, to limit what others can see, and think carefully about what you share and with who. Once you've shared an image, you can't control what the other person does with it. Remember, it's illegal to take, share or view sexual images of under-18s.
- Use AI chatbots carefully – not everything they generate is real. They might also tell you to do something that could harm you or someone else. Don't give them your personal information or photos – they could be used to make fake images, or to bully or blackmail you.
- What you post online now could affect you later, like when you're applying for jobs, college or university.
- If you see something upsetting, or you're bullied online, tell an adult you trust. Report it by following the instructions on the website, messaging service or social media site – you'll usually need to click the 3 dots next to a post or comment.
- When reading the news online, read the whole article not just the headline. Ask yourself where the information came from, when it was published, and if it could be a hoax or made up.
- Look out for hoaxes and scams, like messages you're meant to forward on or that ask you for payment details or your password.
- Be wary of schemes promising easy cash for receiving and transferring money, they're almost definitely criminal activity.
- Watch out for loot boxes or other parts of games where you pay money to take a chance on getting a reward – you can end up spending lots of money on them.
- Remember, people make their lives look more exciting and interesting online. People often edit their photos to make them look better, or make fake images with AI tools, so don't believe everything you see. This includes gang lifestyles – they're not as glamorous as they look.

MR McGRORY'S KS5 PASTORAL UPDATE



KS5 Catholic Ethos

May is of course the month of Our Lady. Our Year 12 students led on promoting our Catholic Ethos during the month. A key group of students were involved in ensuring that a decade of The Rosary was said during May on the Upper Site in honour of Our Lady. We know that our new Head Girl/Boy and Senior Prefects when they are appointed will continue to lead the school in terms of promoting our Catholic ethos.



Year 12 University and Careers Event

Year 12 students were invited to attend a university & careers event at Bancroft's School on 26 March. Our students had the opportunity to speak to representatives from many of the universities that were taking part. They were also able to engage with apprenticeship opportunities from some of the companies who were in attendance.



Year 12 Work Experience

Year 12 students are currently busy trying to sort out placements for work experience which takes place in the week beginning 7 July. We already know of some excellent placements that will really benefit our students. Our students have been given comprehensive guidance with regard to what they need to do. They do need to sort out their placements in the very near future. If there are any issues then parents or students can contact Mrs Alexander, our Careers Leader.



Year 13 Leavers Service and Reception

We held a moving leavers service for our Year 13 pupils on the day they went on study leave on Friday 9 May. We also held a reception for them in St Joseph's House. We were truly amazed at just how many of the year group attended, virtually the whole year group came along which was marvellous. At the service, prayers and reflections were said, some read by our senior student leaders. We also showed the students a presentation put together by our IT department which



charted their journeys from Year 7. This went down very well with the year group. It really was a lovely event. We are really sorry to lose this cohort of students.

Y11 LEAVERS' MASS AND SHIRT-SIGNING



On Friday 2 May, our wonderful Year 11 students gathered for their Leavers' Mass. This special occasion marked the conclusion of their formal lessons, and the beginning of study leave ahead of their GCSE examinations. The Mass commenced with an inspiring address by our Headmaster, who expressed heartfelt sentiments and words of encouragement to the year group. Following this, Father Michael led the Mass, with the theme of reflection and gratitude. The Leavers' Mass provided students with a moment to pause, unite, and give thanks for the shared experiences and friendships forged during their time at school.



After the Mass, students transitioned into the joyous tradition of 'shirt-signing.' Uniforms became vibrant canvases as students adorned them with messages, heartfelt wishes, and they took photos commemorating their final day. The efforts on display were truly impressive! The Leavers' Mass was not just a farewell but a celebration of growth, achievement, and the bright futures that lie ahead. As our Year 11 students embark on this next chapter of their academic journey, whether joining our Sixth Form or moving to pastures new, we wish them every success and remind them that they will always remain a cherished part of the Trinity Catholic High School community.





DUKE OF EDINBURGH AWARD

We have been fortunate with the weather this summer half term, providing ideal conditions for our Bronze and Silver Duke of Edinburgh (DofE) practice expeditions.

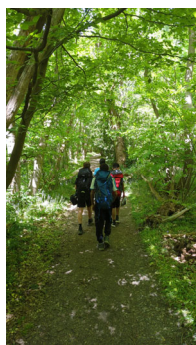
Preparation began with a two-hour after-school training session, where students learned essential skills, including route planning, menu planning and packing advice.



