



Trinity Catholic  
High School

# School

## Newsletter

### Headmaster's Message

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Dear Parents and Students,

One of the oldest poems in the English language begins with the line "Summer is coming." Thank God it certainly is! We are now on the threshold of spring, the feast and the season of Christ's glorious resurrection. We entered Lent on Ash Wednesday and, as a school community, we have committed ourselves to prayer, fasting and acts of love. We honour Christ in the liturgy and meet him in the Eucharist because our relationship with him lies at the heart of this school whose motto is, "In Christo Florebimus - In Christ we will flourish." We certainly shall. We strive in all our individual vocations to emulate the wisdom and compassion of the Man of Nazareth. We want Christ to flourish in all aspects of our community life, be it in the classroom or on the playing fields. We have now managed to shake off the dark shadow of the pandemic.

Our rich co-curricular activities are in full swing whilst we are doing everything to prepare for exams at KS4 and KS5. I appreciate that the cohort of students who will enter these exams have had a fairly rough passage but we have, and we will, make the way smoother. It's so wonderful as well to see preparations in hand for leaving days, Proms and parties, that's the way it should be. Let's celebrate for Christ rises every day in our lives!

I do thank everyone for their outstanding hard work and commitment which is reflected in this newsletter. I am also very grateful to parents for their generous support.

Pax et Bonum to you all.

My best regards,

Dr P.C. Doherty OBE  
Headmaster



# Religious Life and Ethos: Lent

Lent is a time which comes around each year in our liturgical calendar. Often, we as Catholics, will just do what we did the year before.

Lent is about reconnecting and reigniting our belief in God, using Jesus as an example for us to imitate.

**At Trinity, the liturgical calendar is taken seriously and embedded well into the curriculum and especially in Theology lessons.**

As we prepare to celebrate the Sacred Triduum in Holy Week, Theology lessons have focused on the three pillars of Lent: Prayer, Fasting and Charity.



## THREE PILLARS OF LENT



PRAYER



FASTING



ALMSGIVING

These three virtues and aspects of our lives as students and staff have been expressed through the reading of a daily CAFOD email.

Also, many of our senior students in Years 11 and 12 have joined the younger body of students in the morning daily Mass on Lower

site at 8.20am each day, where one of the Franciscan Friars from St. Thomas of Canterbury serves us in celebrating the Eucharist. Each Monday, Fr John Harvey from the Loughton parish comes to the Lower site chapel during lunch to hear confessions and provide the sacrament of reconciliation. Our assemblies and collective worship have focused on how we all make a difference, and all have a duty and calling from God to do something for our fellow person. This is even more poignant as we pray for peace in Ukraine.



Each class has been given the opportunity to carry out a witness to their faith, and all students engage with our Lenten devotions including the weekly praying of the Stations of the Cross, realising that pain and suffering is part and parcel of a Christian's life, in addition to the praying of the Holy Rosary for the suffering inflicted in the lives of the Ukrainians.

Something that is not common in other Catholic Secondary schools is the exposition and Adoration of the Blessed Eucharist. On a Wednesday on each site, during Lent, we have, as a Christian prayerful community really emphasised upon coming to Christ in the presence of the most Blessed Sacrament of the Altar, where for 30 minutes each Wednesday lunchtime, there is time for prayer with our Lord, as we will encounter on Maundy Thursday evening, where Christ said to his disciples, 'watch and pray'.

During Theology classes, students have reflected and been given time to contemplate, meditate and digest on how best to use their precious time in remembering our Lord. Students were asked to fill out a Lenten Pledge card, where they decided from a series of actions, which one action they would try to carry and live through Lent 2022.

Most recently, we have established a Youth SVP group, run by students, for the needs and help of the parishioners and people in our community.

As we conclude Lent together as a community, we are incredibly proud that our retreat programme is a real success, with 32 of our Year 10 students completing a 3-day residential Lenten retreat at our

Diocesan Youth Retreat Centre in Abbotswick. This reflects the reality that our students have a real hunger and thirst for a deeper relationship with the Lord, and our school community will do all that we can to support each student in this journey. We look forward to Years 7, 8 and 9 completing their retreats later in the year.



