



6th Form Curriculum Overview

Curriculum Overview

Three distinct pathways designed for pupils aged 16–19. Each pathway is rooted in the **Preparation for Adulthood** framework, personalised to individual EHCPs, and focused on building independence, communication, wellbeing, and vocational purpose.

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Pathway 1

Achievement Pathway

2

Pathway 2

Towards Independence

3

Pathway 3

Employability & Transition





PATHWAY 1 — ACHIEVEMENT PATHWAY



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Curriculum Overview

This **2-year holistic curriculum** is designed for pupils aged 16–18 with complex needs. Class groups consist of 7–9 pupils, supported by one teacher and three Learning Support Assistants, ensuring personalised attention at every stage.

Personalised Learning

Meaningful, practical, and accredited curriculum rooted in EHCPs and the Preparation for Adulthood framework

Therapeutic Support

Embedded SaLT, OT, and sensory integration woven into the weekly timetable

Community & Life Skills

Real-world learning, community access, and meaningful accreditation that celebrates progress at every step

Small Group Settings

Strong relationships, personalised teaching, and consistent staffing to build trust and independence

PATHWAY 1 — ACHIEVEMENT PATHWAY

Building Functional Core Skills Through Real-Life Learning

Literacy & Maths in Daily Routines

Functional literacy and numeracy are embedded naturally into everyday classroom activities, making learning relevant and meaningful.

Vocational & Functional Goals

Vocational tasks are directly linked to individual functional learning goals, bridging classroom skills with real-world application.

Visual Systems & Accreditation

Visual routines, core vocabulary systems, and AQA Unit Awards (core and vocational) support access and celebrate achievement.





Supporting Social Growth and Expressive Independence

Communication and interaction skills are developed through structured programmes and specialist support embedded directly into the timetable — ensuring every student has a meaningful voice.



Social Communication Programmes

Social Skills and structured group interaction programmes build confidence in social situations and peer relationships.



AAC & Specialist Support

AAC devices, core boards, and vocab systems are used alongside integrated SaLT and OT support within timetabled sessions.



Real-World Interaction

Exposure to real-world situations, social routines, and community settings with trusted staff supports generalisation of skills.

PATHWAY 1 — ACHIEVEMENT PATHWAY

Nurturing Self-Awareness and Peer Relationships

Regulation & Routine

Consistent daily routines and personalised regulation strategies help pupils feel safe, settled, and ready to learn.

Tailored Interventions

SaLT and OT interventions are adapted to each learner's emotional and social profile, supporting self-awareness and peer connection.

Community Access

Meaningful community engagement with trusted adults builds social confidence and emotional resilience over time.



Enhancing Regulation, Movement, and Access Through Tailored Support

Every learner's sensory and physical needs are addressed through individualised programmes, ensuring they can access learning comfortably and confidently throughout the day.



Daily Sensory Circuits

Personal sensory profiles inform daily circuits designed to regulate and prepare each learner for learning.



OT & Physio Programmes

Individually adapted occupational therapy and physiotherapy sessions support motor skills and physical wellbeing.



Movement & Access

Movement breaks, tactile resources, AAC, and supportive equipment promote inclusive physical development and access.

PATHWAY 1 — ACHIEVEMENT PATHWAY



Introducing the World of Purposeful Work and Preparation for Adulthood

On-Site Enterprise Projects

pupils take part in meaningful on-site work such as post room and recycling, building responsibility and routine.

Daily Living Tasks

Hygiene, meal preparation, and domestic skills are practised regularly, building the foundations for independent living.

Community Visits & Travel Training

Weekly off-site visits, local partnerships, and embedded travel training develop confidence in navigating the wider world.



PATHWAY 2 — Towards Independence



PATHWAY 2 — Towards Independence

Curriculum Overview

Pathway 2 provides a tailored learning journey that equips pupils with the knowledge, skills, and confidence to prepare for adulthood — leaving with a toolbox ready for the world of work, further education, and greater independence.

Personalised Learning

Tailored learning experiences that directly address individual goals, aspirations, and EHCP outcomes

Therapeutic Support

Wellbeing-focused activities and tailored interventions to support pupils in managing behaviours and overcoming personal barriers

Community & Life Skills

Enrichment, careers guidance, and real-world experiences that raise aspirations and support meaningful progression

Small Group Settings

Teaching within a supportive environment that promotes curiosity and builds strong relationships

Building Functional Core Skills Through Real-Life Learning

Core Curriculum & Functional Skills

Subject teachers deliver a Functional Skills English and Maths Curriculum, providing a foundation for progression in the skills needed to access adulthood and the community.

Vocational BTEC

pupils pursue Vocational BTEC programmes, earning meaningful accreditation aligned to their interests and next steps.