Our Bronze expedition, involving 126 enthusiastic Year 9 students, took place closer to home near Chelmsford over two days and one night. Meanwhile, 60 determined Year 10 students tackled the more demanding Silver expedition—a three-day, two-night adventure in the countryside of Surrey.

A special mention goes to Lily and Sofia, two of our Year 12 Gold DofE participants, who have been developing their leadership skills by supporting the Bronze training sessions and expeditions. One of our ex-students, Emily, who also completed Gold DofE at Trinity, now works for Tent & Trek in her free time, helping to run the training and the expeditions.

Well done to all involved for their hard work, teamwork, and resilience!



EXTRA-CURRICULAR IN ART



Tate Britain visit

On Friday 25 April, the Year 12 Art students visited Tate Britain to extend their research in the personal investigation element of their coursework. They studied directly from the works in the galleries to help them prepare for their end of year exam piece. All students found the visit beneficial, as studying the work of other artists in person is always more productive and insightful than using an online resource. More gallery visits are planned before the end of the summer term with Year 10 Art students visiting the National Portrait Gallery.



Summer Art Show

All parents and students are invited to the Summer Art Show on Thursday 26 June, 4.30pm to 7pm. This will showcase the work from Year 11 GCSE Art, Year 13 A Level Art and Year 13 Photography. The work will be on display in the three Art rooms on Upper Site in Vincent House. We hope to see you there!

Painters Club

The Year 9 Painters Club have, for the past ten Tuesdays, been meeting every week to work on acrylic paintings on canvas. Each student took a photo as reference, learnt how to use a grid to scale their chosen image, practised mixing and blending with a limited palette to improve their colour theory and applied these skills and knowledge to their canvases. We look forward to all our Painters joining our GCSE and A Level Art students, in exhibiting their artwork at our annual Summer Art Show.



CHess TOURNAMENT

Thanks to the skill and proficiency of all our players, Trinity was the victorious winner of the Chess Tournament that took place in April at Chingford Foundation School.

We entered two teams, who conducted themselves courteously, determinedly and expertly throughout the competition. They were up against strong players from Norlington School, Frederick Bremer School, South Chingford Foundation School, Leytonstone School and Chingford Foundation School. Five rounds of five minutes were played by all players and the schools with the top two highest scores went through to the Final – Trinity vs South Chingford.

Each of the teams chose their strongest player to represent them in the final, which comprised three rounds of Freestyle Chess. There was absolute silence for the final – you could hear a pin drop – and a nervous energy to the fast-paced match, watched by all the other players. Dylan held his nerve and after two rounds, he was declared the winner and Trinity awarded the Chess Champions trophy!

Congratulations to our Chess team: Cassius S-W (Y7), Freddie P-P (Y8), Leo C (Y8), Leo L (Y8), Peter H (Y8), Jimmy G (Y8), Chibu O (Y9) and Dylan J (Y9).



YEAR 12 GEOGRAPHY FIELDWORK

The Year 12 Geographers had a busy month in March with opportunities to complete fieldwork to consolidate and develop their understanding of content learnt in class and to focus on a key geographical question for their NEA.



They visited Walthamstow to study continuity and change in the area, with a walking tour combining all the key areas: William Morris Gallery, Orford Road and Walthamstow Village. From this they developed a deeper understanding of the character of the place for their local area study.



They also attended a week's residential in Slapton, Devon. The emphasis here was on physical geography, in particular the units on Water & Carbon and Coasts. From comparing infiltration rates on varied land uses to an examination of coastal processes, students practised many fieldwork techniques and will now focus on one of these key areas for their NEA write up.



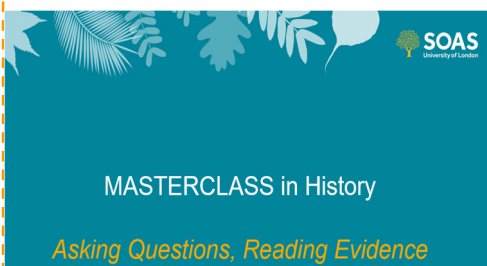
We were blessed with good weather and stayed in the Start Bay Centre, which was great accommodation with lovely grounds. Chris, our tutor, facilitated a very good learning experience for the Year 12s and we have had very positive feedback from students on the trip.

