

# MAIN MEALS

From £2.55

01/09, 22/09, 13/10,  
10/11, 01/12

AUTUMN MENU  
WEEK ONE



LOOK OUT  
FOR DAILY  
★ THEME BARS, ★  
JACKET POTATOES  
& SALAD BAR



## PASTA STATION

### MONDAY

Beef Bolognese  
Macaroni Cheese (G,Mk)

### TUESDAY

Tomato & Basil Sauce (G,Mk)  
Ham Carbonara (G,Mk)

### WEDNESDAY

Pepperoni Mac & Cheese (G,Mk)  
Basil Pesto (Mk)

### THURSDAY

Tomato Sauce (G,Mk)  
Ham Carbonara (G,Mk)

### FRIDAY

Macaroni Cheese (G,Mk)  
Creamy Chicken & Sweetcorn (G,Mk)

From £2.55

## MON

## TUE

## WED

## THU

## FRI

### ★ MASALA MOMENTS ★

Chicken Tikka Masala  
with Mango Chutney  
(Mu)

Vegetable Tikka Masala  
with Mango Chutney  
(Mu)

Pilau Rice  
Spicy Roasted Cauliflower

Extras: Naan Bread (G)

### ★ AMERICAN DINER ★

Quarter Pound Beef Burger  
in a Bun (G)  
or  
Hot Honey Chicken Burger in  
a Bun (G)

Crispy Falafel Burger in a Bun  
(G)

Oven Baked Wedges  
Crunchy Seasonal Salad

Extras: Onion Rings (G)

### ★ ROAST ★

Roast Gammon with Stuffing  
& Herb Gravy (G)

Creamy Butternut &  
Vegetable Pie With Crunchy  
Crust (G,Mk)

Crunchy Roast Potatoes  
Savoy Cabbage & Carrots

Extras: Yorkshire Pudding  
(G,E,Mk)

### ★ TASTE OF JAMAICA ★

BBQ Chicken  
In an Open Wrap

BBQ Eat Curious  
In an Open Wrap

Rice & Peas  
Crunchy Slaw

Extras: Flatbread (G,Mk,So)

### ★ FISH & CHIP SHOP ★

Battered Fish Fillet  
(G,F)

Crispy Chicken Tenders  
(G,Ce,Mk,Mu,Se)

Cheese & Onion Pasty  
(G,Mk)

Chips  
Peas  
Baked Beans

Extras: Curry Sauce (Mk,So)

Meal-Deal  
Only £3.03

Check out what's on offer today,  
available for free school meals!



## GLOBAL EATS

From £3.40

## MON

## TUE

## WED

## THU

## FRI

Hotdog with  
Mustard &  
Pickled Red  
Onions  
(G,Mu,Se,Su)

BBQ Chicken  
Gyros  
(G)

Korean Chicken  
Rice Bowl with  
Hot Chilli Sauce  
(G,Se,So)

Mexican  
Chicken Panini  
with Tortilla  
Chips  
(G,Mk,Mu,So)

Jerk Chicken  
with Rice and  
Slaw  
(E)

## DESSERTS

### MONDAY

Double Chocolate Pudding (G,E,Mk,So)

### TUESDAY

Berry Flapjack Crumble (G)

### WEDNESDAY

Toffee & Banana Cake (G,E,Mk,So)

### THURSDAY

Lemon & Blueberry Sponge (G,E)

### FRIDAY

Sticky Baked Jam Doughnut (G)

From £1.20

## ALLERGENS

we're allergy gurus!

Speak to one  
of our chefs if  
you have any  
allergies.

Ce = Celery  
Cr = Crustacean  
E = Eggs

F = Fish  
G = Cereals  
containing Gluten

L = Lupin  
Mk = Milk  
Mo = Molluscs

Mu = Mustard  
N = Nuts  
P = Peanuts

Se = Sesame Seeds  
So = Soya  
Su = Sulphur Dioxide