


Week 1 Spring Menu



deliciously good food.

At the heart of everything we do is our love of good, fresh and healthy food, prepared by a team who cares!

Mon	Tue	Wed	Thu	Fri
	★ Masala Days ★	★ Tex Mex ★		★ Fish & Chip Shop ★
 From £0.00 MAINS <i>Fresh Flavours</i>	Kung Pao Chilli Pork Stir Fry with Peppers (G,So,Mu,Ce) and Noodles (G) Steamed Rice Garlic and Chilli Roasted Greens Kung Pao Quorn Chilli Stir Fry with Pepper (G,So,Mu,E,Ce) and Noodles (E) Steamed Rice Garlic and Chilli Roasted Greens	Cajun Spiced Chicken (G,Mu,Mk) or Veggie Enchilada Baked with Tomato and Cheese (G,Mu,Mk) Creole Fried Tostadas with BBQ Beans, Coriander and Chilli Salad (G,Su,So,Mu,Mk,Ce) or Loaded Fries (G,Su,So,Mu,Mk,Ce) Topped with Chilli BBQ Pulled Pork (G) Salsa and Cheese (Mk) Steamed Rice Sour Cream (Mk) Nachos Jalapenos Corn Bread (G,Mk,E)	Classic Italian Slow Cooked Beef Lasagne (G,Mk,E) served with Chef's Seasonal Salad and Garlic Bread (G,Mk,So) Mediterranean Roasted Vegetable Lasagne (G,Mk,E) served with Chef's Seasonal Salad And Garlic Bread (G,Mk,So)	Battered Fish Fillet (G,F) Jumbo Sausage Roll (G,Su,So,Mk) Cheese and Onion Pattie (G,So,Mk) "Chip Butty" (G,Se,Mk) Sausage Dogs (G,Su,Se,Mu,E) Fish Finger Dogs (G,Se,F,E) Oven Baked Chips Garden Peas Mushy Peas Baked Bean Curry Sauce (Mk) Pickled Onions (Su), Buttered Rolls (G,Se,Mk), Pickled Gherkins (Su), Chunky Tartare Sauce (Su,E) Ketchup and Lemon

From £2.40

GLOBAL EATS

MONDAY

Jumbo Hot Dog with BBQ Sauce and Sweet Potato Crisps (G,Su,Se,Mu)

TUESDAY

Love Joes - Bombay Burrito with Indian Chicken (G,Mu,Mk,E)

WEDNESDAY

Chicken Pad Thai with Sweet Chilli Sauce (E)

THURSDAY

Love Joes - Wrap with Buffalo Chicken (G)

FRIDAY

Flamin Fish Burger (G,So,Se,F,E)

From £2.40

PASTA BAR

SERVED EVERYDAY

Freshly Cooked Pasta:

Slow Cooked Beef Bolognaise (G)

Tomato and Basil (G)
or
Mac 'n' Cheese (G,Mk)

Served with:
Home baked Garlic Bread (G,So,Mk)
Pesto (Mk)
Cheese (Mk)

From £1.00

DESSERT

MONDAY

Apple Crumble with Custard (G,Mk)

TUESDAY

Spotted Dick Pudding with Vanilla Custard (G,So,Mk,E)

WEDNESDAY

Cornflake Tart (G,Mk,E)

THURSDAY

Jam and Coconut Sponge with Custard (G,Mk,E)

FRIDAY

Marmalade Bread and Butter Pudding with Custard (G,So,Mk,E)

every week!

Look out for our

★ Theme Bars ★

JACKET POTATOES
WITH ALL THE BEST TOPPINGS!



SALAD BAR

Fresh every day packed with tasty choices!

MEAL DEAL

Check out what's on offer today!

Available for Free School Meals

ALLERGENS

we're allergy aware!

Ce = Celery
Cr = Crustacean
E = Eggs
F = Fish
G = Cereals
containing Gluten
L = Lupin
Mk = Milk

Mo = Molluscs
Mu = Mustard
N = Nuts
P = Peanuts
Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide

Speak to one of our chefs if you have any allergies.