TALK ABOUT THE FUTURE

Year 12 students were invited to participate in a "Talk about the Future" workshop led by Talk the Talk and in conjunction with the Jack Petchey Foundation. Students enjoyed the opportunity to discuss their university and employment hopes for the future as well as reflect on and recognise their current skills and experience which can support these. They gained valuable experience of interview techniques and practised role-play scenarios to develop their experience as well as developing oracy skills and techniques which will support them in the future. Our champions of the day were Ava K and Olivia C who showed exceptional development throughout the workshops and presented very well in their final interviews.



Y12 HISTORY VISIT FROM SOAS UNIVERSITY



Earlier this half-term, our Year 12 students were privileged to participate in a workshop led by a History PhD student from SOAS University. The workshop involved critically analysing a range of sources and developing students' knowledge and understanding of how to tackle various types of documents and how those skills can be applied to their studies. It was a truly informative experience for all.



SPORTING COMPETITIONS

Our hurdlers delivered an outstanding performance at the District Championships this term, bringing home an impressive five Gold medals and two Silver medals. A special congratulations goes to Isabella in Year 9, who not only claimed Gold but also set a new District Record. Isabella is currently ranked number one in the country for hurdles—we wish her every success as she heads to the National Finals later this month.

This term also saw the return of rounders matches for the first time since before lockdown. Our Year 7 and 8 teams took part in a friendly tournament at Seven Kings School. Playing on grass proved quite different from our usual playground games, but it was a valuable learning experience that will help us grow as we prepare for upcoming fixtures.



FREE SCHOOL MEALS

All parents are strongly advised to apply for FREE SCHOOL MEALS for their child (in Years 7-13) if they are in receipt of one of the following benefits:

- Income Support · Income-based Jobseeker's Allowance · Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999 · The guarantee element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on – paid for four weeks after you stop qualifying for Working Tax Credit
- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods)

How do I apply for Free School Meals?

Visit the Redbridge Free School Meals information page using the below link or QR code. From there, you will be directed to the Redbridge Parent Portal where you will need to create an account or log in if previously registered. They will require proof of your receipt of the above benefits.

<https://www.redbridge.gov.uk/schools/free-school-meals/>



Redbridge Mental Health Support Team presents...



PARENTS AND CARERS IN MIND - WEBINAR SESSIONS

**REGISTER
NOW!**

Your monthly parenting digest. Hear from mental health professionals about how to promote your child's emotional health and wellbeing.

**ACCESSING THROUGH YOUR
DEVICE? CLICK ON TOP OF
THE WEBINAR TO REGISTER !**

FOSTERING SMOOTH TRANSITIONS FROM
PRIMARY TO SECONDARY SCHOOL

COMPLETED

WED 30.04.25 7-8PM

THINKING ABOUT BODY IMAGE

A session focused on understanding body image, it's relevance for children and young people and how parents can support them navigating through it.

TUE 20.05.25 7-8PM

HEALTHY RELATIONSHIPS WITH SOCIAL
MEDIA AND TECHNOLOGY

A session focused on understanding the potential risks that children may find online and exploring strategies and tips to nurture online safety.

THU 19.06.25 7-8PM

HELPING YOUR CHILD BECOME A
CONFIDENT LEARNER

A session focused on understanding how children's and young people's capacities and talents can be improved through a growth mindset perspective.

WED 09.07.25 7-8PM



**FOR MORE INFORMATION & TO SIGN UP
CLICK HERE,**

**VISIT WWW.REDBRIDGE.GOV.UK AND SEARCH 'MHST'
OR GO TO LINKTR.EE/REDBRIDGEMHST**



**TASTER
SESSIONS**

**AGES
5 YRS+**

**REDBRIDGE
HOLIDAY**

MEGA MIX



Advanced booking required.

visionrcl.org.uk/megamix

Open to Redbridge Residents only



**CINEMA
or SWIM
for £1**

28 JULY to 29 August
**Challenge yourself to try
something new this Summer!**

**We have a variety of indoor and outdoor activities
for you to come and get involved with:**

- adapted activities
- arts & crafts
- dance and drama
- digital workshops
- interactive library activities
- music
- nature
- roller skating
- sports
- and so much more!

London Borough of
Redbridge



working towards
**child
friendly
Redbridge**

VISION
REDBRIDGE
CULTURE & LEISURE