



PE and Sport Allocation 2023/24

The PE and Sport Premium allocation for 2023-2024 was £16,370.00

The premium must be used to fund additional and sustainable improvements to the provision of PE and sport, for the benefit of primary-aged pupils, in the 2023 to 2024 academic year, to encourage the development of healthy, active lifestyles.

September 2023: During the 2023-2024 year we intended to spend:

- **This year we intend to spend:**
- **£2500** – Swimming Lessons (External Provider)
- **£2000** – Climbing/ Bouldering Sessions (External Provider)
- **£2000** – Radiate Dance Sessions (External Provider)
- **£2000** – Rugby Works Sessions (External Provider)
- **£2000** – Lee Valley Athletics Centre Sessions (External Provider)
- **£3000** – Horse Riding Lessons (External Provider)
- **£1500** – Sports Equipment
- **£1370** – Sports Specialist Delivery/Training

Objectives:

- To continue to improve the provision of PE and sport to enable access to all pupils.
- To broaden the sporting opportunities and experiences available to pupils.
- To increase fitness and make sport and physical activity a way of life.
- To increase opportunities for pupils to be involved in competitive sport.

- To provide equipment to widen children's experiences of different sporting activities.
- Increasing all staff's confidence, knowledge and skills in teaching PE and sport.

In July 2024 we will report on:

- What has been the impact on pupil's participation?
- What has been the impact on pupil's attainment?
- How will the school sustain the improvements?

July 2024 - Impact of Funding - End of 2023/24 Year Report

£2500 - Swimming Lessons

- 0% of the year 6 pupils were able to swim competently, confidently and proficiently over a distance of at least 25 metres.
- 0% of the year 6 pupils were able to use a range of strokes effectively, for example, front crawl, backstroke and breaststroke.
- 0% of the year 6 pupils were able to perform a safe self-rescue in different water-based situations.

We organised with a local leisure centre to have two swimming lessons every week for the whole 2023/24 academic year. All primary pupils were offered and attended one swimming lesson per week for 12 weeks.

Pupil's water confidence improved and all pupils became engaged with the swimming lessons. Many year 5 and 6 pupils became confident at performing the front crawl successfully over a short distance but not reaching the 25 metre PE National Curriculum Guidance. However, this is a big improvement on previous years.

We plan to keep offering 12 swimming lessons a year to each primary class during the next academic year and hope to get as many pupils as possible successfully swimming over short distances as well as the 25 metre PE National Curriculum Guidance

£2000 - Climbing/ Bouldering Sessions at Stronghold Climbing Centre

We organised with a local climbing centre to have one climbing/ bouldering lesson every week for the whole 2023/24 academic year. Each term, a different class got the opportunity to attend weekly climbing lessons. This was an exciting new experience for the pupils which allowed them to try a new adventurous sport. Pupils really enjoyed this weekly trip showing high levels of participation, engagement and an improvement in their bouldering ability. Pupils that often refused to participate in PE found climbing to be really enjoyable and now we see these pupils taking part in regular PE lessons at school.

£2000 - Radiate Dance Sessions

Radiate is a Royal Academy of Dance Programme which delivers dance based sessions to primary pupils. Pupils were able to experience dance and movement sessions showing good engagement levels and improvements in their self confidence, self esteem and gross motor skills and coordination.

A dance instructor from Radiate worked with pupils from The Grove every Tuesday throughout the whole academic year. We found that many pupils who showed low levels of engagement in regular PE lessons found dance sessions to be a great alternative and in turn improved the pupil's engagement and participation with the PE curriculum.

£2000 – Rugby Works Sessions

Rugby Works is an organisation that delivers rugby and sports based sessions working towards developing pupil's physical attributes, self confidence, leadership skills and self esteem. Three coaches from Rugby Works worked with pupils across the primary department every Thursday for the whole academic year. Rugby Works also delivered the Sports Leaders Award to a small group of pupils and we found that this developed the pupil's communications skills and leadership skills. Engagement levels in primary sessions were very high throughout the year.

£2000 - Lee Valley Athletics Centre Weekly Trip

Throughout the 2023/24 academic year we organised to bring a group of pupils to Lee Valley Athletics Centre every Friday afternoon for a one hour athletics session. Pupils found these sessions very exciting and engaging because the facilities at Lee Valley Athletics Centre are world class and are very aspirational for our pupils. This trip allowed pupils to participate in athletics events which we cannot do at school.

£3000 - Horse Riding Lessons

Throughout the 2023/24 academic year we offered a small group of pupils 12 weeks of horse riding lessons at Chigwell Riding Trust every term. Pupils found this an amazing experience and showed great progress in horse riding. Pupils also showed a caring attitude towards the horses and found the lessons extremely engaging. A different group of pupils attended each term.

£1500 - Sports Equipment

Sports premium funding was used to invest in sports equipment for a variety of sports to ensure pupils were accessing different activities and experiences within PE lessons. Specialist and differentiated sports equipment was also bought to help pupils across the school engage and succeed in activities. The sports equipment is also used during break, lunch and after school clubs which extend engagement. Two adjustable basketball hoops were part of the sports equipment that got purchased which the pupils have thoroughly enjoyed and engaged with.

£1370 - Sports Specialist Delivery/ Training

An amount was allocated to support the specialist sports coach which has increased the opportunity and quality of the PE & Sports in the Primary department. This ensures that there is a specialist sports coach provided for all sessions, rather than PE & Sports being led by class teachers. This has also allowed the specialist PE teacher to attend subject specific CPD.

Overall Impact

The PE and Sport allocation funding has enabled pupils to develop their wellbeing, teamwork, cooperation and negotiation skills. The school has progressed towards high levels of engagement in sports activities across the primary department. The employment of a specialist sports coach/ PE Teacher has ensured that the primary department has the opportunity to access a minimum of two sessions a week with a dedicated teacher along with extra external provider sessions. We have built good relationships with many external sports providers this year and we plan to continue working with them next year.

This ensures that:

- all pupils have made progress in their physical development and within their PE targets

- all pupils engage in regular physical activity, including across break and lunchtime breaks
- the profile of PE and sport is seen as a strength of the school and seen as a whole-school strategy
- staff members all engage in PE and sports thus developing their confidence, knowledge and skills
- pupils are engaged in a broader range of sports and activities
- pupils have developed their participation in competitive team sports within the school environment which in turn develops their social skills, teamwork, cooperation and negotiation skills

Swimming Report:

As of July 2024:

- 0% of the year 6 pupils were able to swim competently, confidently and proficiently over a distance of at least 25 metres
- 0% of the year 6 pupils were able to use a range of strokes effectively, for example, front crawl, backstroke and breaststroke
- 0% of the year 6 pupils were able to perform a safe self-rescue in different water-based situations

Completed by Michael Proctor, PE Teacher and Faculty Lead

July 2024