



PE and Sport Allocation 2022/23

The PE and Sport Premium allocation for 2022-2023 was £16,370.00

The premium must be used to fund additional and sustainable improvements to the provision of PE and sport, for the benefit of primary-aged pupils, in the 2022 to 2023 academic year, to encourage the development of healthy, active lifestyles.

During the 2022-2023 year we intended to spend:

- **£5000** – Swimming Lessons (External Provider)
- **£1500** – Step Into Dance Sessions (External Provider)
- **£2000** – Rugby Works Sessions (External Provider)
- **£2000** - Lee Valley Athletics Centre Sessions (External Provider)
- **£2000** - Horse Riding Lessons (External Provider)
- **£1000** - Table Tennis Tables
- **£1500** - Sports Equipment
- **£1370** – Sports Specialist Delivery/Training

Objectives:

- To continue to improve the provision of PE and sport to enable access to all pupils.
- To broaden the sporting opportunities and experiences available to pupils.
- To increase fitness and make sport and physical activity a way of life.
- To increase opportunities for pupils to be involved in competitive sport.
- To provide equipment to widen children's experiences of different sporting activities.

In July 2023 we will report on:

- What has been the impact on pupils' participation?
- What has been the impact on pupils' attainment?
- How will the school sustain the improvements?

July 2023 - Impact of Funding - End of 2022/23 Year Report

£5000 - Swimming Lessons (Actually spent £2000 on swimming lessons)

- 0% of the year 6 pupils were able to swim competently, confidently and proficiently over a distance of at least 25 metres.
- 0% of the year 6 pupils were able to use a range of strokes effectively, for example, front crawl, backstroke and breaststroke.
- 0% of the year 6 pupils were able to perform a safe self-rescue in different water-based situations.

We organised with a local leisure centre to have four swimming lessons every week for the whole 2022/23 academic year. The plan was to offer all pupils in our school a series of swimming lessons which is why we ring-fenced £5000. However, due to the leisure centre closing their pool for repairs (it did not reopen for the rest of the academic year) and we could not get swimming lessons in other local pools, we could not offer swimming lessons in the Spring and Summer Terms. Two primary classes completed a series of swimming lessons with pupils showing an improvement in water confidence and many showed great improvements in swimming over short distances (but not reaching the 25 metre PE National Curriculum Guidance).

As we did not spend £5000 on swimming lessons, we decided to use the remaining money to organise climbing/ bouldering sessions at Stronghold Climbing Centre, buy 2 more table tennis tables and to purchase another term of horse riding lessons.

£1000 - Climbing/ Bouldering sessions at Stronghold Climbing Centre

Throughout the Summer 2023 Term, two classes got the opportunity to attend weekly climbing/ bouldering sessions at Stronghold Climbing Centre in Tottenham Hale. This was an exciting new experience for the pupils which allowed them to try a new adventurous sport. Pupils really enjoyed this weekly trip showing high levels of participation and engagement. Pupils that often refused to participate in PE found climbing to be really enjoyable and we have now seen these pupils find a love for sport and are taking part in PE lessons at school.

£1500 - Step Into Dance Sessions

Step Into Dance is a Royal Academy of Dance Programme which delivers dance based sessions to pupils. Pupils were able to experience dance and movement sessions showing good engagement levels and improvements in their self confidence and self esteem. This was a big success last year which is why we increased our funding for this external provider this year. A dance instructor from Step Into Dance worked with pupils from The Grove every Friday throughout the whole academic year. Many pupils who showed hesitation to PE lessons found dance sessions to be a great alternative and improved their engagement and participation with the PE curriculum.

£2000 – Rugby Works Sessions

Rugby Works is an organisation that delivers rugby and sports based sessions whilst working towards improving pupils' physical attributes, self confidence, leadership skills and self esteem. Three coaches from Rugby Works work with pupils across all departments at The Grove all day every Thursday. Rugby Works also delivers the Sports Leadership Award to a group of pupils. Engagement levels in primary sessions are very high and leadership skills amongst the Sports Leaders are rapidly improving.

£2000 - Lee Valley Athletics Centre Weekly Trip

Throughout the 2022/23 academic year we organised to bring a group of pupils to Lee Valley Athletics Centre every Friday afternoon for a one hour athletics session. Pupils found these sessions very exciting and engaging because the facilities at Lee Valley Athletics Centre are world class and very aspirational for our pupils. This trip allowed pupils to participate in athletics events which we cannot do at school.

£3000 - Horse Riding Lessons

Throughout the 2022/23 academic year we offered a small group of pupils 12 weeks of horse riding lessons at Chigwell Riding Trust. Pupils found this an amazing experience and showed great progress in horse riding. Pupils also showed a caring attitude whilst on these trips towards the horses and found the lessons extremely engaging. A different group of pupils attended each term.

£2000 - Table Tennis Tables

We purchased two table tennis tables at the start of the 2022/23 academic year. Table tennis lessons showed great participation and engagement levels from the pupils which is why later in the year we purchased two more table tennis tables. It offers a great indoor alternative to PE in the MUGA and is a great sport for improving hand-eye coordination.

£1500 - Sports Equipment

Sports premium funding was used to invest in sports equipment for a variety of sports to ensure pupils were accessing different activities and experiences within PE lessons. Specialist and differentiated sports equipment was also bought to help pupils across the school engage and succeed in activities. The sports equipment is also used during break, lunch and after school clubs which extend engagement.

£1370 - Sports Specialist Delivery/ Training

A percentage has been allocated towards the specialist sports coach which has increased the opportunity for PE & Sports in the Primary department. This ensures that there is a specialist sports coach provided for all sessions, rather than PE & Sports being led by class teachers. This has also allowed the specialist PE teacher to attend subject specific CPD.

Overall Impact

The PE and Sport allocation funding has enabled pupils to develop their wellbeing, teamwork, cooperation and negotiation skills. The school has progressed towards high levels of engagement in sports activities across the primary department. The employment of a specialist sports coach/ PE Teacher has ensured that the primary department has the opportunity to access a minimum of two sessions a week with a dedicated teacher along with extra external provider sessions, this ensures that:

- all pupils have made progress in their physical development and within their PE targets
- all pupils engage in regular physical activity, including across break and lunchtime breaks
- the profile of PE and sport is seen as a strength of the school and seen as a whole-school strategy
- staff members all engage in PE and sports thus developing their confidence, knowledge and skills
- pupils are engaged in a broader range of sports and activities
- pupils have developed their participation in competitive / team sports within the school environment which in turn develops their social skills, teamwork, cooperation and negotiation skills

The success of the specialist PE coach has led to this role being a permanent position used to cover PPA for class teachers. Impact on progress and provision can therefore be sustained as a result.

Swimming Report:

As of July 2023:

- 0% of the year 6 pupils were able to swim competently, confidently and proficiently over a distance of at least 25 metres
- 0% of the year 6 pupils were able to use a range of strokes effectively, for example, front crawl, backstroke and breaststroke
- 0% of the year 6 pupils were able to perform a safe self-rescue in different water-based situations

Completed by Michael Proctor, PE Teacher and Faculty Lead

5th November 2023