# Citizenship, PSHE & RSE

*Living Life To The Full, Within A Catholic Context*



## Introduction

As of September 2021, Trinity students in Years 7-11 have been engaging with a new CPR (Citizenship, PSHE and RSE) curriculum every Monday afternoon. At Trinity, we believe in the development of the 'whole child' and the Citizenship and PSHE department is an integral part of the holistic education students experience here. It is the department's aim to cultivate a challenging and engaging programme of personal, social, health, relationships and sex, careers, and citizenship education to allow students to understand what it means to be a member of a diverse society and be equipped to live healthy, safe, productive, and balanced lives.

## Positive Wellbeing

As we are all aware, the past couple of years have been challenging, and particularly so for our young people and their mental health. In light of this, all year groups began in September with a unit on mental wellbeing. Key sessions, which were delivered to all year groups, focused on understanding and recognising the signs of positive and negative mental wellbeing, the connection between physical and mental wellbeing - with a focus on healthy sleep and reframing negative thinking. Year 7 and Year 10, being in critical transition periods, focused on how to tackle new challenges - such as managing friendship groups and staying mentally healthy during exams and assessment periods. In Years 9 and 11 there was a focus on understanding the use of language when discussing mental health issues, exploring the impact of stigma and discrimination, and Year 11 also spent time thinking about the importance of perseverance and how to manage procrastination during this crucial year.

**'If you take care of your mind, you take care of the world.'**

## Citizenship

During the first spring half term, Year 7 were 'stranded' on a desert island! In groups, they had to create a government (using their knowledge of democracies, monarchies and dictatorships), come up with rules and laws for their island, as well as rescue the 'necessities' they would need for survival from the sea. Students were thoroughly engaged in this unit, developing their communication, leadership and oracy skills, and it was a successful introduction to their study of citizenship and the Fundamental British Values of tolerance, the rule of law and democracy.



## Summer

Moving forward, and in order to enhance our students' experiences outside of the classroom, we will be organising drop-down days and visits. These include a visit to the Houses of Parliament for 30 Year 7 students, where they will also get to see the House of Commons and the House of Lords and hopefully meet Sir Iain Duncan Smith, the MP for Chingford and Woodford Green. In addition, Years 7 and 10 will also have Financial Education workshops, delivered by 'My Personal Finance', where they will learn about bank accounts and budgeting (Year 7), and credit, debit and debt (Year 10).

## Curriculum: Mathematics

### Recommended Read - Sophie Wong (Year 13)

An article written by Kate Stansfield published in Plus Magazine (<https://plus.maths.org/content/maths-minute-maths-and-music>), investigating the relationship between mathematics and music was a great read.



The opening paragraph resonated with me:

*'Growing up playing musical instruments and also enjoying maths at school, I was often told by music teachers, maths teachers and family members that these subjects were related. I always accepted this link but never understood just how many connections there were between the subjects, so I decided to find out!'*

I have played the piano from childhood and currently study A Level Mathematics. I have a keen interest in both music and mathematics and was curious about how the subjects are related. The writer suggests that the relationship between mathematics and music is concealed by the language barrier isolating notes from numbers. The result of solving a challenging problem is gratifying, in the same way, the result of finishing a piece of music is satisfying. The article unfolds the unmistakable link between the two, not by how they are both complex tasks, but how the processes between them are so similar. The repetitive rhymes from patterns throughout the composition imitating sequences, the symmetry and continuity that make up a piece of music almost goes unnoticed but mimics the basic principle of maths.

I particularly enjoyed this article because of my passion for both mathematics and music. If you look deep enough, you will find mathematics everywhere.

### KS4 Problem Solving

Solving problems is at the heart of mathematics. Up to 30% of the GCSE exam paper assesses problem-solving skills.

Tuesdays have been designated problem solving day for Key Stage 4 students; where students are challenged with a variety of problems to solve. As well as helping them to prepare for their GCSE exams, these activities develop independence, creativity, ability to reason and resilience - all essential life skills.

### KS3 Finance Lessons

Key Stage 3 classes have been learning about finance, applying their understanding of mathematics to solve problems.

