

Personal Development Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7 - Programme Including Assembly in Week 2	-Welcome back – new start (respect) -St Padre Pio (Democracy) -St Francis of Assisi (Liberty) -Our Lady of the Month of the Rosary (Black History Month and Rule of Law)	-All Saints & the Month of Souls (remembrance and tolerance) -Christ the King and Preparing for Advent (anti bullying week and rule of law) -Advent leading to Christmas (immaculate conception and democracy) -Achievement assemblies	-Epiphany – what is your gift (respect) -Conversion of St Paul (tolerance) -Our Lady of Lourdes (liberty)	-Preparing for Ash Wednesday & Lent (rule of law) -Lent, the silent voice in the desert (pray, fast, give and tolerance) -The annunciation & St Joseph – saying yes to God (liberty) -Holy week – achievement assemblies (respect)	-Easter – the joy of the resurrection (mental health awareness and liberty) -The English Martyrs (mental health awareness and rule of law) -The ascension and Pentecost (diversity, inclusion and democracy)	-Sacred heart & Corpus Christi (diversity, inclusion and respect) -Saint John Fisher & Thomas More (rule of law) -St Thomas, Apostle (tolerance) -Achievement assemblies
Year 7 Overview <ul style="list-style-type: none"> • RSE • Citizenship • PSHE • FBV • SMSC • Careers, Gatsby, Baker • Co-Curricular and Enrichment 	TT 1 - Who am I? TT 2 - Changing bodies Transition and Safety Challenges of moving to a new school. School Rules. World Mental Health Day. Improving study skills Careers – meet the Careers Leader, find out about how to access appointments with an independent Careers Adviser and where to access further information online and in school Mass, Glee Club, Maths Surgery, Open Art Studio, Girls Football, Boys Football, Games Club, Spanish/French Language Workshop, Orchestra, Rock and Pop, English Support Class, Netball, Windband, Eucharistic Adoration, Physical Computing, Cambridge Latin Course, Homework Club, Singers,	TT 3 - Healthy Inside and Out TT 4 -- Where We Come From Mental and Physical Wellbeing Establishing and managing friendships. Identifying and managing emotions. Loneliness and connections. Daily wellbeing. Careers – receive access to Unifrog to explore possible career and subject options (GB1, 2, 3). Attend seminars on memory mnemonics and raising aspirations (1, 3, 4, 5) Mass, Glee Club, Maths Surgery, Open Art Studio, Girls Basketball, Boys Futsal, Boys Basketball, Games Club, Spanish/French Language Workshop, Orchestra, Rock and Pop, English Support Class, Netball, Windband, Eucharistic Adoration, Physical Computing, Cambridge Latin Course, Homework Club, Singers, Lego, Chess, Maths Club, Table Tennis, Drama Club, Illustration Club, Ukulele,	TT 5 - Family and Friends TT 6 - My Life on Screen Citizenship: Desert Island Living Community issues Rule of law Resources Leadership Democracy, totalitarianism, needs, wants. Prevent: Right Wing Extremism. Careers – identify personal strengths, skills and interests/attend NAW and NCW events (3, 5, Baker) Mass, Tauists, French/Spanish Language Workshop, Open Art Studio, English Intervention, Lexia, Futsal, Netball, Basketball, Table Tennis, Badminton, Liturgical Choir, Cambridge Latin Course, Arabic/Mandarin Club, Glee, Ukulele, Singers, Choir, Orchestra,	TT 7 - Living Responsibly Online safety Online bullying. Using social networking sites safely. Careers – identify the difference between 'hard' and 'soft' skills and consider with regard to career possibilities - Assembly (3, 4) Mass, Tauists, French/Spanish Language Workshop, Open Art Studio, English Intervention, Lexia, Futsal, Netball, Basketball, Table Tennis, Badminton, Liturgical Choir, Cambridge Latin Course, Arabic/Mandarin Club, Glee, Ukulele, Singers, Choir, Orchestra, Windband, Eucharistic Adoration, STIXX, Ask a Professional, Biology Society, Maths Surgery, Games Club, Lego Club, Chess Club, Film Club, Physical Computing,	Financial health Saving, spending and budgeting. Risk-taking behaviour. Bank accounts. Careers – explore a range of possible Career options with focus on LMI and the importance of STEM (2, 4) Mass, Tauists, French/Spanish Language Workshop, English Intervention, Lexia, Athletics, Netball, Tennis, Cricket, Basketball, Badminton, Liturgical Choir, Cambridge Latin Course, Glee, Ukulele, Singers, Choir, Orchestra, Windband, Eucharistic Adoration, Ask a Professional, Biology Society, Maths Surgery, Games Club, Lego Club, Chess Club, Film Club, Physical Computing, Homework Club, Trampolineing, Drama Club, Maths Intervention, Debate Club, Author Presentation	Health and Puberty Dental/personal hygiene Physical and emotional changes during puberty. Managing influences relating to caffeine. School policies for smoking and drugs. Careers – attend a workshop or Careers event with external visitors (5, 7) Mass, Tauists, French/Spanish Language Workshop, English Intervention, Lexia, Athletics, Netball, Tennis, Cricket, Basketball, Badminton, Liturgical Choir, Cambridge Latin Course, Glee, Ukulele, Singers, Choir, Orchestra, Windband, Eucharistic Adoration, Ask a Professional, Biology Society, Maths Surgery, Games Club, Lego Club, Chess Club, Film Club, Physical Computing, Homework Club, Trampolineing, Drama Club, Maths Intervention,

