



# **MENU**

## **AUTUMN TERM 2**

MEAT FREE  
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN COURSE

Focaccia Romana  
Based Pizza Topped with  
Tomato Sauce, Basil Pesto,  
Mozzarella, Sweetcorn,  
Pointed Red Peppers  
& Sun Blush Tomato

Chicken Sausage  
Homemade Creamy  
Mashed Potato  
Yorkshire Pudding  
Onion Gravy

Roasted Piri Piri  
Chicken Thigh  
Yellow Rice with  
Onion, Peas  
& Red Peppers

Turkey & Leek Pie  
Buttered New Potatoes  
Onion Gravy

Pink Salmon Fillet  
Portion Coated in  
"Smart Crumb"  
SUSTAINABLY CAUGHT  
Chips  
Homemade  
Tartar Sauce

VEGETARIAN

Jacket Potato  
Baked Beans  
Cheese  
Tuna Mayonnaise  
VEGAN IF WITH  
BAKED BEANS AND  
VEGAN CHEESE

Lincolnshire Style  
Vegan Sausage  
Roasted Sweet Potato  
with Garlic & Herbs  
VEGAN

Roasted Balsamic  
Mediterranean  
Vegetables  
with Falafel  
VEGAN

Roasted Pumpkin  
with Pearl Barley,  
Garlic, Chilli &  
Toasted Seeds  
VEGAN

Stuffed Aubergines  
VEGAN

VEGETABLES

Roasted Broccoli  
with Parmesan

Roasted Carrots  
Peas

Sweetcorn

Mixed Vegetables

Baked Beans  
or Peas

PUDDING

Fresh Fruit Salad Pots  
Whole Fruit  
Organic Yogurt  
Cheese, Crackers  
& Raisins  
Vegetarian Jelly

Homemade  
Eve's Pudding  
(Apple Sponge)  
Custard  
Fresh Fruit  
Salad Pots  
Whole Fruit  
Organic Yogurt  
Vegetarian Jelly

Homemade  
Banana Cake  
Miso Caramel Sauce  
Custard  
Fresh Fruit Salad Pots  
Whole Fruit  
Organic Yogurt  
Vegetarian Jelly

Homemade Seasonal  
Fruit Crumble  
Custard  
Fresh Fruit Salad Pots  
Whole Fruit  
Organic Yogurt  
Vegetarian Jelly

Homemade  
Banoffee Pie  
(Biscuit, Caramel, Banana  
& Whipped Cream)  
Fresh Fruit Salad Pots  
Whole Fruit  
Organic Yogurt  
Vegetarian Jelly

**MEAT FREE  
MONDAY**

**TUESDAY**

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**FRIDAY**

**MAIN COURSE**

**Pizza: Wheat Gluten  
Milk  
Sulphates**

**Chicken Sausage:  
Wheat Gluten, Soya,  
Sulphates  
Mashed Potato: Milk  
Yorkshire Pudding:  
Milk & Egg  
Gravy: None of the  
14 listed allergens**

**Chicken Seasoning:  
Mustard  
Rice: None of the  
14 listed allergens  
Gravy: None of the  
14 listed allergens**

**Turkey & Leek Filling:  
None of the 14 listed  
allergens  
Pastry: Wheat Gluten, Egg  
Potatoes: Milk**

**Wheat Gluten  
Fish: Salmon  
Tartar Sauce:  
Egg & Sulphates**

**VEGETARIAN**

**Potato: None of the  
14 listed allergens**

**Vegan Sausage: Soya  
Sweet Potato: None of  
the 14 listed allergens  
Gravy: None of the  
14 listed allergens**

**Roasted Vegetables:  
Sulphates  
Falafel: Wheat Gluten**

**Barley Gluten,  
Sesame**

**None of the 14  
listed allergens**

**VEGETABLES**

**Broccoli: Milk**

**Roasted Carrots  
& Peas: None of the  
14 listed allergens**

**Sweetcorn: None of the  
14 listed allergens**

**Mixed Vegetables:  
None of the 14 listed  
allergens**

**None of the 14  
listed allergens**

**PUDDING**

**Fruit Pots: None of the  
14 listed allergens  
Yogurt: Milk Cheese: Milk  
Crackers: Wheat Gluten  
Raisins: None of the listed  
14 allergens  
Alpro Yogurt: Soy  
Vegetarian Jelly: None of  
the 14 listed allergens**

**Eve's Pudding: Wheat  
Gluten, Egg & Milk  
Custard: Milk  
Yogurt: Milk  
Alpro Yogurt: Soya  
Fruit pots: None of the  
14 listed allergens  
Vegetarian Jelly: None of  
the 14 listed allergens**

**Banana Cake: Wheat  
Gluten, Egg, Milk, Soya  
Custard: Milk  
Yogurt: Milk  
Alpro yogurt: Soya  
Fruit pots: None of the  
14 listed allergens  
Vegetarian Jelly: None of  
the 14 listed allergens**

**Crumble: Wheat Gluten  
Custard: Milk  
Yogurt: Milk  
Alpro Yogurt: Soya  
Fruit pots: None of the  
14 listed allergens  
Vegetarian Jelly: None of  
the 14 listed allergens**

**Banoffee Pie: Wheat Gluten,  
Milk  
Yogurt: Milk  
Alpro Yogurt: Soya  
Fruit pots: None of the  
14 listed allergens  
Vegetarian Jelly: None of  
the 14 listed allergens**