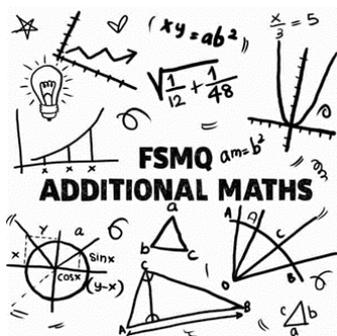
Year 7 have learnt about bills and bank statements. They have been introduced to new terminology such as balance, credit and debit and looked at how to understand bank statements. With rising energy prices in the news, Year 7 have also been looking at bills, including how to make comparisons to judge best deals. Year 9 have also been learning about bills and bank statements. They have looked deeper into areas of banking, by comparing simple and compound interest and working out which accounts will give the best return. Students have also learnt how to calculate VAT and tax, looking at how different income tax bands work and calculating net pay. The financial unit in Year 9 finished with students looking at exchange rates and how they work; at unit pricing to find which goods offer the best value for money.

## Year 11 Enrichment

20 students in Year 11 are attending extra-curricular maths lessons to study for the Level 3 Free-Standing Maths Qualification: Additional Maths.

This enriching and challenging course consolidates and develops GCSE mathematical skills and encourages students to recognise the importance of mathematics in their own lives and in society. Studying the course provides a springboard for future progress and achievement in a variety of subjects as well as in future employment.

Some students have included the course in the 'Skills' section of their Duke of Edinburgh's Award Scheme and they will also gain up to 10 UCAS points which may be used in future university applications. We congratulate the commitment these students are making towards and wish them lots of luck with their revision and preparation for the exams in the summer.



## Online platforms to support KS5 students

There are a host of online resources available to students. Online lessons, videos and exercises help improve the quality of independent study.

MyMaths is an online platform that has exercises that correspond with the sequence of topics covered in class. These exercises help students embed their understanding in long-term memory. The exercises are supported by online lessons that students can use for support.

Microsoft Teams is used as a repository for lesson videos and other revision resources. The videos show worked examples from the textbook and add an extra dimension to independent study.

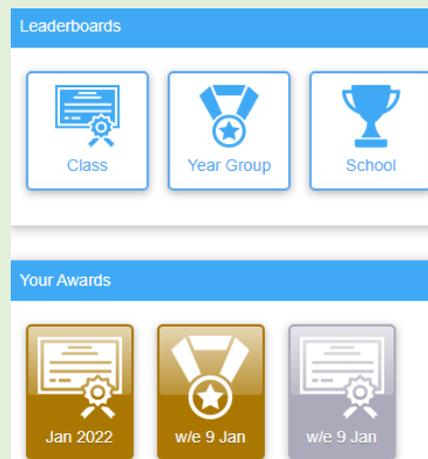
Students also have access to the Integral platform where they can find videos and an excellent online magazine, SUMS, targeted at those looking to use mathematics in the next stage of their education.

## KS3/4 - Using MathsWatch

MathsWatch (<https://vle.mathswatch.co.uk/vle/>) is an online platform that gives students access to tools that will help them improve their attainment in mathematics. Using their login details, all KS3 and KS4 students can access video tutorials, answer interactive questions, independently practise real exam-style questions and receive instant feedback on their performance.

As a department, we also use MathsWatch to set weekly home study tasks. These can be accessed in the "My Work" section. Teachers can view students' responses and leave feedback/assistance for students on specific questions.

In the "My Progress" section, students can see areas of strength and areas for development; they receive awards for their achievements and can access the class, year groups and school leader boards so they can track their performance.



Active challenges are also set for students who want to attempt new areas within mathematics that they may not have discovered yet in lessons.

As MathsWatch is accessible using a phone, students find it easy to use. It is an excellent tool for fostering independent study skills, essential for GCSE and future exam preparation.

## Preparing for University

### What should I be doing now - February

**SUMS**  
Steps to university for mathematical students



Now is the time to start investigating university open days. You may have already started looking at courses. What matters to you? If you're looking at a maths

## Library/ Reading: Activities and Events

Another term has flown by in a whirr of activity. The Spring term has provided plenty of opportunities to celebrate reading, with events such as World Book Day, the introduction of library sessions for KS3 students and the arrival of a Book Fair.



