Secondary phase newsletter

Friday 29th April 2022

Creating Tomorrow's Citizens Today



All-through news

We welcome all students and their families back after the Spring holiday, as we start the summer term. We have so much to look forward to this term including our very first cohort sitting their KS2 SATS! Our diary is bursting full with trips (Y2 were so excited this week as they went on their first school visit to Windsor Castle) both day and residential, concerts, sports events and our special all-through picnic to celebrate the 70 years that Queen Elizabeth has been on the throne. GCSEs and A levels have returned and Y9 will start their option choices in June.

With warmer weather we hope that all children and young people will take advantage of the great outdoors and keep active. Thank you for your support recently in discussion about phones, social media and keeping safe. We are glad that so many parents welcome the information and support. Keeping safe online is a key issue in our society and we attach the latest online safety newsletter from Herts For Learning, as well as a helpful information sheet around parents/carers' information regarding group chats. Please do read this as it contains very useful information and help.

We are also celebrating "a year in the life of our School Farm" this week. It has been a great success educationally and socially and both secondary and primary students have really enjoyed and benefited from the animals on site. As time has moved on, it has been great to see our young people develop independence and responsibility for their roles in caring for the animals. As well as this, we could not be more grateful to all of the families who take such important roles during weekends and holidays.

Climate Change Workshop

On Thursday 28th April, we welcomed Charlotte

Mendel, an En-Roads climate ambassador, to facilitate an interactive virtual workshop on climate change.

80 students from across years 6, 7 and 8 joined the United Nations Climate Summit which was a climate change role play activity. The students took on the role of leaders representing different sectors of the economy and governments to negotiate a climate deal to reduce CO_2 emissions.

The students participated enthusiastically and demonstrated teamwork and leadership skills throughout. It was fantastic to see the three year groups working collaboratively to solve the climate emergency which is one of the greatest challenges facing humankind.

We hope that this will act as a catalyst to further inspire positive behaviours and environmental stewardship within our community.

Environment Challenge: Are vampire appliances draining your energy?

There's been a lot of talk lately about 'Vampire Appliances': the things we leave plugged in that still consume energy. A recent study by British Gas estimated that as much as 23% of our electrical usage can be put down to so-called vampire energy, which means a national cost of around £2.2bn. And it's not just the financial cost: there's the environmental impact of producing all that extra electricity.

Your challenge this week is to see how many of these 'Vampire Appliances' you can turn off and unplug around your home. Look out for things like phone chargers (even ones that are turned off), TVs, lights on in unoccupied rooms... Then click on this link and tell us what things you've managed to turn off in your house.

Well done to all those that took part in the last environment challenge! Here are some photos of some of our fantastic students doing their part to remove litter from the environment.









Vacancies

Please look at our <u>vacancies page on the website</u> as it is regularly updated. Currently we are welcoming applications for a SENDO, a Health & Social Care teacher and a MFL teacher (Spanish and/or French) There may be some flexibility over working patterns for the right candidates.

Arbor

You should by now have received an email from admin@simonballe.herte.sch.uk inviting you to log into Arbor. There is also an app that you can download to make life a little easier. You can read more about Arbor on our website. The new system will allow you to check and update contact details and other student information. Please be aware that the mobile numbers that we hold must be for an adult: you should not enter the student's mobile number into Arbor.

Congratulations

Congratulations to our D&T teacher Aisling Dowd who gave birth to her daughter on Saturday. Both Mum and baby are doing very well.

Music news

https://www.simonballe.herts.sch.uk/music al-news-29-04-2022/

Jubilee picnic

Just a reminder about the whole school picnic on Friday 27th May.. The letter below goes into more detail and we hope that everyone will join in this unique celebration.



Dear parents and students

In 2022, Her Majesty The Queen will become the first British Monarch to celebrate a Platinum Jubilee after 70 years of service. We, like many other school, businesses, charities and organisations are going to mark this unique achievement.