	<p>Lego, Chess, Maths Club, Rugby, Drama Club, Illustration Club, Ukulele, Tauists, Badminton, Poet Presentation, Elevate Workshop</p> <p>Students receive a welcoming time, where they prepare and discover Trinity School, there is a Yr. 7 Welcoming Mass, A parents' Mass and the first of many Chapel lessons, to enrich and support the catechise of their faith, wherever it may be presently</p>	<p>Tauists, Trampolineing, Badminton, KS3 Geography, Science Club, Redbridge Girls Football League, Biology Society, Textiles Club</p> <p>Students work on the theme of charity where annually they start and learn this lesson of 'Helping the Needy and Charity by bringing food in for a local Food bank, making a form hamper and preparing to understand the season of Advent via Theology Lessons and Assemblies which mark this season</p>	<p>Windband, Eucharistic Adoration, STIXX, Ask a Professional, Biology Society, Maths Surgery, Games Club, Lego Club, Chess Club, Film Club, Physical Computing, Homework Club, Trampolineing, Drama Club, Beginners Italian Workshop</p> <p>Assemblies around the 'New Year', new beginnings. The students look at emotions and the change of the body via the Ten Ten programme in Theology Lessons discretely</p>	<p>Homework Club, Trampolineing, Drama Club</p> <p>Students will visit the Church next door and recite the Rosary, the SoTC and in that church and our own school chapels they will have the experience of the Adoration of the Eucharist</p>	<p>Debate Club, Author Presentation, Walsingham House Retreat, Parliament Education Visit, Just Sing Festival Visit, Sports Day, Orange Theatre Trip, Westend in Schools, Science Museum</p> <p>Personal Development Drop In Days (Dates TBC)</p> <p>Students are provided with a day retreat and an optional residential retreat to either Walsingham House, Or SPEC CENTRE</p> <p>Each class will visit the Diocesan Cathedral, in Brentwood and observe Popular Piety and architecture</p>	
<p>Year 8 - Programme Including Assembly in Week 2</p>	<p>-Welcome back – new start (respect) -St Padre Pio (Democracy) -St Francis of Assisi (Liberty) -Our Lady of the Month of the Rosary (Black History Month and Rule of Law)</p>	<p>-All Saints & the Month of Souls (remembrance and tolerance) -Christ the King and Preparing for Advent (anti bullying week and rule of law) -Advent leading to Christmas (immaculate conception and democracy) -Achievement assemblies</p>	<p>-Epiphany – what is your gift (respect) -Conversion of St Paul (tolerance) -Our Lady of Lourdes (liberty)</p>	<p>-Preparing for Ash Wednesday & Lent (rule of law) -Lent, the silent voice in the desert (pray, fast, give and tolerance) -The annunciation & St Joseph – saying yes to God (liberty) -Holy week – achievement assemblies (respect)</p>	<p>-Easter – the joy of the resurrection (mental health awareness and liberty) -The English Martyrs (mental health awareness and rule of law) -The ascension and Pentecost (diversity, inclusion and democracy)</p>	<p>-Sacred heart & Corpus Christi (diversity, inclusion and respect) -Saint John Fisher & Thomas More (rule of law) -St Thomas, Apostle (tolerance) -Achievement assemblies</p>
<p>Year 8 Overview</p> <ul style="list-style-type: none"> • RSE • Citizenship • PSHE • FBV • SMSC • Careers, Gatsby, Baker 	<p>TT 1 - Created and chosen TT 2 - Appreciating difference Emotional Wellbeing World Mental Health Day. Attitudes to mental health. Stigma and discrimination. School Rules. Careers – Unifrog refresher to ensure understanding of platform (1, 2, 3) and invitation to</p>	<p>TT 3 – Feelings TT 4 - Before I was born Emotional Wellbeing Promoting emotional wellbeing. Sleep. Healthy and unhealthy coping strategies. Developing digital resilience Careers – consider the skills that employers look for (2, 5) Mass, Glee Club, Maths Surgery, Open Art Studio, Girls Basketball, Boys Futsal, Boys</p>	<p>TT 5 - Tough Relationships TT 6 - Think before you share Online Safety Safe use of social networking sites. Recognising biased or misleading information online. Online communication. Online grooming. Responding and seeking support.</p>	<p>TT 7 - Wider World Financial Health Protecting financial security online. Managing money. Wants and Needs. Earnings and costs. Careers – STEM workshop (1, 4, 5) Mass, Tauists, French/Spanish Language Workshop, Open Art Studio, English</p>	<p>Cinema in Education Session 1 The trouble with Max Politics and Parliament (Citizenship) Democracy. Totalitarianism. Role of citizens, politicians, and monarch. Liberties. Careers – gain an understanding of the workplace, whether through work visits, shadowing or</p>	<p>Cinema in Education Session 2 Health and Discrimination FGM. Protected characteristics. Gender identity, transphobia and gender-based discrimination. Support services. Homophobia and biphobia. Drugs and Alcohol Energy drinks/caffeine</p>

