

S. Peters Collegiate Academy - Physical Education

PE Learning Journey



Personal and employability skills in Physical Education

The following personal and employability skills are developed within core Physical Education lessons and extra-curricular enrichment activities

Team work	Leadership	Integrity	Thinking creatively	Equality
Communication	Pursuit of excellent	Respect	Motivating and influencing others	Problem solving
Perseverance	Managing emotions/winning/losing	Observation & analysis	Self-esteem	Thinking creatively
Self-management	Cooperation	Determination	Negotiation and persuasion	Working under pressure
Responsibility	Seeking challenge	Problem solving		Organisation
Resilience		Resilience		Sportsmanship & fair play

St.Peter's Physical Education Curriculum

Intent

Our vision is to ensure that all students, whatever their circumstance of ability, experience a broad, enjoyable and challenging PE curriculum that enables them to improve, succeed and excel in sport and physical activity.

We aim to inspire a love of physical activity and an understanding of its importance so that students lead life-long healthy, active lifestyles that benefit their physical, mental and emotional health.

We strive to develop fitness, skills and tactical awareness in a wide range of physical activities through being physically active for sustained periods of time and give opportunities for all students to engage in competitive sports and activities.

The curriculum aims to go beyond what is examinable by building character and embedding values such as respect and fair play. An emphasis is placed not only on activity-specific skill development and knowledge but on personal and social skills, including cooperation, communication, teamwork, problem solving, leadership and resilience, so as to equip students with the employability and life skills required during and beyond their time at S.Peter's. We view commitment to sport as a highly effective tool in improving not only the sporting, but wider academic, social and emotional outcomes in students' lives.

Implementation

Opportunities for physical activity are widely available from year 7 to year 13, with students in years 7 to 11 participating in two core Physical Education lessons each week, as well as having access to an extensive whole school enrichment programme.

Physical skills are developed by building upon the fundamental movements developed in key stage 2, appropriate and progressive sequences of learning and by giving students opportunities to reflect, practice and respond to feedback. Students can extend their theoretical knowledge further by taking either GCSE PE or Cambridge National Sports Science in KS4 and then at KS5 can study A-level PE or Cambridge Technical Sport and Physical Activity.

Competitive activities are experienced in lessons, extra-curricular clubs, inter-form competitions and an extensive inter-school sports programme, catering to a wide range of physical abilities.

Links are made with local clubs to facilitate students progress, utilise specialist knowledge and encourage students to be involved in sport in the community. A basketball academy is being developed to nurture the talent of students as well as supporting students in their personal development.

Impact

Students who study PE/Sport courses at key stage 5 leave with the knowledge and skills to gain places on a range of PE and non-PE related courses, apprenticeships and careers. We believe that PE students leave sixth form with the social skills, resilience, teamwork and confidence that is nurtured through being physically active and participating in school and community sport.

Participation in core Physical Education lessons is high, with the majority of students reporting that they enjoy their PE lessons. PE has remained a popular examination choice for students at key stages 4 and 5. At A-level, the department has a 100% pass rate and results have been significantly above national average. with 50% of students achieving A*-B grades and 100% A*-C grades in 2019.

Extra-curricular sport is popular and hence there is a demand for multiple teams into local competitions. S. Peter's students have been strong competitors in many local competitions and have won or placed in the top three in many city competitions. Some teams and individuals have also progressed to compete in county and national competitions. S.Peter's was given the city award for Sports School of the Year in 2019, the first year the accolade was awarded.

[Link to full curriculum statement](#)