

# SAFEGUARDING



# ENOUGH.

No one should live in fear of abuse. Let's all be part of the change. Everyone can do something to challenge the abuse of women and girls.

Click on the 'Enough' logo above, it will take you to the website with links to the following:

- What is abuse?
- Help stop it
- Get Support
- Reporting Abuse
- Worried about your behaviour

Please click on the image below to view a YouTube video about the 'Enough' campaign to tackle violence against women and girls.



If you would like to talk to someone about this campaign or ask for advice and support, please speak to a member of the Safeguarding Team or email [askforhelp@tchs.org.uk](mailto:askforhelp@tchs.org.uk)

**IF YOU SEE SOMETHING, SAY SOMETHING**