<ul style="list-style-type: none"> Co-Curricular and Enrichment 	<p>meet with Careers Advisers (3, 8)</p> <p>Mass, Glee Club, Maths Surgery, Open Art Studio, Girls Football, Boys Football, Games Club, Spanish/French Language Workshop, Orchestra, Rock and Pop, English Support Class, Netball, Windband, Eucharistic Adoration, Physical Computing, Homework Club, Singers, Lego, Chess, Maths Club, Table Tennis, Drama Club, Illustration Club, Ukulele, Tauists, Trampoline, Badminton, KS3 Geography, Science Club, Redbridge Girls Football League, Biology Society</p> <p>Students are reminded by visiting ST Thomas of Canterbury's Church and re igniting the interest in the school chapels, with a reintroduction of the purpose and reason of the building and the objects it contains, why these helps serve and make us Catholic</p>	<p>Basketball, Games Club, Spanish/French Language Workshop, Orchestra, Rock and Pop, English Support Class, Netball, Windband, Eucharistic Adoration, Physical Computing, Homework Club, Singers, Lego, Chess, Maths Club, Table Tennis, Drama Club, Illustration Club, Ukulele, Tauists, Trampoline, Badminton, KS3 Geography, Science Club, Redbridge Girls Football League, Biology Society</p> <p>Students experience time in the chapel in a preparation of time for Advent, Service of Light, prayers around the crib, and learning the reason for charity and prepare making Christmas Hampers and Shoe boxes and support the local Food banks</p>	<p>Prevent: Right Wing Extremism</p> <p>Careers – growth industries / attend NAW and NCW events (1, 2, 5, Baker)</p> <p>Mass, Tauists, French/Spanish Language Workshop, Open Art Studio, English Intervention, Lexia, Futsal, Netball, Basketball, Table Tennis, Badminton, Liturgical Choir, Cambridge Latin Course, Arabic/Mandarin Club, Glee, Ukulele, Singers, Choir, Rock & Pop, Orchestra, Windband, Eucharistic Adoration, Biology Society, Maths Surgery, Games Club, Lego Club, Chess Club, Film Club, Physical Computing, Homework Club, Trampoline, Drama Club, Marine Engineering Workshop, Beginners Italian Workshop</p>	<p>Intervention, Lexia, Futsal, Netball, Basketball, Table Tennis, Badminton, Liturgical Choir, Cambridge Latin Course, Arabic/Mandarin Club, Glee, Ukulele, Singers, Choir, Orchestra, Windband, Eucharistic Adoration, Biology Society, Maths Surgery, Games Club, Lego Club, Chess Club, Film Club, Homework Club, Trampoline, Drama Club, Rock & Pop</p>	<p>visits from external companies (5, 6)</p> <p>Mass, Tauists, French/Spanish Language Workshop, English Intervention, Lexia, Athletics, Netball, Tennis, Cricket, Basketball, Badminton, Liturgical Choir, Cambridge Latin Course, Glee, Ukulele, Singers, Choir, Orchestra, Windband, Eucharistic Adoration, Biology Society, Maths Surgery, Games Club, Lego Club, Chess Club, Film Club, Physical Computing, Homework Club, Trampoline, Drama Club, Maths Intervention, Debate Club</p> <p>Students are offered a day trip to Aylesford, Walsingham House in Brentwood or Spec Centre, 30 students and 3 staff</p>	<p>Relationship between habit and dependence Promoting positive social norms and attitudes</p> <p>Careers - Understand the link between subject learning and a range of Careers (4) in advance of making GCSE choices in Y9</p> <p>Personal Development Drop In Days (Dates TBC)</p> <p>Mass, Tauists, French/Spanish Language Workshop, English Intervention, Lexia, Athletics, Netball, Tennis, Cricket, Liturgical Choir, Cambridge Latin Course, Glee, Ukulele, Singers, Choir, Orchestra, Windband, Eucharistic Adoration, Biology Society, Maths Surgery, Games Club, Lego Club, Chess Club, Film Club, Physical Computing, Homework Club, Drama Club, Maths Intervention, Debate Club, Author Presentation, Walsingham House Retreat, Just Sing Festival Visit, Sports Day, Orange Theatre Trip, Westend in Schools, Science Museum</p> <p>Each class will visit the Motherhouse Cathedral, in the Archdiocese of Westminster and observe similarities and differences and observe Popular Piety and architecture between both the Cathedral and Abbey in Westminster</p>
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<p>Year 9 - Programme Including Assembly in Week 2</p>	<p>-Welcome back – new start (respect) -St Padre Pio (Democracy) -St Francis of Assisi (Liberty) -Our Lady of the Month of the Rosary (Black History Month and Rule of Law)</p>	<p>-All Saints & the Month of Souls (remembrance and tolerance) -Christ the King and Preparing for Advent (anti bullying week and rule of law) -Advent leading to Christmas (immaculate conception and democracy) -Achievement assemblies</p>	<p>-Epiphany – what is your gift (respect) -Conversion of St Paul (tolerance) -Our Lady of Lourdes (liberty)</p>	<p>-Preparing for Ash Wednesday & Lent (rule of law) -Lent, the silent voice in the desert (pray, fast, give and tolerance) -The annunciation & St Joseph – saying yes to God (liberty) -Holy week – achievement assemblies (respect)</p>	<p>-Easter – the joy of the resurrection (mental health awareness and liberty) -The English Martyrs (mental health awareness and rule of law) -The ascension and Pentecost (diversity, inclusion and democracy)</p>	<p>-Sacred heart & Corpus Christi (diversity, inclusion and respect) -Saint John Fisher & Thomas More (rule of law) -St Thomas, Apostle (tolerance) -Achievement assemblies</p>
