GROVE NEWS

Issue #5

Week: 5th - 9th October 2026

Hi Everyone,

This week we are celebrating **World Mental Health Day** and supporting the YoungMinds organisation.

Throughout the week there are activities, sessions and discussions to help our pupils learn about mental health and understand how we can all support our own positive wellbeing.

This **Friday 9th October** we will be celebrating the week by wearing **YELLOW** to school in recognition of World Mental Health Day.

This is not a non uniform day.

Pupils can come to school wearing all yellow, or a yellow outfit. They can also wear their uniform and replace one item with yellow, such as a yellow t-shirt, a yellow jumper, yellow trousers, a yellow skirt, or even yellow socks or a yellow hairband.

You can read more about it here: www.youngminds.org.uk/helloyellow

Have a great week.

Best wishes,

Lucia Santi, Headteacher

KEY DATES

5th to 9th October — World Space Week

Thursday 8th October, 1.45pm — Family Workshop

Friday 9th October — World Mental Health Day, wear yellow to school

Tuesday 13th October, 9.15am — Parent Coffee Morning

KEY REMINDER

Thursday 8th October: Family Workshop, **1.45pm**, in The Grove Training Room. This workshop will focus on autism awareness and understanding.

Tuesday 13th October: our second Parent Coffee Morning, **9.15am**, in the Post 16 building. Come along for coffee, biscuits, chats and sharing stories. All are welcome.

ALLERGY SAFETY: PLEASE KEEP US INFORMED

Please tell the school office promptly if your child has a **new or suspected allergy**, or if their diagnosis, symptoms, medication or medical advice changes. Please send us updated allergy action plans and clinic letters so we can review their healthcare plan and support them safely.

Our policies for pupils with medical needs and for allergies are both available on the school website. **Ms Nadine Huseyin** is responsible for pupils with medical needs and will support parents and carers to create and obtain care plans.

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WE ARE A NUT FREE SCHOOL

Please do not send nuts, or foods containing nuts, into school. This includes packed lunches, snacks and celebration treats. Please check ingredient labels carefully to help protect our school community.

Following the new Allergy Safety in Schools statutory guidance, associated with **Benedict's Law**, we have spare, in date adrenaline devices at points throughout the school. These are available for emergency use if a pupil or member of staff experiences anaphylaxis, a severe allergic reaction, including someone with no previous allergy diagnosis.

These emergency supplies do not replace your child's prescribed medication. Please continue to provide their prescribed adrenaline devices, make sure they remain in date, and tell us about any changes.

Thank you for helping us keep everyone safe.

UP AND COMING EVENTS

Monday 5th to Friday 9th October: World Space Week. Classes will be designing and making 3D space rockets and planets throughout the week. Pupils will have the opportunity to present their finished rockets at Key Stage assemblies.

Thursday 8th October, 1.45pm: Family Workshop on autism awareness and understanding, in The Grove Training Room.

Tuesday 13th October, 9.15am: Parent Coffee Morning in the Post 16 building. All are welcome.

PRIMARY SWIMMING

This is for parents and carers of children in Primary **Victoria** class.

Swimming sessions are taking place weekly, every **Wednesday until Christmas.**

Please send your child into school each Wednesday with a swimming kit, including a towel.

HARINGEY COFFEE MORNING: PARENTS AND CARERS OF AUTISTIC CHILDREN

Come and meet other parents and carers in Haringey at this informal coffee morning. Staff from Haringey's diagnostic service for children up to age 12 will be there to answer questions and hear about your experiences.

Wednesday 14th October 2026, 10am to 11.30am. Chestnuts Community Centre, 280 St Ann's Road, N15 5BN. More details: www.sendpowerinharingey.org

HARINGEY ADHD AND EXECUTIVE FUNCTIONING WORKSHOP

Come and learn more about executive functioning and how it can affect children and young people with ADHD. There are two ways to take part.

In person, Tuesday 20th October 2026, 10am to 12pm. Chestnuts Community Centre, 280 St Ann's Road, N15 5BN. Book here: Eventbrite, in person workshop

Online webinar, Wednesday 21st October 2026, 1pm to 2pm. Book here: Eventbrite, online webinar