Week 2 Spring Menu



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Mon	Tue	Wed	Thu	Fri
 From £0.00 MAINS <i>Fresh Flavours</i>	★ Burgers ★ Quarter Pounder Beef Burger (G,Se) Spicy Chicken Burger (G,Se,Mu) Falafel Burger (G,Se) All Served in a Sesame Seed Bun Add Mayonnaise (E), Shredded Iceberg, Fried Onions, Ketchup Chips / Oven Chips Onion Rings (G) Extras Sliced Cheese (Mk) Pineapple Fried Egg (E)	★ Caribbean ★ BBQ Jamaican Jerk Spiced Chicken (Su,So,Se,Lu) Trinidad Doubles served with curried Chick Peas (G) Trinidadian Corn Pie (Mk,E) Jamaican Rice and Peas Jamaican Beef Patty (G) Jamaican Vegetable Patty (G,Ce) Juicy Carrot and Pineapple Salad (Mk)	Beef Chilli Con Carne (Mu) with Sour Cream (Mk) and Crushed Nachos Steamed Rice Vegetarian Mince Chilli Non Carne (So,Ce), served with Tortilla Chips (G,Mu), Sour Cream (Mk) and Jalapenos Steamed Rice	★ Fish & Chip Shop ★ Battered Fish Fillet (G,F) Jumbo Sausage Roll (G,Su,So,Mk) Cheese and Onion Pattie (G,So,Mk) "Chip Butty" (G,Se,Mk) Sausage Dogs (G,Su,Se,Mu,E) Fish Finger Dogs (G,Se,F,E) Oven Baked Chips Garden Peas Mushy Peas Baked Bean Curry Sauce (Mk) Pickled Onions (Su), Buttered Rolls (G,Se,Mk), Pickled Gherkins (Su), Chunky Tartare Sauce (Su,E) Ketchup and Lemon
	Portuguese Peri Peri Chicken with Coleslaw and potato wedges (Su,E) Peri Peri Cauliflower Steaks with coleslaw and potato wedges (Su,E)			

From £2.40

GLOBAL EATS

MONDAY

Korean Meatballs with Noodles (G,So,Se,E)

TUESDAY

Love Joes - Lamb Kofta Wrap with Tzatziki and Salad (G,So,Mk,E)

WEDNESDAY

African Jollof Rice with Chicken

THURSDAY

Love Joes Chipotle Chicken Wrap (G,Su)

FRIDAY

Onion Bhaji Burger (G,Mk,E)

From £2.40

PASTA BAR

SERVED EVERYDAY

Freshly Cooked Pasta:

Slow Cooked Beef Bolognese (G)

Tomato and Basil (G)
or
Mac 'n' Cheese (G,Mk)

Served with:
Home baked Garlic Bread (G,So,Mk)
Pesto (Mk)
Cheese (Mk)

From £1.00

DESSERT

MONDAY

Eve's Pudding with Custard (G,MkE)

TUESDAY

Banoffee Pie (G,So,Mk)

WEDNESDAY

Jamaican Ginger Cake with Caramel Sauce (G,Mk,E)

THURSDAY


Baked Lemon Pudding with Vanilla Sauce (G,E,Mk)

FRIDAY

Chocolate Sponge with Chocolate Sauce (G,E,Mk)

Week 3 Spring Menu



Mon	Tue	Wed	Thu	Fri
 <p>From £0.00</p> <p>MAINS</p> <p><i>Fresh Flavours</i></p>	<p>Sausage & Mash</p> <p>Butchers' Sausages (G,Su) Chicken Sausages (G,Su) Veggie Sausages (G,Ce)</p> <p>Creamy Mash Sweet Potato Mash (Mk)</p> <p>Classic Gravy Onion Gravy</p> <p>Garden Peas Mushy Peas Baked Beans</p>	<p>Thai</p> <p>Aromatic Thai Green Chicken Curry served with Steamed Rice</p> <p>Pad Thai Noodles with Egg Omelette And Bean Shoots (G,So)</p> <p>Steamed Jasmine Rice</p> <p>Egg Noodles (G,E)</p> <p>Crispy Thai Salad Sweet Chilli Sauce Prawns Crackers (Cr)</p>	<p>Fish & Chip Shop</p> <p>Battered Fish Fillet (G,F) Jumbo Sausage Roll (G,Su,So,Mk) Cheese and Onion Pattie (G,So,Mk) "Chip Butty" (G,Se,Mk) Sausage Dogs (G,Su,Se,Mu,E) Fish Finger Dogs (G,Se,F,E) Oven Baked Chips</p> <p>Garden Peas Mushy Peas Baked Bean Curry Sauce (Mk)</p> <p>Pickled Onions (Su), Buttered Rolls (G,Se,Mk), Pickled Gherkins (Su), Chunky Tartare Sauce (Su,E) Ketchup and Lemon</p>	
	<p>Katsu breaded chicken with steamed rice and Katsu Curry Sauce (G,So,E)</p>	<p>Katsu breaded Sweet Potato with steamed rice and Katsu Curry Sauce (G,So,E)</p>	<p>Minced Beef and Short Crust Pastry Pie (G,Ce) with Mashed Potato and Carrots</p>	
			<p>Homemade Vegetable Samosa with Curry Sauce (G,Mk), Steamed Rice and Chilli Mixed Vegetables (G,So)</p>	

From £2.40

GLOBAL EATS

MONDAY

Singapore Noodles with Chicken Teriyaki (G,Su,So,E)

TUESDAY

Love Joes - Mediterranean Chicken Wrap (G,Su,Mk,E)