The main events take place during half term but our 'Jubilee Picnic' will take place on Friday 27th May on the back field. The whole school (Reception to 6th form) will be involved. Our canteen will provide the picnics which will cost £3.50 for those who normally pay for lunch and will include a sandwich, fruit bag, cupcake and a drink. Payment will be via ParentPay and the closing date will be Thursday 19th May. Unfortunately we will not be able to accept payments after this date.

Students may bring their own totally nut free picnic. No other food will be available except for secondary break food.

Students should bring a small blanket (or something similar to sit on). Our music department will provide music and there will be games and competitions. Like our Christmas lunch we do hope as many students as possible will join in especially as it has been quite some time since we have been able to hold a large whole school event.

We will send out more information nearer the time and keep our fingers crossed for good weather!

Madeleine Harman, School Manager

School Parliament

Bernadette Devlin once said 'My function in life is not to be a politician in Parliament: it is to get something done'. Our School Parliament certainly has achieved a lot this year. A local town councillor, Vicky Smith, came to our last session and was impressed by how it was led by our students and the impact they are having within the school. Our last session focussed on the mental health app, TCUP, and feedback has been sent directly to the company to make improvements. We also audited school displays and two have now been designed by our Diversity Group.

We recently asked our current Year 12 students to apply for student leadership roles and their applications were a pleasure to read. They showed commitment to both the school, via volunteering, and to the local community. We are in the process of meeting with these students and organising future leadership roles.

In this cycle we are looking at how we can improve assemblies across the all-through school and what students would like to cover in lesson 5. In particular we are asking:

- Which topics in your year group have been helpful? What else would you like to be included?
- Are there topics which you think have not been covered well?
- Do you feel that there is enough time?
- Would it be useful to have an outside speaker or a senior member of staff lead on certain topics?

We are now beginning to explore future structures to the School Parliament to allow more leadership opportunities in key stages 2 and 3 and further integration with the primary phase.

Secondary news

Building work and interior refurbishment

As many parents are aware from previous newsletters, students have been working with us as we have planned a refurbishment of two toilet blocks. The other toilets continue to operate as before with designated female and male areas. The new areas are more open plan, but each cubicle has a floor to ceiling door. These facilities open out onto corridors and can be used by anyone who needs them. This type of design is common in most new build schools and has increased the number of toilets on site. We are really impressed upon all students to respect this new facility as the total project cost over £100,000 and was in response to the School Parliament's work.

There are buildings on the secondary site which were part of the original 1957 build. Whilst additional spaces were added in the 1970s and mid 1990s, we are in desperate need of additional facilities and new buildings. Governors and senior Leaders are currently working with an Architectural practice who are helping us form a 10 year plan. If any parent knows of anyone who can also help us, financially or in terms of plans, please do not hesitate to contact the school. Thank you.



PE News

In PE & Sport we have an exciting term ahead as we complete our Key Stage 4 and Key Stage 5 PE practical moderations as well as many many upcoming Athletics, Rounders and Cricket clubs and fixtures.

As a school we compete in the Herts athletics league and have done so since 2011, reaching the county finals on numerous occasions. Year 7 and 8 compete together as an age-group and Year 9 and 10 compete together as an age-group. The County League dates are as follows and competitions usually start at 4.30pm;

- Round 1 Wodson Park Thurs 5th May
- Round 2 Stevenage (Ridlins) Weds 11th May
- Round 3 Stevenage (Ridlins) Weds 18th
 May
- Round 4 St. Albans Mon 23rd May
- Round 5 Stevenage (Ridlins) Weds 8th June

Round 6 - Stevenage (Ridlins) - Weds 15th
 June

There are 2 divisions and each division contains 25 schools. The top 4 schools go through to the County Cup final and schools placing 5th to 8th in each division qualify for the County Plate final.

Other than the above fixtures we will also be preparing for the District Athletics Championships which take place on Thursday 30th June.

Alongside Athletics we have entered Years' 7-10 into the following competitions;

- District Cricket
- County Cricket
- Calypso Cricket
- District Rounders
- District Tennis

There will be lots of news to follow, and please keep updated through our twitter feed; @simonballesport.

