



# HARVEST APPEAL

Help local people facing hardship

- ☒ Tinned Meat & Fish
- ☒ Long Life Fruit Juice
- ☒ Tinned Potatoes
- ☒ Tinned Vegetables
- ☒ UHT Milk, Coffee & Tea
- ☒ Cooking Sauces
- ☒ Rice & Pasta
- ☒ Tinned Rice Pudding & Custard
- ☒ Shower Gel, Soap, Toothpaste

Support the Hertford, Ware &  
District Foodbank by donating an  
item or two. Thank you.



Hertford,  
Ware & District  
**Foodbank**  
Together with Trussell

