



Parent Online Safety

Dear Parents/Carers,

The East Herts Mental Health Support Team (MHST) will be delivering a 'Parent Online Safety Workshop' at Hollybush Primary School. Presentation will include:

- Current Issues
- Common difficulties parents are experiencing with their children.
- Different strategies to help including, helping with conversation to keep children safe online.
- Establishing boundaries

Date	Topic	Location
Tuesday 4 th February 9am	Parent Online Safety	Hollybush Primary School

Please click the below link to book free tickets to this 'Parent Online Safety' event:

<https://www.eventbrite.com/e/parent-online-safety-workshop-tickets-1216572092879?aff=oddtcreator>

MHSTs were, created as part of the Government's scheme to increase mental health support to young people. The team works directly in schools offering a range of early intervention including 1:1 work with parents, pupil groups, workshops in all aspects of wellbeing, including behavioural support, anxiety, & emotion regulation.