EHCP & Target Setting

Progress is tracked against individual EHCP outcomes and Personal Learning Plans, ensuring learning is always purposeful and ambitious.



Nurturing Self-Awareness and Peer Relationships

RSE, PSHE & Life Skills

A structured RSE/PSHE and Life Skills curriculum helps pupils understand themselves, build healthy relationships, and navigate the social world with confidence.

Wellbeing & Safety

Activities promote healthy living, emotional resilience, and safeguarding awareness — empowering pupils to keep themselves safe as they grow in independence.

Behaviour & Personal Barriers

Tailored support helps pupils manage their own behaviours and develop the self-regulation skills needed for adulthood.



Introducing the World of Purposeful Work and Preparation for Adulthood

Pupils have access to a variety of work experience and employment based activities. These take place onsite and as part of off site placements and enrichment activities.

Progression Routes

- Transition course or Pre-Internship programmes
- Pre and Supported Internships (external or bespoke)
- College vocational programmes
- Employment: paid, supported, or voluntary
- Independent living or community-based provision





PATHWAY 3 — Employment and Transition

Curriculum Overview

Pathway 3 is designed to equip post-16 pupils with the essential skills they need for adult life, further education, and employment. Pupils have the opportunity to sit skills exams at **Functional Level 1** in English and Maths as well as gaining work based training units/certification.

Personalised Learning

Tailored programme aligned to individual EHCP outcomes and personal goals

Community & Life Skills

Travel training, independent living, and community engagement built into every week





Building Functional Core Skills Through Real-Life Learning

Functional Skills English & Maths

Pupils work towards nationally recognised Level 1 qualifications, building strong literacy and numeracy skills as a foundation for college and employment.

Employability Skills

CV and cover letter writing, interview preparation, and professional communication skills are developed throughout the programme.

Work Rotations

Hands-on placements within Heartlands High School — including admin, IT, catering, and facilities — give Pupils real-world experience across different career pathways.



Supporting Social Communication and Expressive Independence

Building confidence to communicate in professional and community settings is central to Pathway 3 — from the workplace to public transport to college interviews.



Workplace Communication

Work rotations across admin, IT, catering, and facilities develop professional communication, teamwork, and workplace etiquette.



Travel Training

pupils develop confidence navigating the local community and wider London area — including journey planning, ticket buying, and personal safety in public spaces.



Health & Wellbeing Sessions

Social skills, emotional resilience, and personal development sessions equip pupils to interact confidently and manage themselves in a range of social settings.

Nurturing Self-Awareness and Peer

Purpose & Intent

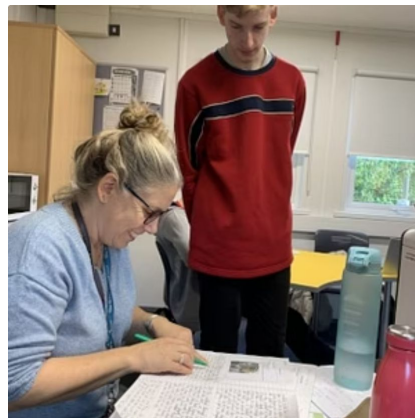
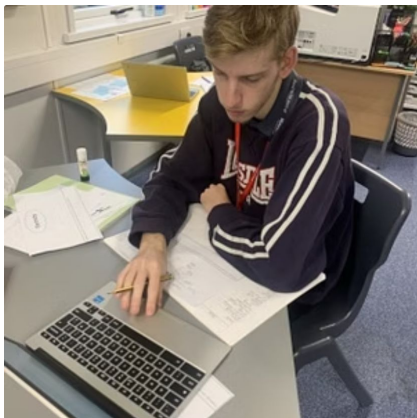
At The Grove School, this pathway empowers pupils with the independence and emotional resilience needed as they transition into adulthood — bridging sixth form, further education, and employment.

Confidence & Self-Belief

pupils build a clear sense of their own strengths and opportunities, developing the belief that they can succeed beyond school.

Family Support

Families are fully supported throughout the transition, equipped with the knowledge and resources to assist their child confidently at every stage.





Introducing the World of Purposeful Work and Preparation for Adulthood

Pathway 3 is built around preparing pupils for life beyond The Grove. By the end of the programme, pupils will be confident in their next steps — whether that is college, supported employment, or greater independence in daily life.

College Readiness

pupils complete their college applications confidently and on time, with a clear understanding of what lies ahead and the skills to navigate the process independently.

Independent Living Skills

Travel training, health and wellbeing sessions, and daily living practice ensure pupils can manage themselves safely and confidently in the community.

Family Empowerment

Families leave the programme equipped with the knowledge, resources, and confidence to support their child through the transition — making the journey positive for everyone.