



Thursday 20th November 2025

Dear Parents and Carers,

Food drive with Redbridge Food Bank

As part of our TCHS6000 Food Bank Challenge, Trinity Catholic High School are excited to announce that we are partnering with Redbridge foodbank to hold a two-week food drive from **Friday 21st November to Monday 1st December**. As a school community, our goal is to raise 500kg in food and hygiene product donations.

Students can drop off food and hygiene product donations at both the upper and lower site offices, and in addition to physical donations, parents and carers who wish to contribute financially may do so via ParentMail.

Why this matters

Food donations are the lifeblood of Redbridge Foodbank's work. They ensure that local people in or at risk of crisis can access essential, nutritious food when they need it most. However, while demand for their service continues to rise sharply, community donations have significantly declined.

Redbridge is among the 40 most populous boroughs in England, with 310,000 residents. However, 20% of the people who work in Redbridge earn less than the Real Living Wage for London and 27,000 children live in poverty. Since 2017, the work of Redbridge Foodbank has grown exponentially with referrals for emergency food rising by 220%. Redbridge foodbank gives an average of 67 parcels each day, 28% more parcels now than at the height of the pandemic. As a result, Redbridge Foodbank now spends thousands of pounds each month purchasing additional supplies to meet urgent need.

Food donations are therefore critical for Redbridge foodbank to continue providing emergency food to those facing hardship while maintaining dignity, consistency, and reliability in our service. Supporting this work not only feeds families in crisis, it sustains a vital community safety net during a time of unprecedented demand.

Suggested Food Donations

- Tinned vegetables
- Tinned meat
- Tinned fish
- Pasta
- Rice
- Cereals
- Tinned pasta sauce
- Tinned soups
- Tinned beans

Main School Office:

Upper Site: Mornington Road, Woodford Green, Essex, IG8 0TP | Telephone: 020 8504-3419

Lower Site: Sydney Road, Woodford Green, Essex, IG8 0TB | Telephone: 020 8504-8946

Supporting dignity through hygiene products

Donations of essential hygiene products are vital to Redbridge Foodbank's mission to support people in crisis with dignity and compassion. Access to items such as soap, toothpaste, sanitary products, and cleaning supplies goes far beyond meeting basic needs, it helps individuals maintain self-respect, health, and confidence during difficult times.

Struggling to afford these essentials can deepen feelings of shame, isolation, and disadvantage. By ensuring consistent access to hygiene products, we help restore dignity and stability, creating the foundation for empowerment and long-term change.

Suggested hygiene product donations:

- Deodorant
- Shampoo
- Conditioner
- Toothbrushes and toothpaste
- Feminine hygiene products

Importance of financial support

Financial donations are essential to sustaining Redbridge Foodbank's core operations and long-term impact. While food and hygiene donations meet immediate needs, financial support keeps the organisation running - covering critical costs such as staff, logistics, storage, and partnerships that enable us to reach thousands of local people in crisis each year.

The national funding landscape has become increasingly challenging, with rising demand for charitable services coinciding with reduced grant availability and donor fatigue. Sustainable funding allows Redbridge foodbank to plan effectively, retain skilled staff, and invest in preventative initiatives like our Learning Hub, which empower clients to move beyond crisis.

Every pound given strengthens our ability to respond swiftly to need while developing long-term solutions that reduce reliance on foodbanks. With stable financial support, Redbridge foodbank can multiply its impact - transforming short-term relief into lasting change across Redbridge and surrounding communities.

Faith in Action

This campaign reflects the core principles of Catholic Social Teaching, which guide us to act justly and serve others with compassion. Donating to Redbridge food bank allows our school community to put these teachings into practice in meaningful and tangible ways. Through this effort, we not only aim to meet essential physical needs but also witness to our faith in action, living out the Gospel message of love, service, and solidarity.

We are grateful for the continued generosity of our school community. Every donation will help us make a tangible impact in our community and ensure every family has access to essential items.

Kind regards,



Jessica Ryan (year 13)
Student Leader Charity Representative