

## **Learning Journey PSHE**



## Intent

Pupils will develop the knowledge, skills and attributes they need to keep themselves healthy, safe and prepared for life and work. We aim to enable the students, young people and communities we serve to flourish as they experience education for wisdom, hope, community and dignity and discover life in all its fullness which Jesus offers.

Exercise

## **Implementation**

The PSHE curriculum is split into 3 different areas, each one covered by every year group.

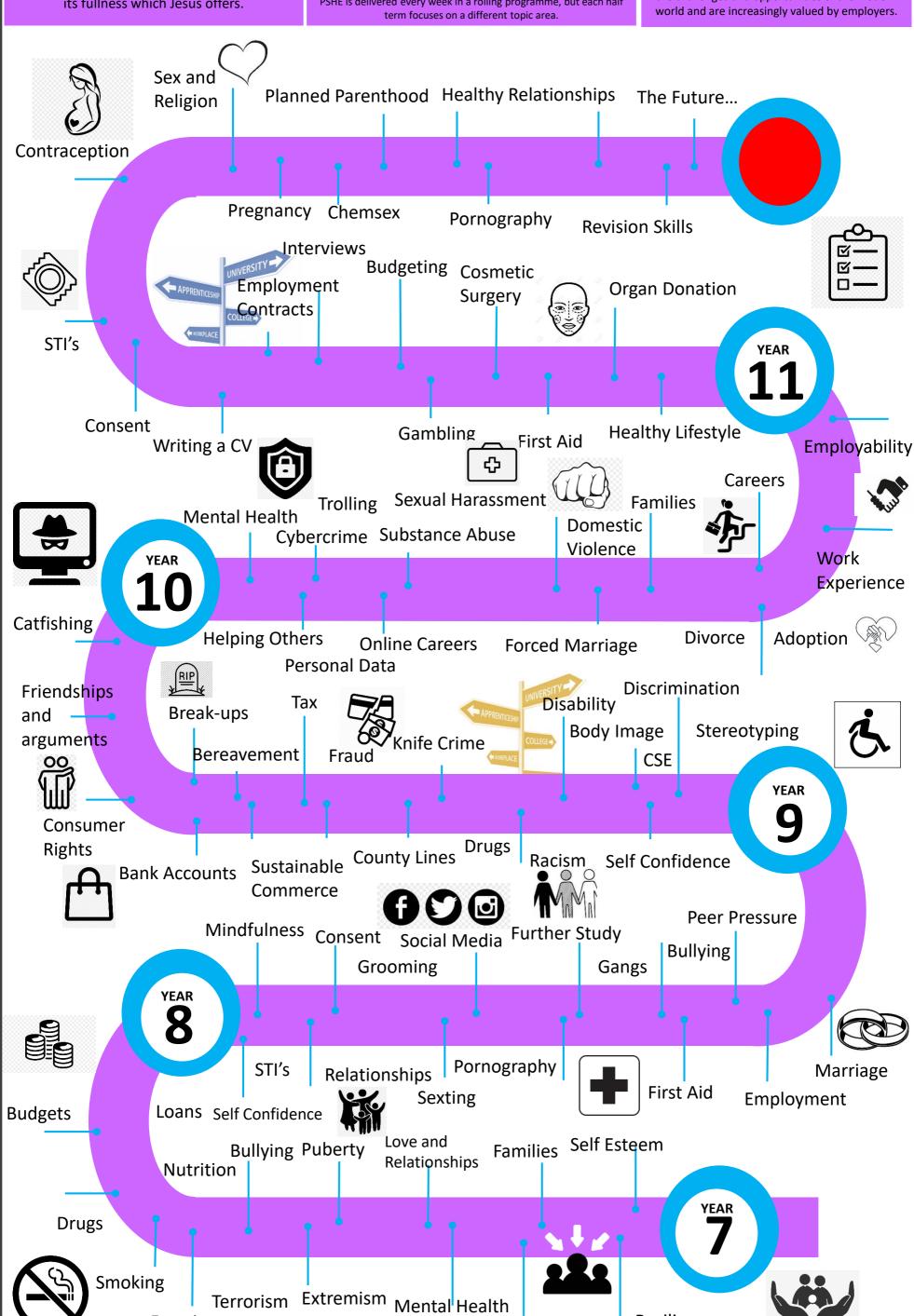
Health and Wellbeing: here the curriculum focus is on enabling students to make well-informed, positive choices for themselves Living in the wider world: will cover economic wellbeing, careers and enterprise education, as well as education for personal safety, including assessing and managing risk.

Relationships (RSE): the aim of this area is to give young people the information they need to help them develop healthy, nurturing relationships of all kinds, not just intimate relationships.

PSHE is delivered every week in a rolling programme, but each half

## **Impact**

Students will develop skills and attributes to help keep them healthy, safe and prepare them for life and work in modern Britain. Through PSHE we are supporting students in achieving their academic potential and to leave school equipped with skills that they will need throughout their lives: teamwork, communication and resilience. These are crucial for them to be able to navigate the challenges and opportunities of the modern



Resilience

**Friendships**