At the beginning of the term, we were pleased to announce that a Year 8 student was the winner of a Christmas stocking full of treats for successfully completing all 25 activities of the Advent Reading Challenge.

In January, we also commemorated Holocaust Memorial Day with our library display of relevant fiction and non-fiction books, and Film Club returned with the screening before school of films such as 'The Boy In The Striped Pyjamas' and 'The Book Thief' to help raise students' awareness of events related to the Holocaust.

Our focus in February was on well-being in support of Children's Mental Health Week. We promoted a variety of books dealing with stress, anxiety, exams, social media, and the importance of sleep and exercise. We also had mindfulness activities available for students to do at lunchtimes.

World Book Day was celebrated on 3 March with the introduction of library sessions for all KS3 students. Over the course of a week, each class was able to spend time in the library browsing and borrowing from the wide selection of new books - this proved very popular as our library loans tripled during that week. Students also took part in a quiz to test their knowledge of all things book-related; the Emoji Book Title round was particularly popular! I am pleased to say that although fiercely contested, the rivalry between teams was all good humoured. Throughout the week, students enjoyed author videos during reading period which enticed them to read the books discussed and provided further insight into writer's craft. During lessons on World Book Day, teachers shared extracts from their favourite books with students and celebrated a love of reading. As the term draws to a close, we look forward to celebrating milestones achieved in our 50 Books a Year Challenge as we anticipate the culmination of a year of reading next term with a prize draw for a Kindle for those who have made the most progress.



Finally, March saw the arrival of the Scholastic Book Fair. Students were able to come and choose books to buy from the great selection available and were very happy with their purchases. We were extremely grateful for the help of our Sixth Form volunteers, Miya and Leah. While this has been a very busy time, it has also been a great success. The school has earned commission on all the sales and we are looking forward to spending this on even more great books next term.



Wishing you all a very Happy Easter from the library. Remember to indulge in some reading during the break!

## Sixth Form

**We are very proud of our Year 12 students who, as always, have been actively involved in supporting the local and wider community.**



### Ukrainian Appeal

Many of our students at Trinity have family links with Ukraine and they have understandably been particularly affected by the current tragic war. Miya is one of those students and she immediately raised up to the challenge of organising fundraising of essential items to send to Ukraine to help our fellow brothers and sisters in their hour of desperate need. The school community, through the Headmaster's appeal, had already started collecting items requested by the Polish Red Cross and we were overwhelmed by the generous response.

Miya and her family offered to organise vans to come and collect all the donations and made packages to be sent off to the borders of Poland and Ukraine. These packages included hygienic products, as well as items of clothing and first aid medical equipment. With all the donations they were able to fill over 5 vans and as Miya wrote *"it is our sincere hope that these packages will aid the citizens who are still stranded in Ukraine and those who have migrated to Poland to receive immediate help and medical support in their everyday struggle to survive this human tragedy"*.



### Haven House Children's Hospice

Since the Autumn term last year, a group of Year 12 and Year 9 students have come together to represent Trinity in the Haven House Enterprise Project for which they were tasked to raise the greatest amount of money for the Haven House Children's Hospice.

To raise this money, they met regularly to organise a multitude of events including tuck shops, doughnut sales and sponsored fun runs. The group was also present at a variety of the school's own events including the Cheese and Wine evenings for the parents of Years 7 and 11, and the Sixth Form Open Evening. In addition, to support these events, they approached local businesses (both small and large) to request donations, many of whom were very generous.

Not only did they raise the second highest amount - £4,611.78, tripling the initial target - but on the night, they worked brilliantly as a team and won the award for Best Presentation, the award for Resilience, as well as the Galliard Homes award for all of their efforts.