Dates

Mon 2nd May Bank holiday

Mon 16th - 18th Y6 residential trip

Tues 17th May Battlefields information evening

Thurs 18th May Y10 theatre trip

Tues 24th May Y8 parents evening

Thurs 26th May GCSE & A level art trip

Fri 27th May Jubilee picnic

Y13 prom

Mon 30th - Fri 3rd June Half term

Wed 8th June Y8 theatre trip

Wed 15th - 17th Y5 residential trip

Thurs 16th June Y8 HPV2 immunisation

Fri 17th June Doughies Pizza

Thurs 30th June New Y7 parents evening

Sat 2nd July Saffron hall music event

Tues 5th July Stevenson's pop up shop

Wed 6th July Art exhibition

Thurs 7th July Y9 theatre trip

Fri 8th July Sports presentation evening

Sat 9th July Slice of Summer

Wed 13 - 16th July Music tour

Thurs 14th July Transition day

Mon 18th July Primary sports day

Thurs 21st July End of term - early finish

PSA News

Next meeting

Our next meeting will take place, in person, on Thursday 5th May at 7pm in the school library. We welcome families from both secondary and primary phase to attend - you do not need to be a committee member. Please bring your wonderful ideas along and help us to create some amazing memories for the children and school community.



Match Funding, 9th July - Slice of Summer

We are very much looking forward to bringing the school community together at this year's summer fair, after a two year pause!! Keep an eye out for sponsorship and volunteer opportunities in the next newsletter.

Simon Balle PSA is a registered charity and we are able to take advantage of match funding. This is where a company matches or contributes an amount based on the funds raised at an event, where one of their employees volunteers.

We understand that organisations such as high street banks, building societies, supermarkets and large corporations are likely to have a match funding scheme.

If your company has a match funding policy and you would be interested in helping at one of our events, please get in touch and we can see how this would best work. In terms of what you would need to provide to your employer this would generally be confirmation from the PSA as to the nature of the event, how much has been raised and evidence that the employee has helped out

It's as simple as that! Can you help? psa@simonballepsa.org.uk



Online Safety News





Summer 2022 | PARENT | CARER

Talking to your child about online sexual harassment, Children's

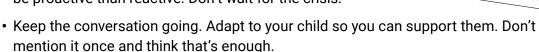
Commissioner Guide

A guide for parents on how to talk to children about online sexual harassment has been published on behalf of the Children's Commissioner. The **guide** includes tips from young people about how parents can open up earlier conversations about sexual harassment, nudes, sexualised bullying, photo editing, body image and peer pressure.

'This guide serves as a starter kit – an entry point for parents and carers who want to talk to their children but need a bit of support to understand the issues and to start a conversation.'

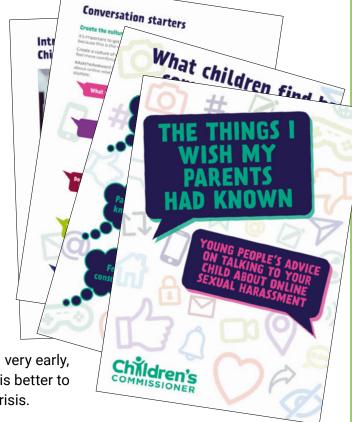
Summary of top tips include:

• Start speaking to your children about these issues before you first give them a phone or set up a social media account. This might feel very early, but you can do it in an age appropriate way. It is better to be proactive than reactive. Don't wait for the crisis.



• Keep it casual, find everyday opportunities to speak about these issues with your child – like when you're walking or driving somewhere. Don't scare them with 'the big talk'.

The full guide can be downloaded from: Children's Commissioner Gov. UK | Talking to your child about sexual harassment







What to do if something goes wrong Where to get help

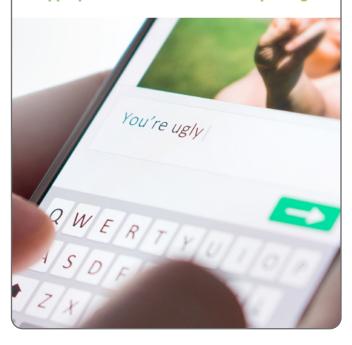
If you are worried that your child has had an upsetting experience online, for example if a nude image has been shared without their consent, it is important that you know where to go for immediate support.