<p>Year 9 Overview</p> <ul style="list-style-type: none"> • RSE • Citizenship • PSHE • FBV • SMSC • Careers, Gatsby, Baker • Co-Curricular and Enrichment 	<p>TT 1 - The Search for Love TT 2 The Search for Love Emotional wellbeing World Mental Health Day. Attitudes to mental health. Stigma and discrimination. School Rules.</p> <p>Careers – Unifrog refresher with focus on choices and options (1, 3, 4). Careers in CPR (1, 2, 3, 4)</p> <p>Mass, Glee Club, Maths Surgery, Open Art Studio, Girls Football, Boys Football, Games Club, Spanish/French Language Workshop, Orchestra, Rock and Pop, English Support Class, Netball, Windband, Eucharistic Adoration, Physical Computing, Cambridge Latin Course, Homework Club, Singers, Lego, Chess, Maths Club, Rugby, Drama Club, Illustration Club, Ukulele, Taiuists, Badminton, Boys and Girls Maes Y Lade Trip, Bronze Duke of Edinburgh.</p> <p>Students are reminded by visiting ST Thomas of</p>	<p>TT3 - In control of my choices TT4 Fertility and Contraception Healthy Lifestyle Men's Mental Health Awareness Month. Relationship between physical and mental health. Choices about diet and exercise. Manging influences on body image. Healthy and Unhealthy coping strategies.</p> <p>Careers - Focus on post 16 pathways, exploring apprenticeship, T Levels, HE and FE options through assemblies and workshops (5, 7, Baker)</p> <p>Mass, Glee Club, Maths Surgery, Open Art Studio, Girls Basketball, Boys Futsal, Boys Basketball, Games Club, Spanish/French Language Workshop, Orchestra, Rock and Pop, English Support Class, Netball, Windband, Eucharistic Adoration, Physical Computing, Homework Club, Singers, Lego, Chess, Maths Club, Table Tennis, Drama Club, Illustration Club, Ukulele, Taiuists, Trampolineing, Badminton, KS3 Geography, Science Club, Redbridge Girls</p>	<p>TT5 – Marriage TT6-One Hundred Percent Setting Goals (TBC) Types of employment and career pathways. GCSE and post-16 options. Working towards aspirations. Goals.</p> <p>Prevent: Right Wing Extremism.</p> <p>Careers – NAW and NCW with focus on GCSE/A Level choices and further options, with relevant guests (1, 2, 3, 4, 5, Baker). Attend Y9 Options Evening to help make informed decisions on GCSE options (3, 8)</p> <p>Colorado Ski Trip, Mass, Taiuists, French/Spanish Language Workshop, Open Art Studio, English Intervention, Lexia, Futsal, Netball, Badminton, Liturgical Choir, Cambridge Latin Course, Arabic/Mandarin Club, Glee, Ukulele, Singers, Choir, Orchestra, Windband, Eucharistic Adoration, Biology Society, Maths Surgery, Games Club, Lego Club, Chess Club, Film Club, Homework Club, Trampolineing, Drama Club, Rock & Pop</p>	<p>TT7- Knowing my rights and responsibilities Employability skills Managing online brand/presence. Habits and skills to support progress.</p> <p>Careers – make informed decisions about GCSE Options with support from Trinity staff (3, 8)</p> <p>Mass, Taiuists, French/Spanish Language Workshop, Open Art Studio, English Intervention, Lexia, Futsal, Netball, Basketball, Table Tennis, Badminton, Liturgical Choir, Cambridge Latin Course, Arabic/Mandarin Club, Glee, Ukulele, Singers, Choir, Orchestra, Windband, Eucharistic Adoration, Biology Society, Maths Surgery, Games Club, Lego Club, Chess Club, Film Club, Homework Club, Trampolineing, Drama Club, Rock & Pop</p> <p>Students are offered a day trip to Aylesford, Walsingham House in Brentwood or Spec Centre, 30 students and 3 staff</p>	<p>TT Cinema in Education - Love, honour, cherish - Session 1 Intimate relationships Awareness of STIs, Society's promotion of contraception and birth control. Consequences of sexual relations outside of marriage, Readiness for sexual intimacy, Dignity of the human person – made in God's image and likeness, Catholic moral teaching on sex outside of the sacrament of marriage.</p> <p>Careers – further develop understanding of the workplace, whether through work visits, work shadowing or visits from external companies. STEM visits (1, 2, 4, 5, 6, Baker)</p> <p>Mass, Taiuists, French/Spanish Language Workshop, English Intervention, Lexia, Athletics, Netball, Tennis, Cricket, Liturgical Choir, Cambridge Latin Course, Glee, Ukulele, Singers, Choir, Orchestra, Windband, Eucharistic Adoration, Biology Society, Maths Surgery, Games Club, Lego Club, Chess Club, Film Club,</p>	<p>TT Cinema in Education Session 2 TT Cinema in Education Session 3 Peer influence, substance use and gangs 'Group think'. Positive social norms. Legal and health risks. Addiction and dependence. Legal and physical risks of carrying a knife</p> <p>Careers – identify the skills that employers are interested in, identify a personal skillset and how best to present strengths and attributes (2, 3, 4)</p> <p>Personal Development Drop In Days (Dates TBC)</p> <p>Mass, Taiuists, French/Spanish Language Workshop, English Intervention, Lexia, Athletics, Netball, Tennis, Cricket, Liturgical Choir, Cambridge Latin Course, Glee, Ukulele, Singers, Choir, Orchestra, Windband, Eucharistic Adoration, Biology Society, Maths Surgery, Games Club, Lego Club, Chess Club, Film Club,</p>