Much was gained beyond the money raised to help the incredible work done by Haven House Children's Hospice, and to quote Louis, *"it is safe to say that the amount of knowledge and experience we gained as individuals from this experience has been incalculable. Organising these events demanded a very high level of interpersonal, entrepreneurial and marketing expertise. I think it is easy to say that our biggest gain from this project was the unique bond that we all formed with each other: We started as a team, and finished as best friends."*



## Student Lanyards

To increase safeguarding for all our school community, a decision has been taken that all our students in both Year 12 & 13 have to wear identification lanyards. The lanyards have now become part of the school uniform and it is compulsory that students wear them at all times while they are on site. We are very pleased with the way that our students have adapted to the

new policy. They have been very mature in the manner in which they have understood the purpose and intent of our new policy. Once they were available, the students were very enthusiastic with regard their collection and wearing.

## The UCAS Process at Trinity



Throughout the autumn term, the majority of our Year 13 students were engaged with the UCAS process. Students were given expert guidance through the PSD programme and from the Sixth Form team. The process for applications for this academic year ended on 27 January. We sent off 172 applications by the closing date. Every student that wished to apply was processed in time. Some of our students have had offers from Oxford/Cambridge. We very much hope to repeat our successes of previous years with regard our students gaining entry to the destinations of their choice.

## Year 13 Yearbook



HARDBACK YEARBOOKS | SOFTCOVER YEARBOOKS

Year 13 students have decided that they wish to put together a Yearbook for the first time in many years. Some of our Senior Prefects are driving forward the process. They are very much aware that they want to complete the necessary paperwork and photographs before the end of the spring term. They will be fully

focused on preparing for A Level exams after Easter; so it is important that the majority of the work for this is done soon. The plan would be that the Yearbooks would be available for student collection in the final week in May. This is before Year 13 students go on study leave. Further details with regard the Yearbook will be sent to parents in due course.

## The Year 13 Leavers Ball

The Year 13 Leavers Ball will be held on Friday 1 July 2022. The venue for this event will be The Tower Hotel, which is right beside Tower Bridge.

We will be holding a drinks reception in the Gallery Lounge (pictured below) with amazing views over the river Thames and City of London. We will have exclusive use of this area through the evening along with the Gallery Room where there will be a sumptuous buffet and disco with DJ. Students will also receive a souvenir photograph on the evening from a professional photographer. They will also have unlimited use of a photo booth throughout the evening. We have used this venue before for our Leavers Ball on a number of occasions. It has always been a tremendous success and the students were full of praise for the quality of the service and the event. As this year group did not have a Leavers Prom when they were in Year 11, we are expecting it to be a very popular event. There is limited availability with regard tickets so they will be allocated on a first-come-first-served basis. Parents can purchase tickets through ParentMail.



THE GALLERY

## Personal Development: Co-Curricular

At Trinity there are a vast array of co-curricular activities happening each and every day available to all students from Year 7 to Year 13. These are now available to be seen on the school website using the following link alongside the 'additional activities this week' section' also below:

<https://www.tchs.org.uk/pastoral/co-curricular/>

<https://www.tchs.org.uk/pastoral/co-curricular/additional-activities-this-week/>



Currently the clubs on offer in Physical Education range from football, rugby, basketball, netball, table tennis and trampolining. The school has also recently taken part in many fixtures against other local schools. The Sixth Form basketball team recently had their first game against Bancroft's school resulting in a 65-19 win. One student involved said *'This was amazing to be part of, playing a school match with friends in my last year at Trinity. This will be something I remember for years to come'*.

There have also been numerous fixtures in rugby, football, netball and badminton taking place this half-term, with more already booked in to take place next term. Unfortunately, the Year 8 football team were narrowly beaten 2-0 in their Essex Cup Quarter Final, in a very competitive game.

The rugby teams have had mixed success in their recent games versus Davenant and West Hatch, all performing extremely well in at times tough conditions.

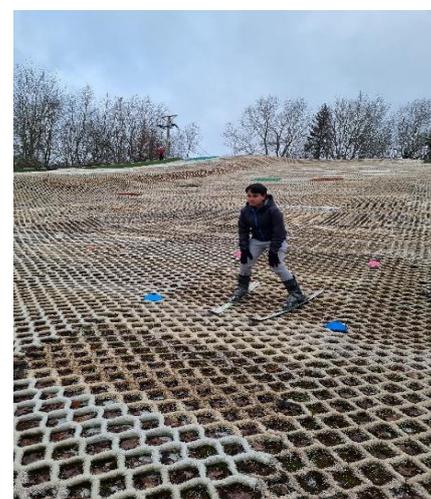


More recently, the Trinity badminton team enjoyed success against Bancroft's school with all three teams across Year 7, 8 emerging victorious.