- Contact **Childline/IWF Report Remove** if an image/video of an under-18 has been shared without their consent. **Childline | Remove a nude image shared online**
- Make a report to National Crime Agency Child Exploitation and Online Protection Command (NCA CEOP) if you think the image/video has been shared with an adult.
 ceop.police.uk/ceop-reporting
- Visit the NSPCC dedicated helplines website page or call 0808 800 5000 or email help@nspcc.org.uk.
- Your child can also call (free) or email Childline themselves: childline.org.uk/get-support
- · Speak to your child's school

NSPCC online safety hub

The NSPCC safety hub is organised by topic and holds lots of information and advice for parents and carers including social media, online gaming and parental controls.

The safety hub can also help with more difficult conversations around sharing nudes, inappropriate content and online reporting.



parentzone Helping children cope with media coverage of traumatic events

Seeing coverage of upsetting local and world events in the news, online or on social media can be distressing for children, especially given today's 24-hour news availability. There are things parents can do to help children make sense of them.

Parentzone suggests five steps to help children cope with distressing events and suggests further support resources.

- 1. Give them space to talk
- 2. Create a sense of calm
- 3. Reassure them
- 4. Keep things simple
- 5. Listen to their views

Read the full article at:

Parentzone | Helping your child cope with media coverage of traumatic events



What is 'Genshin Impact'?

'Genshin Impact' is an action adventure game that was released in 2020 and it has become highly popular. Parentzone have put together a useful guide that explores the game's features, gameplay and potential risks, for parents to use in conversations with children.

Parent Zone | What is Genshin Impact

What is Yubo?

Yubo is a chat and live streaming app, extremely popular among young people. It was launched originally under the name Yellow, and was nicknamed "Tinder for teens" due to its swipe-to-match functionality which mimics the adult dating app.

Find out what parents need to know about Yubo in this Parent Zone article:

Parent Zone | What is Yubo



Search engines and what you need to know about safer searching

Parentzone offers a detailed parent guide to understanding search engines and how to help your child search more safely and positively.

Parent Zone | Search Engines | What you need to know

Remember - no filter is 100% effective!



Setting up parental controls

The online world gives everyone access to a huge amount of information, images and services, and this inevitably includes content that is inappropriate for children. Parental controls allow you to block and filter upsetting or inappropriate content.

Setting up parental controls and individual safety settings on your child's favourite app or game, can help stop unwanted contact from people they don't know.

NSPCC has produced a guide to the different ways that you can set up parental controls to help keep your child safe online.

NSPCC | Parent Controls

The information in the newsletter is given to help promote the safety of children and young people online.

Every care has been taken to ensure the information and any recommendations in the newsletter are accurate at the time of publishing. Schools must make their own judgements when sharing our recommendations with parents and carers and, where appropriate, always risk assess with their pupils and whole school community in mind.

This newsletter is brought to you by the Herts for Learning Wellbeing team as part of their online safety support for schools and settings in Hertfordshire. Contact the team at wellbeing@hertsforlearning.co.uk or call 01438 544464.

Herts for Learning (HfL) is a provider of products and services to schools and educational settings. We believe that every young person, through access to a great education, should be able to realise their potential, regardless of where they live or their circumstances.





Duke of Edinburgh (DofE) Award

Ware Young People's Centre, Marsh Lane, Ware, SG12 9QB Every third Friday For young people aged 14-17 4pm-5pm For young people aged 18-24 5pm-6pm

Reach Out

For those showing early or low-level signs of dangerous risk taking behaviour. A Programme of one-to-one and groupwork support for young people at risk of exploitation including CSE.

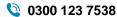
Positive Pathways

A programme of one-to-one support and groupwork for young people involved in or at risk of involvement in crime and antisocial behaviour.