	Canterbury's Church and re igniting the interest in the school chapels, with a reintroduction of the purpose and reason of the building and the objects it contains, why these helps serve and make us Catholic	Football League, Biology Society, G&T Spanish Workshop Students experience time in the chapel in a preparation of time for Advent, Service of Light, prayers around the crib, and learning the reason for charity and prepare making Christmas Hampers and Shoe boxes and support the local Food banks	Society, Maths Surgery, Games Club, Lego Club, Chess Club, Film Club, Homework Club, Trampolining, Drama Club, Rock & Pop, Ask a Sixth Former, Bronze DofE Training, Beginners Italian Workshop		Maths Surgery, Games Club, Lego Club, Chess Club, Film Club, Physical Computing, Homework Club, Trampolining, Drama Club, Maths Intervention, Debate Club	Physical Computing, Homework Club, Drama Club, Maths Intervention, Debate Club, Author Presentation, Walsingham House Retreat, Just Sing Festival Visit, Sports Day, Orange Theatre Trip, Westend in Schools, Science Museum, Elevate Education Seminars, Students will visit a synagogue in preparation for GCSE paper 2F Judaism in Theology 1 class per visit
Year 10 - Programme Including Assembly in Week 2	-Welcome back – new start (respect) -St Padre Pio (Democracy) -St Francis of Assisi (Liberty) -Our Lady of the Month of the Rosary (Black History Month and Rule of Law)	-All Saints & the Month of Souls (remembrance and tolerance) -Christ the King and Preparing for Advent (anti bullying week and rule of law) -Advent leading to Christmas (immaculate conception and democracy) -Achievement assemblies	-Epiphany – what is your gift (respect) -Conversion of St Paul (tolerance) -Our Lady of Lourdes (liberty)	-Preparing for Ash Wednesday & Lent (rule of law) -Lent, the silent voice in the desert (pray, fast, give and tolerance) -The annunciation & St Joseph – saying yes to God (liberty) -Holy week – achievement assemblies (respect)	-Easter – the joy of the resurrection (mental health awareness and liberty) -The English Martyrs (mental health awareness and rule of law) -The ascension and Pentecost (diversity, inclusion and democracy)	-Sacred heart & Corpus Christi (diversity, inclusion and respect) -Saint John Fisher & Thomas More (rule of law) -St Thomas, Apostle (tolerance) -Achievement assemblies
Year 10 Overview <ul style="list-style-type: none"> • RSE • Citizenship • PSHE • FBV • SMSC • Careers, Gatsby, Baker • Co-Curricular and Enrichment 	TT Session 1 - Authentic Love Emotional Wellbeing and Transition Manging challenges during adolescence – change to KS4. World Mental Health Day. Careers – ASDAN Careers and Exploring Work Short Course for selected students (1, 2, 3, 4, 5, 8) / explore all of the Post-16 Options available (3, 5, 7, Baker). Careers in CPR (1, 2, 3, 4) Mass, Glee Club, Maths Surgery, Open Art Studio,	TT Session 2 - Self Image Emotional Wellbeing Promoting mental health and emotional wellbeing. Signs of emotional or mental ill-health. Support and treatment. Reframing negative thinking. Sleep. Social anxiety. Stigma and discrimination Careers – Receive advice/support on Post-16 Options. Attend the Post-16 Options Afternoon re: alternative Sixth Form options (1, 2, 3, 5, 7, Baker)	TT Session 3 - Beliefs Values & Attribute TT Session 4 – Parenthood Politics and Parliament Human rights and international law. Democracy. Voting. UK Legal system. Political parties. Prevent Right Wing Extremism. Careers – NAW and NCW with focus on Post-16 Options with local employer visits (1, 2, 3, 4, 5, Baker)	TT Session 5 - Pregnancy & TT Session 6 – Abuse Online safety Youth produced sexual imagery Managing online 'brand'. Careers – Visit other Sixth Form colleges, HE and FE institutions to explore Post-16 Options (1, 2, 3, 5, 6, 7, Baker) Mass, Glee Club, Maths Surgery, Open Art Studio, Girls Basketball, Boys Basketball, Games Club, Spanish/French Language	N/A Financial Decision Making Prevent and manage debt. Credit rating and pay day lending. Influence of targeted advertising. Budgeting and saving options Careers - attend Careers workshops featuring industry professionals, either on site or on external visits (2, 6) Mass, Glee Club, Maths Surgery, Open Art Studio, Athletics, Tennis, Table Tennis, Basketball, Games	TT Education in Cinema – Babies TT Education in Cinema - Unwanted Pregnancy TT Education in Cinema - Safe Sex or Save Sex Exploring Influence Effects on decision making. Keeping self and others safe. Managing peer influence. Exit strategies. Smoking and vaping Careers – complete a formal work experience placement to explore different industries, career opportunities and