38 Year 8 students have just completed a six-hour course of Ski lessons at Brentwood. All have successfully learnt linked snowplough turns and used a ski lift successfully.

Congratulations to all those involved. One student said *'This was a fantastic experience to be able to complete ski lessons with my friends at Brentwood which helped me feel more comfortable'*.

This has helped coincide with the recently launched ski-trip that will be going to Colorado in 2023. Just under 100 students applied for the trip which was fantastic and we look forward to the students selected having a great experience.



Another trip going out this term is the Year 9 girls trip to Maes Y Lade, where 36 students will head to Maes Y Lade Outdoor Education Centre in the foothills of the Black Mountains and Brecon Beacons National Park. This will involve participating in the following activities canoeing, caving, mountain biking and walking as well as gorge walking.

The Music department is once again thriving with many clubs on offer. These clubs are extremely well attended from beginners up to students studying music for their GCSEs and A-Levels. One student involved said 'I am enjoying the Rock and Pop rehearsals and cannot wait to see it all come together for the final performance.'

We are entering the busy season for examinations and the preparations for these. Students across Year 11 and 13 in particular are being prepared for their mock examinations and also their formal examinations in the summer term. This includes Darius intervention and revision sessions running across all departments to assist students in the build up to their examinations. These can be seen on the co-curricular part of the school website.



The Science department currently have the Physics and Biology societies up and running which is aimed predominantly at students in Year 12 and Year 13, with other year groups applying to attend where they can go to discuss and debate topics around these areas. One student involved said 'I enjoy the Biology Society as it's a great place to socialise and learn new topics that you wouldn't learn during lessons. Furthermore, it's refreshing to be taught by Sixth Form students as it's something new and different'.



In Science students in Year 7 and Year 8 have been taking part in the following workshops:

**STIXX - Year 7 - March 2022:** In this workshop, students used ingenious rolling machines to create surprisingly sturdy 'STIXX' from old newspapers. Using these rigid rods, the students then built bridges, learning about stable structures, strong shapes and forces along the way. To test their engineering and planning the structures were tested, gradually adding 1kg until the bridge gave way. The winning group held 26kg (the maximum load available) and the structure did not move!

**Marine Engineering - Year 8 - January 2022 - still ongoing.** This workshop focuses on buoyancy, exploring some of the scientific principles behind displacement, density, Newton's Third Law and Archimedes Principle. In teams, students were tasked with designing and building a ship which is stable in water while carrying as much cargo as possible. The practical task concluded in the students testing their ships and discovering which team had succeeded in carrying the most cargo whilst staying afloat.





Students in Year 9 are currently doing their training for expedition for the Bronze Duke of Edinburgh (DofE) Award. This is being led by the Year 12 Lowland Expedition Assistant Leaders. One student involved said, 'It has been good being trained by the Year 12 students who have not that long ago done the award'.

Students have also been given the opportunity to enter a poetry competition called 'Empowered'. This competition allowed students to enter a poem about anything they feel passionately about. This could include identity, current affairs, religion, social issues, love, loss and everything in between. This also came with the opportunity to win £100 and a trophy.

Economy students were also given a fantastic opportunity to take part in a session with excellent speaker Chris Yeates - a senior economist in the Monetary Analysis Directorate from the Bank of England (BoE). Chris delivered a one-hour presentation on the roles and functions of the BoE focussing on monetary analysis as well as a brief resume of his career and route into and through the BoE.

We are now in the season of Lent which is seen as a time of solemn observance and preparation for the celebration of the death and resurrection of Jesus at Easter. From its start on Ash Wednesday until its conclusion on Easter Sunday, Lent has been a traditional time for fasting, giving something up for abstinence, using simple daily reflections and acts of generosity as a way of putting others first during preparations for Easter.