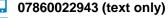
Access Point Project

Information, advice, guidance and sexual health services including free condoms, chlamydia screening and pregnancy testing

This Access Point Project is currently operating virtually as the Bishop's Stortford Young People's Centre is closed for refurbishment. Please call, text or email to make an appointment to speak to an adviser on the phone or via video-call during the opening times.



















Projects for Young People

Summer 2022



Targeted prevention and early intervention to enable young people to succeed

Area Team Manager: Mark Hughes
Youth Work Practice Manager: Russell Cairns



01992 588220 sfyp.eastherts@hertfordshire.gov.uk www.servicesforyoungpeople.org



Hertford & Ware Young People's Participation Project

Ware Young People's Centre, Marsh Lane, Ware, SG12 9QB
Monday 6pm - 8pm
For young people aged 11-17
who want to make a difference in their community

Bishop's Stortford Asylum Seekers Project

Birchwood School, Parsonage Lane, Bishop's Stortford, CM23 5BD Monday 6pm - 8pm For Asylum Seekers aged 11 – 17

Ware Street Project

King George estate, Ware Tuesday 3.15pm - 5.15pm For young people aged 11-17

Ware Tuesday Night Project

Ware Young People's Centre, Marsh Lane, Ware, SG12 9QB Tuesday 6pm – 8pm For young people aged 11 – 17

Ware Girls' and Young Women's Project

Ware Young People's Centre, Marsh Lane, Ware, SG12 9QB Wednesday 5.30pm – 7.30pm For young women aged 11 – 17

Bishop's Stortford Young People's Participation Project

Birchwood School, Parsonage Lane, Bishop's Stortford, CM23 5BD

Wednesday 7pm – 9pm

For young people aged 11 – 17

who want to make a difference in their community

Bishop's Stortford Street Project

Town centre & Sworders Field Park areas Wednesday 3.30pm – 5.30pm For young people aged 11 – 17

Bishop's Stortford Healthy Relationships Project

Birchwood School, Parsonage Lane, Bishop's Stortford, CM23 5BD Thursday 4.30pm – 6.30pm For young people aged 11 – 17

East Herts LGBT+ Project

Phone 01992 588220 or email sfyp.eastherts@hertfordshire.gov.uk for details
Thursday 5.30pm – 7.30pm
For LGBT+ young people aged 13 - 17

Sawbridgeworth Project

The Bullfields Centre, Cutforth Road, Sawbridgeworth, CM21 9EA.

Thursday 7.15pm – 9.15pm

For young people aged 11 - 17

M&M LD Bishop's Stortford Project

Birchwood School, Parsonage Lane, Bishop's Stortford, CM23 5BD
Thursday 7.30pm – 9.30pm
For young people aged 13 – 17
with mild to moderate learning disabilities

Online LGBT+ Project

This project happens online, and is for young people in Broxbourne, East Herts and Welwyn Hatfield
Thursdays 8pm - 9pm,
For young people aged 18 – 24

Hertford Street Project

Hartham Common, Hertford Friday 3.30pm – 5.30pm For young people aged 11-17

Hertford Friday Night Project

Hertford Young People's Centre, Zoo Café, 11a Ware Road, Hertford, SG13 7DZ. Friday 6.30pm – 8.30pm For young people aged 11 – 17

Buntingford Project

Buntingford Young People's Centre, Baldock Road, Buntingford, SG9 9AA Friday 7.15pm – 9.15pm For young people aged 11-17

Bishop's Stortford Friday Night Project

Birchwood School, Parsonage Lane, Bishop's Stortford, CM23 5BD Friday 7.30pm – 9.30pm For young people aged 11 - 17



April to July 2022
Fridays 6.30pm to 8.30pm
Hertford Young People's Centre, Zoo Café,
11a Ware Road, Hertford SG13 7DZ

Area Team Manager: Mark Hughes

Youth Work Practice Manager: Russell Cairns

- D) Call 01992 588220
- 07860 065173 (text only)
- sfyp.eastherts@hertfordshire.gov.uk
- www.servicesforyoungpeople.org