	<p>Girls Football, Boys Football, Games Club, Spanish/French Language Workshop, Orchestra, Rock and Pop, English Support Class, Additional Statistics, Netball, Windband, Eucharistic Adoration, ABRSM Theory, Homework Club, Singers, Lego, Chess, Maths Club, Rugby, Illustration Club, Ukulele, Tauists, Science Workshop, Drama Catch Up, Silver Duke of Edinburgh, Geography GCSE Trip, Poet Presentation, Macbeth Performance</p> <p>Students are reminded by visiting ST Thomas of Canterbury's Church and re igniting the interest in the school chapels, with a reintroduction of the purpose and reason of the building and the objects it contains, why these helps serve and make us Catholic</p>	<p>Mass, Glee Club, Maths Surgery, Open Art Studio, Girls Basketball, Boys Basketball, Games Club, Spanish/French Language Workshop, Orchestra, English Support Class, Netball, Windband, Eucharistic Adoration, Physical Computing, Homework Club, Singers, Lego, Chess, Maths Club, Table Tennis, Drama Club, Illustration Club, Ukulele, Tauists, Trampoline, Science Club, Redbridge Girls Football League, Biology Society</p> <p>Residential retreat to SPEC Centre with year 10-11, (30 max) over three days</p> <p>Students experience time in the chapel in a preparation of time for Advent, Service of Light, prayers around the crib, and learning the reason for charity and prepare making Christmas Hampers and Shoe boxes and support the local Food banks</p>	<p>Mass, Glee Club, Maths Surgery, Open Art Studio, Girls Basketball, Boys Basketball, Games Club, Spanish/French Language Workshop, Orchestra, English Support Class, Netball, Windband, Eucharistic Adoration, Physical Computing, Homework Club, Singers, Lego, Chess, Maths Club, Table Tennis, Drama Club, Illustration Club, Ukulele, Tauists, Trampoline, Science Club, Biology Society, Rock & Pop, Medical Careers Presentation, Beginners Italian Workshop</p>	<p>Workshop, Orchestra, English Support Class, Netball, Windband, Eucharistic Adoration, Physical Computing, Homework Club, Singers, Lego, Chess, Maths Club, Table Tennis, Drama Club, Illustration Club, Ukulele, Tauists, Trampoline, Science Club, Biology Society, Rock & Pop</p> <p>Students are offered an option residential retreat to SPEC CENTRE Pinner in Harrow, 30 maximum with 3 staff</p>	<p>Club, Spanish/French Language Workshop, Orchestra, English Support Class, Netball, Windband, Eucharistic Adoration, Physical Computing, Homework Club, Singers, Lego, Chess, Maths Club, Drama Club, Illustration Club, Ukulele, Tauists, Science Club, Biology Society, Rock & Pop, Maths Mentoring, Elevate Study Skills Workshop, Brilliant Club Scholars Programme</p>	<p>networking possibilities (1, 2, 5, 6)</p> <p>Personal Development Drop In Days (Dates TBC)</p> <p>Mass, Glee Club, Maths Surgery, Open Art Studio, Athletics, Tennis, Table Tennis, Games Club, Spanish/French Language Workshop, Orchestra, English Support Class, Netball, Windband, Eucharistic Adoration, Physical Computing, Homework Club, Singers, Lego, Chess, Maths Club, Drama Club, Illustration Club, Ukulele, Tauists, Science Club, Biology Society, Rock & Pop, Sports Day, Maths Mentoring, Globe Players Performance (Macbeth), HSBC Workshop, Speak Out Workshops,</p>
<p>Year 11 - Programme Including Assembly in Week 2</p>	<p>-Welcome back – new start (respect) -St Padre Pio (Democracy) -St Francis of Assisi (Liberty) -Our Lady of the Month of the Rosary (Black History Month and Rule of Law)</p>	<p>-All Saints & the Month of Souls (remembrance and tolerance) -Christ the King and Preparing for Advent (anti bullying week and rule of law) -Advent leading to Christmas (immaculate conception and democracy) -Achievement assemblies</p>	<p>-Epiphany – what is your gift (respect) -Conversion of St Paul (tolerance) -Our Lady of Lourdes (liberty)</p>	<p>-Preparing for Ash Wednesday & Lent (rule of law) -Lent, the silent voice in the desert (pray, fast, give and tolerance) -The annunciation & St Joseph – saying yes to God (liberty) -Holy week – achievement assemblies (respect)</p>	<p>-Easter – the joy of the resurrection (mental health awareness and liberty) -The English Martyrs (mental health awareness and rule of law) -The ascension and Pentecost (diversity, inclusion and democracy)</p>	<p>-Sacred heart & Corpus Christi (diversity, inclusion and respect) -Saint John Fisher & Thomas More (rule of law) -St Thomas, Apostle (tolerance) -Achievement assemblies</p>