All Theology classes engage in popular piety during Lent. This involves going to the Chapel each week, praying the Rosary, reflecting on the Stations of the Cross or participating in Eucharistic adoration. Mr McCarthy has also been circulating reflections for classes to discuss and explore in lessons, primarily around CAFOD.

All year groups are contributing in their own way, whether this be through donating a can of non-perishable food. Currently Year 7s are contributing to Lent by completing chores at home to earn £5 to put towards a donation that will be sent to those in need.

# Mental Health and Wellbeing



Improving  
children's mental  
health

## Senior Mental Health Lead

Mr John Doherty is the nominated Senior Mental Health Lead at Trinity Catholic High School. He is currently participating in a twelve-week programme being delivered by Place2Be and is being funded by the Department for Education (DfE). The programme will support the school in

identifying our priorities and develop approaches to address the needs of our students. The programme covers Leadership and Management, enabling student voice, staff development, identifying need and monitoring impact, working with parents and carers and target support and referrals.

## School Counsellor

Mrs Pamela Benoit joined our school community in January as our newly appointed School Counsellor. Mrs Benoit is providing one-to-one counselling sessions as well as group therapy for students. Drop-in sessions also take place on Mondays and Wednesdays between 11.50am and 12.30pm in the Counselling Room on the first floor in Monteluca House, Upper-Site.



### What is Counselling?

“Counselling provides a safe and confidential space for you to talk to a trained therapist/counsellor about your issues and concerns. Your counsellor will help you explore your thoughts, feelings and behaviour so you can develop a better understanding of yourself and others.” (bacp.co.uk)

## Mental Health Support Teams (MHSTs)

We are working with Redbridge Educational Wellbeing Team (REWT) and the NHS in relation to the roll out of the MHSTs across the borough. We expect to hear a date for our inclusion in this programme very soon!

The MHSTs from the NHS have three core functions:

- To deliver evidence-based interventions for mild-to-moderate mental health issues
- To support the school's Senior Mental Health Lead
- To give timely advice to the school and liaise with external specialist services to help our students get the right support to stay in education.

## Student Wellbeing Surveys

We are in the process of rolling out the Student Wellbeing Surveys that will inform our planning for the coming year(s). Students will complete these in school time.

## Emotional Literacy Support Assistants (ELSAs)

Mrs Emma Francescotti and Mrs Mags Mudie have completed their training via REWT and have established small groups that focus on emotional literacy skills such as self-esteem, managing friendships and managing emotions. We are looking forward to embedding and developing the new role of our ELSA's



## Children's Mental Health Week 2022



The theme this year was 'Growing Together'. Specific mental health content was delivered as part of the allocated curriculum time on Monday 7<sup>th</sup> February 2022.

Daily content and tasks were posted on our social media channels throughout the week linked to the theme of the week.

We also launched a new REWT competition to design a logo for their new Destigmatising Mental Health Campaign.

## REWT - Destigmatising Mental Health Event

We have been invited to attend this event on Thursday 12<sup>th</sup> May 2022. This will be a fun, interactive event for Key Stage 3 and 4 students. There will be guest speakers, workshops, a panel of people speaking about their own mental health experiences as well as a variety of other mental health professionals offering information about their services.



## Safer Internet Day 2022

The school also participated in Safer Internet Day on Tuesday 8<sup>th</sup> February 2022.

Specific content was delivered in every lesson throughout the day linked to this year's theme of - 'All fun and games! - Exploring respect and relationships online'

## Safe Schools Officer



We welcome Police Constable (PC) Maggie Donaghy to the School as our new Safer Schools Officer from @MPSRedbridge. PC Donaghy will predominantly be in school on a Wednesday.

The aims of the Safer Schools Partnership are:

- To provide positive **engagement** to build trust and **confidence** between the school community (young people, school staff and parents) and the police.
- To improve **safety**, and enhance **safeguarding** within the school and wider community.
- To develop **prevention** strategies to help young people deal with risk and support victims of crime.
- To deliver early **intervention** and **diversion**, promoting positive pathways for young people.