WEDNESDAY

Minced Beef Keema Curry with Peas and Rice

THURSDAY

Love Joes - 5 Spice Chicken Wrap (G,So,E)

FRIDAY

Jerk Chicken Burger (G,Su,Se)

From £2.40

PASTA BAR

SERVED EVERYDAY

Freshly Cooked Pasta:

Slow Cooked Beef Bolognaise (G)

Tomato and Basil (G)
or
Mac 'n' Cheese (G,Mk)

Served with:
Home baked Garlic Bread (G,So,Mk)
Pesto (Mk)
Cheese (Mk)

From £1.00

DESSERT

MONDAY

Lemon Drizzle Cake (G,E)

TUESDAY

Marmalade Pudding (G,Mk,E)

WEDNESDAY

Apple Pie with Shortcrust Pastry and Custard (G,E,Mk)

THURSDAY

Rhubarb and Custard Cake (G,Mk,E)

FRIDAY

Sticky Toffee Pudding (G,Su,Mk,E)

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Week 4 Spring Menu



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Mon

Tue

Wed

Thu

Fri



From £0.00

MAINS

Fresh Flavours

Sticky BBQ Chicken
(G,Su,So,Ce)
with Potato Wedges and
Cowboy Beans (Su,So,G,Ce)

Gnocchi with Roasted
Tomato Sauce and
Mozzarella Cheese
(G,So,Mu,Mk,E)
served with
Pesto Green Beans (Mk)

★ **Pizza** ★

Classic Margarita (G,So,Mk)
BBQ Chicken (G,So,Mk,Ce)
Roasted Vegetable
(G,So,Mk)
Signature "Deep Pan"
(G,Su,So,Mu,Mk)

Garlic Pizza Bread Slices
(G,So,Mk)

Potato Wedges
Chef's Salad
Classic Coleslaw
(Su,Mu,Mk,E)
BBQ Beans (Su,So,G,Ce)

Dipping Sauces
Garlic Mayonnaise (E)
Sweet Chilli
BBQ Sauce

Additions
Spicy Chicken Wings (G)

★ **Carvery** ★

Sliced Roast Gammon
Sliced Roast Norfolk Turkey
Roast Vegetarian Loaf
(G,Su,Mk,E)

Yorkshire Pudding (G,Mk,E)
Roast Pan Gravy
Chipolata Sausage (G,Su)
Sage and Cranberry Stuffing
(G,So,Mk,E)

Crispy Roast Potatoes
Creamy Mash potato
Roasted Carrots
Garden Peas
Steamed Cabbage

Apple Sauce
Cranberry Sauce

Cheesy Topped Cottage Pie
(G,Su,So,Mk,Ce)
with Roasted Carrots
and Cabbage

Cheesy Topped Veggie
Cottage Pie
(G,Su,So,Mk,Ce)
with Roasted Carrots and
Cabbage

★ **Fish & Chip Shop** ★

Battered Fish Fillet (G,F)
Jumbo Sausage Roll
(G,Su,So,Mk)
Cheese and Onion Pattie
(G,So,Mk)

"Chip Butty" (G,Se,Mk)
Sausage Dogs
(G,Su,Se,Mu,E)
Fish Finger Dogs
(G,Se,F,E)
Oven Baked Chips

Garden Peas
Mushy Peas
Baked Bean
Curry Sauce (Mk)

Pickled Onions (Su),
Buttered Rolls (G,Se,Mk),
Pickled Gherkins (Su),
Chunky Tartare Sauce
(Su,E)
Ketchup and Lemon

From £2.40

GLOBAL EATS

MONDAY

Chilli Dog with Grated Cheddar and Crushed
Tortilla (G,Su,Se,Mu,Mk)

TUESDAY

Love Joes - Peri Peri Chicken with Rice and
Coleslaw (G,E)

WEDNESDAY

Mumbai Lamb Pav with a Soft Sweet Roll
and Onion Salad (G,So,Mk,E)

THURSDAY

Love Joes - Tandoori Chicken with Mint
Sauce and Onion Salad (G,Mk,E)

FRIDAY

Halloumi Burger (G,Se,Mk,E)

From £2.40

PASTA BAR

SERVED EVERYDAY

Freshly Cooked Pasta:

Slow Cooked Beef Bolognaise (G)

Tomato and Basil (G)
or
Mac 'n' Cheese (G,Mk)

Served with:
Home baked Garlic Bread (G,So,Mk)
Pesto (Mk)
Cheese (Mk)

From £1.00

DESSERT

MONDAY

Banana Tea Bread with Chocolate Sauce
(G,Mk,E)

TUESDAY

Nutless Bakewell Tart and Custard (G,Mk,E)

WEDNESDAY

Gypsy Tart (G,Su,So,Se,Mk,E)

THURSDAY

Mixed Berry Flapjack (G)

FRIDAY

Warm Chocolate Brownie (G,E)
and Ice Cream (Mk)