<p>Year 11 Overview</p> <ul style="list-style-type: none"> RSE Citizenship 	<p>Emotional Wellbeing Stress and stress management. Healthy sleep habits. World Mental health Day</p>	<p>4 Ten Ten Sessions run in as CPR throughout December only Building for the Future Men's Mental Health Awareness Month.</p>	<p>Living in the wider world Bank statements. Credit and debit. Tax.</p>	<p>Relationships Consent CPR refresher</p>	<p>Independence Registering with and accessing doctors, sexual health clinics, opticians and other health services.</p>	<p>N/A</p> <p>Mass, Glee Club, Maths Surgery, Open Art Studio, Athletics, Tennis, Table</p>

<ul style="list-style-type: none"> • PSHE • FBV • SMSC • Careers, Gatsby, Baker • Co-Curricular and Enrichment 	<p>Careers - Write a CV and a personal statement (3, 8). Careers in CPR (1, 2, 3, 4)</p> <p>Mass, Glee Club, Maths Surgery, Open Art Studio, Girls Football, Boys Football, Games Club, Spanish/French Language Workshop, Orchestra, Rock and Pop, English Support Class, Additional Statistics, Netball, Windband, Eucharistic Adoration, ABRSM Theory, Homework Club, Singers, Lego, Chess, Maths Club, Rugby, Illustration Club, Ukulele, Tauists, Science Workshop, Drama Catch Up, Spec 22 Theology Residential.</p> <p>Students are reminded by visiting ST Thomas of Canterbury's Church and re igniting the interest in the school chapels, with a reintroduction of the purpose and reason of the building and the objects it contains, why these helps serve and make us Catholic</p>	<p>Balancing ambition and unrealistic expectations. Self-efficacy. Perseverance and resilience. Reframing negative thoughts. Social anxiety.</p> <p>Careers – Receive advice/support on Post-16 Options. Attend the Post-16 Options Afternoon re: alternative Sixth Form options (1, 2, 3, 5, 7, Baker)</p> <p>Mass, Glee Club, Maths Surgery, Open Art Studio, Girls Basketball, Boys Basketball, Games Club, Spanish/French Language Workshop, Orchestra, English Support Class, Netball, Windband, Eucharistic Adoration, Physical Computing, Homework Club, Singers, Lego, Chess, Maths Club, Table Tennis, Drama Club, Illustration Club, Ukulele, Tauists, Trampolineing, Science Club, Redbridge Girls Football League, Biology Society, Music Coursework Drop In, Drama Catch Up, G&T Additional Maths, ABRSM Theory</p> <p>Residential retreat to SPEC Centre with year 10-11, (30 max) over three days</p> <p>Students experience time in the chapel in a preparation of time for Advent, Service of Light, prayers around the crib, and learning the reason for charity and prepare making Christmas Hampers and Shoe boxes and support the local Food banks</p>	<p>Rights and responsibilities. regarding work.</p> <p>Prevent: Right Wing Extremism.</p> <p>Careers – Attend NAW and NCW week events (1, 2, 3, 4, 5, Gatsby)</p> <p>Mass, Glee Club, Maths Surgery, Open Art Studio, Girls Basketball, Boys Basketball, Games Club, Spanish/French Language Workshop, Orchestra, English Support Class, Netball, Windband, Eucharistic Adoration, Physical Computing, Homework Club, Singers, Lego, Chess, Maths Club, Table Tennis, Drama Club, Illustration Club, Ukulele, Tauists, Trampolineing, Science Club, Biology Society, Music Coursework Drop In, Drama Catch Up, G&T Additional Maths, Darius Sessions, ABRSM Theory, Rock & Pop, Medical Careers Presentation, Beginners Italian Workshop</p>	<p>Apply to an alternative Sixth Form college or apprenticeship with the support of Trinity staff (if an alternative FE provider/apprenticeship is the chosen pathway) (1, 3, 7, 8)</p> <p>Mass, Glee Club, Maths Surgery, Open Art Studio, Girls Basketball, Boys Basketball, Games Club, Spanish/French Language Workshop, Orchestra, English Support Class, Netball, Windband, Eucharistic Adoration, Physical Computing, Homework Club, Singers, Lego, Chess, Maths Club, Table Tennis, Drama Club, Illustration Club, Ukulele, Tauists, Trampolineing, Science Club, Biology Society, Music Coursework Drop In, Drama Catch Up, G&T Additional Maths, Darius Sessions, ABRSM Theory, Rock & Pop</p>	<p>Importance of screening and how to perform self-examination.</p> <p>Careers - Receive dedicated Careers advice from an independent Careers Advisor on post-16 options (1, 2, 3, 7, 8). Participate in a mock interview with industry professionals and receive feedback (1, 2, 5, 8)</p> <p>Mass, Glee Club, Maths Surgery, Open Art Studio, Athletics, Tennis, Table Tennis, Basketball, Games Club, Spanish/French Language Workshop, Orchestra, English Support Class, Netball, Windband, Lego, Chess, Maths Club, Eucharistic Adoration, Physical Computing, Homework Club, Singers, Lego, Chess, Maths Club, Drama Club, Illustration Club, Ukulele, Tauists, Science Club, Biology Society, Rock & Pop, Darius Revision Sessions, Maths Mentoring, Brilliant Club Scholars Programme,</p> <p>End of term Mass and Year Mass Barbecue on the Orchid on the Upper Site</p>	<p>Tennis, Games Club, Spanish/French Language Workshop, Orchestra, English Support Class, Netball, Windband, Eucharistic Adoration, Physical Computing, Homework Club, Singers, Lego, Chess, Maths Club, Drama Club, Illustration Club, Ukulele, Tauists, Science Club, Biology Society, Rock & Pop, Darius Revision Sessions, Maths Mentoring</p>
<p>Year focus for theme</p>						

