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| **The Grove Menu****Autumn 2****Week ending 17 September 2021** | **Meat Free Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Main Course** | Focaccia Romana based pizza topped with tomato sauce, basil pesto, mozzarella, sweetcorn, pointed red peppers & sun blush tomato | Chicken SausageHomemade Creamy Mashed Potato Yorkshire PuddingOnion Gravy | Roasted Piri Piri Chicken ThighYellow rice with Kidney beans, chilli & corn | Turkey & Leek PieButtered New PotatoesOnion Gravy | Battered Pollock(Sustainably Caught)ChipsHomemade Tartar Sauce |
| **Vegan Dish** | Jacket PotatoBaked BeansCheeseTuna Mayonnaise **Vegan if with baked beans & Vegan Cheese** | Lincolnshire style Vegan SausageRoasted Sweet Potato with Garlic & Herbs**Vegan** | Roasted Balsamic Mediterranean Vegetables with Falafel**Vegan** | Roasted Pumpkin with Sage, Garlic, Chilli & Toasted Seeds**Vegan** | Stuffed Aubergines**Vegan** |
| **Vegetables** | Roasted Broccoli with Parmesan  | Roasted CarrotsPeas | Corn on the cob | Mixed Vegetables | Baked Beans or Peas |
|  | Fresh Fruit Salad PotsWhole FruitOrganic YogurtCheese, Crackers & RaisinsVegetarian Jelly  | Homemade Eve’s Pudding(Apple Sponge)CustardFresh Fruit Salad PotsWhole FruitOrganic YogurtVegetarian Jelly | Homemade Banana Cake with Salted Caramel Sauce &CustardFresh Fruit Salad PotsWhole FruitOrganic YogurtVegetarian Jelly | Homemade seasonal fruit crumble CustardFresh fruit salad potsWhole FruitOrganic YogurtVegetarian Jelly | Homemade Banoffee Pie (Biscuit, Caramel, Banana & whipped creamFresh fruit salad pots(red & green grapes, honeydew melon, pineapple & strawberries) \*\*Whole FruitOrganic Yogurt |

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| **Allergen list****Autumn 2****Week ending 17 September 2021** | **Monday**  | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Main course** | **Wheat gluten****Milk****Sulphates** | **Wheat gluten****Soya****Sulphates****Milk** | **Wheat gluten****Milk****Egg**  | **Wheat gluten****Egg****Milk****Sulphates** | **Wheat gluten****Fish: Pollock****Tartar sauce: Egg & sulphates** |
| **Vegetarian** | **Fish: Tuna****Mayonnaise: Egg****Cheese: Milk****Vegan cheese: contains none of the listed 14 allergens** | **Wheat gluten****Sulphates****Soya** | **Sulphates** | **Wheat gluten****Sulphates** | **None of the 14 listed allergens** |
| **Vegetables** | **Broccoli: Milk** | **None of the 14 listed allergens** | **None of the 14 listed allergens** | **Corn on the cob: None of the 14 listed allergens** | **None of the 14 listed allergens** |
| **Pudding** | **Yogurt: Milk****Cheese: Milk****Crackers: Wheat gluten****Raisins: contains none of the listed 14 allergens****Alpro yogurt: Soya****Vegetarian Jelly: Contains none of the 14 listed allergens** | **Wheat gluten****Egg****Milk****Custard: Milk****Yogurt: Milk****Alpro yogurt: Soya****Vegetarian Jelly: Contains none of the 14 listed allergens** | **Wheat gluten****Egg****Milk****Custard: Milk****Yogurt: Milk****Alpro yogurt: Soya****Vegetarian Jelly: Contains none of the 14 listed allergens** | **Wheat gluten****Custard: Milk****Yogurt: Milk****Alpro yogurt: Soya****Vegetarian Jelly: Contains none of the 14 listed allergens** | **Wheat gluten****Milk****Yogurt: Milk****Alpro yogurt: Soya****Vegetarian Jelly: Contains none of the 14 listed allergens** |