



Branching out to support families of children with additional needs

FAMILY TREE LAUNCH EVENT

Wednesday, 7th July 9.30 am – 2.30 pm

Port of Blyth Training Centre

A full day event for parents and carers of children with additional needs

Family Tree is a group of parents of children with additional needs who have been involved in an extensive training programme over the last 2 years. They have now formed a group known as 'FAMILY TREE' and this event is to launch their work and to share their journeys with other parents and carers of children with additional needs.

This is a full day programme which includes a range of inspirational speakers, aiming to support other parents and carers with their journey. Lunch will be provided and schools are invited to encourage parents to attend alongside at least 1 member of staff.

DRAFT programme outline:

9:15 - 9:30	Arrival and refreshments
9:30 - 9:40	Welcome and outline of programme for the day
9:40 - 9:55	An introduction to Family Tree led by group members
9:55 - 10:55	Keynote speaker – Dave Algeo – the Stress Guru
10:55 - 11:15	BREAK
11:15 - 12:45	Sharing our Journeys – 3 workshop groups to include 2 Family Tree members, each sharing their journey
12:45 - 1:30	LUNCH
1:35 - 2:15	Coping with stress, anxiety, confidence building – Glynis Burn
2:15 - 2:30	Panel Questions and Answers led by Family Tree members

**This is a free event for parents and carers of children with additional needs
and supporting staff from schools**