

# DSPL3

## Delivering Specialist Provision Locally

DSPL 3 has links with many family support groups and services across Hertfordshire. Here you will find links to many of their websites containing contact lines, training, local support groups and more.



DSPL3 covers East Herts – Bishops Stortford, Sawbridgeworth, Buntingford, Ware, Hertford and all surrounding villages

## »»» Nessie's FREE EARLY HELP SUPPORT SERVICE

A new service is available for parents/carers of Hertfordshire's children and young people with emotional and mental health issues aiming to help parents/carers in developing a positive and more confident approach to support their young person, whilst offering a chance to gain peer support, useful strategies, and practical tools:

<https://nessieined.com/hertfordshire-parents>



## »»» NEW SEND SCHOOL – THE VALLEY – STEVENAGE – FOR CHILDREN WITH LD

The Valley School is a secondary school for children with a learning difficulty. They will be opening up for prospective Year 5/6 students on the following date: • Thursday 15th February 2024 9.30am – 11.00am Entrance off Broadhall Way – Stevenage – SG2 9BN Telephone: 01438 747274. <https://thevalley.herts.sch.uk/#>



## »»» TALKING FAMILIES

6. weekly sessions for parents and carers of children aged 0-12 sharing tips on how to:

- Manage challenging behaviour with consistency – Encourage positive behaviour
- Build your child's self esteem – Set and maintain boundaries
- Respond to tantrums and difficult feelings in children – Develop a strong parent/child

Thursdays 9.45-11.15am 8th, 15th, 29th February & 7th, 14th, 21st March 2024

To Book phone 07512 709556 or email [bookings@supportinglinks.co.uk](mailto:bookings@supportinglinks.co.uk) Course: ID 622

## »»» SEND ACTIVITIES FOR CHILDREN AND YOUNG PEOPLE

Visit the website below to find out what SEND activities you can book for your child or young person with SEND:

<https://potentialkids.org.uk/>

<https://spaceherts.org.uk/events/>



## ADVICE AND GUIDANCE



<https://www.hertfordshire.gov.uk/microsites/local-offer/the-hertfordshire-local-offer.aspx>



<https://www.kids.org.uk/east-hub>



SENDIASS

<https://www.hertssendiass.org.uk/home.aspx>



<https://www.ipsea.org.uk/>



<https://sossen.org.uk/>



<https://hertsparentcarers.org.uk/>

## ISL SPECIALIST ADVICE LINES



Specific Learning Difficulties (SpLD)

01442 453 920

Thursday 9.30am - 12pm

Speech, Language, Communication and Autism Needs

01442 453 920

Tuesday and Wednesday 1.30pm - 4pm

Early years (0 - 5)

01442 453 920

Wednesday 9am - 12pm

and Thurs 1.30pm - 4pm

Physical and neurological impairment team (PNI)

01442 453 920 every Monday (term time only), 1.30pm - 4pm



Education Support for Medical Absence (ESMA)

01442 454 802

[esmaenquiries@hertfordshire.gov.uk](mailto:esmaenquiries@hertfordshire.gov.uk)

Neurodiversity Hub

01727 833963

Monday to Friday 9am - 1pm

## EHCP SUPPORT

EHCP - HERTS LOCAL OFFER

[vhttps://www.hertfordshire.gov.uk/microsites/local-offer/education-health-and-care-plans/education-health-and-care-plans-ehcp.aspx](https://www.hertfordshire.gov.uk/microsites/local-offer/education-health-and-care-plans/education-health-and-care-plans-ehcp.aspx)

IPSEA - INDEPENDENT PROVIDERS OF SPECIAL EDUCATION ADVICE

<https://www.ipsea.org.uk/pages/category/education-health-and-care-plans>

SENDIASS - HERTS SEND INDEPENDENT ADVICE AND SUPPORT SERVICE

<https://www.hertsparentcarers.org.uk/wp-content/uploads/2020/11/EHCA-NA-Booklet.pdf>

## EARLY YEARS

- HV 0300 123 7572 every day, 9am – 5pm.
- You can refer into our Family Centre Service online
- Text Chat Health – a texting service for parents of children aged 0 – 5 – 07480 635 164, Monday – Friday, 9am – 5pm.
- EY Advice Line 01442 453920

## POST 16

There are a number of learning options for post-16, which offer a range of courses and job related skills. This support can include specialist teaching support, personal helpers, specialist equipment and much more.

<https://www.hertfordshire.gov.uk/microsites/local-offer/preparing-for-adulthood/further-education.aspx>

## SPEECH AND LANGUAGE

## AUTISM AND ADHD

## PARENTING AND HEALTH



To contact the children and young people's therapy (CYPT) service:

Call: 01923 470 680, choose option 3, then option 1 for children not known to the service or option 2 for children known to the service

Email: [hct.cypttherapies1@nhs.net](mailto:hct.cypttherapies1@nhs.net)

Twitter/X: [@Herts\\_CYPT](https://twitter.com/Herts_CYPT)

Facebook:

[facebook.com/HertsCYPT](https://www.facebook.com/HertsCYPT)

<https://www.hct.nhs.uk/children-and-young-people-speech-and-language-therapy-parents>



<http://www.spaceherts.org.uk/>



<https://www.add-vance.org/>



<https://www.autism.org.uk/>



<https://www.pdasociety.org.uk/>



<https://www.adhdfoundation.org.uk/>



<https://www.ambitiousaboutautism.org.uk/>



<https://www.familiesinfocus.co.uk/>



<https://www.supportinglinks.co.uk/index.html>



School Nursing Duty Line

Tel: 0300 123 7572

Monday to Friday 9am – 5pm

<https://www.hct.nhs.uk/service-details/service/school-nursing-56/>

Children and young people's therapy services

01923 470680 – Option 3

[hct.cypttherapies1@nhs.net](mailto:hct.cypttherapies1@nhs.net)

<https://www.hct.nhs.uk/children-and-young-people-occupational-therapy-parents>



## MENTAL HEALTH AND WELLBEING

CAMHS

<https://www.hpftcamhs.nhs.uk/>

EMWIE

<https://emwie.tfemagazine.co.uk/novemberdecember-2023>

SANDBOX

<https://sandbox.mindler.co.uk/>

DSPL3 Interim Managers: Adrienne Viall and Laura Gilpin  
DSPL3 Interim SEND Lead: Lisa Lee

