

Protect your family

against measles for free

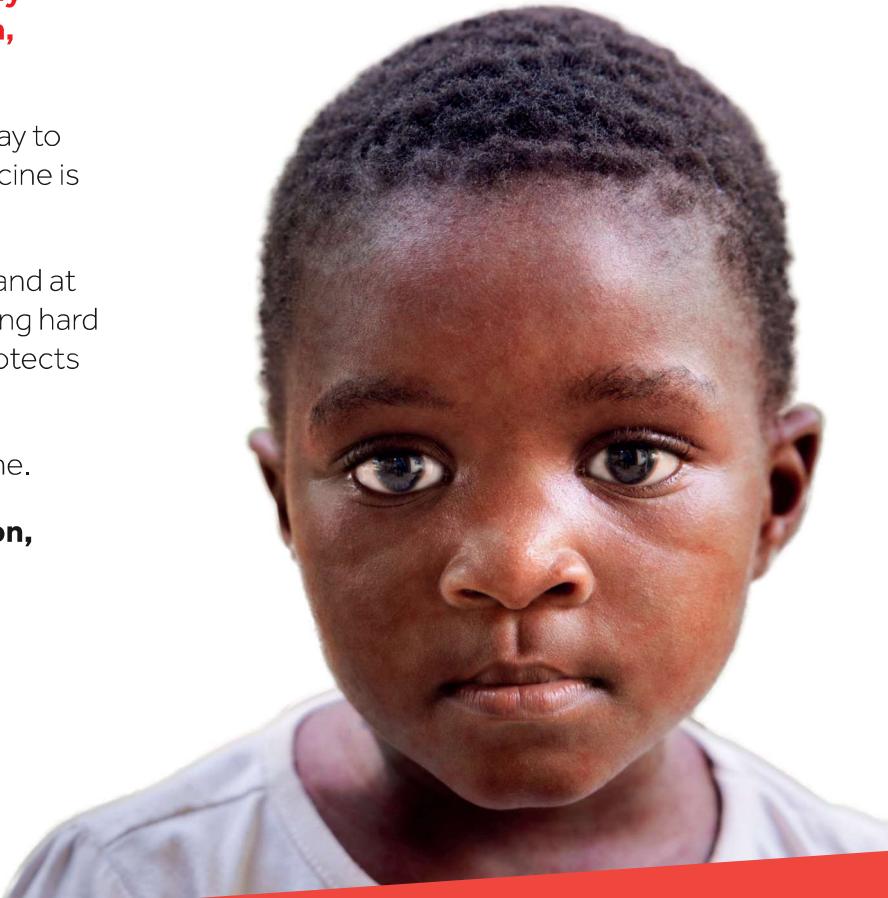
Measles is a serious disease especially dangerous for babies, young children, and pregnant women.

The free MMR vaccination is the only way to protect against measles. The MMR vaccine is safe and does not cause autism.

Children need two doses, at 1 year old and at 3 years 4 months old. The NHS is working hard to vaccinate your child, as it not only protects them, but their friends and family too.

You are never too old to have the vaccine.

Contact your GP for more information, or visit nhs.uk/measles



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If a child in your family who is unvaccinated has come into contact with measles, they may be off school or nursery for three weeks.