Year 12 - Tutor Programme Including Assembly						
Year 12- Careers / PSD	Unifrog for UCAS (1, 2, 3, 8). Sixth Form transitional talk. UCAS options.	Careers focus in PSD classes (1, 2, 4, Baker). Medic and Law talks (1, 4, 5).	Receive visits from HE professionals re: why go to university (1, 7). Jack Petchey Foundation 'Wize Up' programme (1, 3, 4). NAW and NCW events.	Receive support/guidance from an independent Careers advisor and have access to a range of post-18 options including apprenticeships (1, 3, 8, Baker)	Attend university Open Mornings/Days and feel confident in the choice of HE/FE institution (1, 7, 8, Baker)	UCAS support and preparation (1, 2, 3, 8)
Year 12 Enrichment	Mass, Glee Club, Maths Surgery, Open Art Studio, LAMDA, Maths Intervention/Mentoring, Games Club, Spanish/French Language Workshop, Medical Society, Supervised Study, Orchestra, Netball, Rugby, Windband, Eucharistic Adoration, Science Workshop, Senior Choir, Lego Club, Chess Club, ABRSM Theory, Trampolineing, English Support, Illustration Club, Ukulele, Tauists, Gold Duke of Edinburgh, UKMT Senior Maths Challenge, Animal Aid Speaker, F1 in Schools, A Level Geography Fieldtrip.	Mass, Glee Club, Maths Surgery, Open Art Studio, LAMDA, Maths Intervention/Mentoring, Games Club, Spanish/French Language Workshop, Medical Society, Supervised Study, Orchestra, Netball, Boys Basketball, Windband, Eucharistic Adoration, Science Workshop, Senior Choir, Lego Club, Chess Club, ABRSM Theory, Table Tennis, Trampolineing, English Support, Illustration Club, Ukulele, Tauists, Biology Society, A Level Physics Revision.	Mass, Glee Club, Maths Surgery, Open Art Studio, LAMDA, Maths Intervention/Mentoring, Games Club, Spanish/French Language Workshop, Medical Society, Supervised Study, Orchestra, Netball, Boys Basketball, Windband, Eucharistic Adoration, Science Workshop, Senior Choir, Lego Club, Chess Club, ABRSM Theory, Table Tennis, Trampolineing, English Support, Illustration Club, Ukulele, Tauists, Biology Society, A Level Physics Revision, Rock & Pop, Medical Careers Presentation/meeting, Science Workshop, Lowland Leaders DofE Training, Years 13 and 12 are going on a Residential foreign trip to Rome in February HT, 2 days of school, weekend and the Monday of HT 45 students in total with 3 staff	Mass, Glee Club, Maths Surgery, Open Art Studio, LAMDA, Maths Intervention/Mentoring, Games Club, Spanish/French Language Workshop, Medical Society, Supervised Study, Orchestra, Netball, Boys Basketball, Windband, Eucharistic Adoration, Science Workshop, Senior Choir, Lego Club, Chess Club, ABRSM Theory, Table Tennis, Trampolineing, English Support, Illustration Club, Ukulele, Tauists, Biology Society, A Level Physics Revision, Rock & Pop, Medical Careers Presentation/meeting, Science Workshop, Lowland Leaders DofE Training,	Mass, Glee Club, Maths Surgery, Open Art Studio, LAMDA, Maths Intervention/Mentoring, Games Club, Spanish/French Language Workshop, Medical Society, Supervised Study, Orchestra, Windband, Eucharistic Adoration, Science Workshop, Senior Choir, Lego Club, Chess Club, ABRSM Theory, Table Tennis, English Support, Illustration Club, Ukulele, Tauists, Biology Society, A Level Physics Revision, Rock & Pop, Medical Careers Presentation/meeting, Science Workshop, Lowland Leaders DofE Training, Maths Intervention, English Support, Visit to Tate Britain,	Mass, Glee Club, Maths Surgery, Open Art Studio, LAMDA, Maths Intervention/Mentoring, Games Club, Spanish/French Language Workshop, Medical Society, Supervised Study, Orchestra, Windband, Eucharistic Adoration, Science Workshop, Senior Choir, Lego Club, Chess Club, ABRSM Theory, Table Tennis, English Support, Illustration Club, Ukulele, Tauists, Biology Society, A Level Physics Revision, Rock & Pop, Medical Careers Presentation/meeting, Science Workshop, Lowland Leaders DofE Training, Junior Hospital Doctors Talk, Sports Day
Year 13 - Tutor Programme Including Assembly						

<p>Year 13 – Careers / PSD</p>	<p>Destinations Programme taught during CPR/PSD sessions until Autumn half-term (1, 2, 3, 4, 5, 7, 8). UCAS applications and submission advice.</p>	<p>Careers focus in PSD classes (1, 2, 4, Baker)</p>	<p>Prepare to apply to university through UCAS with the support of Trinity staff (if university is the chosen pathway) or apply for an apprenticeship (1, 3, 7, 8). Jack Petchey Foundation 'Wize Up' programme (1, 3, 4). NAW and NCW events.</p> <p>Years 13 and 12 are going on a Residential foreign trip to Rome in February HT, 2 days of school, weekend and the Monday of HT 45 students in total with 3 staff</p>	<p>Receive support/guidance from an independent Careers advisor and have access to a range of post-18 options including apprenticeships (1, 3, 8, Baker)</p>	<p>Attend a Parents Evening to help inform post-18 decisions and ensure that parents are supportive of the student's decisions (1, 2, 3, 7, 8)</p>	<p>N/A - Exams</p>
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