

PE newsletter

Friday 28th April 2023

Creating Tomorrow's Citizens Today



PE news - April

The 2023 Sports Tour to Valkenburg was a great success. The students were fantastic and a credit to themselves, their parents and themselves. All students engage in morning training sessions, in their teams, led by qualified coaches. Before engaging in fixtures against Dutch opposition in the evening. The matches and training was separated by excursions of Tobogganing and Bowling, which the students really enjoyed. On the final day the students got to enjoy time at a water park engaging in some active recovery before competing in a tournament against other English schools. On the way back home we visited PSV Eindhoven for a tour of the stadium.



Football

U13

The U13 team had a wonderful tour, fully embracing the training sessions and working together so well as a team in their fixtures. On Tuesday night they played against a good Geleen Zuid side but such was the quality of our boys passing football they managed to win comfortably 5-1. On Wednesday they crossed the border in Belgium to play vs VV Lanaken and were just as impressive. There was a memorable strike from Dante as well as goals from Henry and Phoenix. During the tournament on Thursday they won their opening game in an epic match, 5 goals to 4.

They would have won the tournament but for a 1-0 defeat in their final game.

Well done to award winners, Ethan, Phoenix and Dante. Mr Joyce thoroughly enjoyed working with such a great group of students.



U14A

What a great tour this team had. Winning both their games against the Dutch opposition 9-0 and 13-1. Before going onto win the tournament against the other English schools, winning 2 games, drawing 1 and losing just 1. As a whole the team were brilliant, 4 Year 8 students played up and held their own scoring 7 goals between them, Ollie S was on fire in front of goal and Sam B and Leo C were brilliant as a newly formed centre back partnership. A special mention to individual awards winners, Sam B (stand out performer), Ephraim D (Sports Personality) and Lewis B (Best trainer).





U14B

The Boys had a great competition and thoroughly enjoyed the experience. Our first game against Dutch opposition took place against VV Scharn where at this stage it was the first time that the boys had played together as a team and although they grew into the game, the boys lost 2-4. On Wednesday, we travelled to Groene Ster, where we played at a fantastic stadium. The boys played very well winning 2-1 in a closely contested match with Fin H scoring for the second game in succession. On Thursday we played in the UK schools tournament, winning 1 out of 3 games and beating Roundwood Park school 1-0. Well done to all the boys who made the week a very enjoyable week.

Player of the tournament: Sam P

Coaches player: Alfie R

Personality of the Team: George C



U14 Girls

The Girls demonstrated a fantastic attitude towards both training and games against some tough Dutch opposition. During the second game the girls held their own with some excellent link up play using the pace on the wings and the strength the team had in the middle of the pitch. Our defence was solid holding off some strong attacks from the opposition, after finishing the first half 1-0 up the girls did not change their attitudes going out into the second half wanting more goals. Our back line put their bodies on the line on a number of occasions to break down the attack as well as our keeper making an incredible sliding tackle out of her box preventing a one-on-one goal. The girls were able to hold their heads high after bringing back

the trophy from the English school tournament after being the only side to show the resilience and determination to make it through on the day. Finishing the tour with our closest fixture, an inter team game which finished as a draw and showing the true grit and determination from all on the pitch to always play at the best they can and working incredibly hard as a team. Well done girls keep up the good work.

Player of the tournament: Ava C

Coaches player: Daisy P

Personality of the Team: Ella E



Netball

All the netballers showed excellent attitude and determination during the training days. The coaches commenced on their work ethic and enthusiasm throughout both training sessions. The students applied many of the different coaching points and strategies taught in training into the tournament game play. The team developed connections in both attack and defence.



U13A

The U13 team showed so much improvement from the training sessions through to the tournament on the last day. After a slow start, going 4-0 down in the first half of the first game, the girls found their rhythm and started linking play up the court to bring themselves back into the game and go on to win 5-4 at the end of full time. The team had a mix of wins and losses which landed them in 3rd place in the pool, to

go on to play the third place of the other pool. This was a well contested match with the team getting the win to finish the tournament in 5th place. The Masterclass player of the tournament went to Caitlin Daniels which was well deserved with her fantastic defending and interceptions to hold the opposition off. A further special mention goes to the award winners: Lottie O (Personality), Trainer (Caitlin B) and Elise T (Player of the week).



for goal and the team showed excellent resilience. The game finished a draw and went into 2 minutes extra time. Unfortunately Sir John Henry Newman scored in the last second to win the game. The U14A therefore came runners up over all. I am so proud of their team work and resilience throughout the whole week. The Masterclass player of the tournament was awarded to Emma K. A special mention to individual awards winners, Annie B (stand out performer), Carline C (Sports Personality) and Olive O (Best trainer).



U14 B

The tour was the first time this team played together as a squad. Throughout the week the team developed strong connections both on and off the court. All the girls showed excellent enthusiasm and resilience during the training sessions and there was visible progression when they applied strategies into game play. The team showed excellent improvement throughout the tournament. The team had a difficult pool but showed excellent perseverance. The team played in the 9th/10th play off which the team dominated from the start. The team won the match convincingly 11- 1, coming 9th overall.



U14 A

The U14A team dominated the end of tour tournament from the very first game. The team won their pool convincingly, winning games 12-4 and 13-2. The shooters showed excellent connections and shooting percentages. The midcourt showed great patience and accurate feeds into the circle. The defence were tenacious and fearless in going for interceptions. The team played Sir John Henry Newman in the final who were the winners of the other pool. We knew it was going to be a tough game and the girls applied strategies they had learnt in the training sessions the day before. The game was goal



School Golf

We are extremely proud of Brandon M, Alfie M and Kieran F who have represented the school at numerous golf competitions over the last 5 years. They entered the schools team golf championship last term and did fantastically just finishing out of the top 5. More recently they entered the 'Rose Bowl' an individual competition and in tough windy conditions, all competed well.

U13 Girls Football

Unfortunately, the U13 girls football team were knocked out of the National Cup this week, losing 1-0 to Davenant School. The game was really closely contested and could have gone either way but 6 minutes from time Davenant scored from a rebound after a great save by Sienna. To make it to the quarter final was a massive achievement for these girls and shows how far they have come as a team. The PE department are really excited to see what this group of girls can achieve next year.

Upcoming Athletics Competitions

We now look forward to the upcoming Athletics season where we once again are participating in the County League with our first competition taking place on Wednesday at Wodson Park, the first of six rounds. Another key date is the Herts Schools Athletics Championships which take place on Saturday 10th June at Jarman Park.



Netball coaching for all ages and abilities

Summer Sunday Coaching

Year 1 to 4 ~ 9:30-10:25am
Year 5 to 9 ~ 10:30-11:25am
£8 per session ~ £80 per course

30 th Apr	7 th May	14 th May	21 st May	28 th May	11 th Jun	18 th Jun	25 th Jun	2 nd Jul	9 th Jul
-------------------------	------------------------	-------------------------	-------------------------	-------------------------	-------------------------	-------------------------	-------------------------	------------------------	------------------------

The Broxbourne School, Badgers Walk,
Broxbourne EN10 7FU

Half Term Holiday Camp

Yr 1 to 9 ~ 10am-2pm
£30 per day or £80 per 3-day camp

Tue 30 th May	Wed 31 st May	Thu 1 st Jun
-----------------------------	-----------------------------	----------------------------



Reserve a place at
www.elevatenetball.co.uk
info@elevatenetball.co.uk
07392019016



