



7<sup>th</sup> June 2026

Dear Parents and Carers,

I am writing to make you aware that we have recently been informed that a Trinity student was diagnosed with viral meningitis and was admitted to hospital approximately two weeks ago. I am pleased to report that the student has made a full recovery. There is no indication of any wider concern within the school community, however, we felt it appropriate to remind parents and carers of the importance of good hygiene practices and awareness of symptoms.

Viral meningitis is generally less serious than bacterial meningitis and the student received appropriate medical care and support throughout their recovery. As part of our ongoing commitment to keeping our community safe and well, we have reminded students to:

- Wash their hands regularly and thoroughly
- Avoid sharing drinks, bottles or utensils
- Cover coughs and sneezes appropriately
- Speak to a member of staff if they feel unwell

We would be grateful if parents and carers could continue to reinforce these messages at home and keep children at home if they are unwell.

We also encourage families to ensure that vaccinations are up to date. You can check this with your GP or contact the Redbridge Vaccination Team on 0203 343 2400 or by email at [redbridge@vaccinationuk.co.uk](mailto:redbridge@vaccinationuk.co.uk).

Whilst there is no cause for concern, it is helpful to be aware of symptoms that may require medical attention, including:

- High temperature
- Severe headache
- Vomiting
- Sensitivity to light
- Stiff neck
- Drowsiness or difficulty waking
- A rash that does not fade when pressed

Further information about meningitis can be found here: <https://www.nhs.uk/conditions/meningitis/>

If you have any concerns about your child, please seek medical advice promptly via NHS 111 or, in an emergency, call 999.

Thank you for your continued support in helping us maintain a safe and healthy school community.

Kind regards,

Mr D Linnane  
**Headteacher**

#### Main School Office:

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